

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

DECEMBER 18, 2015

www.lajollagtr Rotary.org



Be a gift
to the world



RI President 2015-16
K.R. RAVINDRAN

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JANICE KURTH

LJGT Rotary President 2015-16
BEVERLY FRITSCHNER



calendar
EVENTS
and speakers

DECEMBER 2015 - SPEAKER

25.....DARK
• Christmas •

JANUARY 2016 - SPEAKER

01.....DARK
• New Year's •

08.....San Diego State Athletics
• Drew St. Aubin •

15.....SD Humane Society
• Gary Weitzman, DVM, MPH, CAWA •

Happy Holidays

The California Cogs Band



www.californiacogs.com

Performing classic hits from the 50s, 60s, 70s, pop, rock, country, R&B, jazz, blues and more!



*In January 2010, after months of arduous practice,
the California Cogs Rotary Band played their first gig.*



Band members are Rotarians **Dave Davis**, **Dennis Bucko**, **Ron Kohl**, **John Hawkins** (Rancho Bernardo Rotary Club), **Rebecca Newlin** (Rotary Club of Camp Pendleton) former professional musician **Joyce McHugh** and former LJGT Rotary Club member **Scott Wood**.



Tom Elliott
Reporter

REPORT

from last meeting



Susan Schwarz
Coordinator

UPCOMING REPORTER

DECEMBER 2015

18.....Dr. Denny Jacobs

25.....DARK

THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

1 | IS IT THE
TRUTH?

2 | IS IT
FAIR
TO ALL
CONCERNED?

3 | WILL IT BUILD
GOODWILL
AND BETTER
FRIENDSHIPS?

4 | WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

~Herbert J. Taylor

The meeting was opened by our President Bev. Mike Bardin was the Rotarian of the Day today. Mike told us comes from a long line of legal California immigrants (... just assumed ... well he didn't say otherwise) starting with his Great Grandfather. He was born and raised in the Bay Area (Berkeley). But don't go thinking he's a Cal Bear because he's not ... it's the Stanford Cardinal that gets his support as an alum. For football fans, because they beat this writer's beloved Trojans in the Pac-12 Championship game it's the Stanford Cardinal team that will be playing in the upcoming Rose Bowl Game. Wouldn't you know it Mike's and Arlene's two daughters who were both raised here in San Diego are now Bay Area residents with Mike's and Arlene's Five Grandkids. Mike's long-time career is with Scripps Health as Senior Director of Public and Government Affairs, aka: Lobbyist. Mike is a long-time La Jolla Golden Triangle Rotarian Charter Member, a Past-President and is very involved in the District's Pathways to Peace initiative along with many other projects District-wide.

All of our guests were introduced and recognition was given to some of the Rotarians who we don't see as often as we would like: Carl Lower, Peter Harris ... even Frank McGrath who we now see back at every meeting. We had Rick Binder's Guest Anthony, Alex Monroe's Guest Danielle plus the full complement of the Tony Grillo Family today ... Janet, Alex, Marin and of course Tony ... Antonio made it just in time for the photo-shoot that recognized Marin with a special Honorary Rotarian Badge. We also had Teacher/Counselor Erin and two students from Preuss.

Announcements: Kim Schafer is in charge of the food drive and packing the boxes for the CCSA (Community Christian Service Agency) program for needy families and told of the \$500.00 donation from the Kopley Foundation. For the 55th year (maybe a few less) Jim Davies is in charge of decorating for the Oz houses with Christmas lights and handing out a present for the house. Jim needs volunteers to help to take down the decorations also on January 2nd of the New Year.

Prayers for: for David Tansey and George Mannschreck (Health Issues). President Bev told us that George wanted the ambulance driver to stop him by the Club meeting last week on the way to the hospital. But then he decided against it dressed in his PJs, skivvies or whatever he was wearing or not wearing ... thanks for thinking of us and not stopping by, George!!!

Alex's Guest, Danielle, told us of the STEP program that has a number of autos donated by GEICO to donate to

PJs, skivvies
or whatever...
I'm going to that meeting!



needy military families on December 22nd in the Kaiser Permanente parking lot on Fairmont by I-8 if anyone would like to attend.

