

# THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

www.lajollagtr Rotary.org



JUNE 24, 2016



★ Celebrating our 30th Anniversary as  
★ The Most Dynamic Rotary Club in the World!  
★

Be a gift  
to the world



RI President 2015-16  
**K.R. RAVINDRAN**

District 5340 Governor 2015-16  
**JANICE KURTH**

LJGT Rotary President 2015-16  
**BEVERLY FRITSCHNER**



**SPEAKERS**  
AND EVENTS

**JULY 2016 - SPEAKER**

01..... 4th of July  
• Dark •

08..... President's Message  
• Antonio Grillo-Lopez •

15..... In-coming Governor  
• Marilyn Sanderson •

22..... Dying in the Age of Choice  
• Faye Girsh •

29..... Connecting our community with our veterans



THANK YOU  
**BEV** ★ ★  
FRITSCHNER

## PRESIDENT'S MESSAGE

The last meeting of the year,  
Friday, June 24

Today is the last meeting of the year. I will acknowledge the board, committee chairs and present the Interact Presidential Citations to our two Interact Clubs. We will also name the Rotarian of the Year, newly renamed the George Mannschreck Service Above Self Award. The recipient is a long time member—maybe even a charter member—so I ask everyone to attend this special meeting and presentation.



## ANNOUNCING

**GEORGE  
MANNSCHRECK**  
Service Above Self Award





JUNE 2016

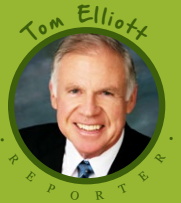
24..... Andrea Brannan

JULY 2016

01..... Club Dark

# REPORT

from last meeting



## THE 4way TEST

OF THE THINGS  
WE THINK,  
SAY OR DO

1

IS IT THE  
TRUTH?

2

IS IT  
FAIR  
TO ALL  
CONCERNED?

3

WILL IT BUILD  
GOODWILL  
and better  
FRIENDSHIPS?

4

WILL IT BE  
BENEFICIAL  
TO ALL  
CONCERNED?

~Herbert J. Taylor

## HAPPY 30<sup>TH</sup> BIRTHDAY

To The La Jolla Golden Triangle Rotary Club

Did we have a Birthday Celebration or what? ... cake and all. There were former members of our Club who some of us had only heard about. Today we got to see them in person and meet them.

**Mike Bardin** was Rotarian of the Day. He is one of the original 29 Charter Members of "The Most Dynamic Rotary Club In The World". He kicked off the meeting with a nice tribute to those original members. **Mike** also had a data-filled biography about himself, his many accomplishments, his many awards and recognitions and information about his family. Everyone needed one of those handy-dandy magnifying glasses that **Lori Bende** gave out to us when she was Rotarian of the Day so they could read the 6 point type.

In addition to the Past Presidents and Charter Members there were many guests, Rotarians and non-Rotarians ... too many to list here. We even had two District Governors attending to wish us all Happy Birthday and hand out awards and citations. **Jan Kurth**, the Outgoing District Governor gave President Bev the "Rotary Leadership Institute Graduation Certificate" and she gave our Club the "Presidential Citation". BTW: That's the elite "Gold" one that we got. She explained that for those "other clubs" who couldn't quite cut-the-mustard, they got Silver or Bronze awards ... right, ours was "Gold", but we don't want to gloat, just be good winners and move on, but remember ours was the "Gold" one!!!

The Incoming District Governor, **Marilyn Sanderson**, presided over a swearing in ceremony for our Incoming President **Antonio Grillo-Lopez**. She even made him hold up his right hand during the "Oath". Question: Does the Incoming District Governor (That means: The Not-Yet-In-Office District Governor) have the power and

authority yet to administer an "Oath" to anyone?) Just asking.

Many activities are coming up on the docket for our Club: Promotion/Demotion Party at the Braille Institute next Saturday, June 25th, 6:00 p.m. It's \$30.00 a person and if you have not paid, be sure that you bring your dinero next Friday and give it to **Ron Kohl**. The theme is "The Disco Era". Don't forget the July 4th Party at Bev's house and the Summer Bash at **Rich Papike's** on August 20th. **Alan Galgut** is organizing another event at the VA Medical Center for Wed. June 22nd. Also on Wed. is the **Ronald McDonald** "Red Shoe Day" event. On June 29th is the "Feeding the Homeless" Program ... bring backpacks to be given out at the event. Bargain pricing on backpacks can be found at Ross Stores. (Isn't that where most of the Club shops anyway?)

