

# THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JUNE 05, 2015

[www.lajollagoldentrotary.org](http://www.lajollagoldentrotary.org)

## fellowship

<https://www.rotary.org/myrotary/en/get-involved/exchange-ideas/peace-fellowships>



### What are Rotary Peace Fellowships?

Each year, Rotary selects up to 100 individuals from around the world to receive fully funded academic fellowships at one of our peace centers. These fellowships cover tuition and fees, room and board, round-trip transportation, and all internship and field-study expenses. Two types of peace fellowships are Master's Degree & Professional Development Certificate.

Rotary selects some of the world's most dedicated and brightest professionals to receive fully funded fellowships to study at our Rotary Peace Centers. In just over a decade, the Rotary Peace Centers have trained more than 900 fellows for careers in peace building. Many of them go on to serve as leaders in national governments, NGOs, the military, law enforcement, and international organizations like the United Nations and World Bank.



President Ron Kohl



Alex Monroe

**JUNE 2015 - SPEAKER**

12..... Disabled Sports Eastern Sierra Wounded Warrior Programs • Kathy Copeland

# REPORT

from last meeting



Lori Bende  
Reporter

**Ron Kohl** got excited about next week's program about fellowship. Birthay Boy, **Tom Stocking**, announced our guests, Michael (Past-President of UCSD Rotaract) and **Antonio Grillo-Lopez's** youngest grandson. •

**Linda Andrews** announced that she is still collecting children's books for the next two weeks. Bev Fritschner encouraged sign ups for the District Conference for **Louis Andres' Promote/Demote Dinner**. **Tony Grillo** gave us a "Save the Date" for June 16th for the next police function. We need at least ten people for a table. Contact **Tony** to RSVP. **Roger Drexler**, looking like he came in off a street corner, sporting a cardboard sign and a paper hat, was eager to talk about the theater and dinner social on June 20. **Brett Morey**, sporting a grande sombrero announced **Ron Kohl's Promote/Demote dinner** on June 27 at the Braille Institute.

• **Jay (and Sheila) Hatfield** were recognized as a member of the Bequest Society. Wow, **Jay**, awesome! **Eric Freeberg** discussed Foundation stuff. See minutes for the Foundation meeting for details. • **Cynthia Villas**, always a delight, talked about Rotary Scholars. She recognized **Kim Schafer** for recently hosting a scholar. Yea **Kim**! • Our delightful, handsome, and always witty Finemaster, **Rich Papike** had a lot to say today. High fives for **Eric Freeberg** with the birth of his second granddaughter. **Father Wayne Sanders** for his eldest grandson's graduation from Horizon and received a full scholarship to the Air Force Academy. **Brett Morey** for his daughter's high school graduation. **Tony Grillo** for his 22nd wedding anniversary. **Dory** recognized Pete Griffith turning 70 next week. **Ellen Bryson** went down a river that **Antonia Grillo-Lopez** was previous on (?). I think that was it, sorry, my pen ran out of ink from all the notes. Low

five fearless leader, **Ron Kohl** started the troops out with the usual chant of the Rotary 4 Way Test and then introduced our Rotarian of the Day, **David Chong**. **David** married **Sarah** last year and they honeymooned in Panama. He talked about the book, "Being Mortal", which forced us to think of our own mortality. I put down the bacon I was eating and listened.

fives came from **Rich** himself for smashing his head into his car with his sunglasses on top of his head. Ah, hello, **Rich**, as an optometrist, this hurts that you don't know that you supposed to wear your sunglasses over your eyes not your forehead? I guess **Rich's** low five balanced out with the following high five. One grandson graduated and has a job, the other grandson was told by his teacher "he talks to much and distracts others". The apple doesn't fall far from the tree, eh? Beerfest! **Rich** made some jokes about ladies picking up on him and a discussion of "nooners". **Rich** went on to fine me, **ME**, the hardworking notetaker of the day, for "winning" the DipStick Award from the recent Road Rally. Yes, we "won" the rally because we enjoyed the scenery and wine maybe a little too much.

