

THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

DECEMBER 16, 2016



**ROTARY
SERVING
HUMANITY**

RI President 2016-17
JOHN F. GERM

District 5340 Governor 2016-17
MARILYN SANDERSON

LJGT Rotary President 2016-17
ANTONIO GRILLO-LÓPEZ



**SPEAKERS
AND EVENTS**

DECEMBER 2016 - SPEAKER

23.....DARK
30.....DARK

JANUARY 2017 - SPEAKER

06.....Peter Chodzko
Gompers Preparatory Academy
06.....Nate Ellis
Tesla
13.....Keith Wilschetz
Regional Airport Authority

Happy Holidays

The California  Cogs Band



www.californiacogs.com

Performing classic hits from the 50s, 60s, 70s, pop, rock, country, R&B, jazz, blues and more!



In January 2010, after months of arduous practice, the California Cogs Rotary Band played their first gig.





REPORT

from last meeting



THE FOUR WAY TEST OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

HERBERT J. TAYLOR



FROM ROTARY CLUB
HAPPY HOLIDAYS
&
HAPPY NEW YEAR

Per usual, our great President Antonio Grillo-Lopez gonged the bell, calling the meeting to order and welcomed Andrea Brannan, Rotarian of the Day, to the podium. Andrea Immediately fined herself \$2 because of her bio. But, how impressive! Andrea not only regaled her career as a budding graphic designer, she showed us the remodel on her Mexican Retreat. Party at Andrea's!!

Visiting Guests: Rick Binder introduced guests: Wayne Cusick and Betty Martin (former member looking to rejoin) – wise choice ☺ and SDSU Rotaracts: Suraj and Graham

Antonio mentioned the importance of Rotarian of the day (ROD). Many of us sign up, but do we realize the importance? What a great way to learn more about one another and “update our memories”. We have so many talented members. Please share! Find Dave Wigman and let him know what day you will sign up.

Dates to remember: We are dark 23 and 30 December. Also, be it tacky, funny, obnoxious, ... remember to don your Christmas Sweater on the 16th. Who knows, there may be an award! ;-)

6 Jan 2017 Rotarian of the Day: Barbro Kirkpatrick
Speaker: Peter Chodzko from Gompers Academy

Board will meet (the third Wednesday) 18 Jan 2017. As for other announcements, please see the President's Weekly Announcements in which

there will NO LONGER BE MISTAKES!

Fines and High Fives: Will Moore starts right off by recognizing Fary Moini and himself as the Rotary Gimps with matching limps!

Will asked Pete about his tri-tip recipe and fined him \$2 for not sharing with others. Dory noted, it was rather tasty!

While eating at Whole Foods, Dennis Jacobs ran into Dr. Dennis Bucko still in his scrubs! Shouldn't this have been a double high five?

Wayne Davis was enjoying his music and heard Karma *Police*, (lyrics) “This is what you get, This is what you get when you mess with us...” Will find him \$5!

Dianne Day shared her family's joy with the announcement of the newest addition an 8lbs 8oz. girl; 8 grand nephews and nieces. Lucky 8!

Marty Rosenstein introduced December's **Student of the Month**, Jeneah-Kirana Reuerzo and Preuss College Guidance Counselor, Jessica Resendez.

Lots of announcements: 23 Announcements – Hum. Maybe not.

Lee Ann Cusick presents the newest **Blue Badge** member. As she approaches the podium, I am ready to type. She announces, Kelly Price Noble. It's ME! I've made it! ☺ Thank you everyone.

Irwin Rubenstein– **Outside Speaker Project**, every Friday

at 11 am at Irwin's Retirement Home re past projects in which the club has been a part.

Father Wayne - CCSA sponsor six baskets for 29 people

Kelly Price Noble – please email me and let me know who is on the committee

Jim (Past President) – Oz Decorating Event

Kathleen Roche-Tansey International Service Committee Refugees in Macedonia Blanket Project. Ina von Ber contacted two Rotary Clubs in Macedonia to give blankets to Refugees and from there, Ina was connected to groups who would embroider the blankets. US Press Association picked up this story 6-8000 Press outlets around the world recognized the wonderful work of members of the La Jolla Golden Rotary Club, the Most Dynamic Rotary Club in the World!

Kim Schafer Reminded us about our Holiday Party, Saturday.

Bill Keane introduced our **Speaker of the Day** – How many in this room are golfers? Peter Rippa from the Century Club of San Diego shares the Farmers' Insurance PGA Tournament in Torrey Pines. The tournament also, this year, sponsored the Monarch School. Champions for Youth sign was given away.

Presidential Joke - **Joke:** The Talking Dog at the Pub

Meeting Adjourned!
Respectfully, KP Noble



PHOTOS

from the last meeting



ROTARY CLUB
Y M C A
OZ
CENTER
PROJECT



ROTARY CLUB **CCSA** PACKING PROJECT

Photos of the team who packed the CCSA Christmas food baskets on Friday



La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
 La Jolla, CA 92039
 www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2016 - 2017

PRESIDENTAntonio J. Grillo-López, MD
 PRESIDENT ELECT (2017-18)Alex Monroe
 PRESIDENT ELECT ELECT (2018-19).....
 TREASURER Sharon Council
 SECRETARYRick Binder
 PAST-PRESIDENT/FOUNDATION Beverly Fritschner



UPCOMING
ROTD

DECEMBER 2016
 23.....DARK
 30.....DARK
JANUARY 2017
 06.....Antonio J. Grillo-López
 13.....Krishna Arora
 20..... Joe Matibag
 27.....Dianne D Day

**ROTARIAN
 OF THE DAY**



BOB ROHRBACH

NAVY SEAL FACTS

- 01 SEALs Stands for **Sea, Air and Land**
- 02 The Navy SEALs Were **Created** During WWII.
- 03 Around **80%** of SEAL **potentials drop out** before finishing the program.
- 04 The **official** Navy SEALs **first started** with President John F. Kennedy when he gave his famous “man on the moon” speech in **1961**.
- 05 The **Belgian Malinois** is the Navy SEAL **dog of choice**.
- 06 SEALs Make Up a Fraction of the **U.S. Navy (1%)**.
- 07 **Water boarding** used to be a part of a Navy SEAL’s training, but this was **discontinued** due to the fact that no one could pass the test.
- 08 The US Navy SEAL **arsenal includes** the Russian **AK-47** due to its extreme reliability in all situations.
- 09 The original Navy SEAL **Team 6** was formed after a failed Delta Force mission and was given its team number in order **to confuse** Soviet Intelligence as to how many teams there actually were (there were **only 2** at that time).
- 10 **The brain** of a Navy SEAL is trained to alter the way the **amygdala** processes fear.

