

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JUNE 01, 2018

www.lajollagtr Rotary.org



**ROTARY:
MAKING A
DIFFERENCE**

RI President 2017-18
IAN H.S. RISELEY

District 5340 Governor 2017-18
SCOTT C. CARR

LJGT Rotary President 2017-18
ALEXANDER S. MONROE

SPEAKERS AND EVENTS



JUNE 2018 - SPEAKER

- 08..... Roger Mignosa
Find Balance, Heal Injury
- 15..... Tom Schenck
Educational Innovation in San Diego
- 22..... Col Stephen Keane
Topic
- 29..... Alex & Rick show
Passing the Gavel

MARTY STANLEY



DYNAMIC *Dialog*

ALTERING OUTCOMES

Dynamic Dialog, Inc.

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1040 Coast Blvd. S. #301
La Jolla, CA 92037

Website: www.alteringoutcomes.com

NAVIGATE THE NEW REALITY

Marty works with leaders who want a competitive advantage by developing and leveraging a winning culture. She does this through coaching, consulting and training. Blah, Blah, Blah

Here's the deal: **Marty** walks the talk. She's been called a revolutionary and a cultural architect.

As a former corporate executive, she helped revolutionize the health insurance and film exhibition industries. She created a nationally recognized training department and one of the top 25 corpo-

rate wellness programs in the country.

In 2015, **Marty** became one of fewer than 800 people in the world when she earned the Certified Speaking Professional designation from the National Speakers Association.

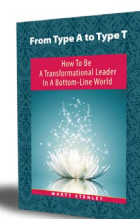
A pioneer in executive coaching in 2000, she received the 2017 Silver Stevie Award for Coach of the Year.

She's been hired (and fired,) for raising the bar on organizational performance and challeng-

ing the status quo. As an entrepreneur, she understands what it takes and inspires others to be successful. Clients range from lawyers to zoo directors, bankers to award-winning romance writers, and engineers to plumbers.

Buckle up!

Get ready to Navigate the New Reality! Please welcome: **Marty Stanley**





JUNE 2018

01.....Mike Roberts
08.....Kelly Price-Noble
15.....Krishna Arora

REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT
FAIR TO ALL
CONCERNED?

03 WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04 WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

The meeting started as usual with our **Wonder Boy President Alex**, exhorting us with our club chant and then proceeded seamlessly to Monte Vista Monarch grad **Susan Schwarz** talking about her failed attempt at retirement. Turns out that Susan is now part of the Orange is the New Black meets Grossmont College. She is the educational liaison (not the real title) between the Las Colinas Women's jail and Grossmont JC which enables women who qualify to receive college credit while serving time... pretty cool opportunity!

Michael Slentz introduced guests and visiting Rotarians and then the announcements began. **Alex** began with a nice moment thanking **Sharon Council** for all the many things she does for our club and she does a lot! Lori, representing the family of rotary committee, mentioned that **Jan Percival's** husband **Jeff** was having a few health issues. **Frank McGrath** just had his gall bladder removed and when they took it out, they found a very, very small transistor radio inside that has been there since his early days in radio! **Emidio's** lovely wife Meg is

continuing her very tough battle and we want to keep all of them in our thoughts and prayers. **Sandi Rimer** announced that this year's July 4th party will be at the home of **Sara** and Jeff Hogue, details to follow. **Sara** did mention that she and **Jeff** have some specific food allergies so if you have made a mayonnaise, peanut butter and carrot sandwich, please finish eating it in your car before entering their home!

Jacqui mentioned that the next Ronald McDonald House serving opportunity will take place around lunch time on June 24th. **Pam** reiterated that if you order things on Amazon Smile and put the name of our club in the online order, we can make big bucks for the club. **Bruce Geier's** company raised over \$400 for the club in the last 3 months! **Rick Clark** made two announcements, the first reminding us to bring men's clothing to the club so we can donate them to the homeless through the Uptown Community Center. Also, things are going nicely for the annual Pageant of the Masters trip on August 18th and he's sold 57 of the 60 tickets. **Lori** mentioned that her

daughter is now both a girl scout and a boy scout, which sounds like it could be confusing at times. The last announcement came from **Alex** as he mentioned his own promote/demote at his parent's home on June 30th. Presumably we will hear again how handsome, young, successful, and young he is along with being a great linebacker. And for the record, he is all of those things!

