

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JANUARY 18, 2019



BE THE INSPIRATION

RI President 2018-19  
**BARRY RASSIN**

District 5340 Governor 2018-19  
**MEL GALLEGOS**

LJGT Rotary President 2018-19  
**RICK BINDER**

## SPEAKERS AND EVENTS



### JANUARY 2019 - SPEAKER

25..... Sandi Rimer  
Club Service

### FEBRUARY 2019 - SPEAKER

01..... Literacy San Diego

08..... Grant Barrett  
A Way With Words

**DENISE  
KORENEK** | **GUINNESS  
WORLD RECORD**  
CYCLIST/ATHLETE



### Denise Mueller-Korenek

is an American cyclist. As of September 2018, she holds the world record for paced bicycle land speed and is considered "the fastest cyclist on earth". • She set the record on September 16, 2018, at the Bonneville Salt Flats in Utah, by traveling an average of 183.932 mph (296.009 km/h) on a custom-built carbon KHS bicycle behind a custom-built vehicle to minimize air resistance. • The previous record, 167 miles per hour (269 km/h), was set in 1995 by Dutchman Fred Rompelberg. Two years earlier she set the women's bicycle land speed record, pedaling 147.7 mph (237.7 km/h). • *She is the first and only woman in history to hold the world record, which was first established in 1899.*





JANUARY 2019  
18.....Lisa Galstian

# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE  
THINK, SAY OR DO

01

IS IT  
THE TRUTH?

02

IS IT  
FAIR TO ALL  
CONCERNED?

03

WILL IT  
BUILD GOODWILL  
AND BETTER  
FRIENDSHIPS?

04

WILL IT BE  
BENEFICIAL  
TO ALL  
CONCERNED?

HERBERT J. TAYLOR

### WOW, WHAT A SPECIAL ROTARY MEETING!

Four clubs, current Governor, 2 Asst. Governors, untold PDGs, Rotary Peace Scholar and Rotaractors all gathered with Rotary President Barry Rassin, as President Rick Wayne prayed for us and **“all was right with the world”**. Thank you Steve Brown for arranging our first sitting RI President visit to our joint club meeting.

President Rassin presented a multiple Paul Harris award to Father Wayne and an **“Award for People of Action”** to Cindy and Tom Goodman from their La Jolla Sunrise Rotary club. PDG Sandy Reimer, our membership chair, introduced, with President Rassin, the newest member of Rotary and our club, Christina Nowacki.

We then introduced the four club presidents, La Jolla Sunrise, La Jolla, Torrey Pines and LJGT, who outlined the fine works of each club. It was very impressive to hear about the activities of each that were too numerous to list here.

Steve Brown introduced RI President Rassin, from East Nassau, Bahamas to share his perspective of Rotary. He recapped Rotary’s work to start our fight against and our continued hard work, to eradicate Polio, worldwide. With 29 new cases in 2018 but no new cases in 2019, the end of Polio is in sight. The Bill Gates Foundation continues to be a supporting factor, as we Rotarians raise the final funds to end this dreaded disease. The World Health Org. plays a major role in hunting down the remaining cases and helping to inoculate those most at risk, along with Rotary.

President Rassin then touched on the unique opportunity that Rotary has with our Peace Scholars program with about 100 people a year in this fantastic program. We now have 1,200 completed scholars worldwide, working to help **“change the world”** through Rotary and their specialized training and education.

Haiti was next, as he noted 6.5 million dollars given by Rotary and Rotarians to make possible 105 projects, as Rotary was first on the ground with help.

He is most proud of the 29,000 students who needed schools to be rebuilt and supplied.

Rotary is 113 years old and President Rassin stressed we need to think of change! We need to embrace new ideas to stem the flow away of 300,000 who have left Rotary. This has been balanced by new Rotarians, keeping us at 1.2 million members World Wide but he stressed we need to retain good people. His Them this year-**“Be and Inspiration”**. He pointed to our need to embrace a true **“burning desire”** to do the work of Rotary in helping make the world a better place. He was most inspiring?

Rick’s very **“long/tailed”** joke closed with **“Don’t screw with Uncle Ted after he’s been drincken!”** It brought a good chuckle from the group. All seemed to feel it was a joint meeting well worth their time?

*Thank you to all who made it possible!*

—Pete, Scribe





# PHOTOS

from the last meeting



La Jolla Golden Triangle  
**ROTARY CLUB**

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
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 www.LaJollaGTRotary.org

**LJGT ROTARY LEADERSHIP 2018 - 2019**

PRESIDENT ..... Rick Binder  
 PRESIDENT ELECT (2019-20) ..... Kimberly Schafer  
 PRESIDENT ELECT ELECT (2020-21) .....  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Nancy Gatschet  
 PAST-PRESIDENT/FOUNDATION ..... Alex Monroe



**JANUARY** 2018  
 25..... Barbro Kirkpatrick



**CHRISTINA**  
**NOWACKI**



Southern California native, grew up in Westminster and moved down to San Diego to go to high school at Bishops and stayed, settling down in Carmel Valley in 1991. My career for 33 years has been at National University where I earned an Accounting and Real Estate degree and have worked in the finance department as the Assistant Controller. I started a bookkeeping business in 2014 that is my latest pride and joy. I have two sons, **Nick** (33) and **Alex** (22) and two teen aged cats :) I've had a passion for the outdoors from the start, taking up bird watching as a child and then long distance running and endurance hiking most recently.



**ROTARIAN**  
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