

THE GOLDEN rotarian

www.lajollagrotary.org

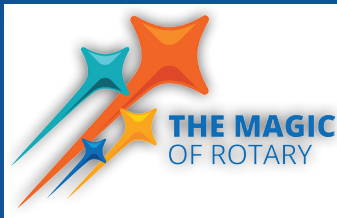


LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

DECEMBER 20 2024



WELCOME TO OUR HOLIDAY SOCIAL



RI President 2024-25
STEPHANIE URCHICK

District 5340 Governor 2024-25
DIANNE CRAWFORD

LJGT Rotary President 2024-25
LUKE ERVIN

Happy Holidays

AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee
(follows club meeting)

2nd Friday of the Month..... International Services Committee
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee
(follows club meeting)

4th Friday of the Month.....Peace Committee
(follows club meeting)

This morning we have 20 special guests! With thanks to the Community Service Committee, we are welcoming these distinguished visitors from their home at Green Manor in Mission Hills.

Today's holiday social provides a relaxed opportunity to get to know our visiting seniors, while enjoying Jay Hatfield's classic rock & blues band, Baywolf. The club is grateful to Jay and his bandmates for this gift of music and joy!

Big thanks to Baywolf's ensemble:

- Dave VrMeer: Founder/guitar/vocals
- Scott Wood: bass/vocals
- And the one and only Jay Hatfield on drums/vocals

And for more Baywolf, please join Jay and the band at the Coronado Ferry Landing - the grass area next to Peohe's - on Sunday, December 22 from 1- 4 pm. Bring your lawn chairs and enjoy the band, bay, and cityscape.

Thanks to Jean McGrath's committee for today's program, especially David and Sarah Chong for providing transportation for our Green Manor guests.

MARK YOUR 2025 CALENDAR: Please plan to attend on January 10 for our all-hands annual meeting - we have a full agenda of important topic including membership, leadership, operations, fundraising, etc. Because we are discussing club business, this meeting is intended as a "closed meeting," so please wait to bring your guests on another Friday morning.





REPORT

from the last meeting



UPCOMING SPEAKERS



2024

DECEMBER - SPEAKER

27.....Dark

2025

JANUARY - SPEAKER

3.....Dark

17.....Dr. Gina Simmons

Liberalism v Conservatism:

Historical roots, psychological researchs

24.....Azim Khamisa

Tariq Khamisa Foundation

Championing Peace

Meeting was called to order at 7:30 by **Luke Irwin, President**. He welcomed the Rotarian of the Day, **Gary Kachkovsky**. He started off by talking about "*Horton Hears the Who*" which is focused on respecting people, no matter how small. He then proceeded to the Pledge of Allegiance

As Rotarian of the Day, Gary talked about a family trip they had taken this year around this time last year which started off in Cleveland, going to Buffalo and then into Canada, seeing Niagara Falls, Toronto, Ottawa and Montreal. From there, back to the US and down to New York, Chicago and with a few stops in between back to San Diego. With a couple of minutes left, he briefly discussed 2024 year end and 2025 financial planning.

The people on Zoom were introduced and then **Jean** introduced our 2 visitors, **Lucas**, a friend of David Chong and **Doug**, a friend of Carolyn.

Luke reminded everyone that the next meeting was going to be honoring about 20 seniors from a nearby residency and to make them feel welcome. They will be given a couple of gifts,

one to include cookies. Everyone is encouraged to bring a dozen cookies, homemade or bought, to the next meeting. Also, **Jay Hatfield's** band will be playing Christmas music. A reminder that under the direction of **Jim Davies**, the TIDES event will be on December 18th from 3-5:30.

Of note, **Dory** is currently in a skilled nursing facility and has a room next to her husband **Pete**. She hopes to regain enough strength to have surgery. More details to follow through **Mike B**.

Birthdays this month include **Dennis B, Alan G** and **Rick C**. Rotary Anniversaries include **Sarah M** (20 years), **Bev L** (16 years) and **Wayne D** (28 years).

