

# THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 26, 2017

www.lajollagrotary.org



RI President 2016-17  
**JOHN F. GERM**

District 5340 Governor 2016-17  
**MARILYN SANDERSON**

LJGT Rotary President 2016-17  
**ANTONIO GRILLO-LÓPEZ**

## SPEAKERS AND EVENTS



### JUNE 2017 - SPEAKER

02.....Dave Rosenberg  
How to Create a Culture that Boosts Performance and Productivity

09.....Beth and Brad Thorp  
Mitchell Thorp Foundation

16.....Laura Mello  
Oasis Haven, South Africa - our response to the orphan crisis

23.....Dr. Bruce Kahn  
Mobile ODT and Rotary Teaming an Innovation to prevent cervical cancer

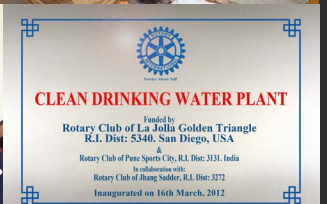
## KRISHNA ARORA

### A DISTRICT GRANT PROJECT THAT TRANSFORMED ME TO BECOME ROTARIAN FOR LIFE



Krishna and his wife, Bonnie, have lived in San Diego for the last 40 years. Engineer by profession, Krishna, over the years, has worked for such organizations as General Dynamics, SAIC, Oak Industries, TRW and Qualcomm. He retired from Qualcomm in 2002 as Director of Engineering. Although Qualcomm gave him his grey hair, he would never trade his 12 years there with any other company.

The retirement phase of his life has given him time to, not only, "smell the roses" but to also engage in activities that touch the lives of others. Family values have taught him to reach out to help others thru volunteer work and charity. He volunteers at Braille Institute; spent many years helping a catholic priest with MS get exercise; helped build a foot-bridge for the community of Qeros in the Peruvian Andes; sponsors two organizations in India engaged in basic education and vocational training for children from the slums. He feels very blessed and feels very fortunate to be able to help those in need! His life experiences have taught him to "Celebrate Life". It is all about living your dreams today, not just wishing for them in the future.

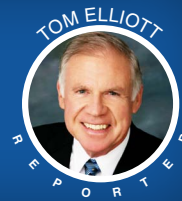




MAY 2017  
26 ..... Linda Andrews  
JUNE 2017  
02 ..... Jacquie Reilly

# REPORT

from last meeting



## THE FOUR WAY TEST OF THE THINGS WE THINK, SAY OR DO

### 01 IS IT THE TRUTH?

Things got off to a muddled start this morning. When one came to the parking structure it was required that the "Entrance" was the "Exit" then come to find out we had our room downstairs, but it was with a missing sign-in table. Also, the badge boxes were still in the locker and "Whoa" it even seemed like the room was backwards ... well it was!!! What's going on??? But, after everyone settled in with their coffee, things seemed to quickly return to calm.

Jan Percival was Rotarian of the Day and the Golden Rotarian had many of the highlights of Jan's history with our club. She talked about Journalism and how it has changed with the Internet. She said there is Journalism and then there is the Internet open to anyone with a story or an agenda. She also gave us some statistics of Journalists who have been and are still in prison because of what they published. So far this year 22 Journalists have been murdered. The killers have never been caught and likely never will be.

### 02 IS IT FAIR TO ALL CONCERNED?

Where is Rick Binder with the list of our visitors ... in fact, where is the sign-in list of our visitors??? LeeAnn Cusik to the rescue!!! Rick was not at the meeting and LeAnn found the list and then got drafted into the introduction of our visitors: Annett from England, Thomas a UCSD Rotaracter, and Dan Gold, a Trustee of the Hope Funds for Cancer Research.

### 03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

The Hope Funds for Cancer Research provides funding for several up-and-coming future research stars for the investigation of innovative cancer treatment and detection for the most difficult-to-treat and understudied cancers. Our club gave a \$3,000 check to Dan Gold for the organization. All 5 Rotary Clubs in La Jolla contribute.

### 04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

We had David Chong's brave wife, Sarah,

speak to us about David's very slow but steady progress. She related that David's doctors' have said he has 30 to 40 broken bones. His rib cage is shattered and not in alignment. She said that there are baby steps in his progress. David is still in the Intensive Care Unit and he is still in Critical Condition. Please continue to pray for David, Sarah and their family.

Sandi Rimer received a special award from our President Antonio. She was named Rotarian of the Month for the month of May for outstanding service to our club. Congratulations Sandi.

Then Antonio then gave out more "Thank You" cards (handcrafted ones no less) to those who have helped with their time and talent throughout the year. Those special people are as follows: Dory Beatrice, Louis Scotti, Jennifer Schaffer, Steve Brown, Mike Bardin, and Kim Schaffer. Congratulations and Thank You to all of you for the special contributions you make and have made to the betterment of our club.