Alex Monroe unveiled the logo for the Fundraiser "The Quintessential Festival" to be held on Saturday, April 23 at Nobel Park ... A Beer and Wine Festival ... Now you're talking!!! Alex told us No Arts or Crafts this year.

Fines and "High Fives": Susan Schwarz \$2.00 for supposedly referring to Tom Stocking as Dave in the bulletin ... Heck, Susan doesn't even do the Bulletin. She assigns people to do the dirty work ... Not Fair at all ... but I guess if you're the boss that's where the buck stops. Tony Grillo paid \$5.00 for Daughter, Alex's being accepted to Elon University in Elon, North Carolina. Richard Tilles's

Daughter is headed to Florida Tech for her PhD in Physics!!!

The Christmas Party is Saturday Night at Romik's ...

Today's Program was presented by Debbie Hecht from the Sierra Club. She talked about the Sierra Club's 1% Land Fund initiative. This Fund, if approved by voters, is designed to use 1% of property taxes to support and maintain protected land areas in San Diego. She compared it to similar Funds in Hawaii and Tucson. She said that there are far too many issues on the 2016 ballot. So, most likely they will not push for it to be on the 2016 ballot docket.



Lisa Galstian
Photographer

PHOTOS

from last meeting



the



Photos from

YMCA Oz Project



Brett Morey
Photographer



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENT Bev Fritschner
PRESIDENT ELECT (2016-17) Marty Rosenstein
VICE PRESIDENT ELECT (2016-17) Alex Monroe
TREASURER Sharon Council
SECRETARY Rick Binder
PAST-PRESIDENT/FOUNDATION Ron Kohl



Dave Wiegman
Coordinator

UPCOMING ROTD

DECEMBER 2015
25..... DARK

JANUARY 2016
01..... DARK
08..... Name
15..... Name

ROTARIAN OF THE DAY

GLORIA HARRIS



I was born in Chicago, raised in Baltimore, and received degrees from the University of Richmond and Simmons School of Social Work. In 1961, I participated in the Experiment in International Living and lived with a family in Bhavnagar, India. The head of household was a Rotarian who invited me to speak to his Rotary Club.

The following year, I moved to L.A. and met my future husband, Jay. After completing his Ph.D., he received a Fulbright fellowship to the University of Paris, and we spent a year as the Harrises of Paris. When we returned to the U.S., Jay began teaching at the University of Washington in Seattle, where I earned my Ph.D. in clinical psychology and co-authored *Assertive Training for Women*.

In 1974, Jay was invited to the National Science Foundation in D.C., and I taught assertive training for women in 75 federal agencies. *People Magazine* viewed women's assertiveness as newsworthy, and I was featured in an article titled *Psychologist Teaches Women*

to Speak Up. In 1980, Jay was hired as the Dean of SDSU's College of Engineering, and I began my psychology practice, sharing office space with Dr. David Tansey.

In 1987, the U.S. Supreme Court ruled that Rotary Clubs may not exclude women from membership on the basis of gender, and I joined the Mission Valley East Rotary Club. After moving to La Jolla, I became a member of Torrey Pines Rotary and later was invited to join Club #33. During the 90's, I became an expert witness in sexual harassment and co-authored *Surviving Infidelity*, a book that has sold 200,000 copies. I also was appointed by the Board of Supervisors to the County Commission on the Status of Women and to the County Mental Health Board and served as Chair of both. In 2010, I was honored to be inducted into the *San Diego Women's Hall of Fame* and named Mental Health volunteer of the Year.

Since retirement, I have been appointed by the City Council to the Human Relations Commission

and by the Board of Supervisors to the County's Behavioral Health Advisory Board. I also served on the *Board of the Women's Museum of California* and co-authored *Women Trailblazers of California*. Our publisher, The History Press, recently invited us to write another book, *Remarkable Women of San Diego*. Jay and I have been married 52 years, have two sons, and are owned by two standard poodles.

Dr. Gloria G. Harris

<http://goo.gl/rbBFxV>

