

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

OCTOBER 27, 2017

www.lajollagrotary.org



**ROTARY:
MAKING A
DIFFERENCE**

RI President 2017-18
IAN H.S. RISELEY

District 5340 Governor 2017-18
SCOTT C. CARR

LJGT Rotary President 2017-18
ALEXANDER S. MONROE

SPEAKERS AND EVENTS



NOVEMBER 2017 - SPEAKER

- 03..... Heath Fox
Memories of the Future (Ex Dir, LJ Historical Society)
- 10..... Nancy Montejano
Vision of Children Foundation
- 17..... Jenny Dowd
Understanding Food Allergies
- 24..... Dark - Thanksgiving

JCompany Youth Theatre

and our RANDOM ACTS OF CULTURE Program



JOEY LANDWEHR

Joey Landwehr is the proud Artistic Director for JCompany Youth Theatre. Joey has won over 40 awards for his work with young artists in San Diego, including a special creativity award for shaving his head with his lead in THE KING AND I, Yul Brynner style, and raising over \$10,000 for Rady Children's Hospital's Cancer Unit - earning him the title Joey "Do Anything For The Arts" Landwehr.

Joey moved to San Diego after being a professional actor and director in New York City working on and off Broadway, national tours, regional theatre and directing and soloing at Carnegie Hall. Joey received his MFA in acting and directing from The Ohio State University.

Since moving to San Diego, Joey has worked for the San Diego Performing Arts League as Membership and Community Development Director; in 2007 he received the "40 Under 40" Award from San Diego Metropolitan Magazine for outstanding leadership in the arts.

Joey was also honored as the 2011 Newsmaker in the Arts. In 2016, Joey was further recognized when the City of San Diego proclaimed October 18th Joey Landwehr Day.

VISIT US
AT
SDCJC.ORG

Disney's
THE LION KING
WE ARE ALL CONNECTED IN THE GREAT CIRCLE OF LIFE

JOEY LANDWEHR, ARTISTIC DIRECTOR
JCOMPANY
YOUTH THEATRE
25TH SEASON

OCT 20-NOV 5, 2017



OCTOBER 2017
27.....Jan Bernardo
NOVEMBER 2017
03.....Dianne Day
10.....Alex Kirkpatrick;

REPORT

from the last meeting



THE FOUR WAY TEST OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

HERBERT J. TAYLOR

OCTOBER
BIRTHDAYS

JACQUIE REILLY 11

BRETT MOREY..... 13

FRANK MCGRATH 15

NANCY GATSCHET 19

TOM HINTON..... 25

ROMIK KESIAN 30

The weekly La Jolla Golden Triangle Rotary meeting was called to order by President Alex Monroe on or about 7:30; ROTD Ron Kohl led us in a lovely prayer and pledge to our flag followed by beautiful and fun photos of the Ensenada work and play party. He thanked Eric Mjoen, Jim Frost, Tony Grillo, and Jim Davies for their efforts to make this event such a success. This writer is in awe of the project that Ron started during his presidential term; it continues to grow and, I know, inspire other members to create projects that support our Rotary mission. This past weekend 88 members, family, UCSD, and SDSU Rotaractor's supported this project. Past President Antonio Grillo-Lopez acknowledged Ron's efforts with another Paul Harris Fellow.

New member Michael Slentz welcomed Rotarians and guests that included Charter Member, Past President and childhood friend Daniel Metrovich, honorary member Marin Grillo, Antonio's bride, Maria Grillo, Ron's significant other Lettie Schmitt and interested in Rotary guest Bob Brown. Like other recorders, too many Rotaract students to name, but I continue to be impressed that they rise early to join those of us living out our last 8000 hours—keep reading!

Cynthia Villis introduced us to Danielle, a former Rotaract student from USD who has just finished her degree and is seeking employment—please contact Cynthia if you are able to help counsel and/or direct this young lady as she starts her career—and potential Rotarian!

Daniel Metrovich shared with us his journey to writing his new book *Forever at the Finish Line* about the New York Marathon. He helped create the statue of Marathon founder Fred Ledbow which is moved the finish line of the annual race. Daniel presented a replica of the statue to our own Dr. Keith Jeffers, avid runner, and long time member of the club—hope we see more of you Keith. Daniel is running his fourth New York Marathon this year—good luck Danny!

Random announcements followed with Antonio sharing that all his family members and safe and accounted for in Puerto Rico. He also reminded us of the Open House this Sunday at Andres on Morena Blvd. from Noon - 5.00 PM; your donation of \$20 will go toward supporting Puerto Rico. He also announced the other event we are sponsoring on November 12 from 2.00 - 5.00 PM at USD. Puerto Rican music, appetizers, and a paddle auction are all part of the day's event. The money will go directly to Rotary Clubs who, in turn, will provide direct support to those in need. Tickets are \$30.00. Information to purchase tickets will be announced the first part of the week. We already have provided \$30K to Puerto Rican clubs to support a nursing home and another home for abused women.

Jacque Reilly collected books and money for the children's books project headed by Linda Andrews. Lisa Galstian announced the upcoming Eric Freeberg wine auction on November 3. Eric has requested that a minimum of \$1,000 in tickets be purchased—I think there was also some other legal verbiage—must be 21 to enter, do not need to be present to win, and must like fine wine!

