

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JUNE 23, 2017

www.lajollagtr Rotary.org



RI President 2016-17
JOHN F. GERM

District 5340 Governor 2016-17
MARILYN SANDERSON

LJGT Rotary President 2016-17
ANTONIO GRILLO-LÓPEZ

SPEAKERS AND EVENTS



JUNE 2017 - SPEAKER

30.....Brad Costanzo
Building A Global Workforce From Your Laptop

JULY 2017 - SPEAKER

07.....Alex Monroe
President's speech

14.....Melodie Tao



Scripps Clinic

MOBILE ODT AND ROTARY Team work and Innovation to prevent cervical cancer in Afghanistan.

Bruce Kahn, MD

Gynecologist and Minimally Invasive Surgeon

Board Certified, American
Board of Obstetrics and
Gynecology

Board Certified, Female
Pelvic Medicine and
Reconstructive Surgery
(Uro-Gynecology)

Fellow, American Congress
of Obstetricians and
Gynecologists

Director, Scripps
Fellowship in Minimally
Invasive Gynecologic
Surgery

Location:

Scripps Clinic, Carmel Valley
3811 Valley Centre Drive
San Diego, CA 92130

Bruce S. Kahn, MD, is a gynecologist experienced in minimally invasive surgery at Scripps Clinic. Dr. Kahn treats general and complex gynecologic conditions including uterine fibroids, ovarian cysts, endometriosis, menstrual disorders, menopause symptoms and infertility.

With extensive subspecialty training in urogynecology, Dr. Kahn also provides treatment for pelvic pain, interstitial cystitis (painful bladder syndrome), urinary incontinence, overactive bladder and pelvic organ prolapse.

Dr. Kahn offers non-surgical solutions or minimally invasive surgical procedures for his patients whenever possible. As a member of the Scripps Minimally Invasive Robotic Surgery Program, he performs a wide range of robot-assisted gynecologic surgeries including the removal of masses and fibroid tumors, as well as hysterectomies.

Committed to ensuring that his patients benefit from advancements in women's health care, Dr. Kahn regularly leads clinical trials of devices and medications to reduce pelvic pain and improve gynecologic care.

Dr. Kahn earned his medical degree from Georgetown University. He completed his medical internship at Cedars Sinai Medical Center and his residency training at Abington Memorial Hospital. He is chairman of graduate medical education at Scripps Memorial Hospital La Jolla and adjunct professor of obstetrics and gynecology at Uniformed Services University of the Health Sciences.

When not caring for patients, Dr. Kahn enjoys bicycling around San Diego and skiing the slopes at Mammoth Mountain.



JUNE 2017

23..... Pam Russell

REPORT

from last meeting



THE FOUR WAY TEST

OF THE THINGS WE
THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT
FAIR TO ALL
CONCERNED?03 WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?04 WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

HERBERT J. TAYLOR

JUNE BIRTHDAYS

KRISHNA ARORA 04

PETE GRIFFITH 05

BILL KEANE..... 08

RON KOHL..... 08

MIKE SCHWARZ..... 12

STEVE BROWN..... 24

LISA GALSTIAN..... 29

DREW HAMILTON. 30

The club's meeting was beautifully opened by Past President Romik Kesian- bringing back the flair of Hollywood style, Cranberry Martini in hand.

We were blessed to have Father Wayne Sanders as Rotarian of the day who lead the invocation with a blessing to honor all Fathers to celebrate Father's Day Weekend.

Father Wayne shared with us one of his favorite projects he has been working on with St. Paul's Senior Community. They are very excited for a new housing development they have opened in Talmadge that will provide housing for 55 Veterans and their families. They are still in the process of furnishing and decorating the apartments, and we are pleased that our club is involved in assistance with this project. He shared with us that he had always had a calling and desire to be a Priest. He has so much love to give and to be a Priest and a Rotarian is the perfect fit for such a kind and generous human being. He is looking forward to spending more time with family as his wife -----will be retiring soon and his daughter Joyce (who some of us have had the pleasure of meeting and working with on projects such as Stand-Down-Homeless Veteran Project) who will be returning from serving in Saudi Arabia as the first Female to lead the Embassy. She is looking forward to coming home. His grandson Anthony is celebrating his first year at the U.S. Airforce Academy. We are truly blessed to have Father Wayne and his family's involvement in our club. A true

example of Servant Leadership.

