

# THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JANUARY 26, 2018

[www.lajollagtr Rotary.org](http://www.lajollagtr Rotary.org)



ROTARY:  
MAKING A  
DIFFERENCE

RI President 2017-18  
**IAN H.S. RISELEY**

District 5340 Governor 2017-18  
**SCOTT C. CARR**

LJGT Rotary President 2017-18  
**ALEXANDER S. MONROE**

## SPEAKERS AND EVENTS



### FEBRUARY 2018 - SPEAKER

02.....Ted Owen  
Founding Father, The Golden Triangle

09.....Richard Marks  
Wellness Tips for Goal Achievements

16.....Doug Wilson  
The Tsunami of Wealth Transfer from Boomers to their  
Adult Children: What Could Possibly Go Wrong?

## PIVOT TO SUCCESS!



**A.J. MacQuarrie**

Are you a “Wantrepreneur” – an entrepreneur with an idea, business, or goal that is slipping further out of reach?

In this talk, **A.J. MacQuarrie** will share his top mindset strategies to help you achieve the success you desire when “the big win” seems unattainable. Perhaps you’ve psyched yourself up, but you’ve found yourself on a crazy roller coaster ride with some stellar highs followed by some unexpected deep dives. Your success might be a lot closer than you think, but it can be all too easy to lose momentum when life throws you or your business a monkey wrench.

How you handle the adversities in your path will determine your success. If

your business is not where you want it to be, **A.J.** will share his simple mindset pivot to get you and your company recalibrated for success.

**MacQuarrie** will share his top mindset strategies to help you achieve the success you desire when “the big win” seems unattainable.

*“When you pivot, you will feel your entire life shift forward. Pivot to Success will teach you how to tap into your potential in a greater way than you have ever experienced before!”*

~ A.J. MacQuarrie



**JANUARY 2018**  
26.....Alex Kirkpatrick  
**FEBRUARY 2017**  
02.....Janine Pack  
09.....Nancy Gaschet

# REPORT

from the last meeting



## WE WELCOME NEW MEMBERS



## MOJI EBRAHIMI

Born in Tehran, I moved to Germany for a year then to Washington DC where I completed high school. Moving to San Diego in 1981, I continued my education by earning a Bachelor's degree in Interior Design from San Diego State University.

I moved to San Francisco after graduation where I launched my career specializing in Interior Design and Architectural Graphics. I began my real estate career shortly after in the Bay Area around the early nine-ties. I eventually moved back to San Diego in 2006 to continue helping and representing clients with interests in both selling and buying homes. Over the years, I have been involved with Military Relocation Professional Certification, Toys for Tots, and Marine Corps Reserves.

The joint meeting with the five La Jolla clubs started promptly at 7:30am with **Alex** introducing the presidents of each club. In no special order the clubs and presidents respectively were: La Jolla (**John Trifiletti**), La Jolla Sunrise (**Brian Zimmerman**), San Diego Coastal (**Craig Hothem**), Torrey Pines (**Alex Robertson**), and of course our own **Alex Monroe**. We were then greeted with a beautifully sung rendition of "God Bless America".

**Alex** then welcomed nearly 25 Rotaractors from UCSD, SDSU, and USD. It was a strong statement of our ties to the next generation of Rotarians.

We proceeded with a single announcement on behalf of the La Jolla Club. They are looking for volunteers for the Concours D' Elegance which is scheduled to take place on April 8th, 2018. Not only do you get to be around other Rotarians, but you also get a chance to experience some magnificent automobiles!

**Steve Brown**, introduced our speaker, **John Matthews** (Rotary International Director for Zones 25/26) who promptly, took to the microphone and

immediately put the crowd at ease with his easy-going demeanor and a couple of interesting facts about Costco. After all who doesn't have a Costco membership!

**John** wanted to share with us, that over the course of the last decade Rotary's membership has remained relatively flat at approximately 1.2 million members worldwide. It is his main objective (and that of Rotary International) to grow to 2 million by the year of 2025. The Rotary Foundation, **John** believes, is our path to growth. The Rotary Foundation is a world leader in global grants and sustainable projects worldwide.

He used India as an example of why "good" growth is important. He mentioned that India is the highest growth country in Rotary with more clubs starting than anywhere in the world. It is also the country with the greatest attrition rate. This is why, sustainable growth should be an operational priority to all clubs.

