

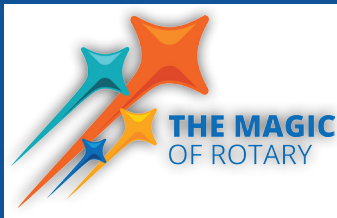
# THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JULY 19 2024



RI President 2024-25  
**STEPHANIE URCHICK**

District 5340 Governor 2024-25  
**DIANNE CRAWFORD**

LJGT Rotary President 2024-25  
**LUKE ERVIN**

## AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee  
(follows club meeting)

2nd Friday of the Month..... International Services Committee  
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee  
(follows club meeting)

4th Friday of the Month.....Peace Committee  
(follows club meeting)



## STEVE RUBIN



### WAVES PROJECT: HARNESSING THE THERAPEUTIC VALUE OF THE OCEAN THROUGH SCUBA - FOR WOUNDED VETERANS

Steve has been in the transportation industry for over 40 years working in nearly every aspect of the business from driving a truck to managing a UPS facility and owning a freight logistics business. His passion since 2000 has been working part time as a SCUBA Diving Instructor. Steve and his wife Barbara founded the WAVES Project to bring the therapeutic value of SCUBA to help wounded veterans. His desire is to create a community of divers who are both veterans and non-veterans who will provide friendship and support to each other to help heal body, mind and spirit. Steve is a SSI Instructor Trainer, PADI Certified IDC Staff Instructor, First Aid and CPR Instructor and HSA Certified Instructor.

Want to volunteer to help the WAVES Project?  
Visit <https://www.wavesproject.org>



# REPORT

from the last meeting



## UPCOMING SPEAKERS



2024

### JULY - SPEAKER

26.....Gary London  
San Diego: a city on the cusp of  
generational transition

### AUGUST - SPEAKER

2.....Michel Kripalani  
Get a Grip on your business

9.....Tom Penn, CEO, San Diego FC  
Major League Soccer  
coming to San Diego!

16.....Matthew Bainbridge, PhD.  
Bridging the gap: bringing the  
genomic revolution to the underserved

**President Luke** rang the bell at 7:30AM sharp and took the podium for his first initial meeting of the 2024-25 Rotary Year. Our Rotarian of the Day was none other than **Wayne Davis**. Wayne's still getting used to retirement and began with a quote from Sophia Loren. After more than 50 years as an architect Wayne sold the business in 2023 and took Joy to Saint Lucia and Palm Island, then cruised down the Rhine River. Somehow Karla and I never got the postcards...Ha, Ha! They enjoyed spending time visiting important historical regions from World War II and are enjoying mini vacations and family reunions this. Wayne used to have a boat so with **Steve Andres** help, he joined the San Diego Maritime Museum to volunteer with the tall ships. He ended his talk acknowledging his late friend and fellow Rotarian **Tom Elliott** who not only got him into "The Most Dynamic Rotary Club" years ago but was a dear friend. Tom was a fantastic man indeed.

**President Luke** acknowledged today's ZOOMers: **Bonnie & Krishna Arora, Stephen Brown and Ellen Bryson** then **Allan Galgut** reminded everyone that the VA Hospital dinner is still in the process of being rescheduled. Guess a COVID outbreak can derail fried chicken!

**President Luke** reminded members of **Bonnie and Krishna's** August 3rd Oasis event in Rancho Bernardo and thanked **Past President Alec and Alice** for hosting the Promote/Demote. We know how to party so celebrating with the Aurora's is on the

TeamBK calendar! **President Luke** recognized anniversaries and Birthday's as **Tim Fronczek** collected money. Luke warned members he would be "ruling with an iron fist" to which **Jim Davies** figured that meant he will be holding a beer stein. Right?

Past President (PP) **Jacque Reilly** was a good sport paying a fine for spelling Luke's name wrong as the Golden Rotarian Reporter last week. **Dianne**, yours truly (**PP Brett**), **Eric Freeberg, Allan, Tim, Luke** and others participated by tossing in a few dollars.

**President Luke** announced the Rotary International Theme, "The Magic of Rotary." He reminded club members of who is on the Board, leadership roles within our Club and the Avenue of Service Chairs while waiving a magic wand. **Ron Spilsbury** must have been under the spell as I nominated him to join **Samson** as Social Co-Chair. Do it Ron!!

The Ensenada service project lead by **PP Ron Kohl** is Sept 27-29, **PP Bev** has locked in the Holiday party at ZLAC for Dec 7 and Luke covered various events including a theatre social lead by **PP Christy**, Pickleball and Membership socials. The BIG surprise is Oct 21 as we will have a rare Monday event with **RI President Stephanie Urchick**. I suggested a Party Bus as Luke has already committed to driving her from Escondido to the airport.

Luke selected Big Brothers Big Sisters of San Diego County as our charity to acknowledge each week. He then lead a Who Am I? Talked about his

beautiful family, two dogs and a cat. Spoke about his estate planning group at UBS and assisting business owners reduce their tax debts to increase charitable giving.

