

# THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MARCH 10, 2017

[www.lajollagrotary.org](http://www.lajollagrotary.org)



ROTARY  
SERVING  
HUMANITY

RI President 2016-17  
**JOHN F. GERM**

District 5340 Governor 2016-17  
**MARILYN SANDERSON**

LJGT Rotary President 2016-17  
**ANTONIO GRILLO-LÓPEZ**



**SPEAKERS**  
AND EVENTS

## MARCH 2017 - SPEAKER

17..... Peter Chodsko  
Gompers Preparatory Academy

24..... Neal Griffin  
A Voice from the Field

31..... Patricia Marquez  
TBD

## APRIL 2017 - SPEAKER

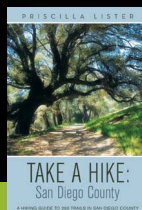
07..... Todd Elvins PhD  
Co-lead National Speakers Bureau - Citizens' Climate Education

# TAKE A HIKE

San Diego County

PRISCILLA LISTER

Take a Hike: San Diego County is my new hiking guide that offers 260 trails in our remarkable county. It is a compilation of my weekly hiking columns written for the San Diego Union-Tribune over nearly seven years. San Diego County truly is amazing for its breadth of hiking opportunities, from the Anza-Borrego desert to the 6,000-foot-high mountains of Laguna, Cuyamaca and Palomar, to the lovely foothills of Julian, Santa Ysabel and Ramona, to the canyon respites found throughout our urban core, to the wetlands of the Pacific Ocean. Our county hosts nearly 2,100 plant species -- more than in any comparable area in the U.S. We also count 492 bird species -- more than any other region in the U.S. With more than 75 percent of the county's land owned by public agencies, hiking trails beckon in beautiful habitats you will truly enjoy exploring. Today I present a slide show of my photographs -- each trail is accompanied by one in the book -- which showcase the natural landscape that characterizes San Diego County. I hope you'll want to discover these places on foot.





MARCH 2017

10.....Lisa Galstian  
17.....Rich Papike  
24.....Jim Davies  
31.....Kim Schafer

# REPORT

from last meeting



## THE FOUR WAY TEST OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT  
FAIR TO ALL  
CONCERNED?03 WILL IT  
BUILD GOODWILL  
AND BETTER  
FRIENDSHIPS?04 WILL IT BE  
BENEFICIAL  
TO ALL  
CONCERNED?

HERBERT J. TAYLOR

## MARCH BIRTHDAYS

RYAN ALBRECHT ..... 05

DENNIS JACOBS ..... 08

JOHN STEPHAN ..... 08

KIM SCHAFFER ..... 12

LORI BENDE ..... 30

Antonio hit the bell at 7:25 and the annual meeting of the five La Jolla-area clubs was on schedule!

• Torrey Pines President Alex Robertson greeted the crowd with this inspiring reminder: "We are the people who eliminated polio from this Earth!"

• Father Sanders' lovely morning prayer was followed by his recommendation to "give ourselves a hug from God." Dr. Oliver Jones from La Jolla Sunrise led the pledge, and La Jolla Downtown President Ken King introduced out guests, including 6 UCSD Rotaract students.

• Past President of San Diego Coastal, Mari Pullen, introduced her daughter Adriana and welcomed brief presentations from our five La Jolla-area club presidents.

• Our very own Antonio Grillo-Lopez said that of our founding charter members from 1986, 15 are still active some 31 years later. He also reported that our club has donated over \$1M to the Foundation, has 5 Past District Governors, 1 Past RI Trustee, and went on to recognize humanitarian efforts conducted by Fary, Bonnie and Krishna. "We Rotarians get the job done wherever there is a need."

• La Jolla Sunrise President Andy Dorvillier reminded us that his club was chartered in 1984 and still has active charter members, as well. In addition to raising a lot of money, Andy's club has helped build hospitals, trained doctors for life saving heart surgeries and supported the San Pasqual Academy, the acclaimed charter school for foster children, with scholarships, holiday activities and an ongoing presence on the campus.

• Ken King of Downtown La Jolla said his club will celebrate its 70th anniversary on April 7, and reminded all of us that the rest of us are all "just spin offs!" In addition to supporting the League House, Just in Time and the USO, this year the club is fundraising for its avenues of service. For members who can't always make a lunch meeting, the Cocktails with Ken alternative meet has become popular. Ken closed with this thought: "Go the extra mile, it's never crowded."

• The exuberant Alex Robertson from Torrey Pines invited us to visit any Wednesday at noon at Rock Bottom, where guests are offered wine upon arrival. Even though the club focuses on "smaller projects," they were able to distribute over 8000 toys last in San Diego and Tijuana. Torrey Pines Rotary also support Angels Foster Care, which works to find more foster families to help with the tremendous need in San Diego.

• La Jolla Coastal President Chris McCoy reminded us that his club is celebrating its 10th anniversary with a membership whose average age is 32. His club enjoys hands-on, physical projects and is currently involved with the "little free library" book exchange program.

