

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JUNE 30, 2017

www.lajollagrotary.org



ROTARY
SERVING
HUMANITY

RI President 2016-17
JOHN F. GERM

District 5340 Governor 2016-17
MARILYN SANDERSON

LJGT Rotary President 2016-17
ANTONIO GRILLO-LÓPEZ

SPEAKERS AND EVENTS



JULY 2017 - SPEAKER

07.....Alex Monroe
President's speech

14.....Melodie Tao
Top 5 Social Media Security Tips

21.....Jeff Seay
Write What You Know: Former NCIS Special Agent Turned International Thriller Writer

28.....Gloria Harris

BUILDING A GLOBAL WORKFORCE FROM YOUR LAPTOP



BRADCOSTANZO

Brad Costanzo is a serial entrepreneur, investor and marketing strategist who has started and exited two companies, one focused in digital education and the other in software.

As the founder of Costanzo Marketing Group, he serves as a strategic marketing and business advisor to companies ranging from service based businesses to ecommerce and in between.

For the past three years he's been the host of one of the top business podcasts on iTunes, "Bacon Wrapped Business with Brad Costanzo: Sizzling Hot Business Advice Guaranteed To Make You Fat... Profits."

BACONWRAPPED BUSINESS

With Brad Costanzo

"Sizzling Hot
Business Advice
Guaranteed To
Make You Fat...
PROFITS!"



He is currently working on acquiring an multiple ecommerce businesses and is always looking to acquire all or part of any business that he believes he and his company can add value.



JUNE 2017

30 Joel Candib

REPORT

from last meeting



THE FOUR WAY TEST

OF THE THINGS WE
THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT
FAIR TO ALL
CONCERNED?

03 WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04 WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

HERBERT J. TAYLOR

JUNE BIRTHDAYS

KRISHNA ARORA 04

PETE GRIFFITH 05

BILL KEANE 08

RON KOHL 08

MIKE SCHWARZ 12

STEVE BROWN 24

LISA GALSTIAN 29

DREW HAMILTON 30

Today's meeting was the perfect example of why we are "the most dynamic Rotary Club in the world"! If you missed it, you truly missed one of our best meetings of the year.

Our own minion **Rich Papike** started us off in his lemon yellow Cal pants as Rotarian of the Day. He shared two great thoughts to get us started, one being "Oz didn't give Tin Man anything he didn't already have." He then shared a video that **Rick Clark** prepared for his 40th birthday party (some 32 years ago) that documented his life to that point. It revealed **Rick Clark** with hair and a new side of Rich that thankfully we didn't know.

Rick Binder introduced our guests who included DGE Scott Carr, DGN Mel Gallegos, past LJGTRC Club President Bob Vaughn and his wife Helen, UCSD Rotaract President Vivian Trian, Sara Katz and family of Rotary members: Arlene Bardin, Pam & Krista Davies, and Maddie Fuller.

President Antonio announced that he got an email from **Pete Griffith** this morning notifying us that **Dory** had a fall yesterday and fractured her hip. She is at Scripps and will undergo surgery today (June 23). We will hear more via email on visiting, status, ways to help, etc. in the coming days.

Erik Mjoen, **Alex Monroe**, **Will Moore**, **Brett Morey**, **Ron Kohl** and **Tony Grillo** were all honored and thanked for all the hard work they did during this Rotary year by **President Antonio**. Truly a fine group of Rotarians!

Will Moore then led the fines and high fives. He commented on **Rich**

Papike's presentation but let him off the hook as he was Rotarian of the Day. He then asked **Richard Tilles** about his 49'ers hat and wondered about wearing a hat at breakfast. **Jan Percival** recognized that today was the 45th anniversary of Title 9; **Kourtney Kennedy** is happily moving to the penthouse apartment in her building; **Antonio Grillo-Lopez** thanked Pam Davies for her creative gift bags of chocolate in honor of our club's 31st anniversary; **Ina von Ber** thanked the International Service Committee and the club for helping deliver blankets to Macedonia; **Bill Busch** celebrates his 36th wedding anniversary and his daughters launch of a non-profit for support of cancer patients; **Denny Jacobs** thanked **Brett Morey** for his leadership with the Red Shoe Fundraiser; **Eric Freeberg** proclaimed that the Lakers are coming back and then thanked **Allan Galgut** for his ongoing support of the VA dinner program over the last 5 years; Pam Davies proudly told us that **Jim Davies** had just graduated from the SDSU Craft Beer Program; **Alex Monroe** thanked the club for sending him to the RI Convention. A very productive fundraising with \$87 gathered before **Eric Fuller** stepped up to make it an even \$100!

