

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JULY 12, 2019



RI President 2019-20
MARK MALONEY

District 5340 Governor 2019-20
MARTA KNIGHT

LJGT Rotary President 2019-20
KIMBERLY SCHAFER



SPEAKERS AND EVENTS

JULY 2019 - SPEAKER

19.....Founder and CEO of Workshops for Warriors
Hernan Luis y Prado

26.....UCSD Connect

AUGUST 2019 - SPEAKER

02.....District Governor Visit

09.....Early days of the Golden Triangle

16.....Open

23.....SURFSurfersUnite

30.....Open

LJGT PRESIDENT 2019-2020

I am so honored to be Club President for 2019 - 2020, and am looking forward to an exciting year. Looking back, it's amazing how fast the last 6 years have flown by since I joined the Club in 2013. We've done wonderful projects, had jello shots, and dressed up in some interesting outfits. More than anything, there has been wonderful friendship and service. Let's keep it going on all counts!

I first learned of Rotary through my father, **Walt Schaffer**, who is Past President of the Chico Rotary Club. I spoke to the Chico Club twice before I had even con-

sidered joining - once about my work with the UCSD Alzheimer's Disease Cooperative Study many years ago, and once about my work with the researchers at the UCSD Center for AIDS Research. I thought it was a nice enough group and a good way for all 200 members to stay out of trouble, but that's as far as my thoughts went. Then I went to Tanzania in early 2013 with my **Dad** and others from his Club, to continue their work with clean drinking water projects and community development in the Kilimanjaro region. I was so moved and impressed by the dedication and cooperation between the US and Tanzanian Clubs

- they were and are truly partners. That led to my interest in joining Rotary, but I thought I wasn't eligible since I worked at the University, rather than in business. Luckily, my **Dad** and **Steve Brown** spoke at an event in Northern California, and Steve invited me to come to our Club! And here we are!

We truly are the Most Dynamic Rotary Club in the World - I see it every week and in every project. The theme for this year is Rotary Connects the World. Let's connect with each other, our communities and the world and continue to shine brightly!!



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

President Rick kicked off his final meeting with an introduction of our Rotarian of the Day, Rotaractor **Bradley Day**. **Eden Innes** couldn't be here today as she left yesterday for Hawaii and medical school so Bradley put on her badge and told her story. Besides her Rotaract activities, she was part of the PB&J group who created sandwiches and distributed them to the homeless. She dreams of becoming a physician to help the underserved in Hawaii. Bradley began his service career in high school through Boy Scouts and Interact. He got his degree in Design and looks forward to tailoring products to help the user. But design can be used outside of technology and be used for programs like helping the homeless. Finally, he thanked the club for all we have done to help him.

02

IS IT
FAIR TO ALL
CONCERNED?

Garry Kachkovsky introduced our guests: **Nancy Gatschet's** grandson, Alex, Susan Brown, Rotaractors **Bradley Day** and **Kaeley O'Shea**. **Rick Clark's** guests Rotarians **Dr. Rick Rodriguez** and **Newmarie Rodriguez**. They are from Puerto Rico clubs that we helped following Hurricane Maria and came today to thank us for all we did to support their clubs and the other clubs in Puerto Rico.

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

Two Doo Wap concert tickets donated by **Ron Kohl** were auctioned off for \$47.50. Thanks to **Steve Balch** for winning. Enjoy the concert!

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

For the first time in ages, there were almost no announcements except for the Promote/Demote party and the 4th of July party. And then **Denny Jacobs** asked about washing instructions for his toga. Can't wait to see everyone in togas tomorrow night...NOT!

Roving Sports Reporter **Sheila Henry** brought the sports news of the day in her special unique style.

President Rick admitted that some of the awards he was going to present are sitting in his living room. They will be presented tomorrow night by a drunk guy in a toga. If he forgot the awards, makes one wonder what he was drinking this morning! He reviewed some of the accomplishments of the year that were highlighted in this week's Golden Rotarian.

Marty Rosenstein presented the best video from our Most Dynamic EarlyAct Club in the World!

Brett Morey was recognized at the District Governor's Dinner last night as District Rotarian of the Year for all he has done with SURF and other things! **President Rick** presented him with a plaque. Congratulations, Brett.

The winner of the **George Mannschreck** Rotarian of the Year is **Dr. Lori Bende**!!!! Congratulations, Lori. When's the party?

Immediate Past President **Alex Monroe** offered advice to **President Rick**. Like how hard it is to sit at a meeting and just eat breakfast and not get up and do anything. He presented Rick with his Past President badge and a couple of gifts. And then presented **Kim Schafer** with her new President badge. Rick then gave certificates of appreciation to Kim and soon-to-be President-elect **Emidio DelConte**.

President Rick then offered some advice.

1. If in your in a hole, stop digging.
2. If at first you don't succeed,

skydiving may not be for you. If you do succeed, try not to look astonished.

3. Some days you're the dog. Some days you're the hydrant.

4. Some people are like slinkies. You can't help smiling when they come down the stairs.

The past presidents lined up and passed the gavel to Kim. Each had to state their name, the year and the theme. Most were able to handle their name but after that it was iffy. And 90% of them treated the gavel like a microphone! Kim made some brief comments including her hope for the year to "do no harm"!

High fives. Rich recognized **Mike Bardin** for his Rotary shirt. **Lee Ann Cusick** thanked **Ron Kohl** for saving a table at dinner last night. **Sara Miceli** recognized her parents' restaurant (named Miceli's) celebrating 70 years in business. **Rick Clark** thanked **Rick Binder** for a great year. **Bill Busch** thanked **Marty Rosenstein** for all he does for Interact and EarlyAct. **Alex Monroe** will be gone for a couple weeks because of a trip with his kids. **Will Moore** thanked the club for its support in his campaign and reminded us that it had been 20 years since a member (**Harry Mathis**) has served on our city council. **Denny Jacobs** recognized **Ajay Asher** for all he does to provide us with our Golden Rotarian. **Dr. Rico Rodriguez** recognized the most dynamic club in the world and thanked us.

President Rick shared a number of jokes, few of them memorable. Meeting adjourned. Thank you, **President Rick** for a wonderful year!





PHOTOS

from the last meeting



ROTARY CLUB PROMOTE DEMOTE 2019



La Jolla Golden Triangle
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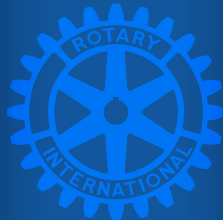
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LJGT ROTARY LEADERSHIP 2019 - 2020

PRESIDENT Kimberly Schafer
 PRESIDENT ELECT (2020-21) Emidio DelConte
 PRESIDENT ELECT ELECT (2021-22)
 TREASURER Sharon Council
 SECRETARY Nancy Gatschet
 PAST-PRESIDENT/FOUNDATION Rick Binder



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Allan Galgut is a respected insurance professional with nearly 30 years of experience in both the US and South Africa. He came to the insurance business after a rewarding career as a pharmacist and former Chairman of the Pharmaceutical Society of Free State in South Africa.



Allan's experience as a pharmacist, working closely with physicians and patients, gives him valuable insight when it comes to meeting your insurance needs. As both pharmacist and trusted friend, he understands that the "cost" of an illness is so much more than the price you pay for drugs and doctors visits - it includes the cost to one's family relationships and way of life.

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