We had many interesting testimonials from Charter Members. Some of which are included here. **Dan Mitrovich** got a box of late-former member **Phil Goodlove's** ashes to spread at the 13th hole of Torrey Pines South. **Bob Rohrbach** told of having **Fr. Wayne** preside at his wedding 22 years ago. **Bob**, as most know, is a former SEAL and his two sons, **Ed** and **Chris** are also SEALs. **Eric Freeberg** told us that the Charter Members were 29 white guys and all Republicans. **Pete Griffith** reminded us that since then our Club has progressed from no one knowing anything about Rotary to today where 80 to 100 kids meet once a week and have a lot of fun ... not to mention doing and sponsoring some fine work here and around the world.

And speaking of good works that Rotary is involved in, our speaker today was retired Pediatrician, **Karin Davies**, who told us the sad truth of thousands of so many youngsters dying in Ethiopia.

She defined youngsters as 5 years old and under. Almost half of the 87,000 who died in 2015 were one month old or less. Causes of death were mainly birth asphyxia, jaundice and hypothermia.

In the schools in Ethiopia there used to be no training for medical technicians including doctor on how to prevent such tragedies. **Dr. Davies**, provided the example of a premature baby being born and set aside while the doctors, nurses or midwives would tend to the mother. The unattended baby would die of hypothermia. The team's training focused on teaching the doctors, nurses and midwives to dry the baby off, wrap it in a blanket, put a cap on it and then give it to the mother to hold and keep warm.

The goal of the program is teaching instructors to show the technicians and doctors the best practices for the proper care of babies at birth. The program and its results are heartwarming and further testimony to the good Rotary does around the world.

In closing we heard from former member, Past President and former Marriott General Manager, **Reint Reinders** who told the amusing story about the start of our Club, and his being hounded by President of the Torrey Pines Club who wanted to hold their luncheon meetings at the hotel. He related the story of his friendship with **Dewey McDowell**, also a former President. We enjoyed the story of how **Dewey's Son** was left in the lurch a short time before his scheduled wedding. This led to **Reint's Daughter** and **Dewey's Son** going on a date and later getting married. Then **Reint** turned things over to **Dewey** for us all to hear what **Reint** called, "Some of **Dewey's** bad jokes" ... and "Yes", they were not that good.

After a Birthday Toast the meeting was closed ... and it was a good one for sure.

JUNE

BIRTHDAYS



Krishna Arora.....	04	Mike Schwarz .....	12
Pete Griffith .....	05	Steve Brown.....	24
Bill Keane .....	08	Lisa Galstian .....	29
Ron Kohl.....	08	Drew Hamilton.....	30



# PHOTOS

from the last meeting & Governor's Dinner





# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
La Jolla, CA 92039  
www.LaJollaGTRotary.org

## LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENT .....Bev Fritschner  
PRESIDENT ELECT (2016-17) .....Antonio J. Grillo-López, MD  
PRESIDENT ELECT ELECT (2017-18) .....Alex Monroe  
TREASURER ..... Sharon Council  
SECRETARY .....Rick Binder  
PAST-PRESIDENT/FOUNDATION .....Ron Kohl



### UPCOMING ROTD

#### JUNE 2016

24.....Sara Hogue

#### JULY 2016

01.....DARK  
08.....Kourtney Kennedy  
15.....Cynthia Villis  
22.....Dave Davis  
29.....Jacquie Reilly

# SARA HOGUE



*...and Family*

I grew up in Burbank, a suburb of Los Angeles with 3 sisters a dog and two cats. I spent a few years at UC Santa Barbara, where **Jeff** and I met.

In 2003 after graduating I moved to San Diego and promptly started working at UC San Diego. I have another 15 more years to go there.

In 2010 **Jeff** surprised me by sending me an email that a dog would be arrived in a few days. After a nice stay in the dog house, **Jeff** was let back in the house and Jack the German Shepard arrived.

This past September we added to our family again with the birth of **Tucker James**. He's crawling all over the place, pulling himself up, trying to walk (but not just yet), and on Father's day started saying "dad dad dad" according to **Jeff**, but I keep hearing "dog dog dog".

## "dog dog dog"

~ Jack the German Shepard ~



ROTARIAN  
OF THE DAY