

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MARCH 04, 2016

www.lajollagtr Rotary.org



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to the world



RI President 2015-16
K.R. RAVINDRAN

District 5340 Governor 2015-16
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LJGT Rotary President 2015-16
BEVERLY FRITSCHNER



calendar
EVENTS
and speakers

MARCH 2016 - SPEAKER

11..... 4 Way Test Speech Contest
• Tom Hinton •

18..... BioMed Realty & the
Iconic 13 Life Science Campus at UTC
• Tracy Murphy •

25..... Topic / Subject
• Name •

APRIL 2016 - SPEAKER



El Niño and storm impacts on our coastlines and estuaries: A WINDOW INTO THE FUTURE?

Dr. Giddings is a coastal physical oceanographer specializing in estuarine and coastal processes with an interest in interdisciplinary projects that address how physics impacts important biological and chemical processes in the coastal environment. She uses a variety of scientific approaches ranging from field experiments that directly measure water properties and movements to numerical models that simulate flow in coastal waters. She started

as an Assistant Professor at Scripps Institution of Oceanography in January 2014 in the Integrated Oceanography Division. She is currently involved in several research projects around the world, including several locally in Southern California. Dr. Giddings enjoys extending her passion for estuaries and coasts to the community through scientific outreach and through teaching.

Prior to joining SIO, she was a National Science Foundation Postdoctoral Fellow at the University of Washington, School of Oceanography, from 2012 – 2013, and a Postdoctoral Research Associate University of Washington, School of Oceanography, from 2011 – 2012. She received her M.S. and Ph.D. in Civil & Environmental Engineering from Stanford University, and her B.S. in Civil & Environmental Engineering from Berkeley.

SARAH • GIDDINGS



SCRIPPS INSTITUTION OF
OCEANOGRAPHY UC San Diego

MORE INFORMATION
CAN BE FOUND ON HER WEBSITE
<https://scripps.ucsd.edu/labs/sgiddings/>



MARCH 2016
 04.....Gloria Harris
 11.....Jay Hatfield
 18.....Name

REPORT

from last meeting



the
QUINTESSENTIAL
 FESTIVAL

Come experience the Quintessence of San Diego

An area sectioned off for children of all ages to participate in fun activities and games.



Hosted by
 The La Jolla Golden Triangle
 Rotary Club

COME
 EXPERIENCE THE
 QUINTESSENCE
 OF SAN DIEGO

SATURDAY
APRIL • 23
 12:30 P.M. - 5:30 P.M.

ENJOY OVER
18
 LOCAL
 BREWERIES
 SIX • WINERIES
 FIVE • DISTILLERIES
SIX FOOD
VENDORS
 ★ LIVE ★
BANDS

• Sponsorship •
 Opportunity
 With your help we can make a difference!

NOBEL PARK AND RECREATION FIELD
 8810 Judicial Drive, San Diego
 CA 92122

THANK YOU RYAN ALBRECHT!

You really saved the day! Thru a minor miscommunication, the room was not setup at all when he arrived at 6:30 AM. Using his powers of persuasion, he spoke to the Marriott staff and was able to get the room set up and food delivered in a very timely manner. Thank you **Brett** and **Eric** for helping set up tables and chairs and a big THANK YOU to the Marriott for their tireless efforts on our behalf.

Our own **Father Wayne Sanders** started off the day suggesting we all take a Fast from negativity and fill our hearts with Love and Joy. He was one of 50 who was ordained at the Quigley Preparatory Seminary and still loves helping people. Seminary was very different back in his day - no newspapers, tv, music or outside contact - and yet they were supposed to know about the world? One of his favorite quotes is "Love isn't Love till you give it away"...he certainly emulates that.

We were happy to see **Antonio Grillo** back after the rumors of his untimely demise :-). How many people have a son that can assist with surgery? We knew you were in good hands. **Mike Bardin** reminded us of the Pathways to Peace Conference this Saturday at USD Kroc at 8:00

AM, chaired by **Cynthia Villis**. **Eric Moen** is organizing United Nations 12th Annual event on April 9th at the Joan Kroc Institute. **Betty King**, former ambassador will preside, cost is \$55.00. Contact **Eric** if interested. **Dianne Day** and **Ryan Albrecht** selected the 10 students to attend RYLA this year. The pool of talented candidates was very large - it is heartwarming to hear about the caring spirit of these young people. **Alex Monroe** reported on the final push to get sponsors for Fundraiser. \$6,000 raised by **Tony Grillo's** team, about \$1,500 from **Steve Brown's** team, I'm sure **Alex** has raised quite a bit by himself as he did last year :-). Thanks to all who are working diligently to make this a successful fundraiser. The date is April 23, website is up and running. **Alex** will give us a tutorial on purchasing tickets next week. While auctioning off a bottle of wine, **Alex Monroe** got so carried away spouting accolades that **Rich Papike** offered him \$50.00 just to stop saying "new wood and laying down"! You guys are too funny!