Stephen Tako then did a Pillers of Peace presentation with emphasis on instilling peace in the world. Key points included; acceptance of the rights of others (can disagree but not put people down), acceptance of different philosophies, inclusivity of every one, and tolerance. He stressed the need to work with children to lessen the problems in the future.

During this time, a hat was passed around to collect donations for the wonderful

service staff at the Facility Club. A nice Holiday gift for sure!

Jan Percival then introduced our guest speaker, **Captain Steve Shebloski**, from San Diego Police Department who talked about the Homelessness Issues facing the city and what SDPD is doing to tackle this problem. He explained that the problem has changed with the rise in Fentanyl addiction. There has been an increase in deaths due to overdoses.

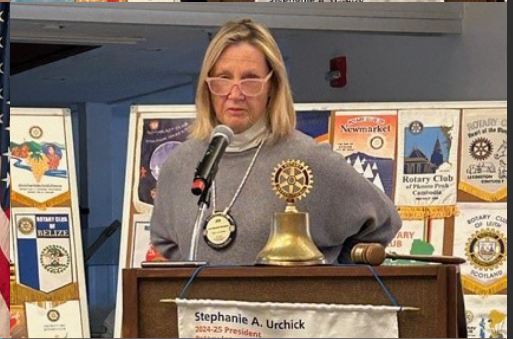
This division has teams to coordinate the different services provided and required. They also partner with many organizations to provide services such a transportation. New officers are now required to learn how to engage with the homeless and to try to get them to accept services available. His presentation was followed by a Q & A session and he agreed to stick around after the meeting to answer more questions.

The meeting was then concluded at 8:30 am.

~Reporter

Jan Bernardy

PHOTOS FROM LAST MEETING



2024 Year End and 2025 Planning

- Roth IRA/401k conversions pre-RMD age

Birth Year	Age
1951-1959	73
1960 or later	75
- Employer Retirement Plan (401k, 457, TSP) Contributions & Catch-Up Limits

Age	Amount
Under 50	\$23,500
50-59	\$23,500 + \$7,500 = \$31,000
60-63	\$23,500 + \$11,250 = \$34,750 SWEETSPOT
64+	\$23,500 + \$7,500 = \$31,000 SORRY
- HSA Tax Free Distributions
- Tax loss harvesting (capital losses offset gains, not dividends/interest payments)
- Contribute to retirement accounts
 - Business owners wear two hats
- Qualified Charitable Distribution (QCD):
 - From IRA, SIMPLE, SEP (not 401k, 457, TSP); directly to charity
 - Age 70.5+
 - Donate up to \$100k annually (not included in income)
 - Satisfies RMD
- Donate stuff to charity
 - Non-Investment related
 - Gmail for kids

SAMPLE OF HOMELESSNESS IMPACT ON SDPD

- FY 2023, 18,380 mental health calls for service resulted in 6,400+ reports. Total OST was in excess of 68,000 hours estimated salary cost of \$9,688,720.
- Fentanyl overdose deaths increased from 84 deaths in 2017 to 814 in 2021 with approximately 47% occurring in City of San Diego. Increase of overdose deaths of 868%.
- 2024 Point in Time count had 10,805 persons experiencing homelessness in county, 6,783 are in the City, which represents a 4% increase from year prior.
- Since 2020, increase of homeless individuals in the city rose from 4,670 to 6,783, a 39% increase.
- 1% of homeless individuals account for approximate 17% of EMS calls for service.

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LJGT ROTARY LEADERSHIP 2024 - 2025

PRESIDENT Luke Ervin
 VICE PRESIDENT Linda Stouffer Wallis
 PRESIDENT ELECT (2025-26) David Chong
 PRESIDENT ELECT NOMINEE (2026-27) Jan Percival
 TREASURER Sharon Council
 SECRETARY Sandi Rimer
 PAST-PRESIDENT Christy White Brook

**ROTARY
 HOLIDAY PARTY**



DECEMBER 2024

December 27 - dark

JANUARY 2025

January 3 - dark



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