**Pete** was hazed about being a runner up for the DipStick Award, Mike and **Arlene Bardin** for lots of arguing, and Linda Stouffer about multiple partners. Geez, **Rich**, need a nap after all of this fining? • The rest of the notes from **Joel Candib** since hardworking **Lori** had to get to work (her paying job, that is): **Bill Keane** introduced our main speaker **Rick Zamora**. **Rick** is a CPA and he work one on one with the CEO to improve company margins and profitability. **Rick** spoke of using Metrics as a tool to look at the numbers driving the Company and used to help manage the business. He showed us how to use key financial statement ratios to help manage and gauge the financial condition of the business. It demonstrated how Metrics need to be an essential part of the business management package.

**President Ron** then closed the meeting with some funny "one liners" from **Rodney Dangerfield**.



CALENDAR  
OF EVENTS



## Calendar of Events

JUNE 06 - JUNE 09, 2015  
Rotary International  
Convention in Sao Paulo, Brazil

JUNE 22, 2015 5:30-8:30PM  
District Council/Governors  
Dinner at La Jolla Marriott



# PHOTOS

from last meeting



**Bill Keane**  
Photographer



**Lisa Galstian**  
Reporter

If you want to bid on this item, but will not be at the meeting please contact Lisa Galstian at [gartgal@att.net](mailto:gartgal@att.net)

## Auction

Donated by Gartner & Galstian Vision Care.



**\$250 Gift Certificate** towards Prescription or Non prescription Sunglasses of Your Choice! Choose from sunglasses such as Maui Jim, Calvin Klein, Prada, Dior, Gucci and more.

FRIDAY  
JUNE  
**05**

# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
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## LJGT ROTARY LEADERSHIP 2014 - 2015

PRESIDENT .....	Ron Kohl
PRESIDENT ELECT (2015-16) .....	Bev Fritschner
PRESIDENT ELECT DESIGNATE (2016-17) .....	Marty Rosenstein
VICE PRESIDENT ELECT DESIGNATE (2016-17) .....	Alex Monroe
TREASURER .....	Sharon Council
SECRETARY .....	Sara Hogue
PAST-PRESIDENT/FOUNDATION .....	Brett Morey



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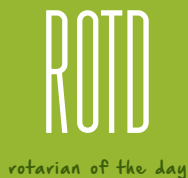
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Beverly Fritschner

I think many of you know by now I am a native San Diegan—actually third generation on my father's side of the family. I have an older sister, Barb, who is married with 3 boys, 3 daughter-in-laws and 6 grandchildren—my middle nephew Mark Scott, and his family live in Bonita where he a member of Chula Vista Rotary. From an early age, I knew that I would leave San Diego—for reasons I did not know at the time—but ultimately I left for 20 years before returning to San Diego in 2000.



How does one explain, in the depths of winter, why one leaves San Diego for a move to Minneapolis! I went there for a great promotion with Control Data Corporation—it seemed and was the right thing to do. Many see me as a risk taker—I disagree—it felt right and therefore I left San Diego to start an amazing journey that later took me to Boulder and Mill Valley in Northern California. It was in Marin that I joined Rotary. I was fairly new to the community and wanted to know the locals. A friend of mine took me to a meeting and that was the beginning of my affiliation with this wonderful group.

I have been doing contract work for the past 20 years-interesting projects from client retention consulting, customer visit center management and process and procedures, management training and most recently fund raising events at the San Diego History Center. *My contract expires the end of June so I am actively pursuing new projects—do keep me in mind!*

And now the question everyone keeps asking, *"Am I ready to be President?"* I believe I am as ready as I can be. I am honored to be elected president and gratified about the support from the Club. I have been president of other organizations (albeit women's organizations—does that make a difference?) ☺ and do know how to conduct meetings, know something about Robert's Rules of Order but as recently evidenced I am not much of a joke teller. So I have convinced myself that learning to tell jokes to a seasoned membership of joke tellers is an opportunity for me to grow –as I am sure I will in so many other areas. *So yes, I am ready!!*

JUNE 2015 - ROTARIAN OF THE DAY

12.....Bill Busch