

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

FEBRUARY 19, 2016

www.lajollagoldentriangle.org



Be a gift
to the world



RI President 2015-16
K.R. RAVINDRAN

District 5340 Governor 2015-16
JANICE KURTH

LJGT Rotary President 2015-16
BEVERLY FRITSCHNER



calendar
EVENTS
and speakers

FEBRUARY 2016 - SPEAKER

26.....Rehabilitating the
Audrey Geisel University House at UCSD
• Ione R Stiegler •

MARCH 2016 - SPEAKER

04.....Topic / Subject
• Name •

11.....4 Way Test Speech Contest
• Tom Hinton •

18.....BioMed Realty & the
Iconic 13 Life Science Campus at UTC



INTERACT STUDENT EXCHANGE PROGRAM 2015

In April, 2015, our Rotary Club hosted 9 Interact Club students and 2 chaperones from New Delhi, India. It was the first ever Interact Student Exchange of this kind, and a huge success. In November, the second half of the exchange took place. 10 Interact students from San Diego area and Borrego Springs, along with 2 chaperones, left on November 14, 2015, for 2 weeks in India.

The students and chaperones were hosted by the Rotary Club of Delhi South Metropolitan under the outstanding leadership of Club President, GS Ahuja, who came to San Diego as a chaperone last April with the students from New Delhi.

The 2 weeks in India were fully packed, including attending school programs and shadowing Interact students at the 5 schools with Interact Clubs involved in the Exchange. The students also visited Rotary service project sites and a non-profit organization located in a slum community and interacted with the students and participants of these projects. A highlight was participating in a polio immunization day. They squeezed in time for sightseeing as well, including a trip to Agra to visit the Taj Mahal.



Facebook quotes
about the Program:

A chaperone - "As our incredible Interact trip to India winds down, we're all feeling a sadness about leaving this magical place. The Rotary Club of Delhi South Metropolitan has hosted us as though we're royalty and our host families have treated us like gods - which is what Indians call guests! The students' lives will be changed forever as they've experienced the important and life-saving work that this Rotary club does here in New Delhi from building bathrooms for Muslim women to administering the polio vaccine to assisting the National Association for the Blind in giving blind women training for a meaningful and satisfying career....."

A student participant from New Delhi - "Your post reminded me of the last day I spent in San Diego. When I was writing a good bye letter to my host family and tears were rolling out of my eyes. Saying goodbye was the toughest thing for me at that time (tougher than physics and math). I never felt homesick because we were so busy within ourselves and my hosts were so amazing Jan Percival and Fary Moini. I really miss them and hope to see them soon. I have been to many trips but this exchange trip was the best. We still talk about it every day. It has changed our perspective towards life..."

A parent - "I do not know about anyone else's kids, but ours have already told us that they do not want come home...and that perhaps we should consider moving to India. We are in real awe of all the experiences that you and so many others have given them along the way, what a precious gift words cannot express how extremely grateful we are to everyone involved."



FEBRUARY 2016

19.....Sheila Henry
26.....Jacquie Reilly

REPORT

from last meeting



the
QUINTESSENTIAL
FESTIVAL

Come experience the Quintessence of San Diego

An area sectioned off for children of all ages to participate in fun activities and games.



Hosted by
The La Jolla Golden Triangle
Rotary Club

C O M E
EXPERIENCE THE
QUINTESSENCE
OF SAN DIEGO

SATURDAY
APRIL • 23
12:30 P.M. - 5:30 P.M.

ENJOY OVER
18
LOCAL
BREWRIES
SIX • WINERIES
FIVE • DISTILLERIES
**SIX FOOD
VENDORS**
★ LIVE ★
BANDS

• Sponsorship •
Opportunity
With your help we can make a difference!

NOBEL PARK AND RECREATION FIELD
8810 Judicial Drive, San Diego
CA 92122

Another fun-filled **MORNING** at the Triangle!



The bell was rung by **President Bev** and we were off.....not sure where to.....but somewhere fun. We pledged and prayed with **RTD Rick Binder**. He then told us a little about himself and mentioned a book he has written which will be out shortly.

Tom Stocking introduced our various guests and visiting Rotarians: **John Gartner** accompanied his wife, our own **Lisa Galstain**. **Antonio Grillo-Lopez** brought his lovely wife, **Maria**, along with **Sara Baker-Grillo** and **Javiar Grillo-Marxusch**. (Hope I spelled that right!) **Scott Techmeyer** from VISIVO Graphics joined us, also. Not sure who sponsored Scott, but glad to have him with us.

President Bev announced we have six members running for four positions on our Board. Ballots were later passed out and club members elected **Ron Kohl**, **Jan Persival**, **Jacquie Reilly**, and **Jennifer Shaffer**.

Fine Master Denny Jacobs levied fines on **Linda Stouffer** for inferring she (the Rally Master) is always right and **Rick Binder** to strategically placing his business cards among Girl Scout cookies at the check-in desk. He then presented the Club with \$57.00. This is the amount he took in on the betting he had going before the race began.