Aztec and Rotaract member Jayden Willis shared with us that over 2500 SDSU students do not have the financial means to purchase food during the semester. He is working with the San Diego Food Bank to provide up to 500,000 pounds of food for these students. He also challenged us to a match our donations up to \$500; the generosity of our members gave him \$432 toward his goal.

Again Dan Metrovich came to the podium, this time as auctioneer. A beautiful pen, ink and water color painting of the California Tower in Balboa Park, painted by our own Rick Clark was sold first to our auctioneer then to Brett Morey. Some money seemed to change hands -- I think something about Daniel giving Brett the art who they paid his \$150 bid and Daniel giving his \$200 bid to our Puerto Rico effort.

Tom Elliott gave a High-5 celebrating Frank McGrath's birthday—and then a joke about a talking frog in his pocket but Frank preferring the frog to a beautiful woman—but then Frank does have his own beautiful woman, Jean. Andrea Brannan gave a High-20 giving best wishes on the recent marriage of Linda and Steve Wallis and great appreciation to Ron, since after the Ensenada trip they decided to go to an open house in El Cajon—which they purchased and are closing on it in a couple of weeks. Me thinks a house warming party is a terrific idea! Peggy Martin and her son just returned from a trip to Viet Nam and Cambodia. Marty Rosenstein, with 42 years in Rotary, commented on our past president Bonnie Brunner who recently passed away and how important she was to our club. Denny gave \$5.00 to his other brother—same hair style—or hairless style—Daniel Metrovich; Alex gave \$20 in appreciation for the SDSU football tickets from Jim and Pam Davies.

Our speaker Clinton Mains gave a most interesting presentation about the MIT Agelab Project which is focusing on the alignment and overlap of infrastructure, information and institutions, and their impact on quality living. For those of us of a certain age, we have about 8000 days to change the world and the way older people are living their lives. He shared with us that BMW is doing research to determine what kind of features the older (I guess that includes me) generation wants in their cars in 10 years. Personally a cute young driver would work!!!!!! I think his topic got us all thinking about how we are living our lives. As a baby boomer, I am confident that we will continue to change the way the world looks at age—and this baby boomer hopes to continue to defy the statistics!!!

Alex, gently pushed our speaker off the stage so he could close the meeting with the music of Clash—Should I Stay or Should I Go—and ending with Arrowsmith—Dream on. Great meeting Alex!



PHOTOS

from the last meeting



R O T A R Y • W I N E • R A F F L E



GENEROUSLY DONATED BY
**ERIC & SANDY
FREEBERG**



WINE



4 CHANCES TO
TO WIN!

1 ticket \$10
3 tickets \$20
9 tickets \$50

Nov.
03

Each prize has 6 bottles of wine
WORTH \$125

Tickets go on sale starting
Oct. 27th

Great for the upcoming Holidays!!!
* You do not need to be present to win.

La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2017 - 2018

PRESIDENT Alex Monroe
PRESIDENT ELECT (2018-19) Rick Binder
PRESIDENT ELECT ELECT (2019-20)
TREASURER Sharon Council
SECRETARY Beverly Fritschner
PAST-PRESIDENT/FOUNDATION Antonio J. Grillo-López, MD



UPCOMING ROTD

NOVEMBER 2017
03..... Linda Stouffer Wallis
10.....Jacquie Reiley
17.....Rick Binder
24.....DARK
DECEMBER 2017
01..... Nancy Gatschet



DAVID CHONG



Legit: an hour ago Honorary Rotarian and my son Danny asks, “So dad, when are we doing our next Rotary trip?” He is still glowing from our Rotary project in Ensenada a couple weeks ago. We are a family in love with Rotary.



Since the Chargers scooted and my daughter Alyssa just started a dual degree program at Notre Dame and St. Mary’s College, I’m joining my twinsie & Jr President Alex Monroe in leaping on the Fighting Irish bandwagon (good year for it, right?). My daughter Kira volunteers at Grossmont Hospital on Saturdays, and she and I are aiming at a New York trip together in February (any suggestions for activities?). Danny is into his martial arts classes & hiking & camping with me. Clara draws and walks all the time, walking laps around our pool at 5am this morning. My wife Sarah is the Principal at San Diego Cooperative Charter Schools, www.sdccs.org and organized a fabulous peace walk last month.

My company consults on all questions related to senior care, provides in-home care, and specializes in supporting seniors to age in place. Company info is www.CoastCarePartners.com, my bio is at <http://www.coastcarepartners.com/our-team/>, and we just launched new branding and website if you’d like to take a look.

Twenty years ago I started in senior housing and am currently involved in the renovation and conversion to

assisted living of the historic Bay View Hotel at Island & Park downtown. I have been consulting on the project for a year and have recently been raising equity. This is the most recent info that is publicly posted: <http://www.shaperyenterprises.com/Projects/HistoricRenovations/PalmsHotel/index.shtml>

Yes, I was the one warming up the hospital bed at Scripps Memorial for Dory Beatrice. The car accident in May left me with 42 some fractures, collapsed lungs and damaged heart. After nearly one month in an induced coma, surgeries, what must have been thousands of prayers, and boatloads of Fentanyl, I made it home for Sarah to be my full time Caregiver and handle all of my activities of daily living. LJGTR visited, kept my tropical fish alive, recorded and produced an amazing video, and supported Sarah. With this Big Event for me and my family, I will **NEVER, NEVER** forget how this community was there for me in a Big Way when I needed it the most.

Thank
you.



ROTARIAN
OF THE DAY