

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JULY 15, 2016



★ Celebrating our 30th Anniversary as
★ The Most Dynamic Rotary Club in the World!
★



**ROTARY
SERVING
HUMANITY**

RI President 2016-17
JOHN F. GERM

District 5340 Governor 2016-17
MARILYN SANDERSON

LJGT Rotary President 2016-17
ANTONIO GRILLO-LÓPEZ



SPEAKERS
AND EVENTS

JULY 2016 - SPEAKER

22..... Dying in the Age of Choice
• Faye Girsh •

29..... Connecting our community with our veterans
• Mark & Tori Baird •

AUGUST 2016 - SPEAKER

05..... Project Mercy Tijuana
• Paula Claussen •

12..... Director, USO "Neil Ash" Airport Ctr
• Bobby Woods •



MARILYN SANDERSON

ROTARY
DISTRICT GOVERNOR
2016-2017

Marilyn was born in Newport News, Virginia and grew up in Guthrie, Oklahoma. She earned a BA in Education from Oklahoma State University and an MS in Education from Wichita State University. She taught secondary language arts for many years before becoming a teacher union negotiator and organizer in Oklahoma and California. She retired from the California Teachers Association in 2004 and is now an active Realtor in San Diego.

Marilyn is a member of the Rotary Club of La Mesa Sunrise, was president in 2009-10, and has served two years as Assistant Governor, Public Image Chair and Executive Aide to the District Governor. She has been a PETS facilitator and Rotary Leadership facilitator.

She found her passion for Rotary in Kenya and Mexico participating in club and District projects. Locally she has initiated and participated in many projects benefiting senior citizens, disabled veterans and foster children.

She is a multiple Paul Harris Fellow and Bequest Society member.

Her husband Jack Cottrell is also from Oklahoma and is a Rotarian and member of the Rotary Club of Old Mission (San Diego).



JULY 2016

15.....Dianne Day
22.....Sheila Henry
29.....Tom Hinton

REPORT

from last meeting



THE 4way TEST

OF THE THINGS WE THINK, SAY OR DO

1

IS IT THE TRUTH?

2

IS IT FAIR TO ALL CONCERNED?

3

WILL IT BUILD GOODWILL and better FRIENDSHIPS?

4

WILL IT BE BENEFICIAL TO ALL CONCERNED?

~Herbert J. Taylor

The La Jolla Golden Triangle Rotary Club heralded in our new, but oldest (77 years young!) and most probably the wisest President of the Club to take office, **Dr. Antonio Grillo-Lopez**. Under the banner of "Rotary Serving Humanity", **Antonio** has promised that he will masterfully and with the symphonic passion of an orchestra conductor, conduct us through this Rotary year. The front table was reserved for the first family. Attending were **Antonio's** beautiful wife **Maria**, his son **Tony**, **Tony's** wife **Janet** and **Tony's** two daughters **Alexandra** and **Marin**. ... The lovely and forever upbeat **Kourtney Kennedy** was the ROTD. With a voice only rivaled by **Ms Streisand**, **Kourtney** demonstrated her vocal, or was it lip synching, skills to the haunting melody from "Fiddler on the Roof". It was a stirring video to her family. ... **Bev** then awarded a PH fellow to non-other than **Antonio's** granddaughter **Marin** for her dedication to the Rotary Club. The award was given on behalf of **Antonio** and **Mario Grillo-Lopez**. ... There will be a membership kick off meeting next Saturday at USD. ... Next week the club will be hosting our District **Governor Marilyn Sanderson**. **Antonio** requested a good showing and for the Board Members and Committee Chairs to remain after the meeting to discuss their goals and objectives

with the DG. ... **Antonio's** goals for the club meetings are:

1. Be energized and have fun at the meetings
2. Informational meetings with a learning experience
3. Effective and efficient meetings
4. Club events worth attending

The club meetings are the glue that keeps the club together. ... **Antonio's** other goal is to win the prestigious Gold Presidential Citation award for the club. We have a reputation to maintain. The requirements to attain this will be explained by **Antonio** at future meetings. **Antonio's** priorities are:

1. Grow membership by at least a net gain of two new members including at least four new members under the age of forty. **Antonio** has appointed **Lee Ann Cusick** as the membership chair.
2. No member can leave this club before the end of this Rotary year. No one is to leave during Emperor **Antonio Augustus Cesar's** rule! Is that clear??
3. Fund raising is an important part of the club's agenda and **Antonio** has appointed **Alex Monroe** to chair this with **Linda Stouffer** as a co-chair
4. Public Relations will be chaired by **Rick Clark**.