Announcements included **Jacquie Reilly** talking about the 4th of July party at **Bev Fritschner's** home; **Brett Morey** thanked everyone for participating in the Red Shoe Day and shared that our group raised the most funds of our area (more news to come, I'm sure). He also talked about the SURF (Surfers Unite Rotarians Fellowship) that garnered over 75 members at the convention in Atlanta. **Sandi Rimer** thanked everyone for helping our club earn the 2016-17

Presidential Citation from Rotary International. And finally, **Erick Mjoen** reminded all of us that being the AV person for the month is one of the most uplifting and educational opportunities that we can participate in. He is still looking for a few more folks, training is provided.

Ellen Bryson introduced our speaker as her gynecologist at Scripps who had taken care of her when she needed him. (Enough said). His response when he got to the stage was, "Nice to see you." Cervical cancer is the third most common cancer worldwide with 80% of it occurring in developing countries. It is preventable where screening is available. A few years ago during his research he met with the CEO of Mobile ODT (from Tel Aviv) as they were developing a device that could be used in low-resource areas like Afghanistan. They received a \$300,000 grant and were underway. The hand-held device incorporates a smart phone, an app, a light and a scope. Led by **Fary Moini**, our club sponsored a Rotary global grant to provide these devices to five female gynecologists in Jalalabad, Afghanistan. Dr. Kahn trained the doctors via Skype and they were off and running. Phase two provides devices for six more hospitals and the Afghan doctors are now training others. He thanks Rotary for help in putting this all together. In his own words he said that this has been his most exciting research project to date.

President Antonio closed the meeting with some great (and clean) quotes from George Carlin. What a great day! Don't miss our next meeting!





PHOTOS

from the last meeting



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2016 - 2017

PRESIDENT Antonio J. Grillo-López, MD
PRESIDENT ELECT (2017-18) Alex Monroe
PRESIDENT ELECT ELECT (2018-19) Rick Binder
TREASURER Sharon Council
SECRETARY Rick Binder
PAST-PRESIDENT/FOUNDATION Beverly Fritschner



UPCOMING
ROTD

JULY 2017

07 Peggy Martin

BONNIE BRUNNER

President 2000-2001
La Jolla Golden Triangle
Rotary Club



We Welcome

Bonnie Brunner

joined the Club in 1994 and soon found herself engaged in writing and producing the newsletter which got her involved in all Avenues of Service. After serving on various committees, she found herself co-Chairing an annual fund raiser, serving in various committees and on the Board of Directors. She was elected to be Vice President under **Rick Clark** and then became the *first Woman President* of the LJGT Rotary during the 2000-2001. After

her year as President she continued to serve on the Board and continued to do the bulletins until they sold the business and **Bonnie** became a North County resident. She served as the Office Manager of Redeemer by the Sea Lutheran Church and Preschool.

Bonnie was born in Houston, Tx and raised in a tiny North Louisiana town of Arcadia, always active in Band, Cheerleading and Majorette. She attended Louisiana Tech where she continued her band and music activities. She met **Jim**... a Dam Yankee...having just graduated from the

Naval Academy and they were married one year later.

Jim decided to leave the Navy and they moved to Sacramento for seven years, to New Haven, CN for two years and then back to Cupertino, Ca for 12 years. She received her BA in Social Science at San Jose State. She and **Jim** moved to Carlsbad in 1993 and started a print business...and in 1994 found, or was found by the LJGT Rotary Club which became the love of her life and their *first Woman President!*

