

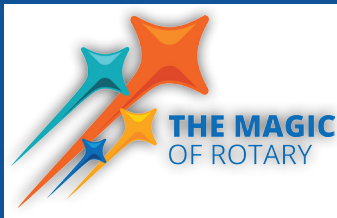
# THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

AUGUST 23 2024



RI President 2024-25  
**STEPHANIE URCHICK**

District 5340 Governor 2024-25  
**DIANNE CRAWFORD**

LJGT Rotary President 2024-25  
**LUKE ERVIN**

## DAVID WAMBAUGH



## AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee  
(follows club meeting)

2nd Friday of the Month..... International Services Committee  
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee  
(follows club meeting)

4th Friday of the Month.....Peace Committee  
(follows club meeting)



## IMPACT OF DUAL DIAGNOSIS (MENTAL ILLNESS & ADDICTION) IN YOUTH

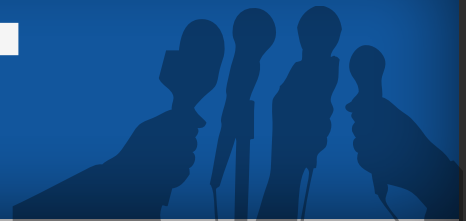
David Wambaugh fell into the darkness of mental illness and addiction from the time he was a young boy, and had major behavioral and emotional problems that plagued him throughout his teen years and spilled over into adulthood. He was in and out of jails, drug rehabs, mental hospitals, and ultimately State Prison. At one point, his parents were compelled to turn him in for robbing a string of banks, after seeing what appeared to be his picture on the front page of the San Diego Union Tribune.

At 41 years of age, while in the back of a cop car for the last time, David had a strange and powerful experience that forever changed the course of his life. Upon his release from prison in 2008, he went back to school and became a State Licensed Drug and Alcohol Counselor and Interventionist. David has logged over 14,000 hours of clinical work, dealing mainly with dual diagnosis patients including youth with behavioral and substance abuse problems. He has executed over 2,500 Interventions nationwide. David authored a memoir titled *The Last Call*, which chronicles his journey living with mental illness, addiction, and recovery.



# REPORT

from the last meeting



## UPCOMING SPEAKERS



2024

### AUGUST - SPEAKER

30.....Dark

### SEPTEMBER - SPEAKER

6.....Dianne Crawford  
Welcoming our new District Governor!

13.....Shane Lieberman  
Politics and the impact  
on economic policy

20.....Paula A. Cordeiro  
Dammeyer Distinguished Professor  
of Global Leadership and Education

27.....Jan Goldsmith  
Union-Tribune Columnist:  
San Diegans You Should Know

Our illustrious leader, **Luke Ervin** opened the meeting and introduced our Rotarian of the Day, birthday boy, **Dr. David Tansey**. David is celebrating his 90th and was presented with a cake and birthday song. We are all invited to his big celebration on September 1 at the ZLAC Rowing Club from 2:00 to 6:00.

David told us about his “lucky” life starting out being born on the recovery side of the depression and the first of 25 grandchildren. Lucky to be selected to participate in Saturday classes at the L.A. County Museum in the eighth grade made him realize over time that he wanted to be a scientist and he went on to attend Caltech and earned a BS in Applied Chemistry. He traveled to see Israel before the 1956 war broke out. He then was admitted to Stanford and earned an MS in Chemical Engineering and was hired by the engineering director of a factory in the bay area that manufactured phosphates for detergent builders. David’s father bought an aircraft pulley manufacturing business and he joined him as his chief engineer where he took over as President after his father’s demise and operated the business for twelve years. David showed us one of the pulleys. The business sold and David decided to earn a PhD in Psychology and did annual half-time field placements with children, adolescents and adults, completed his own psychotherapy and was granted his license in 7/7/77 - lucky!!!

David has a daughter, Lisa and son Ben from his first wife and he has been happily married to our fellow Rotarian, **Kathleen Roche-Tansey** since the 70’s. We are all anxious to hear about David’s 40 years of practice when he is next Rotarian of the Day.

**Ron** introduced guests - **David Chong** introduced his guests, **Alex** introduced his cousin and her twins from Chicago. Hopefully the twins will attend USD. **Leanne Liccano**, former rotaractor from SDSU is moving to Lihue to work with CDC there and **Marty Davis** was the guest of **Dennis Bucko**.