Luke introduced the concept of "My Rotary story"...a way to inspire others and share a few laughs. Luke's Dad was a Rotarian back in Georgia and the club met at a Shoney's for lunch weekly. Luke shared that he would be dragged to meetings as a kid and that Shoney's is basically a bad Denny's that smells like cigarettes. Sounds like a great place for a Rotary Club to meet...Ha, Ha! **Bill Keane** brought Luke into Rotary. Luke took their daughter to do baby photos at Keane Studios and somehow Bill traded studio time to shoot Luke's Tesla but he made him promise to attend one Rotary Club meeting. Nice trade, Bill!

**Dr. Michael McQuary** took to the podium to recap the RI Convention in Singapore and encouraged everyone to sign up for Calgary and Taiwan for 2025 and 2026.

**President Luke** ended the meeting with a Trivia question of which I won. Guess if you are the meeting reporter, photographer...sitting in the front row of class you can't fall asleep, right? Great first meeting for our "magician" **President Luke!**

#tmdrcitw  
"The Most Dynamic Rotary Club in the World!"

~Reporter

Brett Morey

# PHOTOS FROM LAST MEETING



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# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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## LJGT ROTARY LEADERSHIP 2024 - 2025

PRESIDENT ..... Luke Ervin  
VICE PRESIDENT ..... Linda Stouffer Wallis  
PRESIDENT ELECT (2025-26) ..... David Chong  
PRESIDENT ELECT NOMINEE (2026-27) ..... Jan Percival  
TREASURER ..... Sharon Council  
SECRETARY ..... Sandi Rimer  
PAST-PRESIDENT ..... Christy White Brook



## ROTARIAN OF THE DAY



BEV LAURSEN

Having been absent from club meetings for the past 4 years, I thought I would introduce or reintroduce myself. I am a third generation San Diegean on my dad's side, having grown up in the college area and attending Crawford High School. I continued my education at SDSU earning a degree in Nutrition, Biology, and Business, then a teaching credential, and MBA. My first career was teaching Foods Nutrition which also included new classes in Health Foods, Kitchen Cosmetics, Bachelor Survival, and a Catering Class. This led to my teaching a vocational class at the old Navy Training Center (now Liberty Station). Leaving teaching, I joined a small boutique sales training company that was acquired by Control Data Corporation—and me along with it!

I left San Diego for a position at Control Date headquarters in Minneapolis, MN in November—imagine the reactions I got when I introduced having come from San Diego in the dead of winter! Fortunately, I made some great friends who took me under their wings to teach me how to live and enjoy living in Minnesota. I was recruited to another technology company in Boulder, CO where I spent the next 10 years. Driving across country (again in the winter) I had the first of many conversations with myself about what did I do well, and what could I do better with this move. As a result, I became much more involved in the community and again made great friends. Offered a transfer back to California with the company I was with, I then moved to Mill Valley in Marin County. When you leave the cold country, it is amazing to realize how few clothes you have for spring and summer weather conditions—but the fun I had shopping!! It was also in Marin that I joined Rotary.

My dad was a member of Club 33 and later the La Jolla Club, so it only seemed natural to follow in his footsteps. My reason for joining Rotary was to meet locals and become involved with the community. We were about 50 members and one of our projects was purchasing a fire truck and taking it down to Mexico. By then I was doing contract training for different companies and traveling quite a bit. It was also the time that my mom took ill which led me to return to San Diego to help her. I too initially joined Club 33 but found it too big. By then I had become friends with Kathleen Rocher-Tansey through ZLAC Rowing Club and one day she simply told me it was time to come back to Rotary. She was right in so many ways.

Of the many great joys of Rotary, the best, of course, was meeting Craig at a District Conference in Orange County. Louise and I had gone for a long walk, I came back to the hotel to relax, then come down to the cocktail reception. I was hoping to run into someone I knew so I did not have to enter the party alone, but alas did not see anyone, walked into the reception was—and there stood Craig! We connected, sat together at dinner and started our wonderful relationship. Five years later we married, and I inherited 5 sons, 3 daughters-in-law and now 3 grandbabies!!! He is past president of the Escondido After 5 Club which does amazing work supporting local families and providing scholarships for students in underserved communities.

Not ready to retire, 4 years ago I accepted a teaching contract after subbing for several years. I taught sixth grade Science. T was now time so I left teaching at the end of this year. It was very bittersweet as I loved the students (the challenging ones, even more), so I know I will miss them. I have my first training gig with one of Craig's clients and look forward to doing more. Although it has been about a month since I retired, we were in Lake Tahoe and Cabo so I am still figuring it out. The journeys I had taken throughout my life have led to unexpected joys, experiences, and opportunities—I look forward to seeing where my next journeys take me.



JULY 2024

July 26 - Michael Slentz

AUGUST 2024

August 2 - Lisa Galstian

August 9 - Brett Morey



PLAN.CONNECT.PROTECT.

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