

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 10, 2019

www.lajollagtr Rotary.org



BE THE INSPIRATION

RI President 2018-19
BARRY RASSIN

District 5340 Governor 2018-19
MEL GALLEGOS

LJGT Rotary President 2018-19
RICK BINDER

20TH ANNUAL EDUCATOR OF THE YEAR AWARDS



SPEAKERS AND EVENTS

MAY 2019 - SPEAKER

- 17..... Real Estate Panel
Vocational Service Committee
- 24..... Celebrating Memorial Day
Rick Clark
- 31..... Steffanie Strathdee, PhD
Kim Schafer

JUNE 2019 - SPEAKER

- 07..... Coach Rocky Long
SDSU Football Coach--Ellen Bryson
- 14..... Vocational Service
- 21..... Shamayel Nikzad
Dennis Bucko
- 28..... Last meeting
Rick Binder

JULY 2019 - SPEAKER

- 05..... DARK
- 12.....
President Kim

The "Educator of the Year" award is presented each year by our club to honor teachers and counselors from our community for the special contribution they make to the academic and personal growth of their students.

The award was created in 1999 by the Vocational Committee as a means of recognizing and supporting the critical role of the people in our schools who have the most immediate and lasting impact on our kids...the teachers and counselors. Our program is actually modeled after a similar program sponsored by the Minneapolis/St. Paul Rotary club and was introduced to our club by **Irwin Rubenstein**.

Each year, eight schools are invited to submit nominations

from their teacher/counselor staffs. The eight schools are public and private and include elementary, middle and high school grades. The eight nominating schools have a combined teacher/counselor population of approximately 600. Administrators, teachers, parents and students are offered the opportunity to nominate a teacher or counselor they believe has made a special contribution to helping students grow academically and personally.

Each nomination must be supported by at least two individuals. Letters of recommendation supporting the nominations from administrators, colleagues, parents and students are also considered. The nomination materials include information on the nominee's education;

professional background, experience and community activities. It is truly an uplifting experience reading the nominations and discovering how professional, competent and dedicated the nominees are. The comments from parents, colleagues and students make it very clear that these are special people who make an important difference in young peoples' lives in and beyond the classroom.

Today's program should also be a day to honor educators everywhere, present and past, who have made a positive difference in students' lives. So, take a moment to stop and remember that special, favorite teacher or counselor from your school days...and the winners are...



REPORT

from the last meeting



ROTARY FOUNDATION ANNUAL MEETING OF MEMBERS



At the regular meeting of our Club, our Foundation will hold its annual meeting of the Members of the Foundation on May 31st in order to reelect **Alex Monroe, Linda Stouffer Wallis and Luke Ervin** as Directors.



MAY
31
2019

ROTARIAN OF THE DAY

Our Rotarian of the Day was **Pam Russell** who, with the help of some visual aids, talked to us about the forks in the road of her life and how the paths that she has taken have lead her to Rotary. At 13 years old, she fell in love with the Pacific Northwest and started on a path that would change the course of her life. She built a Heathkit TV after she graduated from college and ultimately got recruited by an IBM copier repairman to come work for the company. Thirty years later, **Pam** retired from the company. She met her husband **Alan** on the BART when she lived in Oakland. They moved to San Diego in 1998, where she met **Lee Ann Cusick** who introduced her to our club. To say that **Pam** is active in Rotary is an understatement. **Pam** reminded us that all the forks in the road come with a blessing and that she believes that even though something bad might happen in your life, something good comes out of it.

GUESTS

Melanie Geschwind introduced our guests and visiting Rotarians. **Gordon Shurtleff** joined us from the Torrey Pines club and **Lisa Miller** joined us from Club 33. Our resident UCSD Rotoractors, **Eden, Connor, Kaeley, Bradley, and Joe**, were present. **Nancy Gatschet** brought her friends **Debra Kelly** and **Lisa** and **Don Kaplan** and **Stephen Tako** joined us again for a return visit.

ANNOUNCEMENTS

Rick Clark showed us a wonderful video that he put together of the Quintessential Festival. It is clear that the event was a huge success that would only be made possible by the hard work and vision of our club. The entire leadership team for the festival was recognized and **Jim Davies** gifted **Kim Schaffer** a gift bag of select beers for her efforts in spearheading another successful event.

