

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JULY 07, 2017

www.lajollagtr Rotary.org



**ROTARY:
MAKING A
DIFFERENCE**

RI President 2017-18
IAN H.S. RISELEY

District 5340 Governor 2017-18
SCOTT C. CARR

LJGT Rotary President 2017-18
ALEXANDER S. MONROE



IAN H.S. RISELEY
PRESIDENT, ROTARY INTERNATIONAL, 2017-18



ROTARY: MAKING A DIFFERENCE Some years ago, a new acquaintance asked me what should have been a simple question: "What is Rotary?" I opened my mouth to reply and then stopped short with the realization that I simply did not know where to begin.

The problem wasn't that I didn't know what Rotary was. The problem was that Rotary was — and is — too large and complex to easily define. We are a member-based organization, a club-based organization, and a service-based organization; we are local, regional, and international; we are community members, businesspeople and professionals, working and retired, active in nearly every country in the world. Every one of our 1.2 million members has a unique set of goals, experiences, and priorities; every one of us has a unique understanding of Rotary.

To me, Rotary is defined not by who we are, but by what we do — by the potential that Rotary gives us, and the ways we realize that potential in meaningful and lasting service. Rotary has been around for a long time: 112 years. In some ways, we've changed tremendously, as we've grown, matured, and adapted to the changing needs of our members and communities. In our fundamentals, however, we remain the same: an organization of people with the desire — and through Rotary, the ability — to make a difference in our communities, and the world. We answer the question "What is Rotary?" with our actions, by making a difference through our service.

As an organization, we recognize how important it is that the world understand what Rotary is, and what we do. At the same time, we know that it is more important than ever to allow our clubs to define Rotary service for themselves. As Rotarians, we have more flexibility than ever to decide how we want our clubs to meet, work, and grow. We're focused more than ever on making sure that Rotary reflects the people it serves, with more women and a more diverse membership. And we're working hard to ensure that Rotary remains the world's pre-eminent volunteer service organization, by emphasizing long-term planning, sustainable service, and continuity in leadership on every level.

In 2017-18, we will answer the question "What is Rotary?" with the theme *Rotary: Making a Difference*. However each of us chooses to serve, we do it because we know our service makes a difference in the lives of others. Whether we are building a new playground or a new school, improving medical care or sanitation, training conflict mediators or midwives, we know that the work we do will change people's lives — in ways large and small — for the better. Whatever motivation each of us had for joining Rotary, it is the satisfaction we find in Rotary that causes us to remain, the satisfaction of knowing that week by week, year by year, we are part of *Rotary: Making a Difference*.

Ian Riseley

Ian H.S. Riseley
President, Rotary International, 2017-18

**SPEAKERS
AND EVENTS**



JULY 2017 - SPEAKER

14.....Melodie Tao
Top 5 Social Media Security Tips

21.....Jeff Seay
Write What You Know: Former NCIS Special Agent Turned International Thriller Writer

28.....Scott Carr
District Governor visit

ALEXMONROE





JULY 2017

 07..... Will Moore
 14..... Kourtney Kennedy
 21..... Gloria Harris

REPORT

from last meeting



THE FOUR WAY TEST

OF THE THINGS WE
THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT
FAIR TO ALL
CONCERNED?03 WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?04 WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

HERBERT J. TAYLOR

JULY BIRTHDAYS

EMIDIO DEL CONTE..... 05

BEV FRITSCHNER..... 09

ROGER DREXLER..... 11

JO JO ITO-CADWELL..... 12

RICHARD TILLES..... 16

SHARON COUNCIL..... 21

DAVID CHONG..... 22

MARIN GRILLO..... 26

SHEILA HENRY..... 28

CYNTHIA VILLIS..... 30

The meeting was called to order by **President Antonio** around 7:26am. His last call to order! He introduced **Rick Clark** who gave us the benediction on Friendship and led the pledge. **Rick Binder** then introduced a plethora of Guests, Spouses, Visiting Rotarians and 2 members from UCSD Rotoract.

Rick Clark then introduced our Club's first woman President, **Bonnie Brunner**. He then showed a wonderful video he made as a retrospective of her life and career with Rotary. **Bonnie** was then awarded with her **THIRD Paul Harris Award** by **President Antonio**. It was a moving moment.