Linda Stouffer and **Steve Wallace** were given a big round of applause for putting on such a great Road Rally. **Linda** announced this year's winners: Dip Stick went to **Mike** and **Susan Schwarz**. Second place winners were **John** and **Lisa Galstain**. First place went to **Wayne** and **Lee Ann Cusick**.

The rules were changed this year so the winners **do not** have to plan the event next year. Instead a name was drawn the those coming in the bottom half of entrants. That name was Bende....as in Lori and Joost Bende. They will be the

2017 Rally Masters.

Rick Clark announced that he is working with Mira Mar and La Jolla Rotary Clubs on a joint club workday project for April 30. More information is to come later.

Jim Davies updated us on our annual fundraiser, showing us the design for the tickets and flyers. We need to get sponsors and sell tickets.

Tom Stocking auctioned off a gift basket donated by **Lori Bende**.....and the lucky winner was **Ellen Bryson**.

Bill Keane introduced our program, Richard Lederer. We heard "Fascinating Facts about our Presidents."

Last, but certainly not least, a big "thank you" to **Pam** and **Jim Davies** for the yummy table decorations today.



FEBRUARY BIRTHDAYS

Jay Hatfield.....01
Will Moore.....02
Bonnie Arora.....10

Carlson, Kevin.....12
Ellen Bryson14
Sandi Rimer14

Eric Fuller18
Linda Andrews19
Sara Hogue23
Jan Percival-Lipscomb25

PHOTOS

from last meeting



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
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LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENTBev Fritschner
PRESIDENT ELECT (2016-17)Antonio J. Grillo-López, MD
PRESIDENT ELECT ELECT (2017-18)Alex Monroe
TREASURER Sharon Council
SECRETARYRick Binder
PAST-PRESIDENT/FOUNDATIONRon Kohl



UPCOMING ROTD

FEBRUARY 2016

26Wayne Sanders

MARCH 2016

04Dennis Bucko
11Dennis Jacobs
18Allan Galgut

ROTARIAN OF THE DAY

KRISHNA ARORA

OUR ROTARY FOCUS OF THE YEAR:
The Interact Student Exchange Program 2015...We gave it our all and it gave us back even more.

I was born in India. I am the youngest of six brothers and two sisters. At age of 21, I earned my Bachelor's Degree in Electrical Engineering from India. After working for a private company for four years, I came to USA in 1969 to do my graduate studies at San Jose State University. In Spring 1971, I graduated with a MS degree in Systems Engineering. It was pretty depressing when the time came to face the real world....100's of application and not a single interview call! I finally landed up getting a job in Chicago.

In 1972, I proposed over the phone to marry my soul mate. We got married in Stockton, Ca at St. Mary's church and same day left for India. Four days later got married again following Hindu rituals. Soon after our marriage, by choice, our family started to grow. In 1976, we ended up in San Diego. Family life was centered around the children's activities -- birthdays, cub scout, soccer, PTG, field trips, etc. I started to coach our son's team, which soon led to spending weekends at the soccer field

coaching and refereeing.. In San Diego, over the years I have worked for such organizations as General Dynamics, SAIC, Oak Industries, TRW. The only common denominator at all these places was that I would get bored and leave for another company. This was certainly the case until I joined Qualcomm in 1990. Although Qualcomm gave me my grey hair (actually it was the Korean Project), I would never trade my 12 years there with any other company. I retired from Qualcomm in 2002 as Director of Engineering and transitioned into retired life.

On the family front, we were able to extend the gift of education to our three children. They attended universities of their choice and are now gainfully employed. The eldest two got married to their respective life partners twice as we did, a Christian wedding followed by a Hindu wedding. We have three wonderful grandchildren - **Aidan** and **Liam** are grandpa's buddies while **Sadie** and **Stella** are his princesses.

The retirement phase of my life has given me time to, not



only, "smell roses" but to also engage in activities that touch the lives of others. Health is our number one priority -- the other day I beat a 24 year old friend of my youngest son in doing four-limb push-ups!! We love to travel, which has taken us on Catholic and Hindu pilgrimages; hikes to Machu Picchu in Peru, to South Island of New Zealand and to foothills of Himalaya; family wedding in Rio De Janeiro, Brazil.

A strong desire to explore and preserve our heritage prompted us to engage in a project to write a book about my family history. A 2-year effort helped us find relatives going back 13 generations and culminated in a book entitled, "Our Family

History: Past and Present of the Arora (Ishpunani-Juneja) Family". Our family values have taught us to reach out to help others thru volunteer work and charity. I volunteer at Braille Institute; help a catholic priest with MS get exercise; got a foot-bridge built for Q'eros in the Peruvian Andes; sponsoring two organizations in India engaged in the basic education and vocational training for children from the slums. Like many others, I face my own challenges in life, nonetheless, I am very blessed and feel very fortunate to be able to help those in need! Our life experiences have taught us to "Celebrate Life". It is all about living your dreams today, not just wishing for them in the future.