The UCSD Rotoractors were also honored for their efforts at the festival as well as their continued involvement with our club. As a small token of appreciation, the club donated \$1,000 for their Casa De Luz project. We know that this money is good hands and will make a difference.

Gordon Shurtleff announced their 55-year celebration at the La Jolla Country Club on June 29. **Father Wayne** asked for volunteers to serve yogurt for the PACE program this week. **Jan Bernardy** announced the clothes drive for Uptown Community Service Center on June 7 and 14. **Joe** invited our club to participate in their house build in Mexico. **Nancy** reminded us of the Teacher of the Year Award that was coming up.

Lastly, **Connor** and **Kaeley** were introduced as the incoming co-presidents of the UCSD Rotoract Club. The future looks bright.

On behalf of Surfers Unite, **Brett Morey** announced the Stand Up for the Cure event in Newport Beach, the upcoming lagoon clean up at Aqua Hedionda on May 10, and the CITY2SURF - HOPE LEADERSHIP ACADEMY learn to surf event on May 11 in Del Mar.

PRESENTATION

Gen Kelsang Lhadron, an American Buddhist nun, talked to us about the impact of our mind on our own peace and how meditation can help to quash negative thoughts and clear the mind. Like a glass of muddy river water, if we constantly shake the glass the water will always be cloudy. But, if we let the water settle, the water becomes clear. So it is with our mind. Oftentimes, a single negative comment by another person causes us the greatest unrest because we repeat it a hundred more times in our own mind. **Kelsang Lhadron** lead us in a short mediation to teach us how to let go of the pain and suffering caused by the words or actions of another person, by thinking of that person's good qualities. Above all mediation can teach us to separate ourselves from ourselves and focus on the good that is around us and teach us to serve others rather than ourselves. Service above self.



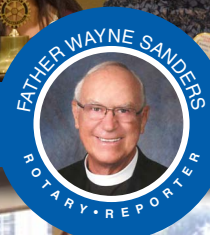


PHOTOS

from the last meeting



READY FOR A WED YOGURT AND FRUIT PARTY!



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2018 - 2019

PRESIDENT Rick Binder
PRESIDENT ELECT (2019-20) Kimberly Schafer
PRESIDENT ELECT ELECT (2020-21) Emidio DelConte
TREASURER Sharon Council
SECRETARY Nancy Gatschet
PAST-PRESIDENT/FOUNDATION Alex Monroe



MARTY ROSENSTEIN



MAY 2019

17.....Rich Papike

24.....Janine Pack

ROTARIAN
OF THE DAY

As I approach my 44th anniversary in Rotary, it is fun to reflect back on all that I have done and all that Rotary has done for me. My first 26 years were spent in a small club in New Jersey. There, I was president on 2 separate occasions, and got to institute the clubs first international project in decades. Although we were an active and involved group, we were limited by our size.

18 years ago, when I transferred to the La Jolla Golden Triangle club, it was like being set loose in a candy store of service, working through this large and dynamic organization. I got to participate in so many things that I had only heard of before. I served as District International chair for 2 years and led one of the first Vocational Training Teams under the new organizational structure of Rotary. I was one of the original members of the District Pathways to Peace Committee, and through it, worked with Dory Beatrice to establish the District 5340 Model UN program which

is thriving today. My passion has been working with youth. I have been the Interact Advisor to Preuss School, District Interact Chair, advisor to UCSD Rotaract, spearheaded the Student of the Month program, and now tutor math at Preuss. This year I fulfilled a goal of mine of starting an Earlyact program.

Above all else, my passion is my family. Sharon and I just celebrated our 48th wedding anniversary. We have 3 wonderful daughters who are married and all live in different places in the Northeast. They have given us 5 terrific grandchildren, ranging in age from 3 to 12. Trying to never miss a birthday or holiday, keeps us on the move. That, coupled with trying to visit as many interesting places in the world as we can while we still can, fills our days.

I hope to remain active in Rotary, as I have learned that the rewards of doing for others yield satisfaction that is unattainable in any other pursuit.

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