On zoom, **Cynthia, Rubin**, and **Melonie**. Announcements: **Alex** auctioned off an art piece from **Antonio Grillo-Lopez** created with chop sticks, a brush and a brain..... **Luke Ervin** won the auction with a bid of \$250. **Jacquie** will be collecting clothing for the Urban Street Angels until September 6. **Dory** reported that **Pete** is doing about the same and if you would like to visit, please contact Dory. **Sandy** announced that we are sponsoring a student from the country of Georgia to study at the School of Peace at USD and that household items are needed for her apartment. **Garry** reported that there are a few spots left on the sign-up sheets for the Ensenada project. Stuffed toys are needed but no sporting equipment. Contact **Garry** or **Ron Kohl** if you would like to sign up. Upcoming Birthdays - **Jeanne McGrath** and **David Weigman**. Rotary anniversaries - **Sharon Council** and **Antonio Grillo-Lopez** joined Rotary 25 years ago and Honorary member, **Pam Russell** joined 26 years ago.

**Sara Miceli** told her “Rotary Why” story about her neighbor and good friend **Dr. “Yen”** from Ethiopia who worked at a hospital in Burbank. One of the reasons he decided to become a doctor was because he had an aunt in Ethiopia who needed kidney dialysis but no equipment was available in the hospital there. He had collected kidney dialysis equipment, stored it in his garage to repairing and take to Ethiopia. On one of his trips back from Ethiopia via Washington, D.C. he boarded the plane that crashed into the twin towers on 9/11. Sara’s father, a long time Rotarian, saw the need to fill Dr. Yen’s wishes and turned to his Rotary Club to get behind the project to get the equipment to Ethiopia. That turned into a matching grant that eventually raised \$350,000 to create a dialysis center in Ethiopia. This is one of the many reasons why Rotary is so important to Sara and to all of us!

**Alex** introduced our speaker **Dr. Matthew Bainbridge** starting out by telling us about his dear friend **Marilyn** who was in attendance and widow of **Stan the Man**, Alex’s best friend for 12 years. Marilyn

is a generous supporter of Rady’s Children’s Hospital and specifically to the Rady Children’s Genomics Institute where Dr. Bainbridge works. Dr. Bainbridge’s research focuses on using algorithms to analyze WGS data and find novel variant types and new disease genes, which in turn, can lead to novel diagnoses. He focuses on increasing diagnostic rates using emerging technologies such as long-read sequencing, a way to examine a genome and find unusual molecular mechanisms that cause genetic diseases.

He explained that they have pioneered a way of sequencing children very rapidly. He explained that they draw blood from the sickest children who need an answer right away. They look at their genome and find the one thing that is wrong with them, get the result and give them the treatment all within about two days. The first genome took ten years to sequence and they can now do it in six to eight hours.

He explained why getting a genetic diagnosis matters giving an example of an infant who had two errors in her genome that prevented her from producing dopamine. Giving her dopamine enabled her to move with three months of treatment.

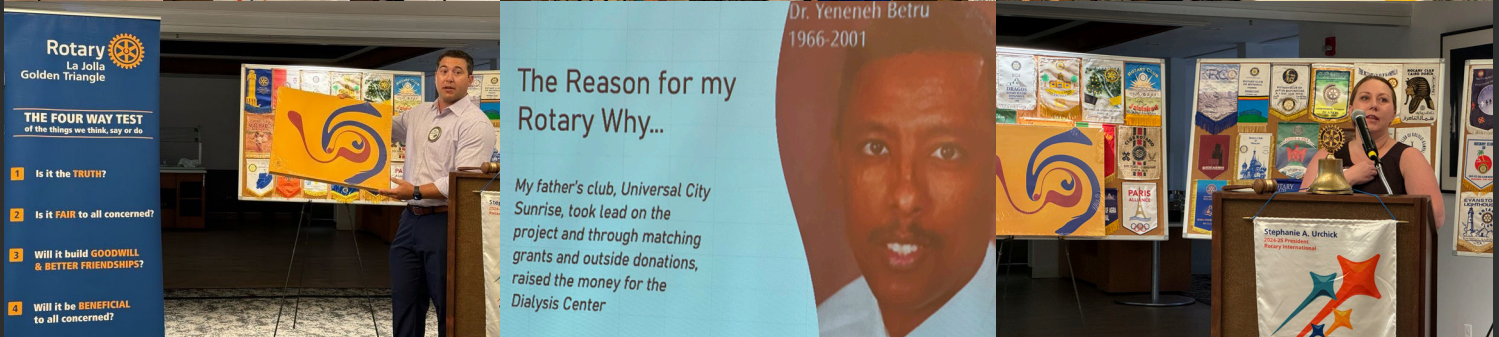
He discussed the clinical genomics timeline and since this is a relatively new way of diagnosing children, those with rare diseases who are now older have not had this benefit. They have initiated Project Bridge, a computer program to find under-diagnosed patients to give them the opportunity to be sequenced. Although they have concentrated on neurological diseases they will be expanding to other areas as well. Long term, the future of the Bridge Project is to expand to all of the pediatric hospitals and they hope to have this completed in six months to a year.

