

# THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

SEPTEMBER 07, 2018

[www.lajollagrotary.org](http://www.lajollagrotary.org)



**BE THE INSPIRATION**

RI President 2018-19  
**BARRY RASSIN**

District 5340 Governor 2018-19  
**MEL GALLEGOS**

LJGT Rotary President 2018-19  
**RICK BINDER**

## SPEAKERS AND EVENTS



### SEPTEMBER 2018 - SPEAKER

14..... John Decker  
How KPBS Uses Local Programming to Build Community

21..... Alex Mazloom  
Financial Literacy Through Character Development

28..... Mark James  
Emerging Employment Trends: The Coming Labor Shortage

### OCTOBER 2018 - SPEAKER

05..... Jim Reynolds



*Rob Hutsel is the President and CEO of The San Diego River Park Foundation.*

He has been with the organization since it was established in 2001 and overseen its growth from an all-volunteer organization to more than 40,000 supporters.

Under his stewardship, the organization has received local, state, national and international recognition for its programs including being named the non-profit of the year in 2017 in California.

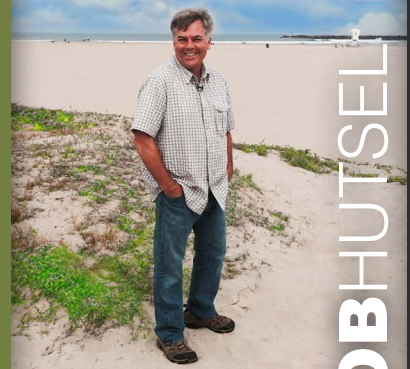
Rob is a native San Diegan where he grew up in Point Loma. Rob attended UC San Diego where he studied Urban Studies and Planning. He has been a guest lecturer at UCSD, SDSU and at several international, national and state conferences.

In 2008, Rob was named by the River Network as the National River Hero for his leadership with the River Park Foundation and his more than 20 years of working on river and ecosystem issues in San Diego.

More recently, Rob received the prestigious Stroud Award from the San Diego Fly Fishers. Currently, Rob serves on the board of the California Watershed Network and Southern California Open Space Council, as well as on the California Urban Streams Partnership Statewide Steering Committee and represents District 4 on the County of San Diego Park Advisory Committee.

As President and CEO of the River Park Foundation, Rob oversees strategic planning, land acquisitions, park planning and special projects for the organization.

Rob is known by many as “River Rob” for his passion and dedication to creating a better future for the San Diego River and his work to improve the quality of life in San Diego.



**ROBHUTSEL**

[www.SanDiegoRiver.org](http://www.SanDiegoRiver.org)



SEPTEMBER 2018  
07..... Ellen Bryson  
14..... Lee Ann Cusick

# REPORT

from the last meeting



## ROTARY WELCOMES A NEW MEMBER



## KACI MADDEN

Originally from Florida, Dr. Kaci Madden is a die-hard Gator fan. After graduating from the University of Florida in 2011, she took a year off to travel Europe before completing graduate school to receive her doctorate in Chiropractic from Parker University in Dallas Tx. ... Dr. Madden was inspired to become a chiropractor after seeing how chiropractic helped her youngest sister walk. Dr. Madden loves the outdoors - she enjoys hiking, playing beach volleyball, and basically anything involved with sunshine! She is passionate about living an active lifestyle and aiding individuals and families to become healthier in order to help create a thriving community.

On the eve of Labor Day weekend, the Most Dynamic Rotary Club in the World convened for another rousing Friday morning. **Kelly Price Noble** was the Rotarian of the Day and started out the meeting by reminding us that, *despite what happens to us, we should be kind, honest, and try to succeed anyway.* She then gave us an impressive presentation of her family history, one of great men and women who have achieved great things in science, medicine, and other occupational endeavors in service of our country. **Kelly** also reminded us of her own tireless work and, based on her daughter's academic success, the future looks bright for the **Price Noble** family. While **Kelly's** presentation *may have made some in the Club feel slightly inadequate,* **Rick Binder** reminded us of his own triumph for the day in that he had managed to put on his trousers that morning, something for which we were all grateful.

**Michael Slentz** announced our guests, including two young ladies from Afghanistan who are studying in the U.S. and who were guests of Dr. Dennis Bucko.

