

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JANUARY 29, 2016

www.lajollagtr Rotary.org



Be a gift
to the world



Rotary

RI President 2015-16
K.R. RAVINDRAN

District 5340 Governor 2015-16
JANICE KURTH

LJGT Rotary President 2015-16
BEVERLY FRITSCHNER



calendar
EVENTS
and speakers

FEBRUARY 2016 - SPEAKER

05.....Headmaster, LJ Country Day
• Gary Krahn •

12.....Fascinating Facts about Our Presidents
• Richard Lederer •

19.....Interact Student Exchange Program 2015
• Krishna and Bonnie Arora •

MARTY MARTINS

DEBUNKING

Law Enforcement Myths of Hollywood and the News Media and
(as time permits) The Job of a Prosecutor Outside the Courtroom



RODEO COWBOY

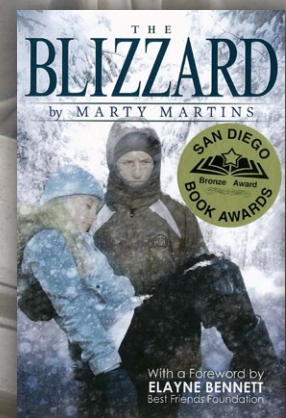
After college, Martins continued to compete in professional rodeos across the United States and Canada (*his two daughters had been in 20 states before they started first grade*).

PROSECUTOR

Martins retired in November 2010 after 23 years as a career prosecutor. For five years he was assigned to a drug and gang task force where, during a 40-month period, he prosecuted a record 437 defendants.

AUTHOR

One of Martins' greatest joys was finishing the book so his dear wife could read it before she died. Her praise would have been enough, but **The Blizzard** has met with critical acclaim and brought numerous calls for a sequel. Marty Martins lives in the San Diego area with his two dogs.



www.martymartins.com



Rick Clark
Reporter

REPORT

from last meeting



Susan Schwarz
Coordinator

UPCOMING REPORTER

JANUARY 2016

29.....Pam Russell

FEBRUARY 2016

05.....Louis Scotti

12.....Leanne Cusick

THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

1 **IS IT THE
TRUTH?**

2 **IS IT
FAIR
TO ALL
CONCERNED?**

3 **WILL IT BUILD
GOODWILL
AND BETTER
FRIENDSHIPS?**

4 **WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?**

~Herbert J. Taylor



Tsunami of Mortality

Five La Jolla clubs filed into the Braille Institute thanks to Past President **Jay Hatfield**. President **Beverly** called us all to order at 7:15. Patriot **Diane Day** led the Pledge and **Eric Jones** led and convinced our non-singing club to struggle through "God Bless America". Prior to and Invocation, **Charles Hartford** divulged an amazingly important religious fact: On this date in the early 1960s, Coors Brewery introduced the aluminum beer can with pop top! We no longer needed a 'church key'!

Bev acknowledged the other four clubs present; La Jolla, La Jolla Sunrise, La Jolla Coastal and Torrey Pines.

Our own Rotary International Foundation Czar **Steve Brown** introduced R.I. President Elect Australian **Ian Risely**. His message was primarily directed toward international membership. He coined the phrase "*Tsunami of Mortality*". The average age of the 1,200,000 Rotarians is increasing at an alarming rate each year. We need younger members to survive.... In other words, our club needs some more thirty year olds to counter **GEORGE**!

The geographical distribution is also changing. In 2004, there were 386,000 U.S. members (32% of total members). In 2015, the number had dropped to 329,000

(27%). One of the positives, however, has been the increasing percentage of women (28% of total in the US). New membership & retention depends on the basic guidelines of Rotary ... be friendly and hospitable and demonstrate our incredible service to humanity. We must also maintain our commitment to quality members and long term thinking.

One of our foreign visitors was **Mahammad Ishaq** from Jalalabad, Afghanistan. He is the director of the Polio Eradication program for all of Afghanistan. Only 19 cases are left in his country. He also was our primary conduit for all of the building projects and programs that our club built and supported in Jalalabad to benefit the children of his country.

Bev then introduced each club president to showcase their significant service projects:

La Jolla Sunrise... **Mark Powell**: They are active in Thousand Smiles and Gift of Life surgery programs in Mexico and other developing countries.

