

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MARCH 11, 2016

Rotary



Be a gift  
to the world



Rotary

RI President 2015-16  
**K.R. RAVINDRAN**

District 5340 Governor 2015-16  
**JANICE KURTH**

LJGT Rotary President 2015-16  
**BEVERLY FRITSCHNER**



calendar  
**EVENTS**  
and speakers

## MARCH 2016 - SPEAKER

18.....Emergence of New Business Leader  
in a chaotic world  
• Harish Babla, CFE •

25.....Afghanistan Program  
• Fary Moini •

## APRIL 2016 - SPEAKER

01.....Topic / Subject  
• Name •



# TOM HINTON

## FOUR WAY SPEECH CONTEST

Get Ready for the Four Way Speech Contest! Next Friday, March 11th, the La Jolla Golden Triangle Rotary club will showcase three finalists for the Four Way Test Speech Contest. This program will feature three students from University City High School. They are: Emmy Ibrahimovic, Ari Weizman and Neira Ibrahimovic.

The three students have been practicing their speeches and are excited for the opportunity to present them live to our Rotary club! The winner will go on to represent the La Jolla Golden Triangle

club in the sub-regional competition to be held on Tuesday, March 22nd at the Rancho Bernardo Sunrise Rotary Club.

Past president Brett Morey will emcee Friday's Four Way Speech competition. Judges for our club competition are: Sheila Henry, Ron Kohl and Bonnie Arora. Jennifer Schaffer will be our Timekeeper.

Let's all be there to cheer on our finalists and wish our students good luck!



### THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERN?

## Four Way Test

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOOD WILL  
and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?





MARCH 2016

- 11..... Sara Hogue
- 18..... Tom Hinton
- 25..... Will Moore

# REPORT

from last meeting



the  
**QUINTESSENTIAL**  
FESTIVAL

Come experience the Quintessence of San Diego

An area sectioned off for children of all ages to participate in fun activities and games.



Hosted by  
The Jolla Golden Triangle  
Rotary Club

**COME**  
EXPERIENCE THE  
QUINTESSENCE  
OF SAN DIEGO

SATURDAY  
**APRIL 23**  
12:30 P.M. - 5:30 P.M.

ENJOY OVER  
**18**  
LOCAL  
BREWRIES  
SIX • WINERIES  
FIVE • DISTILLERIES  
**SIX FOOD**  
VENDORS  
★ LIVE ★  
**BANDS**

• Sponsorship •  
Opportunity  
*With your help we can make a difference!*

NOBEL PARK AND RECREATION FIELD  
8810 Judicial Drive, San Diego  
CA 92122

Our meeting was well-represented by UCSD. ROTD, **Dr. Dennis Bucko**, has been a UCSD Medical School clinical faculty member; presenter, **Dr. Sarah Giddings**, is an Assistant Professor at Scripps Institution of Oceanography; “Student of the Month, **Amanda Say**, attends UCSD’s Preuss School, and six visiting UCSD Rotaract students were in attendance.

Rotarian of the Day, **Dr. Dennis Bucko**, is a board certified plastic surgeon who specializes in cosmetic surgery of the face and body. For the past twenty years, he has volunteered with the Mercy Outreach Surgical Team. M.O.S.T. is a volunteer organization composed of physicians, nurses, and others dedicated to providing surgical care to children in greatest need in Mexico. The team is composed of approximately forty people who visit Mexico twice a year, and the cost of each visit is approximately \$100,000. Our club and other local Rotary Clubs coordinate with Rotary Clubs in Mexico for the project. International Service Committee Chair, **Kathleen Roche-Tansey**, presented **Dr. Bucko** with a \$1000 check payable to M.O.S.T.

**Ana Sambold** rose to introduce her guest, **Donald E. Willis**, a member

of Mediators beyond Borders. A second guest, **Grace**, attends SDSU and is a former Rotaract member. **Mike Bardin** reported that the Peace Forum held at USD was very successful. **President Bev Fritschner** announced that four or five people are needed to volunteer to build a house in Tijuana on Saturday March 26. **Ellen Bryson** announced that the Easter Bunny Project is scheduled for March 18th. **Rick Binder** informed members that a “walking” scavenger hunt is planned for April 16th, and **Brett Morey** noted that Red Shoe Day, a benefit for the Ronald McDonald House, is scheduled for June 3.

**Alex Monroe** distributed envelopes containing tickets for the Club’s fundraiser to be held on April 23 celebrating 30 years of service to the community. The event, called the Quintessential Festival, features tastings of beer, wine, and spirits. A total of \$19,000 has been raised so far. Tickets can be purchased by visiting the Club’s homepage, [Lajollagrotary.org](http://Lajollagrotary.org).

**Marty Rosenstein** introduced **Amanda Say**, Preuss School’s “Student of the Month” who was nominated by her teacher. She plans to become a nurse and identified volunteering as her “big passion”.