As for the announcements, **Brett Morey** presented **Jim Davies** with a lifetime membership to Surfers Unite, a

membership that may have been surreptitiously obtained (just slightly) through **Pam Davies**. However, as a reward for his wife's contribution, **Jim** was handsomely rewarded with some a very large Green Flash bottle cap and an Arrogant Bastard lighted sign for his man cave. **Brett** also announced a number of upcoming Surfers Unite events, including the Life Rolls On event on September 15. **Linda Andrews** reminded us of the book drive for the San Diego Council on Literacy and asked us to *please bring slightly used children's books to donate.* As for social events, **Jacquie Reily** announced that on September 15 there would be a walking tour of the Stuart Art collection at UCSD. **Kevin Carlson** reminded us to sign up to volunteer for the community service project on October 13 at the San Diego Police Department Tactical Training Center. **Nancy Gatschet** announced a fundraising event on September 22 for the Uptown Community Center. **Erik Mjoen** announced **David Chong** and **Janine Pack** as our two AV Superheroes and gave them certificates suitable for framing and signed by AV luminaries, such as the **Dalai Lama**. Last, but not least, **Alex Monroe** announced a *new initiative to reach 100% donor participation for donations* to the Ro-

tary Foundation.

Our presenter for the day was **Dr. Erin Parks**, a clinical psychologist and the Director of Outreach and Admissions for the UCSD Eating Disorder Center for Treatment & Research. **Dr. Parks** gave an excellent presentation on eating disorders and the work that the center does for children, teens, and adults. She taught us that *eating disorders can occur in person who show no outward signs of any illness* and can often occur in persons who are high functioning and driven individuals. An eating disorder is generally caused by both environmental and genetic factors that cause an obsession with food and body images, as well as an increased focus on the risks of gaining weight. She helped teach us that eating disorders are a health crisis that disrupt personal and family functioning, that it is a physical injury, and requires medical intervention.

To close out the meeting, **Rick Binder** told a lawyer joke, which was quite funny, but *a bit unrealistic because (a) no lawyer worth their salt* would have offered to pay \$20 on a bet in exchange for \$1 and (b) most people would have paid much more to keep a lawyer quiet.







# PHOTOS

from the last meeting





# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
La Jolla, CA 92039  
www.LaJollaGTRotary.org

## LJGT ROTARY LEADERSHIP 2018 - 2019

PRESIDENT ..... Rick Binder  
PRESIDENT ELECT (2019-20) ..... Kimberly Schafer  
PRESIDENT ELECT ELECT (2020-21) .....  
TREASURER ..... Sharon Council  
SECRETARY ..... Nancy Gatschet  
PAST-PRESIDENT/FOUNDATION ..... Alex Monroe



SEPTEMBER 2018

14..... Luke Ervin

21..... Bill Keane



# Michael Bardin



La Jolla Golden Triangle Rotary Club Chair, Rotary District 5340 Pathways to Peace

**Charter Member of LJGT Rotary & Chair District 5340 Pathways to Peace.** My 32-year Rotary journey began in June 1986 as a charter member of LJGTRC and has included many Club and District roles, including president in '96-'97 and many committee and event chair roles. My major interest in developing and advancing peace-focused programming within Rotary I can trace back to 9/11 and the attack on the World Trade Center. A number of District 5340 Rotarians from several clubs wanted to explore how in Rotary we might learn from this horrific event and we initiated a dialogue focused on creating better understanding of conflicting cultures. Ultimately this led to the creation of *Pathways to Peace*, now a standing District committee fostering a range of programs including a Peace Chair in every club, an annual Peace Leadership Training Seminar, an annual Peace Forum with the Kroc School of Peace Studies at USD, Rotary Model United Nations, an annual Peace Award,

support for Rotary Peace Fellow candidates, and an array of initiatives and partnerships designed to advance how everything that Rotary does and stands for advances Rotary as an "agent for peace". This has fit well with Rotary International's developing position as one of the world's premiere peacebuilders, linking Rotary's work in each Area of Focus with peacebuilding, conflict prevention and resolution.

**Recently retired from Scripps Health.** After 32 years with Scripps Health, much of it as Chief Public Policy Officer, I retired in mid-January. My career in public relations, public affairs and government relations began with my time in the Navy as Public Affairs Officer, continued as VP Public Relations for Phillips-Ramsey, then San Diego's largest advertising and public relations agency, and ultimately to Scripps. My retirement plan includes a major role for my Rotary peace development work. Also I'm currently on two boards (San Diego OASIS and the

Community Health Improvement Partners). And there is now ample time devoted to family affairs. All is good!

**Family is sixth-generation Californians.** The Bardin Family in California dates to the mid-1850s when my great grandfather traveled by wagon train across the Oregon and California Emigrant Trails eventually settling in Salinas. My mother is also part of a family that dates back to the 1880s in the San Francisco area. My wife **Arlene** (retired registered nurse) and I met in San Francisco in 1965 and we will celebrate our 53rd anniversary in October. We moved to San Diego in 1969 and raised our family here. Today, each of our two daughters and their husbands (one pair - Stanford graduates, the other pair - UCLA graduates) live in the Silicon Valley (Los Altos and San Carlos), our two granddaughters are attending University of Colorado at Boulder and our three grandsons are in or about to enter high school.



ROTARIAN  
OF THE DAY