

THE GOLDEN rotarian

www.lajollagrotary.org



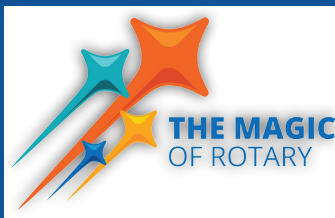
LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 2 2025



KERRI BOUTELLE, PH.D.

Director, Center for Healthy Eating and Activity Research (CHEAR)



RI President 2024-25
STEPHANIE URCHICK

District 5340 Governor 2024-25
DIANNE CRAWFORD

LJGT Rotary President 2024-25
LUKE ERVIN



AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee
(follows club meeting)

2nd Friday of the Month..... International Services Committee
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee
(follows club meeting)

4th Friday of the Month.....Peace Committee
(follows club meeting)



THE SCIENCE OF APPETITE: EXPLORING THE ROLE OF MEDICATIONS AND BEHAVIORAL INTERVENTIONS FOR WEIGHT LOSS

Dr. Boutelle is a Professor of Pediatrics, Herbert Wertheim School of Public Health and Human Longevity and Psychiatry at UC San Diego and is a licensed clinical psychologist. She has specialized in studying and treating weight management and eating disorders since 1992 and has been consistently funded by NIH since 2002. Dr. Boutelle has an undergraduate degree in Food Science and Nutrition from Rutgers University and a Ph.D. in Health Psychology from Illinois Institute of Technology. She completed her clinical internship at University of Mississippi Medical Center, and her postdoctoral fellowship in Epidemiology at the University of Minnesota.

The focus of Dr. Boutelle's academic investigations is to target overeating in children, adolescents and adults who are overweight and/or have binge eating. To accomplish this, her work bridges clinical psychology, parenting skills, neuroscience, cognitive science and behavioral therapy. Dr. Boutelle's research has two goals: 1) To identify targets for behavioral treatment of overeating and obesity, and to translate these programs to the clinics, and 2) Develop novel targets for the treatment of overeating and obesity, based on cognitive science and neuroscience.

Dr. Boutelle is a certified therapist, supervisor and trainer for Family-Based Therapy for the treatment of eating disorders in youth. She is a clinical specialist who works with families and individuals struggling with binge eating disorder, weight management, anorexia, bulimia, EDNOS, and other gastroenterological problems. Dr. Boutelle loves cycling and yoga, and has three children and two dogs and enjoys doing yoga and bike riding in her spare time.



REPORT

from the last meeting



UPCOMING SPEAKERS



2025

MAY - SPEAKER

23.....Major General Anthony Jackson

JUNE - SPEAKER

6.....Beth Accomando
KPBS Arts Reporter

20.....President Luke's Last Meeting
Awards, recognitions and surprises!

CHRISTY WHITE BROOK, immediate Past President, opened and conducted the meeting on April 18 in President **LUKE ERVIN**'s absence.

LISA GALSTIAN was introduced as Rotarian of The Day and she shared some highlights of her travels and updated us on her family (husband John and daughters Lindsey and Geena).

STEPHEN TAKO introduced many guests including several Rotaract members from UCSD and Interact members from Mission Bay High School. (**ERIK MJOEN** led recognition of the Interact members for their recent beach clean-up project.)

Other guests included a couple of prospective members, **Ricky Ricardo** and **Susan Golding**. We also welcomed frequent guest **LeAnne Cusick**.

Announcements included: **GARRY KACHIKOVSKY** – auction items and promotion of the Wine Soiree on May 16.

ELLEN BRYSON – Easter basket production for Door of Hope.

DORY BEATRICE – Plan/calendar for LJGTR Promote - Demote on June 1.

JIM DAVIES – Plugged the Camp Pendleton Stables work project scheduled for the next Saturday. Need a Real ID to enter the Marine Base.

CHRISTY WHITE BROOK – announced the Club President Promote-Demote scheduled on July 12. A “**must go**” for all members.

NEW MEMBER INITIATION **CAROLYN FRITZ** presided at an initiation of new member **DANIEL KISNER**. Dan's sponsor **MICHAEL SLENTZ** accompanied him. Club members applauded our new member, at that moment the “newest member of Rotary in the world.”