La Jolla: **Lora Fisher**: Their major fund raiser is a bowling tournament. Where they make the most money is when members give large amounts so they do NOT have to bowl! They will be building chicken coops in Haiti.

I guess this emerged after the La Jolla Own Council voted to prohibit homeowners in La Jolla from raising chickens in their back yards!

La Jolla Coastal... **David Detwiler** This is a very young club, average age of 33 and known as the 'Happy Hour club'. They are active in RYLA and Rotaract clubs. They hold an annual Casino Night.

Torrey Pines: **Alan** Their major project has collected 15,000 new toys for Children's Hospitals.

La Jolla Golden Triangle: ... We would need pages and pages of this bulletin to list our projects and programs ...

District Governor **Janice Kurth** promoted two upcoming district 5340 events: Jan. 30, Pre Pets and February 9, District Dinner at Liberty Station Stone Brewery.

Tom Gordon led everyone in the 4-way test and **Beverly** sent everyone on their way.



JANUARY BIRTHDAYS

Louis Scotti.....01

Bill Busch.....14

Alex Monroe15

Joan Davies 26

Eric Mjoen 28



Bill Keane
Photographer

PHOTOS

from last meeting



Lisa Galstian
Reporter



WINE

RAFFLE ON: FEBRUARY 5th 2016

FIRST AND SECOND PRIZES:

2 Packages each with 6 bottles of Wine from the Cellar of Eric and Sandy Freeberg.

01 Each Package has these 5 wines:

- Davis Bynum, Pinot Noir, 2013, Jane's Vineyard, Sonoma County.
- High Flyer Doctor's Vineyard Pinot Noir 2011.
- Kermit Lynch Cotes Du Rhone 2013.
- Kaiken Cabernet Sauvignon-Malbec-Petit Verdot Terroir Series 2012
- Maroon Napa Valley, Heritage Collection, 2012, Cabernet Sauvignon

02 Each package of wine has one bottle that is different.

One package has this wine:

- 2013 Château Saint-Roch «Chimères» Côtes du Roussillon-Villages.

One package has this wine:

- Broadbent Vinho Verde. White wine from Portugal.

THIRD PRIZE:

03 Third prize is a magnum of this wine.

- 2011 Cono Sur "Organic Series" Cabernet Sauvignon-Carmenere Colchagua Valley

WR

WINE RAFFLE

Donated by...



Eric O. Freeberg

Wine
improves
with age
I improve
with wine



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENTBev Fritschner
PRESIDENT ELECT (2016-17) Marty Rosenstein
PRESIDENT ELECT ELECT (2017-18).....Alex Monroe
TREASURER Sharon Council
SECRETARYRick Binder
PAST-PRESIDENT/FOUNDATIONRon Kohl



Dave Wiegman
Coordinator

UPCOMING ROTD

FEBRUARY 2016

05..... Jay Hatfield,
12..... Rick B
19..... Krishna Arora
26 Wayne Sanders



Lori Bende

Lori has been a member of the La Jolla Golden Triangle Rotary Club for 16 years. She is a multiple Paul Harris Fellow, past board member, past treasurer and charter member of the International Eyecare Fellowship of Rotarians. And currently holds the "Family of Rotary" position. She and her husband **Joost** are a two-time winner of the LJGT Road Rally and a one (or was it two?) time "winner" of the *Golden Dipstick Award*.

(a few years ago, ahem) by the California Optometric Association. She has lectured to optometrists on specialty contact lenses and recently did a webinar lecture to optometrist all over the country.

Lori's twins, **Ronald** and **Rhoda**, are age 8. **Lori** is a Brownie Girl Scout leader and **Joost** is a Cub Scout Den leader. **Lori** enjoys volunteering in their classroom at school. As a family we love to travel, especially visiting Joost's family in Holland.

Lori continues to value her friendships and business contacts she has made, and continues to make, in the La Jolla Golden Triangle Rotary Club; truly the Most Dynamic Rotary Club in the world.



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The Golden Triangle Optometric Center is located at the corner of Governor and Genesee in University City. Her office now has new diagnostic scanning technology that can detect many eye diseases years earlier than ever before. **Lori** is a past president of the San Diego County Optometric Society and was awarded the "Young Optometrist of the Year"



www.GToptometric.com



ROTARIAN
OF THE DAY