

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JUNE 21, 2019

www.lajollagoldentriangle.org



BE THE INSPIRATION

RI President 2018-19
BARRY RASSIN

District 5340 Governor 2018-19
MEL GALLEGOS

LJGT Rotary President 2018-19
RICK BINDER

SPEAKERS AND EVENTS

JUNE 2019 - SPEAKER

28.....President Rick Binder

JULY 2019 - SPEAKER

05.....DARK

12.....President Kimberly Schafer

19.....Founder and CEO of Workshops for Warriors

Hernan Luis y Prado

26.....UCSD Connect

AUGUST 2019 - SPEAKER

02.....District Governor Visit

09.....Early days of the Golden Triangle

16.....Open

23.....SURFSurfersUnite

30.....Open



Shamail Amiri was born and raised in Afghanistan in a city controlled by the Taliban. In spite of the violence and intimidation that the Taliban leadership brought to Afghanistan and the strict prohibition of schooling for girls her parents decided to send her to underground school. This was particularly dangerous because her family belonged to the Hazara community. The Taliban declared that killing Hazara people was a way to heaven!

When she was in 9th grade she taught girls in elementary school and encouraged other parents to allow their daughters to go to school. At this young age she believed that "human rights" and "gender equality" were values and ideals that many people take for granted. Because of her experience she developed a strong desire to ensure that all people (especially women and girls) would

TREATMENT OF WOMEN IN AFGHANISTAN

be guaranteed these inalienable rights.

When she finished high school, Shamail decided to continue her education because it was her mother's goal for her to do so and take care of her six younger siblings.

She graduated from nursing school and has worked with national and international organizations such as the **Norwegian Afghanistan Committee (NAC)**, which was the primary health care provider in most areas in her Afghan community. She traveled to many different areas in Afghanistan to train other women and men to become community health workers.

She created her own nonprofit organization called "**Afghan Women and Children Capacity Building**," in order to provide literacy courses and train-

ing in weaving, sewing, and family planning. She has also run for parliamentary election of Afghanistan in 2011 and received multiple death threats from the other male candidates!

In 2012 she came to the US, alone and unable to speak or understand English, continuing to worry about her six siblings left behind in Afghanistan.

Shamail is now attending UCSD and has chosen Political Science/International Relations as a major with the minor in Law & Society. She continues to work as a volunteer with the **International Survivors of Torture** organization and she wants to examine issues around women's rights and explore legal means to assist women and children who are the victims of abuse.



DENNIS BUCKO
COORDINATOR



<https://twitter.com/amerishamaile>

REPORT

from the last meeting



MEXICO WORK PROJECT IN ENSENADA



OCTOBER
5-6
2019

ROTARIAN OF THE DAY

Our Rotarian of the Day was our own **Will Moore**, who is currently running for a seat on the City Council. **Will** grew up in Macon, Georgia, where he learned from an early age that there were a lot of people who worked hard to get out of town and make a better life for themselves. **Will** went to Georgia Tech and then went into the Peace Corps, where he learned the value of serving other peoples. **Will** went to become a lawyer and has focused his practice on helping small businesses and business owners. **Will** believes that one of the paths to freedom is owning your own business and he helps business owners, not only legally, but in solving their business problems. **Will** is running for City Council because he sees an opportunity to help solve some of the regions pressing problems, such as the lack of affordable housing. We know that **Will** will bring the same passion and enthusiasm to the City Council as he

does to helping his clients.

GUESTS

Today, UCSD Rotoractors, **Eden** and **Kaeley**, and **Haley Rodriguez** from the UCHS Interact Club joined us. **Steve Brown** brought **Dale Walker** and **Nancy Gatschet** brought **Debra Kelley**, a returning visitor and prospective member.

ANNOUNCEMENTS

Alex Monroe announced the upcoming Promote-Demote event on June 29, 2019. The theme is Animal House. **Father Wayne** announced an upcoming project helping to renovate apartments for veterans on July 20 at the Tallmadge Apartments. We have an upcoming movie night on July 21 and the District Governor's Dinner on July 27.

In honor of Flag Day, **Rick Clark** presented a video on the history of the American Flag.

Allan Galgut gave a high 5 for **Charles Mackay** and the UCSD Rotoractors who

came out to serve dinner to the veterans at the VA Hospital. **Steve Brown** gave a high \$50 for his 50th anniversary.

PRESENTATION OF THE DAY

Our presentation today was put on by **Anne Hoiberg**, President of the International Museum of Human Rights at San Diego and the Women's Museum of California. **Anne** gave us a presentation that highlighted some of the notable women who have, throughout the years, worked to advocate peace and an end to war. Among those notable women are **Jane Addams**, **Emily Greene Balch**, **Sophonisba Breckenridge**, **Charlotte Perkins Gilman**, **Alice Hamilton**, **Jeannette Rankin**, **Eleanor Roosevelt**, **Jody Williams**, **Barbara Lee**, and **Nadia Murad**. With over \$14.8 trillion dollars spent on war in 2017, we only hope that the courage and dedication of these pioneers can lead to a world where peace is no longer in deficit.





PHOTOS

from the last meeting



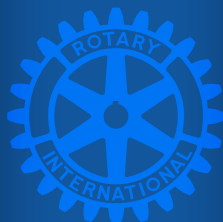
La Jolla Golden Triangle ROTARY CLUB

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www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2018 - 2019

PRESIDENT Rick Binder
PRESIDENT ELECT (2019-20) Kimberly Schafer
PRESIDENT ELECT ELECT (2020-21) Emidio DelConte
TREASURER Sharon Council
SECRETARY Nancy Gatschet
PAST-PRESIDENT/FOUNDATION Alex Monroe



**JAN
BERNARDY**



I was born and raised in mid-western Canada.

I graduated from Regina General Hospital as a Registered Nurse and immediately made my way to Phoenix, Arizona. Shortly thereafter, I moved to San Diego where I worked for nine years at Hillside Hospital.

I left hospital nursing in 1974 and went into Management at Emory University Hospital in Atlanta, GA. In 1979, I moved to Thousand Oaks, CA and began my career in Renal Care. I worked at Los Robles Regional Medical Center as a dialysis nurse until the dialysis unit was sold to Fresenius Medical Care. We then built a free standing unit on the hospital campus.

In 1990, I was transferred to The Regional Office of Fresenius Medical Care located in Phoenix, AZ where I

worked as a Clinical and Regulatory Manager until 2000. In the summer of that year, I joined five corporate managers from Fresenius who had broken away from the company a year prior to start a new company called American Renal Associates (ARA).

I was the first Clinical and Regulatory person hired with the company, located in Beverly, MA. As the workload of a new company increased, I moved to Manchester by the Sea. In 2003, I was promoted to Vice President of Clinical and Regulatory Services. In April 2016, ARA went public. I retired from the company in April of 2017.

I am married and have a step daughter and 8 year old grandson who live in Solana Beach. With the birth of our grandson, we decided to move back to San Diego and have lived in

the UTC area for about 6 years. My husband is retired.

I enjoy crocheting, good food and travel, but most of all time spent with my grandson. I am also a member of the SD Horticultural Society and enjoy working with my succulent back yard. We bought a condominium in the Scottsdale a few years ago and go there about every 5 weeks.

I enjoy my activities with LJG-TR. I am on the Board of Uptown community Service Center which serves the homeless in the North Park area. I am also team leader of the Care and Share team with the Village Rotarians and Friends. I enjoy helping with other projects as time permits.



ROTARIAN
OF THE DAY