Announcements were headed by Bev who after sampling Romik's martini revealed a few more secrets for our upcoming Promote Demote! Get ready to celebrate! She also shared details for the Fourth of July Celebration that she will be hosting- this is a fantastic event- kid friendly- and a great way to enjoy fellowship!

We were all very happy to see our very own Frank McGrath looking his typical spry and dapper self (who else can wear seersucker so elegantly??) returned from a successful aortic valve replacement. Also relieved to hear that David Chong is on the road to recovery, safe at home and starting to walk. Our prayers- positive energy goes out to him and his beautiful family!

Our upcoming meeting June 30th we will be happy to have a guest of honor with Bonnie Brunner the first woman president of our club in 2000-2001. I don't think our club has looked back since.

Alan invited us to join him for the VA dinner Wednesday 21st- Red Shoe Day the morning after for Ronald McDonald House.

A fantastic job opportunity was presented by Erik Mijoen..if you're looking for status and recognition..a chance to bond with our guest speakers and ROTD..want to build your resume and impress you family and friends..look no further..see Erik and sign up to be AV Rock Star for the month!! Erik, Dianne and Marty presented the

Service Above Self Scholarship to two bright college bound individuals Jasso Esperanza and Matthew Kuway. They will be receiving \$2500 each that goes directly to their college expenses. There were some kind high 5s Eric Freeberg congratulated our scholarship winners, and acknowledged how great the people in our club are and the good deeds we perform. Rich gave props to Rick Clark, Sandi Rimmer for her dedication in assisting us (countless hours and frustration I'm sure) with registration on the Rotary website, & welcomed Frank McGrath. Kourtney Kennedy added to the pot and also celebrated Frank's return. John Stephen joined the high 5s with the celebration of 58 years of marriage to his one and only. It can't be too bad to look so Good!

Last but not least our Speaker of the Day Rancho Bernardo Sunrise Rotarian Laura Mello, shared with us her involvement (CEO) in the non profit OASIS HAVEN that cares for abandoned and HIV positive children in Johannesburg South Africa. There are approximately 3 million orphans in South Africa alone. OASIS HAVEN invests in these children's physical, mental and educational health and works on finding caring adoptive parents to provide the happy family home they deserve. They may not be able to assist each child, but they are doing what they can and making a difference.

Great meeting reflecting the dynamic people in our Rotary World.



PHOTOS

from the last meeting



JUNE 16, 2017 • MEETING

La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2016 - 2017	
PRESIDENT	Antonio J. Grillo-López, MD
PRESIDENT ELECT (2017-18)	Alex Monroe
PRESIDENT ELECT ELECT (2018-19)	Rick Binder
TREASURER	Sharon Council
SECRETARY	Rick Binder
PAST-PRESIDENT/FOUNDATION	Beverly Fritschner



ROTARIAN



OF THE DAY



RICH PAPIKE



Rich Papike was born on August 4th, 1945 which makes him a Leo...shocker! His Dad was a hockey player and his mom a Canadian hockey fan...they got together a voila, a baseball player was born. Rich was raised in East County with baseball, buddies, sno-cones, Bubble Up, and sunflower seeds. After Monte Vista High School and Grossmont College, he went to Cal on a baseball scholarship. After earning an opening day spot in center field for the Bears, his first two at bats were a triple and a bunt sin-

gle with a stolen base. After the team anointed him as the next Mickey Mantle, he went oh for the next 13! He peaked early! He married his college sweetheart, Cheri Munday and they will be married 50 years on September 1st...(assuming they make it).

They have 2 sons, Chris and Alex and 6 amazing grandchildren Keina, Luka, Zoe, Weston, Skylar and Macy. They also have one of the cutest dogs in the world... Gracie Belle. Rich got into the staffing business in 1971 and has had the same part-

ner since then. Together they own the Tristaff Group of companies. Rich got into the LJGTR the year after it was founded when there was a temporary relaxation in the membership standards! To this day, he still looks forward to making the 27 mile journey between Jamul and the Marriott to make it for the 7:00 Friday breakfast.

His passions are still baseball and golf and he loves most people for whatever it is that makes them unique. However, he still hates liver and watermelon.