

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 25, 2018

www.lajollagrotary.org



CLEAN WATER FOR SCHOOLS IN UGANDA



ROTARY:
MAKING A
DIFFERENCE

RI President 2017-18
IAN H.S. **RISELEY**

District 5340 Governor 2017-18
SCOTT C. **CARR**

LJGT Rotary President 2017-18
ALEXANDER S. **MONROE**

SPEAKERS AND EVENTS



JUNE 2018 - *SPEAKER*

01.....Marty Stanley
Navigating The New Reality

08.....Roger Mignosa
Find Balance, Heal Injury



Kathryn R. Ely, Ph.D.
Founder and Executive Director

QUENCH 
AND **CONNECT**

Kathryn Ely is a structural biologist with more than 25 years experience working in academia. Her laboratory determined the three-dimensional structures of many key proteins including immunoglobulins, transcription factors, and signaling molecules, using crystallography, nuclear magnetic resonance and homology modeling.

The basic discovery science that came from these studies has set the framework to understand key biochemical processes and basic mechanisms in human health, including immunity, cancer and neurodegeneration. Her work has been published

in more than 95 papers in first-tier scientific journals, and was presented at international conferences all over the world.

During her career, Kathryn has been a consultant for biotechnology companies, and has served on numerous review panels for the National Cancer Institute, as well as on the External Advisory boards of several academic centers. She mentored the next generation of scientists, since more than 30 graduate students and postdoctoral fellows from U.S., Europe and Asia trained in her lab.

Her international interactions

with scientists and students made her aware of the disparities in the quality of life in different countries, and especially in developing nations. Recognizing that the lack of clean water is a major impediment to good health, and that illiteracy and lack of technology hampers the standard of living, she began to see the need for an international program to provide water, health, and education to schools in developing nations like Uganda. In 2010, Kathryn turned her professional energy toward volunteer humanitarian outreach and established Quench and Connect to focus on these intertwined problems.



WWW.QUENCHANDCONNECT.ORG



MAY 2018

25.....Rich Papike

JUNE 2018

01.....Mike Roberts

08.....Kelly Price-Noble

REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT
FAIR TO ALL
CONCERNED?

03 WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04 WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

Mike Roberts was Rotarian of the Day. After the thought for the day, we had the Pledge. **Mike** was born in England and suggested we sing God Save the Queen. He has been in the U.S. for 22 years. He has been involved with the YMCA starting in London and has traveled to many places with the Y including Haiti, the Dominican Republic and Zimbabwe. He loves football or as we know it in America, soccer and has been a soccer coach for 30 years. He has worked with the homeless in this regard as well. His vast resume now leads him to helping develop and build a YMCA in Pacific Beach. He showed some photos of the architectural drawings of the building, as well as his global and local work. He has been married to his wife **Mary** for 20 years. ... **Marilyn Sanders** from the district office came to our club to present **Antonio Grillo-Lopez**, our past President with the Presidential Citation for Membership Growth for last year. Congratulations! She also congratulated us for having 2 full pages about The Camino de Santiago pilgrimage trip in the current Rotarian International Magazine. That is very impressive! ... **ANNOUNCEMENTS...** UCSD Volleyball-We need some more volunteers to play volleyball. Are you tall and like to play or just like to play? We need a few more ringers. Please contact **Alex Monroe**. ... Put the Promote/Demote on your calendar for Saturday, June 30th at 6pm. Sounds like it will be a blast! Sign up to attend and make out checks for \$30/person to LJGTRC and give to **Sharon** or **Antonio**. ... Clothing Drive to help the homeless, poor and needy. For the month of June,

our club will collect men's clothes including every day wear and clothes suitable for job interviews. **Rick Binder** volunteered to give his vintage collectible underwear. Thankfully the club will be purchasing new underwear and socks. Thank you for your generous donation **Rick**. Please give your donations to **Linda Wallis** or **Jan Bernardy**. ... **Rick Binder** announced that we will be electing New Board Members next week. If interested Please contact **Rick** to be put on the ballot. ... **Jacquie Reilly** announced that we will be serving lunch and dinner at Ronald McDonald House. Possible dates include dinner on Sunday, June 3rd and lunch on Sunday, June 24th. ... High 5 from **Alex** who coaches his son's Little League. First round of the playoffs there was a line drive and an unbelievable triple play. ... **ANNUAL EDUCATOR OF THE YEAR AWARDS...** **Bill Busch** called on members in the club for their favorite teacher. **Rick Clark** said one teacher or counselor said if he didn't shape up he wouldn't make it through college. He took it to heart and graduated with his degree in architecture. ... **Bill** did an amazing job presenting. Present at the meeting were the 4 honorees with family, friends and the respective principals or vice principals from each of the 4 schools. One of **Bill's** favorite parts is to be able to tell the principals what to do as he asked them to all stand to recognize them and then sit down at his command. Each honoree was presented with an award and \$500. ... The first award went to **Melinda Consuelo Prietto**. She is a Spanish Teacher at Stanley Middle School. She has