**Luke** thanked Dr. Bainbridge and closed the meeting.

~Reporter

*Dianne Day*

# PHOTOS FROM LAST MEETING



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# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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## LJGT ROTARY LEADERSHIP 2024 - 2025

PRESIDENT ..... Luke Ervin  
VICE PRESIDENT ..... Linda Stouffer Wallis  
PRESIDENT ELECT (2025-26) ..... David Chong  
PRESIDENT ELECT NOMINEE (2026-27) ..... Jan Percival  
TREASURER ..... Sharon Council  
SECRETARY ..... Sandi Rimer  
PAST-PRESIDENT ..... Christy White Brook

## ROTARIAN OF THE DAY



JACQUIE  
REILLY



**AUGUST** 2024

August 30 - DARK

**SEPTEMBER** 2024

September 6 - Linda Stouffer-Wallis

September 13 - Mike McQuary

September 20 - Mike Bardin



Let's take a trip to some of the places that  
**JACQUIE** has lived or visited!

### J - Jersey

born in the lovely metropolis of Newark.....raised in a Italian town (read Mafia) with two sisters and Leave it to Beaver childhood. Riding bikes with no helmets, summers at the Jersey shore, visits to NYC, great place to be FROM!

### A - Arizona

Phoenix was my home for 9 years with ex....lots of sun and fun despite the heat (it was cooler then!) . Started my promo business there, sold it 30 years later!

### C - Caicos (part of Turks/Caicos)

I went to Turks/Caicos for a week in January 2024 with a group of friends from GOYR (Get off your Rockers!). The turquoise water is warm, we played lots of Pickleball, and I enjoyed sharing meals with new friends.

### Q - Quebec City

I took a trip to this lovely place in 2016..enjoyed the yummy French food!

### U - Universal City (actually Burbank :-)

Beverly Laursen and I are fans of the Big Bang Theory... in 2013 we visited the studio and saw live taping of the episode with Bob Newhart as a scientist ...BAZINGA!

### Indonesia -(specifically Bali)

Kathleen Roche-Tansey arranged a GSE to Bali in February 2011....Visiting the sites of possible projects opened my eyes to what Rotary can really do..the Balinese people radiate gratitude and kindness. Loved their daily offerings to Buddha.

### E -England

In April, I visited Keukenhof tulip fields, fulfilling a bucket list item. We spent a week in England....a private driver took us on a historical tour of the Cotswolds...then a few days in lovely London. We walked everywhere (with no rain), stayed in a lovely hotel near Buckingham Palace. I thoroughly enjoy the city.

Joining this Club in 2009 was one of the best decisions of my life! Thank you all for the support that you gave me during my year as President and continuing this year as Club Service Chair. This club could not exist without the help of all of you :-) You are the BEST!



Ellen BRYSON

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ROTARY CLUB DISTRICT 5340  
VOCATIONAL SERVICE  
BUSINESS MIXER

UCSD Faculty Club Lounge  
3035 Muir Lane, La Jolla

Organized by:



“Business With Integrity”  
Networking Event  
Cash Bar - Food Available  
Thursday, Sept. 5th, 2024  
5:30pm - 7:30pm