Our speaker was **Kathryn Ely** who founded the Quench and Connect charity in 2010. Their sole mission, is to provide clean, safe drinking water to the high school kids in rural Uganda and it sounds like the organization is making a huge difference. Imagine trying to get an education in a crowded rural school when you're sick all the time because you're drinking contaminated water. Kudos to she and her entire organization! At the end she mentioned a quote from **Margaret Mead...** "never doubt that a small group of thoughtful, committed citizens can change the world; indeed it's the only thing that ever has." Sounds like a certain club I know!





PHOTOS

from the last meeting



UGANDA



- 37 million citizens
- independent republic since 1962
- parliamentary style government
- 7% growth in GDP (2000-2010)

La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2017 - 2018

PRESIDENT Alex Monroe
PRESIDENT ELECT (2018-19) Rick Binder
PRESIDENT ELECT ELECT (2019-20) Kim Schafer
TREASURER Sharon Council
SECRETARY Beverly Fritschner
PAST-PRESIDENT/FOUNDATION Antonio J. Grillo-López, MD



UPCOMING
ROTD

JUNE 2018

08.....Pete Griffith
15.....Steve Brown
22.....Wayne Davis
29.....Michael McQuary

ROTARIAN
OF THE DAY

KRISHNAARORA



I was born in India. I am the youngest of six brothers and two sisters. At age of 21, I earned my Bachelor's Degree in Electrical Engineering from India. After working for a private company for four years, I came to USA in 1969 to do my graduate studies at San Jose State University. In Spring 1971, I graduated with a MS degree in Systems Engineering. It was pretty depressing when the time came to face the real world....100's of application and not a single interview call! I finally landed up getting a job in Chicago.

In 1972, I proposed over the phone to marry my soul mate. We got married in Stockton, Ca at St. Mary's church and same day left for India. Four days later got married again following Hindu rituals. Soon after our marriage, by choice, our family started to grow. In 1976, we ended up in San Diego. Family life was centered around the children's activities -- birthdays, cub scout, soccer, PTG, field trips, etc. I started to coach our son's team, which soon led to spending weekends at the soccer field

coaching and refereeing..

In San Diego, over the years I have worked for such organizations as General Dynamics, SAIC, Oak Industries, TRW. The only common denominator at all these places was that I would get bored and leave for another company. This was certainly the case until I joined Qualcomm in 1990. Although Qualcomm gave me my grey hair (actually it was the Korean Project), I would never trade my 12 years there with any other company. I retired from Qualcomm in 2002 as Director of Engineering and transitioned into retired life.

The retirement phase of my life has given me time to, not only, "smell roses" but to also engage in activities that touch the lives of others. Health is our number one priority -- the other day I beat a 24 year old friend of my youngest son in doing four-limb push-ups!! We love to travel, which has taken us on Catholic and Hindu pilgrimages; hikes to Machu Picchu in Peru, to South Island of New Zealand and to

foothills of Himalaya; family wedding in Rio De Janeiro, Brazil.

A strong desire to explore and preserve our heritage prompted us to engage in a project to write a book about my family history. A 2-year effort helped us find relatives going back 13 generations and culminated in a book entitled, "Our Family History: Past and Present of the Arora (Ishpunani-Juneja) Family". Our family values have taught us to reach out to help others thru volunteer work and charity. I volunteer at Braille Institute; help a catholic priest with MS get exercise; got a foot-bridge built for Q'eros in the Peruvian Andes; sponsoring two organizations in India engaged in the basic education and vocational training for children from the slums. Like many others, I face my own challenges in life, nonetheless, I am very blessed and feel very fortunate to be able to help those in need! Our life experiences have taught us to "Celebrate Life". It is all about living your dreams today, not just wishing for them in the future.