been teaching for 30 years and still loves her job. "I want to see my students grow as strong, confident human beings, not just in their Spanish skills but in their spirit." ... **Erin Patrick** is a Middle School Counselor at Pruess School UCSD. She has a caseload of over 500 students between 6th through 8th grade. She received her bachelors degree from Evergreen State College whose mascot is the Geoduck pronounced "gooeey" duck. **Bill** proceeded to recite the geoduck fight song and had us figure out what a geoduck is. She talked about being there to listen, care and talk to the students. ... **Jonathan Schuman** is a History teacher at La Jolla Country Day school and coach of the Mock Trial Team. One of his students told him he was 90% entertainment and 10% education. He wasn't sure if that was a compliment. He stated, "Education is nothing if the student is not engaged." ... **Aaron Pores** is an English/Arts Tech Teacher at University City High School. He is a lead teacher at the Arts Tech Academy and is the UCHS Teacher of the year for 2018. One excerpt from those who know him, "He is very popular amongst both students and staff as they envy his laid back style, coupled with his attention to detail and focus....." ... The meeting was jam packed with lots of people with lots to say. Unfortunately I had to leave before the meeting ended. ... **Disclaimer:** Please do not fact check this information. Information presented may be alternative facts, due to my wonderful note taking.





PHOTOS

from the last meeting



2018 EDUCATOR OF THE YEAR AWARDS



Once again I would like to acknowledge **Bill Busch** for doing a fabulous job with the program on Friday. A link to more photos from this event: <https://goo.gl/EVbYKy>



2016-17 Presidential Citation



Awarded to the Rotary Club of
La Jolla Golden Triangle

for helping Rotary make a difference in the lives of people all over the world.



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2017 - 2018

PRESIDENT Alex Monroe
PRESIDENT ELECT (2018-19) Rick Binder
PRESIDENT ELECT ELECT (2019-20) Kim Schafer
TREASURER Sharon Council
SECRETARY Beverly Fritschner
PAST-PRESIDENT/FOUNDATION Antonio J. Grillo-López, MD



UPCOMING
ROTD

JUNE 2018

01..... Krishna Aurora
08..... Pete Griffiths
15..... Steve Brown
22..... Wayne Davis
29..... Michael McQuary

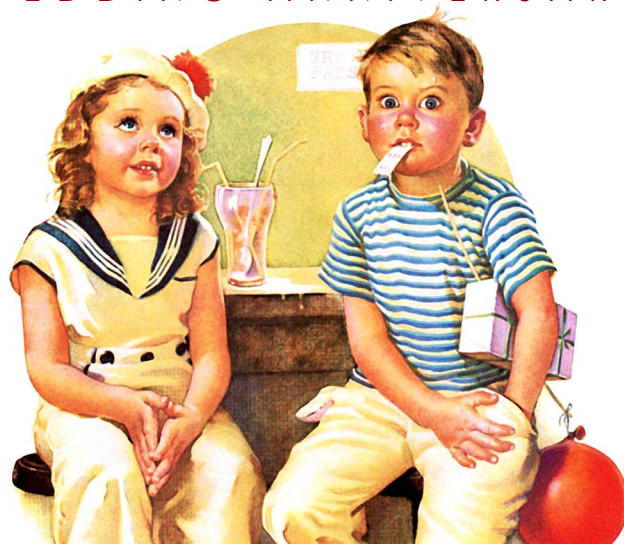


SUSAN SCHWARZ



ROTARIAN
OF THE DAY

48TH WEDDING ANNIVERSARY



It is my pleasure to “volunteer” to be May 25, 2018 Rotarian of the Day of the **Most Dynamic Rotary Club in the World!**

To bring you up to date since I last spoke to you in this capacity more than one year ago:

- **Michael** and I celebrated our **48th wedding anniversary** in March
- I entered a **new decade** this past November
- **Michael** will enter **¾ of a century** in June
- I leave the calculations up to you

Continuing, since December 30, 2013, I am still **officially retired** from the San Diego Community College District. I was employed there for 36 years and worked my way up from an entry level position to Dean of Library and Technology after earning my master's Degree. Approximately six months after my official retirement date my friends, and **Steve Brown**, told me that I am **flunking retirement**.

How am I flunking retirement you may wonder; well I will use my assigned five minutes to go into more detail. I will say now it involves **jail, education, and luck!** Hope that peaks your interest.

It has been a privilege and pleasure to be a member of La Jolla Golden Triangle Rotary Club, the **Most Dynamic Rotary Club in the World!**