

THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MARCH 13, 2020



RI President 2019-20
MARK MALONEY

District 5340 Governor 2019-20
MARTA KNIGHT

LJGT Rotary President 2019-20
KIMBERLY SCHAFFER

SPEAKERS AND EVENTS

MARCH 2020- SPEAKER

20..... San Diego Humane Society
Brian Daugherty

27..... Impact of Youth leadership within Rotary (RYLA & LEAD)
Chris Stewart

APRIL 2020- SPEAKER

03..... Cristo Rey
Bob Nascenzi

10..... Girl Scouts of San Diego
Liz Sheahan

17..... Cristo Rey
Vincent Aiello

24.....
Steve Pultz

WHEN ETHICS GET HARD Lessons from Mountaineering and Leadership



After graduating from the Naval Academy, **Knight Campbell** excelled in flight school, learning to pay attention to detail, manage fear, and confront risk with his team. Choosing to fly the mighty SH60, he led Sailors on three deployments. **Knight** then went back to the Naval Academy earning Masters degrees in leadership from UMD and the Naval War College. More importantly he had the honor of leading over 700 Midshipmen. From tackling 24-hour crucible events alongside his people to teaching advanced leadership theory at the collegiate level, he left the tour with a burning passion for helping people reach their fullest potential as leaders.

In 2006, he and his wife Leonie decided to climb the high point in every state- only 10 left now! They found deep passion for the experience of climbing mountains. Seeing the limits of teaching leadership in a classroom, **Knight** knew outdoor adventure would be a perfect place for leaders to challenge themselves and thrive. He started teaching rock climbing, hiking, and mountain biking for REI Outdoor School, and then he did a 30-day expedition in Alaska with NOLS to become an instructor there as well. Seeing the need for experiential leadership development, he completed an Executive Leadership Coaching Certificate at Georgetown University. **Knight** created *Cairn*

Leadership to combine his passion for the journey in leadership and adventures in the wild. Now he guides leaders to the tops of the mountains you see on everyone else's websites!



CairnLeadership.com

REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

In a presidential manner, **President Kim** called the meeting to order at 7:27AM.

ROTD

Debra Kelly shared stories from her time with the American Lung Association including her instrumental role in fighting Phillip Morris (aka Deep Lung) in a caper at the San Diego Museum of Art circa 1996.

Visiting Rotarians & Guests **Michael Slentz** introduced **Sara's son Tucker, Dan** from Coronado (will be District Governor in **Jacquie's** term), and the Rotaract contingent.

ANNOUNCEMENTS

**Interviews for RYLA are coming up. Let Nancy or Diane know if you could help.*

**Parking is going up to \$5 (a modest 25% increase)*

**Rick Clark donning a brand new red 'Operation Pendleton' shirt discussed the game plan for (last) Saturday's project on Camp Pendleton.*

**Gary Schneiderman called on members to volunteer and/or attend the ISA World Para Surfing Championship at La Jolla Shores from March 11-15.*

**Rick Binder needs help... with the Promote/Demote party on June 27th that is.*

**Frank McGrath, impeccably*

dressed as always, announced that Dr. Dennis Bucko performed his last plastic surgery procedure last week....and Frank is not going to sue!

**Emidio DelConte declared that tickets for the Quintessential Festival are available. See Emidio for your personal tickets and contact (the extremely handsome) Luke Ervin to coordinate distributing tickets to corporate sponsors.*

**Kim heard from Jan Percival who is grateful for the outpouring of support. Information on Jeff's memorial is coming soon.*

SOTM

Marty Rosenstein introduced us to **Antonio Garcia** (not Grillo) **Lopez**, who as a senior at Preuss has brought his GPA up from a 1.6 to a whopping 3.7! He has been accepted into a few universities already and is looking to study computer engineering next year. Keep up the good work **Antonio!**

SPEAKER

Kaci Madden introduced **Melinda**, Chief Operating Officer for Serving Seniors, which is dedicated to helping seniors in poverty live healthy and fulfilling lives.

They focus on 4 areas:

1. Nutrition - they serve

over 640,000 meals annually and are aiming to increase that to 1,000,000 this year! They also serve 800 seniors at their residences each day.

2. Mental health services
3. Health and Wellness
4. Enrichment and Activities - Senior Idol, Senior Prom, and BINGO!!!!

Housing - the shortage of affordable housing in San Diego is a huge problem for our seniors. 13% of seniors in the area are homeless and almost 50% have been at some point. Serving Seniors own 3 communities = 412 homes and have another 2 communities in the pipeline to help provide safe and clean residences for these folks. They also have a Transitional Housing Program, which has helped over 1,000 seniors get off the streets and into permanent housing within a few months time.

Melinda closed by inviting the group to their 50th anniversary Gala on April 18th at the Marriott Marquis downtown.

President Kim closed the meeting with a positive thought leaving us motivated to practice kindness going into the weekend.

~ Best, Luke





PHOTOS

from the last meeting



OPERATION PENDLETON 2020

Link To More Event Photo:
shorturl.at/mntzD



La Jolla Golden Triangle
ROTARY CLUB

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LJGT ROTARY LEADERSHIP 2019 - 2020

PRESIDENT	Kimberly Schafer
PRESIDENT ELECT (2020-21)	Emidio DelConte
PRESIDENT ELECT ELECT (2021-22)	Jacque Reilly
TREASURER	Sharon Council
SECRETARY	Nancy Gatschet
PAST-PRESIDENT/FOUNDATION	Rick Binder



MARCH 2020
 20.....Dr. Antonio Grillo-Lopez

ROTARIAN
 OF THE DAY



CHARLES MACKAY

Born in San Juan Capistrano, CA, Charlie is a California kid to the core. After attending University of San Diego for his undergraduate studies, he joined Morgan Stanley as a financial advisor in 2014. Since then, we has gone on to become a junior partner at Marine Street Financial in downtown La Jolla. He lives in north Pacific Beach and enjoys a truly stress-free commute through the sleepy section of Bird Rock. Stopping by his company’s namesake on the return journey is a must during the summer months. Proximity to the ocean will also be paramount for Mr. Mackay.

His girlfriend, Mattie, recently moved in to his apartment and both have adjusted to the welcome change. She is currently working at the University of California, San Diego, in a research capacity. Her ultimate goal is to become a Genetic Counselor and she is pre-

paring for grad school to take that next step. Although life has stayed relatively static since the move, the most significant deviation from the norm is the addition of a broom to sweep up the sand that is often tracked through the living room.

Joining Rotary has been one of the most rewarding decisions Charlie has made since moving to San Diego. He is incredibly grateful for the friends he has made and the experiences they have helped him to have. Although he has not yet had a singular “Rotary moment”, he believes that each day living the Rotary way, in and of itself, seems to fit the bill.

Finally, he would like to definitively announce to Denny Jacobs that he does not dye his hair. This is fake news.