Antonio has also set up a new

committee that is near and dear to his heart. This committee's charter will be "Rotary Fighting Cancer". He stated a statistic that said that in our lifetime one out of every two men will have the probability of developing invasive cancer of some sort. The statistic for women is one out of three. He went on to state that he has had two different sorts of cancer and that his wife **Maria** also had brain tumor. He confided to the club that **Maria** had to have two screws in her skull as part of the treatment but assured us that they were still on tight. (I think he will be sleeping on the couch tonight!) The cancers he wants to focus on to start, are: **MELANOMA, PANCREATIC AND LYMPHOMA**. ... **Antonio** has nominated a committee that will be chaired by **Cynthia Villis**. The committee will also be composed of yours truly, **Alan Galgut** and **Frank McGrath**. If done correctly it needs to be done through Education, general public partnerships, family and health professionals. It follows our motto for the year "Rotary Serving Humanity" ... **Dr. Grillo-Lopez**. You will make a wonderful President for this club. Thank you for following in your father's footsteps and passing the Rotary ideals to your son and granddaughter. ... Welcome aboard "The Most Dynamic Rotary Club" ship captain! May she sail under your guidance on smooth waters with the wind at her back!

RESULTS ARE IN



The La Jolla Golden Triangle Rotary Club raised more than \$2,043 for Ronald McDonald House during the Red Shoe Day. Our group placed in the top 25 at #16 out of 117 teams and our intersection was #6 on the list. Special thanks to **Andrea Brannan**, **Bev Fritschner**, **Charles Mackay**, **Denny Jacobs**, **Frank McGrath**, **Jacquie Reilly**, **Pete Griffith**, **Ron Noble** (**Kelly's** husband), **Brett & Holly Morey**, and **Brett's** friend **Jennifer Howard**. Collectively folks from around the county took in over \$122k June 23rd and with corporate sponsorships more than \$250,000 in total was raised to support Ronald McDonald House San Diego. **Frank** and **Jean McGrath** joined **CEO Chuck Day** along with **Brett Morey**, Captain of the LJGTRC team for the Red Shoe Day BBQ Celebration this past Sunday. All food was donated by Souplantation and McDonald's."

BRETTMOREY_reporter

BIRTHDAYS

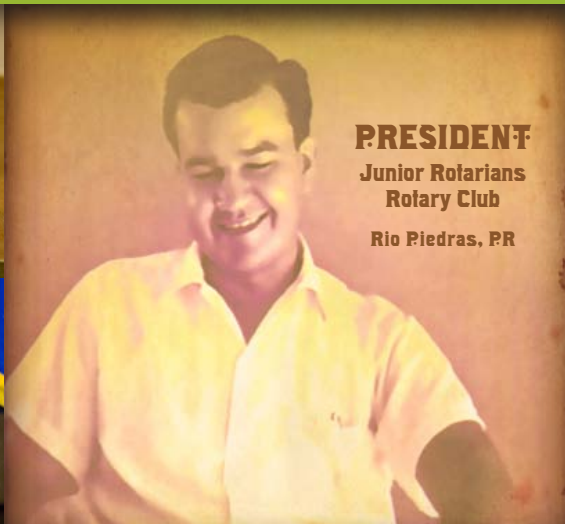
JULY



Emidio DelConte	05	Sharon Council	21
Bev Fritschner	09	David Chong	22
Roger Drexler	11	Marin Grillo	26
Jo Jo Ito-Cadwell	12	Sheila Henry	28
Richard Tilles	16	Cynthia Villis	30

PHOTOS

from the last meeting



• • • LA JOLLA GOLDEN TRIANGLE ROTARY CLUB WELCOMES A NEW MEMBER! • • •

LUKE ERVIN



The La Jolla Group at UBS specializes in tailored Retirement Planning and Wealth Management for Corporate Executives and Business Owners who are recently retired or approaching retirement. ••• **Luke** is responsible for the portfolio management duties including asset allocation and manager selection. **Luke** also handles the equity compensation planning for their clients; including hedging, diversification and monetization strategies, and lending of concentrated positions, Rule 144 transactions, stock option planning, and 10b5-1 plans. ••• I oversee the financial affairs for a select group of corporate executives, professionals, entrepreneurs, and their families in and around the San Diego area. For over 13 years I have focused on helping my clients achieve their financial goals using a comprehensive, disciplined, wealth management process.

