

THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

OCTOBER 3 2025



BENJAMIN SMARR, PHD

ASSOCIATE PROFESSOR OF THE SHU CHIEN-GENE LAY DEPARTMENT OF BIOENGINEERING
AND THE HALICIOGLU DATA SCIENCE INSTITUTE UC SAN DIEGO



AI'S IN NEVER NEVER LAND: REIMAGINING SLEEP CARE IN THE DIGITAL AGE

RI President 2025-26
FRANCESCO AREZZO
District 5340 Governor 2025-26
LUIS R. CARRANZA
LJGT Rotary President 2025-26
DAVID CHONG

AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee
(follows club meeting)

2nd Friday of the Month..... International Services Committee
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee
(follows club meeting)

4th Friday of the Month.....Peace Committee
(follows club meeting)

Dr. Benjamin L. Smarr, Ph.D. Neurobiology, is an associate professor at UCSD's Shu Chien-Gen Lay Department of Bioengineering and the Halicioglu Data Science Institute. His work leverages his domain expertise in biological rhythms and neuroendocrinology to uncover patterns in diverse sets of IoT time series data that carry actionable information to impact physical health, mental health, and performance.



In 2020 he became the technical lead of the global collaborative TemPredict study, which developed algorithms for early detection of COVID-19 infection, and unique cyberinfrastructure to serve rapid, collaborative explorations of population-scale, personal time series data.

Leveraging these data and others, the Smarr lab focuses on applications in women's health and aging, and technical development in service of debiasing algorithms, increasing participant engagement, and accelerating the emergence of precision health care for individuals and populations alike.





REPORT

from the last meeting



UPCOMING SPEAKERS



2025

OCTOBER - SPEAKER

17.....Scott Lewis
Editor, Voice of San Diego

NOVEMBER - SPEAKER

7.....Rick Clark
2025 Honor Flight

President David Chong called the meeting of the most dynamic Rotary Club in the world to order At 7:30 AM.

ROTARIAN OF THE DAY

Dr. Dan Kisner introduced himself to the club with a brief discussion of his career as a physician, internist and medical oncologist having been trained at Georgetown University. His post training work focussed on new drug development clinical trials at the National Cancer Institute and then at the University of Texas in San Antonio as a tenured academic. Strong interest in new drug work led him to join the pharmaceutical industry and spend five years in Europe (Paris) leading a multinational clinical research organization. He and his wife, Rosette, then returned to the US to a position near Chicago leading all of drug development for Abbott Laboratories. After several years they moved again to San Diego County and he entered the biotech community in 1991. He has been in and around that community ever since with roles as a corporate president and then as a CEO followed by roles on boards of directors. As those roles are now gradually ending he is turning to volunteer activities including our Rotary Club. He introduced his family via a photo and comments on both of his children. His son is a talented musician and sound engineer and his daughter a writer and educator with many publications in the New York Times Magazine and a tenure track position at Bowdoin College. His wife, now separated, is a retired educator at USD and very active in volunteer activities including recently having the role of president of the League of Women Voters in North County. He is involved with several other volunteer groups but mainly focussing on activity in our Rotary Club.

GUESTS

Tim Fronczek introduced **Josh** who was helping that day with the audiovisual work in Marie's

absence.

David introduced **Augustine Richardson** brought by **Ricky Villa**. Augustine is a member of the Chamber in the South Bay and works in real estate and real estate investment .

The next introduction was a visiting Rotarian from the Chula Vista East Lake Club, **Anthony Milliken**. He indicated that Ricky had invited and recounted his work with a foundation supporting children and Hospital Infantile in Mexico.

Lastly David introduced **Alejandra Turnero**, a social media intern for Crimestopper and a third year student at UCSD.

ANNOUNCEMENTS

Rich Papike announced the sale of his east county home after a year on the market and donated \$100 to the Club.

Brett Morey gave a high five for **Ajay Asher** for doing a fine job on the newsletter and helping with print jobs for Surfers Unite.

Alex Monroe announced the annual financial summit at the Oasis with participants from Blackstone and the Institute of Americas.

Jan Percival, gave a high five for her daughter getting a new job at JOB doing drone testing.

Ron Kohl reminded us of the upcoming Ensenada work project next month and indicated the bus to be full but members could still sign up to self transport.

Janine Pack discussed the status of the Wreaths Across America effort and plans to place wreaths at the Miramar National Cemetery on December 13. She also showed a video highlighting the program.