Our speaker was none other than **Irwin Rubenstein's** talented daughter, **Ione Stiegler**. She regaled us with the history of the extensive remodeling of the Audrey Geisel University House for UC San Diego.

It was a 5 year project funded with donated monies and completed on time. The total cost was about \$10 million dollars with **Audrey Geisel** being the largest donor. The entire La Jolla Farms area was once owned by **Mr. William Black** who chose the very edge of the cliff to build his 11,000 square foot home. While excavating, Indian bones from a burial ground were found as shallow as 6 feet down! Canine "human detection" dogs were used to pick up the scent of ancient remains (dogs would sit down on remains when they found them). An archeologist was initially hired to sift thru the top 6 feet of soil, replacing that soil with "sterile" or new soil. At that time the geologist could then begin his work. A \$1,000,000 wall was constructed to shore up the cliff. Everyone involved in this project was very conscious of the sanctity of the grounds to the point of putting down a plywood road over culturally sensitive land so no tires touched the land. Great care was taken to utilize the light and magnificent views. IS Architecture did a beautiful job restoring this historic home, good job **Irwin** raising such an accomplished daughter!

The meeting closed on time - good job everyone!

• WE WELCOME NEW MEMBERS •



ANA SAMBOLD, ESQ.

is a bilingual mediator and attorney at law admitted in California, Federal Court Southern District and Colombia. As a mediator of the San Diego Superior Court Civil Mediation Panel and the National Conflict Resolution Center (NCRC), Ana has successfully conducted over 600 hundred mediations of litigated and non-litigated disputes. Her subject matter expertise includes the mediation of business, commercial, real estate, insurance, landlord-tenant, personal injury, consumer

complaints, civil harassment, auto accidents, property damages, homeowners association, neighbor disputes and family cases. She also teaches conflict resolution to universities, nonprofits, and government agencies. Ana holds a Master of Laws (LL.M.) from the University of San Diego School of Law and she received her credentials in dispute resolution from the American Bar Association and Pepperdine University School of Law.



MARCH
BIRTHDAYS



Ryan Albrecht05
Dennis Jacobs08
John Stephan08
Kim Schafer12
Lori Bende30

PHOTOS

from last meeting



5th Annual
PEACE
F O R U M



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENTBev Fritschner
PRESIDENT ELECT (2016-17)Antonio J. Grillo-López, MD
PRESIDENT ELECT ELECT (2017-18)Alex Monroe
TREASURER Sharon Council
SECRETARYRick Binder
PAST-PRESIDENT/FOUNDATIONRon Kohl



UPCOMING ROTD

MARCH 2016

11..... Dennis Jacobs
18..... Ryan Albrecht
25..... Tom Elliott.



The San Diego Union-Tribune



DR. DENNIS BUCKO

"Dennis Bucko, M.D., a San Diego based board certified plastic surgeon specializes in cosmetic surgery of the face and body, but twice a year he volunteers his reconstructive surgical skills with the Mercy Outreach Surgical Team. M.O.S.T. is a volunteer organization composed of physicians, nurses and members of our community dedicated to providing surgical care to children in greatest need in Mexico.

"On M.O.S.T. trips, I see people who are in desperate need of reconstructive surgery, and our being there is the only way they'll get it. That keeps me going back. It feels good to be able to change someone's life in just an hour with a simple surgery," says Dr. Bucko. "You enhance the lives of children and their families, but you also impact the way they interact in their community."

Dr. Bucko recalls a teenage boy on a previous trip who had a cleft lip that had never been repaired. Living in isolation on the outskirts of town, the boy had placed black electrical tape over his lip to hide his deformity. (Ideally, the team hopes to reach children while they are still young, just 2 or 3 months old, before they suffer the pain of their abnormality. In some cases, however, those who seek surgery are well into adulthood.)

In addition to volunteering his surgical expertise, Dr. Bucko is dedicated to

raising awareness and financial support for the M.O.S.T. program. He has donated a portion of his surgical fees at his cosmetic surgical center to the program, and has also generated support through his local Rotary Club, La Jolla Golden Triangle. M.O.S.T. works closely with Rotarians in Mexico, so sharing his experiences with his local chapter and facilitating a cross-border relationship with Mexican Rotarians has been rewarding for Dr. Bucko.

"Each trip is unique," says Dr. Bucko. "We never know exactly what kinds of cases will be waiting for us when we arrive in a new community. But when our bus pulls up in front of the local hospital early on that first morning we are always greeted by several hundred people, many who have traveled long distances from their homes, waiting with babies and young children wrapped in blankets and their hope that we can make a difference. It's an awesome sight.

"Being able to help is a pretty powerful feeling. The response we get...tears of joy and smiles...it's incredibly rewarding," says Dr. Bucko. "And, it's a privilege to be a member of such an amazing team of volunteers, many who pay their own expenses and give up personal vacation time to participate, and who genuinely care about the patients and their results."*

*San Diego Union Tribune, 2013



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Dr Bucko strives to provide the best care available to help patients feel as good as possible about how they look.

ROTARIAN
OF THE DAY