President Antonio then gave everyone a big thank you for the terrific Promote/Demote party. He then presented **Pam Russell** with a \$15,000 check as a Club donation to the Rotary Foundation. **President Antonio** then called up the 3 most Senior (in age) past Club Presidents. **Mike**

Barden, Pete Griffith, and **Rick Clark**. They then ceremoniously pinned the Past President badge on **President Antonio**, The Club President Badge on new **President Alex Monroe** and the President Elect Badge on **Rick Binder**.

Finemaster Will Moore had no fines today but we did have a number of "high fives". **Rick Clark** passed along a message of thanks from **David Chong** for the video and all of the thoughts and wishes passed along to him. He is doing very well. **Pete Griffith** also reported that **Dory** is also doing well after her hip replacement surgery resulting from her fall. **Rick Binder** then passed along the torch of running the welcome front desk to **Courtney**. This was his last day of the doing a job that was supposed to be for only a few months and lasted for years. That does not seem very efficient! Anyway, he showed a slide show he produced bringing us forward from 2012 when he started until

today. Nice job **Rick**!

Our speaker was **Brad Costanzo**. He was introduced by **Brett Morey** who he met on a Southwest Airline plane. **Brad** spoke about secrets for productivity. The importance of the value of your time and delegation. He described delegation as "buying your time at a discount". He has his employees process their job in a manner as to train their replacement. All very interesting concepts. Finally, he talked about the conceptual difference of "projects vs processes". He closed by giving us online resources.

Well, all good thing unfortunately must come to an end and with this meeting's end we also reach the end of the term of **President Antonio**. We all thank you for a terrific year **Antonio!!! President Antonio** closed the meeting with a scene from the opera "Brindisi" where THE FAT LADY SANG. (Thank you **Yogi Berra**)





PHOTOS

from the last meeting



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2017 - 2018

PRESIDENT Alex Monroe
PRESIDENT ELECT (2018-19) Rick Binder
PRESIDENT ELECT ELECT (2019-20)
TREASURER Sharon Council
SECRETARY Beverly Fritschner
PAST-PRESIDENT/FOUNDATION Antonio J. Grillo-López, MD



UPCOMING ROTD

JULY 2017

14.....Joel Candib
21.....Pam Russell
28.....Janine Pack



PEGGY MARTIN



Happiness last December was returning 'home' to the La Jolla Golden Triangle Rotary Club after an absence of 8 years. For me it was also a return home to the buildings and streets where I'd spent some of my 35 years as a construction manager, managing the development process and construction of buildings and infrastructure on each side of Genesee Avenue as well as medical buildings and facilities, schools, a library and other commercial projects in La Jolla and greater San Diego. While the outside landscape surrounding 'my buildings and street' has changed dramatically, the super friendliness and welcoming embrace by Golden Triangle Rotary members has certainly shown me that I am indeed 'Home'.

Originally a Seattleite, my favorite team continues to be the UW Huskies ... and for 3 score+ years, skiing has been my favorite personal sport and once was my excuse for travelling the world - i.e. to western European slopes, Norway, New Zealand and of course multiple states, and provinces from East to West. Admittedly I'm much slower

getting down the hill now, and after attending the ISFR (*Int'l Skiing Fellowship of Rotarians*) week-long event at Whistler Mtn. in 2016, I traded in my skiing membership for one in the *Cruising Fellowship of Rotarians*. Exploring ruins of ancient civilizations via foot and hikes - from Turkey to the Atlantic --is now done via cruises and walks to explore and learn.

I moved to Solana Beach in 2004, having designed and built my home which I'll someday complete with proper landscaping (gardening is not my favorite hobby.) My 2 sons (Ian and Chris) and daughter (LoriAnn) and her husband and son all live and work nearby - I was the one who moved away (12 miles) from them! My best friend/s.o. for over 3 decades (Doug) lives in Del Mar. Last and most important of all is Toby, my faithful, lovable housemate who never complains about my cooking.

And now you have it - all except for the 30 years of fabulous Rotary memories, mostly in the one and only 'Most Dynamic Rotary Club in the World'.

