

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

NOVEMBER 02, 2018

www.lajollagrotary.org



BE THE INSPIRATION

RI President 2018-19
BARRY RASSIN

District 5340 Governor 2018-19
MEL GALLEGOS

LJGT Rotary President 2018-19
RICK BINDER

SPEAKERS AND EVENTS



NOVEMBER 2018 - *SPEAKER*

09..... Alex Mazloom
Financial Literacy Through Character Development

16..... Georganne Irvine
San Diego Zoo

23..... DARK
Thanksgiving

29..... Mike Arms
Helen Woodward



Matthew Hall

Editorial and opinion director of the UT

Matthew T. Hall is the editorial and opinion director at The San Diego Union-Tribune, where he has worked since 2001. He manages the Ideas and Opinion section, writing and editing editorials, and overseeing a Pulitzer Prize-winning cartoon, op-ed commentary, letters to the editor and a blog called "The Conversation," which shares the news of the day in dynamic ways using social media. He previously managed the newsroom's social media and before that was a columnist and a reporter. He is a board member and past president of the San Diego chapter of the Society of Professional Journalists and also a national SPJ board officer as its 2018-2019 secretary-treasurer. This week, he was honored by the San Diego Press Club with its 2018 Jim Reiman Enlightened Management Award for Outstanding Media Management, the antithesis of the "Dilbert Award."



NOVEMBER 2018
02.....Alex Kirkpatrick
09.....Dory Beatrice

REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

02

IS IT
FAIR TO ALL
CONCERNED?

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

HERBERT J. TAYLOR

Our own devilish president, Rick Binder, who sported some glowing horns to kick off the festivities, ushered the Halloween edition of our weekly meeting in.

One of our newest young professional members, Dr. Kaci Madden, was our Rotarian of the Day. Kaci told us about her high flying Air Force parents, who seem to have raised a daughter who is remarkably down to earth. Having almost followed in her parents' footsteps and attended the Air Force Academy, Kaci was inspired to follow a different path after she saw how chiropractic medicine helped to heal her young sister. Kaci pursued her new passion and attended the University of Florida. After finishing her studies, she moved to Kauai to begin her professional career. Kaci practices a specialized form of chiropractic medicine, called upper-cervical chiropractic medicine, which focuses on healing the nervous system. Fortunately, for us, she recently moved to San Diego and has been living here with her husband, Nick. They just celebrated their one-year anniversary and are planning on welcoming a new addition to the Madden

family in April 2019. We are sure that baby Madden will be warmly welcomed into the Rotary family.

As we cheered the creation of new life, we were also reminded that life is not forever and were treated to the video prepared by Rick Clark that celebrated the life of Margaret "Meg" Adams. Rick showed us glimpses of a fantastic person who lived a full life and who made an impact on those around her. The warmth of her soul shone through her bright smile and those who knew her will remember her well.

Michael Slentz paved the way for our weekly guests. Rick Binder introduced his long time friend Ray. Jacquie Reilly introduced Tiffany, a Rotarian who recently moved here from Orlando and is looking to join another club. Christina, a returning visitor, came back to see us and we had a visiting Rotarian, Nick Higgins from New Malden, England. Our resident Rotoractors from UCSD was also present.

Rick Binder then turned auction master and auctioned off some sports tickets that were generously donated by Kevin Carlson.

Our presentation was put on by Susan Taylor, Director of External Affairs for Scripps, who told us all about the innovative ways that technology is being used to improve the quality of medical care. Scripps is on the forefront of developing and utilizing new technologies to help physicians provide better surgical, diagnostic, and rehabilitative care, and to help patients heal better and monitor their own health. From technology that helps doctors monitor a patient's heart rate from across the globe to handheld smart devices that help patients track their blood sugar and activity levels, pioneering medical technology will certainly help to make healthcare more effective and efficient.

Rick Binder closed out the meeting with a lesson on the origins of a word primarily used on golf courses. For the sake of our readership, we will only say that the story may have smelled a bit funny.



PHOTOS

from the last meeting



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2018 - 2019

PRESIDENT Rick Binder
PRESIDENT ELECT (2019-20) Kimberly Schafer
PRESIDENT ELECT ELECT (2020-21)
TREASURER Sharon Council
SECRETARY Nancy Gatschet
PAST-PRESIDENT/FOUNDATION Alex Monroe



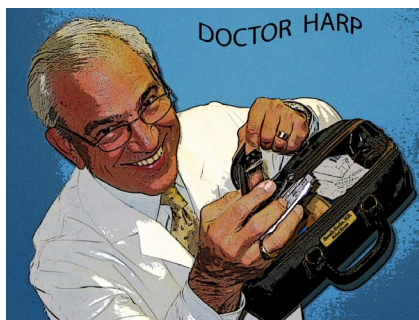
NOVEMBER 2018

09..... Diane Day
16..... Bill Busch
23..... Dark
30..... Open

DECEMBER 2018

07..... Eric Freeberg
14..... Rick Clark
21..... The Cogs?
28..... Dark

ROTARIAN
OF THE DAY



Dr. Dennis Bucko

Carroll Dennis Bucko was born December 19, 1941, in West Springfield, Massachusetts and was educated in the public school system. In high school Dennis was junior and senior year class president 2 years and participated in soccer, track and the marching band as well as in a small Dixieland band as a trumpet player. Dennis received a Bachelor of Arts in chemistry from American International College and served as class President and was selected to give the graduating class oration. He received his M.D. degree in 1967 from the University of Vermont. Dennis also met and married Sally Clerkin while in Vermont and they have three children (Dan, Wendy and Sarah) and seven grandchildren.

In 1968, after a year at Rhode Island Hospital/Brown University as an intern in Surgery, Dennis was commissioned as a Lieutenant Commander in the Public Health Service and served for two very cold but exciting and rewarding years stationed in Alaska. After a four year General

Surgery residency at the University of Utah, and a two year Plastic Surgery residency at the University of Michigan he was board certified in Plastic Surgery in 1977 and stayed on at the University of Michigan for five years as Assistant Professor of Plastic Surgery while maintaining a part-time private practice with the chairman of the Section of Plastic Surgery at the University of Michigan.

In 1981 the Bucko family moved from the "rust belt" to the "sun belt" in La Jolla, California. Dennis started his own full time private plastic surgery practice, after spending three years at Scripps Clinic developing their satellite plastic surgery programs. Dr. Bucko has continued to teach as a clinical Assistant Professor of Plastic Surgery at UCSD for over 35 years. He has also volunteered on cleft palate teams in the United States and in Mexico, as the leader of Southwest Medical Teams program in Oaxaca, Mexico in 1992, and as a surgeon on the Rotary- connected Mercy Outreach Surgical Teams

(MOST) trips to Mexico for the past fifteen years. He is also a board member of M.O.S.T.

His leisure time activities include playing guitar and harmonica (especially blues style) with the Rotary band, California Cogs. He also enjoys tennis, kayaking, sailing and scuba diving. Dr. Bucko joined Rotary in 1987 and has been a long-time member of the La Jolla Golden Triangle Rotary International Service Committee and was elected to the LJGT Rotary Board in 1997.

Dennis has apprenticed with A. Wasil, a professional sculptor, working on heroic size bronze pieces placed locally over the years. Dennis has displayed his own bronze piece in the La Jolla Contemporary Art Gallery and in his office. His works have sold locally. His most recent unfinished work is a representational style bronze of the "Virgin of Guadalupe", in one half scale, commissioned to be placed in the Mercy Hospital Clinic lobby when completed.