SPEAKER INTRODUCED **ERIK MJOEN** introduced **Dr. Justin Eldridge** who

was the principal force at University of California San Diego building the Data Science program. Dr. Eldridge is now the Vice Chair of Undergraduate Studies at UCSD.

His focus is Artificial Intelligence (AI) and he addressed the subject in such a way that the club audience and guests gained a significant increased perspective and appreciation for what AI represents, what it can do (now and prospectively) and what it probably can not do. He incorporated use of CHATGPT to demonstrate key points.

NOTE: the author of this report learned a lot but admits he still cannot truly understand it all. But I'm better now at faking how much I know. Thank you Professor Eldridge.

~Reporter

Michael Bardin

ROTARY USMC CAMP PENDLETON 2025



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PHOTOGRAPHY

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LJGT ROTARY LEADERSHIP 2024 - 2025

PRESIDENT Luke Ervin
VICE PRESIDENT Christy White Brook
PRESIDENT ELECT (2025-26) David Chong
PRESIDENT ELECT NOMINEE (2026-27) Tim Fronczek
TREASURER Sharon Council
SECRETARY Sandi Rimer
PAST-PRESIDENT Christy White Brook

ROTARIAN OF THE DAY

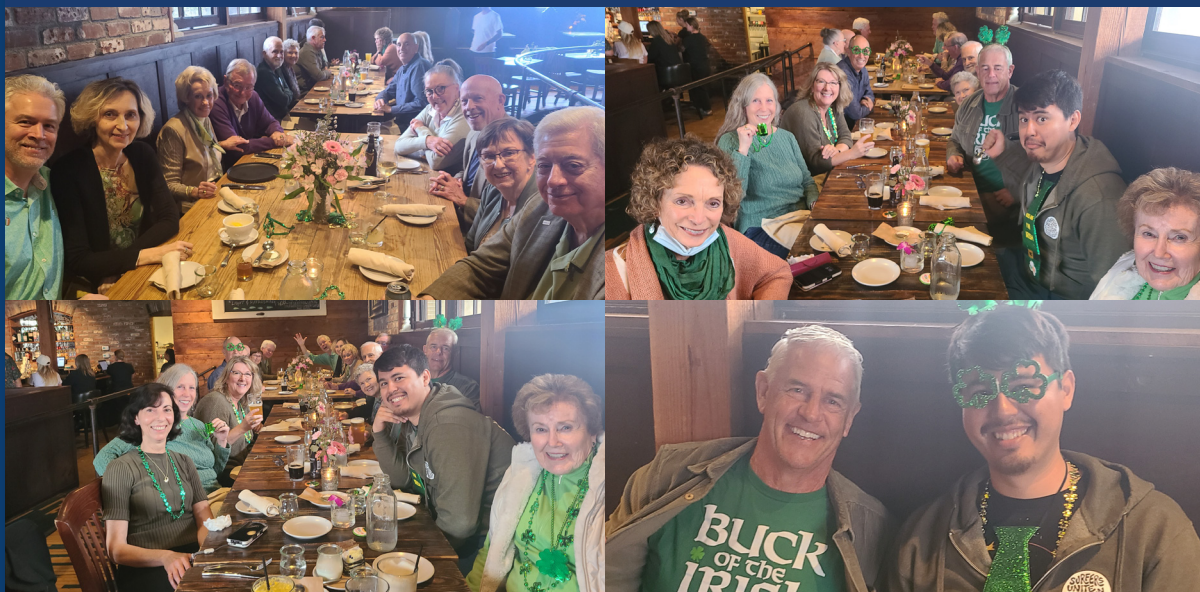


DOUG DEER

Doug is a 4th generation Rotarian born and raised in Springfield Ohio. Doug graduated with a degree in Chemistry from Kenyon College in 2012. Professionally, Doug works as a project manager and operational excellence administrator in the biotech industry. **Doug moved to San Diego from Washington DC in 2020 to be close to his wife's family and to start his own.** In his free time Doug enjoys spending time with his family, exploring San Diego restaurants, cooking, reading, surfing, running, cycling, and going to the movies.

Rotary Social at Tavern and the musical "Once"

Reporter: Lisa Galstian



MAY 2025

May 23 - Memorial Day / Rick Clark

JUNE 2025

June 6 - Nil Saric



Ellen BRYSON

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