• Steve Brown welcomed incoming RI Trustee Brenda Cressey, praising her leadership and fundraising skills: "Our zone is close to #1 in the world for raising money for the Foundation."

• Brenda commended the group for gathering to share their projects, and paid tribute to PDG Pam Russell. She said that the Foundation has spent more than \$3 billion on projects alone, noting that global eradication

of polio is still the priority. Launched in 1985, the polio initiative has cost Rotary \$1.6 billion plus countless hours to protect more than 2 billion children around the world. "We're almost there," she said. "The Bill & Melinda Gates Foundation will stay with us until the end. They know how important it is."

Brenda also praised the Peace Fellows program, started in 2002 in conjunction with leading universities to create Rotary Peace Centers at six universities around the world. There are 1000 Rotary Peace Fellows doing conflict prevention and resolution around the globe.

Brenda encouraged everyone to participate in a life-changing, hands-on project, similar to her trip to Panama to distribute wheelchairs. She closed by saying, "Change is at the heart of Rotary. We must aspire to leave everything we touch better than when we found it. It's our job to know what's happening out there and what is needed, and take that knowledge and act upon it. Rotary is an enormous catalyst to serve locally and internationally."

In Brenda's honor, the five La Jolla-area clubs will make a donation in her name to Hope Funds for Cancer Research. Before closing, Antonio singled out Dianne Day for assembling a most amazing Special Edition of the bulletin, and to Ajay Asher and his team from Replica Digital Print & Copy on Miramar Road for producing such a beautiful keepsake for the meeting.

La Jolla Coastal's Chris McCoy closed the meeting with this quote: "Everyone can be great, because everyone can serve."





# PHOTOS

from the last meeting





# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
La Jolla, CA 92039  
www.LaJollaGTRotary.org

## LJGT ROTARY LEADERSHIP 2016 - 2017

PRESIDENT ..... Antonio J. Grillo-López, MD  
PRESIDENT ELECT (2017-18) ..... Alex Monroe  
PRESIDENT ELECT ELECT (2018-19) ..... Rick Binder  
TREASURER ..... Sharon Council  
SECRETARY ..... Rick Binder  
PAST-PRESIDENT/FOUNDATION ..... Beverly Fritschner



### UPCOMING ROTD

#### MARCH 2017

17..... Susan Schwarz  
24..... Ina  
31..... Bill Bush

## ROTARIAN OF THE DAY

DAVID TANSEY

I attended a meeting of SoCal Sister Cities with Kathleen on March 4. On display were the works of the 18 and under students who had won the 2016 SCI Artists and Authors contest. The idealism in this essay makes better reading than another review of my life story. If you really want to hear that, ask me and I'll tell you.

## WORLD DISAGREEMENT



### SAMANTHA KAMATH

2016 Grand Prize Winner: Chandler, AZ

#### World Disagreement

When I was five, my definition of peace was a day in my household without any quarrels between my older brother and me – a lost cause. As I grew older, peace meant appeasing others for the sake of avoiding a fight. Now, I'm not entirely sure I ever understood what peace entailed. Was it addressing your problems to find a peaceful solution or not expressing any troubles at all? Peace has always been a goal of the international community – achieving it, keeping it and spreading it. It is a goal that has yet to be attained. In order to achieve it we must be able to define peace as a global community.

Conflict and disagreement are seen as exact opposites of peace, but its time to rethink this outlook. With so many people and perspectives in our world, it's impossible to ever reach a point with no conflict at all. Peace must become a method, an ongoing effort, towards creating a better future – not a destination. The question becomes how to act through peace, not how to create it. We must learn to find our common ground as one human race, but also bring with us our disagreements and voice them. We must learn that acting as a unified group doesn't mean forfeiting our differences, but rather utilizing open discussion and constructive disagreements to advance our society as a whole. We must learn that creating peace through people can only come when we learn to accept our differences rather than denying they exist. Peace should be about embracing conflict instead of rejecting it,

and it can only come by collaborating as a diverse yet cooperative global community.

My own life has been full of disagreement. As a first-generation American, it sometimes feels as though my life is split in two. I was raised in a Western society and embody its beliefs. But my immigrant parents have also instilled in me a strong cultural identity that often disagrees with my other half. Although I sometimes feel like a double agent my culture and heritage gives me a unique perspective on the world around me. And it isn't only me. People come from all walks of life, all cultures and all points of view. These differences should be embraced. These differences are valuable. These differences are the keystone to peace. If we communicate with the intention of listening instead of responding, we can create a society where people focus on a way to peacefully solve their disputes.

When I was five, my definition of peace wasn't nearly complex as it is now. But I learned something important – that conflicts would always arise no matter our attempts to prevent them. I learned the only way to have peace was to solve our conflicts when they did arise. Maybe my household wasn't the traditional definition of peaceful, but it taught me about differences. It taught me about disagreement and conflict. And after all, what are older brothers for?