

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JANUARY 08, 2016

www.lajollagrotary.org



Be a gift
to the world



RI President 2015-16
K.R. RAVINDRAN

District 5340 Governor 2015-16
JANICE KURTH

LJGT Rotary President 2015-16
BEVERLY FRITSCHNER



calendar
EVENTS
and speakers

JANUARY 2016 - SPEAKER

- 15.....SD Humane Society
• Gary Weitzman, DVM, MPH, CAWA •
- 22.....Incoming RI Pres: joint LJ meeting
• Ian Risely •
- 29.....BioMed Realty & the Iconic 13 Life Science Campus at UTC
• Tracy Murphy •

FEBRUARY 2016 - SPEAKER

- 06.....Headmaster, LJ Country Day
• Gary Krahn •



SAN DIEGO STATE

A T H L E T I C S

AZTEC CLUB



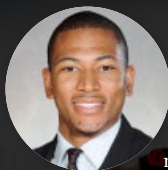
DREW ST. AUBIN

Assistant Athletic Director - Development/Major Gifts

619-594-5162

dstaubin@mail.sdsu.edu

www.goaztecs.com/aztecclub/index.html



TIM SHELTON

continues his stint at San Diego State as the director of player development, just three seasons after serving as a graduate manager and completing his master's degree from the University. Shelton earned his bachelor's degree from SDSU in 2011. The third-year director of player development assists with video breakdown, film exchange, travel, community service and many of the day-to-day office duties. Shelton took over for long-time staff member, David Velasquez, who was elevated to assistant coach prior to the 2013-14 campaign. A native of Fresno, Calif., Shelton played five seasons on Montezuma Mesa and saw action in 109 games while helping the Aztecs reach the postseason in all five of his campaigns, including three consecutive NCAA tournament berths. He is one of four players in the Steve Fisher era to have won three Mountain West championship rings. Shelton, who earned a spot on the 2012 Mountain West all-defensive team, was a member of the record-setting 2010-11 squad that captured the Mountain West regular-season and tournament championships, won the school's first Division I NCAA Tournament game, advanced to the Sweet 16 and finished with a record of 34-3.





Denny Jacobs
Reporter

REPORT

from last meeting

THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

1 IS IT THE TRUTH?

2 IS IT FAIR TO ALL CONCERNED?

3 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

4 WILL IT BE BENEFICIAL TO ALL CONCERNED?

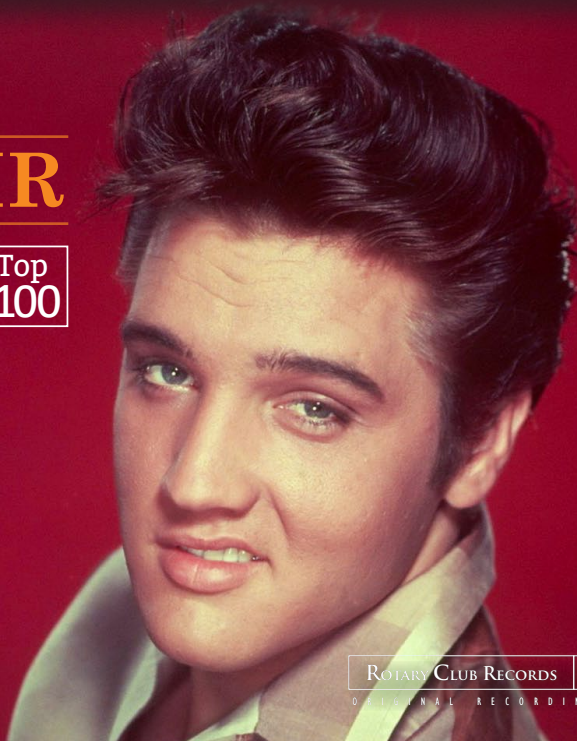
~Herbert J. Taylor

ELVIS' HAIR

Billboard
Top
100

Lyrics by: Denny Jacobs

*Hair, hair, everywhere
From whence did you arrive?
Sitting atop Richard's cool head,
Not unlike a beehive!
Your "pomp" doth romp,
Your curl will fall,
But, you carry Elvis' spirit
To one and to all!
LONG LIVE ELVIS!*



ROTARY CLUB RECORDS
ORIGINAL RECORDINGS

JAILHOUSE ROCK & HEARTBREAK HOTEL UNRELEASED SINGLE

President Bev welcomed us, and opened the meeting. **ROD Gloria Harris** led us magnificently through the prelims, the thought and the Pledge. She shared some photos (remember those?) of her days as an Assertiveness Trainer for Women, and told of her varied career and life adventures. What a dynamic new member **Gloria** is!

Tom stated he showed up mostly to hear The COGS and, although still feeling the effects of his stint as bartender at our Holiday Party LAST WEEK, still managed to fine a bunch of ne'er-do-wells, Tony, Bruce, Bucko, **Alan Galgut**, and **Rick Clark**. **President Bev** apparently coerced **Tom** to buy back his own plaque for \$20! **Pete** pleaded for Rotarians to update their roster info. **Ron** encouraged-no he looked us all directly in the eye to motivate us to remember our pledge to The Foundation. **Ellen** excitedly announced that the AZTECS hoopsters would speak to us on January 8, and we should break out

our old black and red cheerleading outfits!