**Amanda** has volunteered at UCSD Medical Center bringing water to new mothers and also has worked at the front desk. She believes that her experience has helped her to become “determined and hard working.”

Our featured speaker was **Dr. Sarah Giddings**, Professor at Scripps Institution of Oceanography. She is a coastal physical oceanographer who discussed El Nino and storm impacts on coastlines and estuaries. **Dr. Giddings** explained that the sea level is rising and creating more potential for flooding. El Nino gives us a glimpse into extreme events that impact our coast, including massive amounts of sand disappearing from our beaches, cliff erosion, and estuary blockage. The impact on “shoreline health” includes contamination by raw sewage and industrial waste. **Dr. Giddings** concluded by inviting members of our Club to join her Saturday on a beach walk at Torrey Pines to view examples of what is happening to our coastline.



• WE WELCOME NEW MEMBERS •



**LEE**  
**ANN**  
CUSICK

Lee Ann, a true California girl, was born and raised in Los Angeles in the late forties. Following 97th Street grade school, Bret Harte Jr. High, Lee Ann graduated from Morningside High in 1965. Sporting a new 1966 Mustang, Lee Ann devoted the next four years as a stenographer with Standard Oil Co. of CA (now Chevron Corp). Lee Ann cornered future husband, Wayne, in the seventh floor elevator, wed in 1968 following a whirl-wind courtship, and bred children Kathryn, Jennifer, and Michael who produced seven more Cusick offspring. Lee Ann and Wayne recently celebrated forty-seven years of wedded bliss. Both now spend extended weekends

at their San Diego home.

Lee Ann joined the LJGT Rotary Club in 1997, transferred to the Blythe club in 2008, and transferred back to the LJGT Club July 1, 2015. Lee Ann is a multiple Paul Harris Fellow, a Benefactor, member of The Paul Harris Society, and recently inducted with Wayne into the Arch Klumph Society. Lee Ann also served in the Blythe Club as Foundation Chair, five years, and Treasurer, two years. Lee Ann is proud of the three new members she brought in during the last two years... and is looking for more!

**MARCH**  
**BIRTHDAYS**



Ryan Albrecht .....	05
Dennis Jacobs .....	08
John Stephan .....	08
Kim Schafer .....	12
Lori Bende .....	30

# PHOTOS

from last meeting



La Jolla Golden Triangle  
**ROTARY CLUB**  
 Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
 La Jolla, CA 92039  
 www.LaJollaGTRotary.org

**LJGT ROTARY LEADERSHIP 2015 - 2016**

PRESIDENT .....Bev Fritschner  
 PRESIDENT ELECT (2016-17).....Antonio J. Grillo-López, MD  
 PRESIDENT ELECT ELECT (2017-18).....Alex Monroe  
 TREASURER ..... Sharon Council  
 SECRETARY .....Rick Binder  
 PAST-PRESIDENT/FOUNDATION .....Ron Kohl



UPCOMING  
**ROTD**

**MARCH** 2016  
 18..... Ryan Albrecht  
 25..... Tom Elliott

**APRIL** 2016  
 01..... Lisa Galstian  
 08..... David Chong  
 15..... Jim Davies



**DENNY  
 JACOBS**



Dear Rotarians,  
 (I'll bet some of you  
 just won't break out your  
**MAGNIFYING  
 READING DEVICES**

because "this print is too darn  
 small", but give my simple  
 autobiography a chance,  
**OK?)**

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**ROTARIAN  
 OF THE DAY**

Once upon a time, I was born in Cleveland, Ohio, to a loving, fun, and energetic family of five, counting my live-in Grandfather. Apparently, I struggled in my beginnings, being born a "Blue Baby". (Rh Factor, Google it!) At age 4 I managed to acquire a scalp infection, during the treatment for which, I lost all my hair, unfashionable at the time, and had to wear a WOMAN'S NYLON STOCKING on my head, for several months, all around "the neighborhood"!( I did not include pictures). And, due to a difference of opinion in my house, as to which religion in which to raise Denny/Norman, I was registered in

Sunday School by my middle name, Norman, which apparently is more "Jewish", and as "Denny" in public school! I THINK I have resolved these issues, but don't ask!

Our young family dentist drove a shiny, new Corvette, and had lots of girl friends; is this why I chose this honored profession?

I divided my youth among athletics, my trumpet, scholarship, religious studies, lots of funny jobs, and lots of FUN!

At present, I am basking in my first full year of retirement from my dental prac-

tice, after 34 years. I certainly miss what is a fantastic profession, my patients, staff, and the wondrous challenges!

The alumni of the Ohio State NCAA championship baseball team somehow discovered and located me, and invited me to my first reunion of that team, held in Columbus, May 6-8. I am very excited to relive some fantastic memories.

I remain a grateful and fortunate member of The Most Dynamic Rotary Club in the World!

~Denny