SPEAKER OF THE DAY

Christy White Brook introduced **Dr. Divya Kakaiya** the Founder and Director of the " Healthy

Within Neurofeedback Center" in San Diego. Dr Kakaiya is a member of the Board of Directors of Crimestoppers in San Diego and addressed the Club on the work of that organization. She explained that the organization had a president, a board of directors and two law enforcement coordinators who were detectives from the SDPD and the Sheriff's department. The officers field tips from the public and review reports of crimes from multiple agencies. This way the organization can decide whether to get involved directly in the situation. Dr. Kakaiya particularly emphasized the effectiveness of Crimestoppers in evaluating tips regarding potential school violence and violence prevention. Overall Crimestoppers has solved/helped solve 6500 felonies, 167 homicides, 818 robberies, and 1152 thefts. They have a program called Students Speaking Out that collects tips from students about school related drugs, alcohol, violence and bullying that plays a large preventative role. She provided many examples of successful interventions made possible by Crimestoppers efforts and excellent relationships with schools.

Questions and answers covered several topics including human trafficking.

David Chong closed the meeting indicating that we will have only one regular meeting in November on the 7th and it will feature **Rick Clark**. It will celebrate Veteran's Day. There will be a third meeting in October on Halloween with costumes encouraged but optional. There will also be an international Zoom meeting on October 23 featuring a speaker who is president of the University of Jerusalem speaking on the perspective from inside Israel.

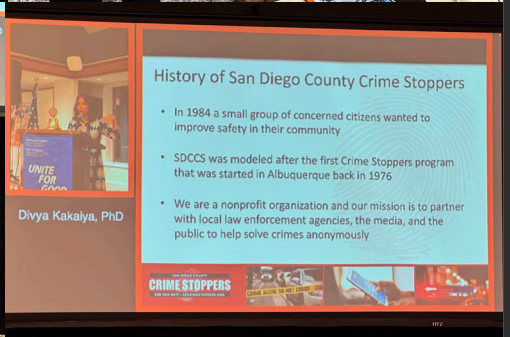
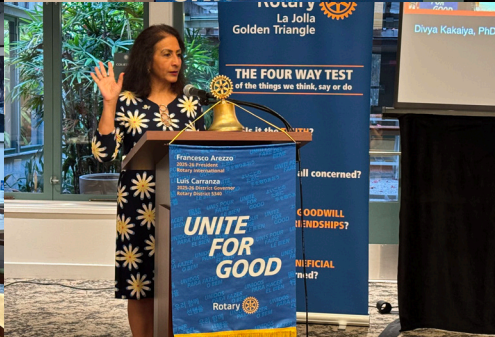
As usual it was another dynamic LJGT Rotary meeting.

~Reporter

Daniel Kisner



PHOTOS FROM LAST MEETING



(760)783-9547
Da.mariarenteria@gmail.com

REPLICA
DIGITAL PRINT & COPY

Tel: 858.457.9500
Fax: 858.566.4677
7060 Miramar Rd, Ste101
San Diego, CA 92121
Miramar Crossings/Next to Starbucks
ajay@replicasandiego.com
orders@replicasandiego.com
www.ReplicaSanDiego.com

La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2025 - 2026

PRESIDENT David Chong
VICE PRESIDENT Christy White Brook
PRESIDENT ELECT (2026-27) Timothy Fronczek
TREASURER Sharon Council
SECRETARY Lisa Galstian
PAST-PRESIDENT Luke Ervin

ROTARIAN OF THE DAY



**DORY
BEATRICE**

- Born and raised in Brooklyn, New York.
- Moved to Colorado and eventually San Diego.
- Opened counseling practice for individuals and couples going through difficulties. Continued for 40 years!
- Got very involved in volunteer work with Tibetans in exile in India. Went to India to set up volunteer program.
- Rotarian Michael Mc Quarry was one of the first volunteers I placed there.
- A friend suggested I Join Rotary. I said, "Isn't it an old boy's club?"
- 25 years later, I'm still here.
- I love international service. Favorite international projects in India, Bolivia, Lithuania.
- Also concerned about our kids being too insulated from the bigger world out there—so Marty Rosenstein and I started the first Model United Nations program in Rotary.
- Delighted that the kids were bringing up global issues at the dinner table.
- In 2009 I married fellow Rotarian Pete Griffith, a charter member of our club, and a past president.
- In 2010-11 I became Club President.
- Since 2018 been working with older club members on how to support each other in aging well. We are the Village Rotarians.
- So clearly Rotary has been a very significant force in my life, and I am very grateful for it. Long Live Rotary!



OCTOBER 2025

October 17 - Stephen Tako

October 31 - Krishna Arora

NOVEMBER 2025

November 7 - Ron Kohl



Ellen BRYSON

REALTOR® | CaIRE#: 01788786
C: 858.945.2522
ebryson@san.rr.com
ellenandwendyrealestate.com



**"Encouraging
Future
Peacemakers"**

www.MotivatedToAct.org