**He stated that clubs are in one of three phases:**

- Growing
- Slowly Dying
- Dying

Of the three phases the

largest is in the slowly dying category (he believes most clubs in this area don't even realize it). Growth has to be sustainable and he encouraged the presidents of the five clubs to work on growth plans that can achieve long term growth.

Finally, he encouraged clubs to foster deeper relationships with Rotaract clubs. That we need to insure those students continue with Rotary after finishing school. At this time, the presidents of the UCSD and SDSU clubs stood up and invited everyone to come to their meetings! We should all take the opportunity to join them.

After the speaker, the five presidents shared a few words of wisdom with our members. Of all the insightful and thoughtful words, the ones that stuck with me came from **John Trifiletti** of the La Jolla Club. He said: "*We need to grow engagement*". It's not enough to grow the numbers, we need to have members who are engaged and participating actively in the club.

**Alex** promptly closed the meeting at 8:35am. Great meeting **Alex**!







# PHOTOS

from the last meeting





# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
La Jolla, CA 92039  
www.LaJollaGTRotary.org

## LJGT ROTARY LEADERSHIP 2017 - 2018

PRESIDENT ..... Alex Monroe  
PRESIDENT ELECT (2018-19) ..... Rick Binder  
PRESIDENT ELECT ELECT (2019-20) .....  
TREASURER ..... Sharon Council  
SECRETARY ..... Beverly Fritschner  
PAST-PRESIDENT/FOUNDATION ..... Antonio J. Grillo-López, MD



UPCOMING  
**ROTD**

### FEBRUARY 2018

02.....Kevin Carlson  
09.....Lori Bende  
17.....Sandi Rimer

ROTARIAN  
OF THE DAY

**DORY BEATRICE GRIFFITH**



Dory Beatrice Griffith hails from New York City, and professionally is a Clinical Social Worker, providing counseling in her private practice.

In 1997 she became deeply involved in volunteer work with Tibetan refugees in India, which led her to join La Jolla Golden Triangle Rotary Club in 2000. She was then able to implement various projects there, such as obtaining funds for major renovation of a school for handicapped children, and for a math/science computer lab for orphaned and destitute students.

She loves the opportunities and resources available in Rotary, and did several Matching Grants for projects in India, then moved on to work in Bolivia, where she's done a Matching Grant for water projects in remote rural regions, and then for ultrasound screening for pregnant women. This Photo involved leading a group of Rotarians to Bolivia on a Rotary Study Tour in 2008. Her work in Bolivia led her to discover ShelterBox, a Rotary disaster relief project, when Bolivia was going through catastrophic flooding. ShelterBox was there to help, and she was happy to be part of this effort. She was pleased to bring the ShelterBox



program into the district, and there is now a powerful team carrying the message.

In 2007 she joined Rotarians Cynthia Villis and Mary Griffin on a Rotary visit to Lithuania, to create links with that country and begin projects there.

On the local level, in 2004 she co-founded a Model United Nations program to get youth engaged with global issues. She is pleased that Model UN has gone on to become a District Program, with wide participation by many clubs. She also co-founded a Pathways to Peace Committee to develop ways that Rotary can be an ever-growing force for world peace. She has received many District awards.

In March 2010 Dory joined a Rotary Study Tour to Indo-

nesia, where the group met local Rotarians and studied project needs there. Dory is a Paul Harris Fellow, member of the Rotary Foundation Bequest Society, and graduate of the Rotary Leadership and Development Academy. She was honored to be chosen as President of LJGT for the year 2010-11. Rotary also gave her the gift of meeting a fellow Rotarian: Pete Griffith, and they married in Oct. 2009, and this has brought 5 delightful granddaughters into her life!

Professionally Dory worked for several years with Survivors of Torture International, providing counseling and performing psychological evaluations to refugees escaping from war or persecution in their countries. She also developed a support group for them, which lasted for several years. This led her to launch a new project in Sept. 2010, Project Refuge, to provide short-term housing and social support for refugees who have suffered deeply in their country. She currently is the coordinator of Project Refuge JobWorks, assisting refugees in finding jobs.

She has personally experienced the power of Rotary, and is proud to be a Rotarian.

