

# THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

DECEMBER 13, 2019



RI President 2019-20  
**MARK MALONEY**

District 5340 Governor 2019-20  
**MARTA KNIGHT**

LJGT Rotary President 2019-20  
**KIMBERLY SCHAFER**

## SPEAKERS AND EVENTS

### DECEMBER 2019 - SPEAKER

20.....California Cogs  
Dave Davies

27.....DARK

### JANUARY 2020 - SPEAKER

03.....DARK

10.....UCSD Researcher: Warning Signs that Cliff Poses Hazard  
Adam Young

17.....Accounting Tips and information for Taxes  
Vocational Panel (Emidio, Melanie)

24.....International Assembly  
Ravi Ravindran



## ACTIVE VALOR VALOR ADVENTURES PROGRAM



PERRY YEE

I enlisted in the military in 2005 and I served on active duty for over 6 years with the Navy. I am a combat veteran and former United States Navy SEAL. I graduated with BUD/s class 262 and then severed in Operation Enduring Freedom with SEAL Team 7. After discharging from the military in 2011, I spent years trying to “find my place” in society. With facing many issues that a lot of veterans do during their transition out of the military, I wanted to find a way to combat the struggles of finding a new purpose outside of serving my country.

I then created a non-profit called Active Valor that is designed to reignite the drive and passion inside veterans by giving them an opportunity to continue their service but in a different way.

With Active Valor, we place veterans in a mentorship role and pair them up with children who have lost a parent while serving their country. Our veterans get the chance to pass down their years of acquired knowledge and skill sets to kids that no longer have access to that type of learning anymore. Together we promote healing through helping where both our veteran community and Gold Star family community can fill the gaps of the sense of loss from the military.

## BECOME THE IMPACT



SUPPORT US AT  
[ACTIVEVALOR.COM](http://ACTIVEVALOR.COM)



# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE  
THINK, SAY OR DO

01

IS IT  
THE TRUTH?

02

IS IT  
FAIR TO ALL  
CONCERNED?

03

WILL IT  
BUILD GOODWILL  
AND BETTER  
FRIENDSHIPS?

04

WILL IT BE  
BENEFICIAL  
TO ALL  
CONCERNED?

**President Kim** called the meeting to order and promptly introduced Rotarian of the Day **Alex Monroe**. **Alex** chose to use his time in order to promote the upcoming **Quintessential Festival** and our never ending quest for more sponsorship funds. Members have been divided up into teams, and a valuable prize of as yet unspeakable value being awarded to the team that brings in the most sponsorship dollars.

Visiting Rotarians and guests were introduced by **Michael Slentz**, followed by several announcements. **Kim** reminded us that there is a Community Service Committee meeting after the meeting. **Also, our last meeting of 2019 will be on December 20 featuring the California Cogs**. We will then be dark on Dec 27 and Jan 3rd. Finally, due to an

unfortunate situation we have chosen a new charity to support this year - Doors of Change. They support homeless youth primarily in the 12-24 year old age range through art and music outreach programs.

### OTHER ANNOUNCEMENTS CAME FROM:

**Jim Davies** - December 15th at 9am we will once again be decorating at the YMCA OZ.

**Sara Michelle** - Today is the last day to sign up (and pay for) our club holiday party - December 14th at 5:00pm at the Koi Zen Winery.

**Lori Bende and Pam Russell** - We can all donate to the Rotary Foundation in **Wayne Cusick's** honor with pictures and notes of support to **LeeAnn** and her family.

**Eric Freeberg** - There will be a board

meeting for the LJGT Rotary Foundation directly following the meeting.

**President Kim** had some extra time for High 5's.

**Ranjan** introduced our panel speakers - **Pete Griffith** and **Alan Galgut** - who offered up their expertise for a very informative presentation on the value of insurance - life, disability, property/casualty, long term care and more. It seemed to be a "**good cop/bad cop**" presentation. **Pete** kicked it off by scaring the heck out of us with the message being that we need to be very educated before we just jump into a policy. Then **Alan** brought it all home with the value of disability and long term care coverage.

**Kim** wrapped it all up with a short but funny joke.





# PHOTOS

from the last meeting



## Walk Camino de Santiago

MARCH 20 - 27, 2020

A FUNDRAISER WITH AN OPPORTUNITY FOR ROTARIANS



Reconnect with nature, body & spirit!

A life changing experience!



An amazing inner and spiritual journey!

A sense of achievement!

A van supported journey offered by **SPANISH STEPS**, a Spain - based tour company to donate all its profits to La Jolla Golden Triangle Rotary Club for service projects.  *Spanish Steps*



For further information, contact  
**Krishna Arora / Bonnie Arora**

[bonniearora@yahoo.com](mailto:bonniearora@yahoo.com)  
(858) 245-2901

La Jolla Golden Triangle  
**ROTARY CLUB**  
 Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
 La Jolla, CA 92039  
 www.LaJollaGTRotary.org

**LJGT ROTARY LEADERSHIP 2019 - 2020**

PRESIDENT .....Kimberly Schafer  
 PRESIDENT ELECT (2020-21)..... Edimio DelConte  
 PRESIDENT ELECT ELECT (2021-22)..... Jacquie Reilly  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Nancy Gatschet  
 PAST-PRESIDENT/FOUNDATION .....Rick Binder



**DECEMBER 2019**

20.....Dave Davis  
*California Cogs*  
 27..... Dark

**JANUARY 2019**

03..... Dark  
 10..... Tony Grillo



**ROTARIAN**  
 OF THE DAY

**FARY MOINI**



She holds a bachelor of science degree in nursing from the University of Tehran, Iran. Earlier in her career, she held the position of Chief Nurse at Iranian Medical Center in Dubai, UAE. As Chief Nurse she managed a staff of over four hundred fifty nurses and technicians at two hospitals.

She was Rotary International's representative to the U.S. National Commission to UNESCO. 2005-2010

She volunteered with the Rotary Foundation in Peshawar Pakistan working in 2 refugees camp. January 2002

Fary was a Rotary Foundation Volunteer at the Don Bosco

Boys School in Nairobi, Kenya. July 2005

Fary volunteered with the Rotary Foundation in Jalalabad Afghanistan. November, 2002 to present. Traveled 26 times to Afghanistan for overseeing various projects.

Team leader of " Vocational Training Team" to Adana Turkey and Tel Aviv Israel Fetal monitors training & EVA System. Nov. 2015

A member of medical "Vocational Training Team" (VT) to Gondar Ethiopia. Feb. 2015-May, 2017

Team leader of a medical team to Kabul Afghanistan for train-

ing of 13 OB/GYNs for Cervical cancer diagnosis & Treatment. 2018

**FARY IS THE RECIPIENT OF NUMEROUS AWARDS INCLUDING:**

*Recognition by the White house, champion of change ••• The Lifetime Channel's Life-time Achievement Award – Hometown hero ••• San Diego Magazine's One of Fifty People to watch in San Diego. ••• The Lt. Governor of California and Soroptimist International of Rancho Bernardo. Shelter Island Roatry club Peace maker of the year 2008 Award. ••• Hands of peace recipient of Peace maker award year 2016. ••• Recognition Award from Salvation Army "Women of Dedication". 2011 ••• Recipient of proclamation Award from The mayor of San Diego City 2004*