MY SPECIALTIES INCLUDE

- *Financial Planning
- *Investment Management
- *Retirement Planning
- *Equity Compensation Planning for corporate executives
- *Concentrated Stock hedging, monetization, diversification, and lending
- *Tailored solutions for Information Technology and Biotech professionals
- *Estate Planning and Long Term Care Planning utilizing insurance
- *Customized Lending strategies

When I am not working, I enjoy fitness, surfing, and golf. My wife, **Greta**, and I live in the Mission Hills area with our loving daughter, **Era**, and our two French Bulldogs: **Louie** & **Teddy**.

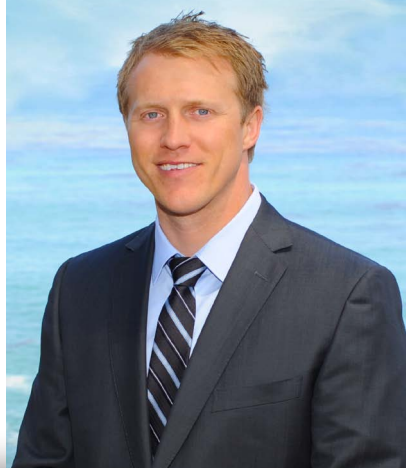
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La Jolla Golden Triangle
ROTARY CLUB
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LJGT ROTARY LEADERSHIP 2016 - 2017

PRESIDENTAntonio J. Grillo-López, MD
 PRESIDENT ELECT (2017-18)Alex Monroe
 PRESIDENT ELECT ELECT (2018-19).....
 TREASURER Sharon Council
 SECRETARYRick Binder
 PAST-PRESIDENT/FOUNDATION Beverly Fritschner



UPCOMING
ROTD

JULY 2016

22.....Dave Davis
 29.....Jacquie Reilly

AUGUST 2016



CYNTHIA VILLIS

**ROTARIAN
 OF THE DAY**

Dr Cynthia Villis has served in the administration of the University of San Diego for 30 years as a dean, associate provost, and assistant provost. She helps to connect USD to the greater San Diego community, making the university environment especially welcoming to and supportive of students and their families.

In 1998 Cynthia founded the USD Institute of College Initiatives. The Institute supports programs that prepare students to succeed in college and graduate school: TRiO Upward Bound, TRiO Student Support Services, TRiO McNair Scholars, TRiO Alumni Association, Black Student Resource Center, Summer Food Service Program, IME-Becas, and Global Leadership Connection. It includes a liaison with Rotary District 5340 and the USD Rotaract Club. An active administrator at heart, Dr Villis has also served as adjunct faculty at USD, the California School of Professional Psychology, the University of New

Mexico, and Texas Tech University. She is a founding member of the TRiO Alliance of San Diego-Imperial County, and serves on the oversight committee of the TRiO Alliance Research Program

Cynthia develops strong programs which have been funded by the US Department of Education, the US Department of Agriculture, the US Department of State, The Rotary Foundation, Rotary District 5340, the Rotary Club of La Jolla Golden Triangle, the Donner Foundation, the Irvine Foundation, Sister Cities International, the Hewlett-Packard Foundation, IME-Becas, the San Diego Foundation, the California Math and Science Partnership, the University of San Diego, and Texas Tech University.

Her career honors include

- Awardee, Women Who Mean Business, San Diego Business Journal
- Nominee finalist, Athena Pinnacle Award, UCSD and

- San Diego Daily Transcript
- Administrator of the Year, San Diego Science Alliance
- Awardee, Woman of Distinction, University of San Diego
- Rotarian of the Year, La Jolla Golden Triangle Rotary Club
- Dollars for Scholars, Linda Vista Chapter: Community Leader of the Year
- Peacemaker of the Year, La Jolla Golden Triangle Rotary Club
- Citizen Diplomat, San Diego International Sister Cities Association
- Awardee, Governor's Award for Outstanding Leadership, Rotary District 5340

For me The Most Dynamic Rotary Club in the World is filled with adventure, friendship, fun, challenge, love and service – especially as LJGTR's third woman president in 2005-06. Thank you from my heart for all the love and kindness that you've shown me these twenty years.