Next week our speaker, and if I understand correctly, also our Rotarian of the Day will be none other than our own Krishna Arora, aka: "Mr. Whiskers". (He says that not having to shave saves him 15 minutes a day. Hmmm ... Krishna, if you shave again try a sharp blade.) President Antonio has declared next Friday "Arora Day". So, don't miss this program, it should be a good one.

Three gift cards were put up to be auctioned and there was quickly a suggestion that the funds go to Sarah Chong. The bidding quickly ramped up and netted \$220.00. Very Nice everyone.

Please also pray for a safe and successful journey for Fary and her upcoming trip to Ethiopia. This trip is being funded with a Rotary Grant thanks to the help of Peggy Martin

in pushing it through the channels.

Announcements: Bev Fritschner: The Promote/Demote Party will be June 24th at the Braille Institute starting at 6:00 pm and it will be a dressy affair with Black Tie Optional. The July 4th BBQ and Fireworks Show will be at her house again this year ... more to come. Stand-In for Brett: The Red Shoe Day to help Ronald McDonald House from 6:30 am to 9:30 am on May 24th. Meet at La Jolla Parkway and Torrey Pines Road. Contact Bret for all details.

In our Program today we heard from Andrew Johnson of the American Cancer Society. Eight Million people die of Cancer every year. But there are more survivors than ever. He talked of the Society's funding of researchers who have become experts at identifying Cancer early on. Forty-seven of these have become Nobel Laureates. The Society has committed \$4.3 Billion to research in the past and will double that in the next 5 years. The goal by one of their lead researchers, Xiaoting Zhang is to "try to lull Cancer to sleep".

Our speaker gave a shout out to Antonio and his contribution to the development of Rituxin and how it helped his sister become a 5 year Cancer survivor. He talked of the terrifying effects Cancer has on victims and families and how the Society help with many support programs. Finally he told us of "Hope Lodge" which provides housing for families of those affected by Cancer. The housing program is very similar to the Ronald McDonald house program.

Then we had the usual litany of jokes and funny saying from our esteemed President Antonio and the meeting was closed.







# PHOTOS

from the last meeting





# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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www.LaJollaGTRotary.org

## LJGT ROTARY LEADERSHIP 2016 - 2017

PRESIDENT ..... Antonio J. Grillo-López, MD  
PRESIDENT ELECT (2017-18) ..... Alex Monroe  
PRESIDENT ELECT ELECT (2018-19) ..... Rick Binder  
TREASURER ..... Sharon Council  
SECRETARY ..... Rick Binder  
PAST-PRESIDENT/FOUNDATION ..... Beverly Fritschner



### UPCOMING ROTD

#### JUNE 2017

Pete Griffith ..... 02  
Dory Beatrice Griffith ..... 09  
Father Wayne Sanders ..... 16  
Rich Papike ..... 23  
David Chong ..... 30



I was born and raised near Oslo, Norway where I spent the first 20 years of my life. Despite the lutfisk and cod liver oil, Norway was a wonderful place to grow up and I still have a lot of friends and family there whom I visit every year. With a Norwegian father and American mother I have always had strong cultural and family ties to both countries and I have also enjoyed the benefits of having dual citizenship and being bilingual.

In 1996 I made my way to the great Northwest to get the American college experience. I attended Western Washington University in Bellingham, WA just south of the Canadian border where I got my Bachelors Degree in International Business. This is also where I met my Swedish wife Anne. It was the ultimate collision of culture and religion. Norwegian Skier meets Swedish Snowboarder! Fortunately, following substantial diplomatic efforts our relationship was recognized by all countries involved. After college Anne was accepted to graduate school in San Diego to pursue her doctorate degree in clinical and industrial organizational psychology. Figuring that San Diego wasn't the worst place to live for a while I happily followed her down here.

Around the same time I had the opportunity to start up the US subsidiary of a Swedish recruiting firm. Cesab International was established in San Diego in 2000 and is a boutique search firm focusing on recruiting key technical and management talent primarily within hi-tech industries such as wireless and mobile, software, semiconductors, and enterprise solutions. Recruiting and management of daily operations continues to be my occupation for over 15 years now.

I have always had an active lifestyle and my interests include skiing (mandatory for all Norwegians), surfing, golfing, hiking, sailing, camping, the outdoors, home brewing, spending time with friends, traveling, and of course Rotary. My daughters Linnea (10) and Elise (8) have grown up as part of the Rotary family. They attend Longfellow K-8 Spanish immersion school and are fluent in 4 languages now.

Whether it's coaching soccer, chasing my girls on skis, or packing the car for our next adventure much of my energy is dedicated to keeping up with my high octane Viking girls. Anne and I continue to enjoy calling San Diego home and will be celebrating our 12th wedding anniversary in July.



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