Susan pledged a HIGH -5 with a convoluted and confusing story of forgiveness and redemption, just because she had to call Brazil to obtain this reporter's phone number! **Brett** was happier than usual to inform us that his kid was either admitted, or was in, school! **Ana** announced that she was so happy she got divorced, OR was it that she was so happy to mediate someone else's divorce! See **Ana** for details! Alan thanked the delivery truck that showed up at his house with **Bardins** and **Pam** at the wheel, with our own version of Meals-on-Wheels!

Then the following improbable scene happened:

COGS serenaded us with Christmas and Holiday cheer. **Frank** and **Dizer** danced like professionals! **Rich Papike** and **Nilsa**, a newly introduced couple, slow-danced to a standing ovation! An **Elvis Sighting** was announced, and HE APPEARED,

walking cane and all! He sang how Blue he was feeling. **Dr. Bucko** soloed as his audience of Rotarians stared at zoo animals on the screen... **Jojo** showed up, but did not bless us with "Silent Night"; the chaos that following demonstrated more dancing than I ever saw at my cousin **Bruce's** wedding, or at any respectable Bar Mitzvah! And a Conga Line for the ages was quickly formed, followed by **Bonnie** completely letting her hair down!

This reporter had an appointment with **Dr. Jeffers** on Saturday morning for a back adjustment!

A good time was had by all!

~Denny Jacobs
Your Loyal Reporter



JANUARY BIRTHDAYS

Louis Scotti.....01

Bill Busch.....14

Alex Monroe15

Joan Davies26

Eric Mjoen28



Bill Keane
Photographer

PHOTOS

from last meeting



The President's MESSAGE



Bev Fritschner
President

GREETING DGEs

Sunday | January 17

You may sign-up for any one of three shifts.

If you'd like to request a second shift, please go ahead and register again for that second shift.

Choose either the San Diego Airport or the Grand Hyatt Hotel's Lobby without indicating your preference.

NEW MEMBER ORIENTATION FIRESIDE CHAT

Monday | January 18

All red badgers are required to attend a new member orientation before you can get your blue badge—this is a great way to learn more about your club and Rotary International—a fun and educational evening is being planned by Membership Chair, **Jacquie Reilly** and Club Service Chair, **Rick Binder**

Apollonia Greek Bistro!
8650 Genesee Avenue | Costa Verde Center

DISTRICT GOVERNOR ELECT DINNER

Wednesday | January 20

I will be hosting the annual dinner, on Wednesday, January 20, where the DGE's representing many of our international projects will be in attendance. Please contact **Dory Beatrice** if you are interested in attending.

PEACE FORUM

Saturday | February 27
8:30 AM – 12:00 PM

USD - Kroc Institute for
Peace and Justice

DISTRICT DINNER

Tuesday | February 09
6:00 PM – 9:00 PM

Stone Brewing World
Bistro and Gardens,
Liberty Station

La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENTBev Fritschner
PRESIDENT ELECT (2016-17) Marty Rosenstein
VICE PRESIDENT ELECT (2016-17)Alex Monroe
TREASURER Sharon Council
SECRETARYRick Binder
PAST-PRESIDENT/FOUNDATIONRon Kohl



Dave Wiegman
Coordinator

UPCOMING ROTD

JANUARY 2016

15..... Sheila H
22..... Dianne Day
29..... Lori Bende

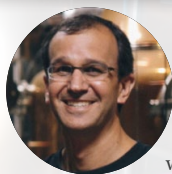
In 1944, the Malahat returned to the waters which she was born. During her career, she sailed all corners of the globe carrying timber, gasoline. She spent nearly thirteen years dodging the Coast Guard and smuggling contraband to Rum Row. She rests now, sunk at the bottom of the Powell River.

MALAHAT SPIRITS CO.

Her legend lives

MALAHAT SPIRITS Co.
HANDCRAFTED

Made in San Diego.
By hand.
In small batches.



Tony Grillo

was born in Portsmouth, Virginia while his father was stationed at the Naval base. Shortly thereafter, the family moved back to Puerto Rico. The Grillo family moved from Puerto Rico to Ann Arbor Michigan, just in time for Tony to complete high school there. After high school, he obtained a degree in Mechanical Engineering from Cornell University, a Masters in Engineering from Penn State, and an MBA from Pepperdine.

Professionally, **Tony** worked at

Johnson Controls for nearly 13 years and left as Director of one of their key Strategic Business Units in the Automotive Division. Looking to fulfill his entrepreneurial spirit, the family moved to California (certainly, the lure of sunny winters was a huge perk!!) While in San Diego he has started several companies. Of these, 5 companies are currently operating.

His latest venture is **Malahat Spirits**, which is dedicated to making the very best craft spirits. Amongst these are Rum, Whiskey / Bourbon, Vodka, and maybe someday Gin.

Tony has a beautiful wife (**Janet**), and two awesome daughters. **Alex** is now 17 and a senior at Canyon

Crest Academy. In the fall she will be attending Elon University in NC. **Marin** is now 14 and is a freshman and at La Jolla County Day. She has many interest ranging from community service (Rotary), to rock climbing, and physical fitness / training.

In his spare time, that is when not working as a chauffeur for the girls, he enjoys cycling, car racing, mountain biking, exercising, and working on Rotary projects.

*Best wishes to all
for a great 2016!!*



www.malahatspirits.com

ROTARIAN
OF THE DAY

