

Be a gift to the world



RI President 2015-16 K.R. **RAVINDRAN**

District 5340 Governor 2015-16 JANICE **KURTH**

LJGT Rotary President 2015-16 BEVERLY **FRITSCHNER**



SEPTEMBER 2015 - SPEAKER

18	David Fellers Healing Art Foundation
	"Healing the world through Ar
	Sally Fellers
25	Beekeeping Development in Afric
	Kris Fricke

OCTOBER 2015 - SPEAKER

02	Public Utilities Customer Advocate Presentation
	• David Akin •
09	San Dego Honor Flights
	Jeffrey Hall
16	Initiative to Prevent Women from Bleeding -
	to Death at Childbirth



Armon relocated to San Diego in 2004 from San Jose to become the President & Publisher of the San Diego Business Journal.

In January of 2011, Armon joined J.H. Cohn LLP as Director of Practice Development, Southern California Region.

In 2013 Armon returned to the San Diego Business Journal as President and Publisher.

Armon earned a Bachelor of Arts degree in Business Administration from Southwestern College in Winfield, Kansas. He also earned his Certified Public Accountant certificate from Kansas in 1967.

Armon began his career in public accounting with the national CPA firm of Fox & Company. Armon joined the firm in January of 1964. His ca-

San Diego Business Journal

Armon L. Mills President and Publisher

reer with Fox included 11 ½ years on the audit staff including promotions to manager on June 1, 1968 and was admitted as a full Partner on June 1, 1970. He was a partner with the firm for 14 years and managing partner of Fox & Company offices for nine years in:

St. Louis, Missouri from July 1, 1975 to December 31, 1977

Kansas City, Missouri from January 1, 1978 to July 31, 1981

Minneapolis, Minnesota from August 1, 1981 to July 30, 1984.

Armon is continuing his strong commitment to the community here in San Diego. He is the past Chair of the Board of Directors of the San Diego Police Foundation. He is a member of Rotary Club #33 and a past member of the Board of Directors of LEAD San Diego. Armon is on the board of the San Diego Better Business Bureau. He is also a member of the National University Holiday Bowl Committee and the San Diego Credit Union Poinsettia Bowl Committee. Armon is the Finance Chair of the New Majority of California and serves on their state board of directors. Armon is also on the Leasing News Advisory Board.

Armon has been married to his wife Sandra for over 36 years and has four adult children, Kathryn, Marnie, Darin and Trina.

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Nels Jensen Editor in Chief of the San Diego Business Journal

Nels Jensen is the Editor in Chief of the San Diego Business Journal.

Previously he was Editor/VP of News & Content of The Press-Enterprise, the daily newspaper serving Riverside County.

Nels is an experienced leader and journalist with a keen interest in the intersection of technology, consumer behavior and content. His background includes Content, Audience Development, Business Development, Video Programming and more. His transformative training was as a fellow in the Punch Sulzberger News Media Executive Leadership program at Columbia University in 2008.

Jensen and his wife are recent

empty nesters. His daughter is a residence hall director getting her Masters in college personnel administration at the University of Central Missouri, and his son is a sophomore at San Diego State. Nels is a road biker who knows many back roads and hills of northern San Diego County. He graduated from Northwestern University a long time ago.



Jennifer Schaffer Reporter



Susan Schwarz Coordinator

UPCOMING REPORTER

SEPT	EMBER 2015
11	Ryan Albrecht
	Rick Binder
25	Andrea Brannan

OCTOBER 2015 02.....Rich Pap

19	Ivan Mwanja
	Jim Davies
23	Tom Hinton

THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

1 IS IT THE TRUTH?





WILL IT BE

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REPORT from last meeting

As an end of summer salute, our President began the meeting by asking the many members with Hawaiian themed shirts to stand.

Alex Monroe, Rotarian of the Day, talked about his 3 families: the one at home with a lovely wife and 3 boys, with whom he went camping in Big Sur and spent time on the beach in SD; his work family with whom he recently changed affiliation to Stifel, Nicolaus & Co.; and his rotary family where he has enjoyed many days living up to his Woodrow Wilson quote "…we're here to enrich the world."

Ron Kohl introduced Jay Guan who is exploring rotary.

Beverly announced that the Board has chosen the Marriott as our permanent meeting place. The sales manager provided a feedback card for recommendations for the buffet and said they created a Marriott Rotary awards program. Beverly also announced that Rita Lim has resigned since she now is devoting more time to her new business, and the 1000 Smiles Foundation sent a letter thanking us for our \$1000 donation.

Instead of the meeting on September 4, George Mannshreck will take 8 Rotarians on his boat to see the tall ships. Rick Binder had a sign-up sheet for a Blue Grass Festival on September 12, in Santee. October 24, there will be another 7 bridges hike, ending at Linda Stouffer's home. Linda Stouffer is also planning the Road Rally for February 6, which will end at Dana Point, with a stay at a hotel on the beach. She asked that those members wanting to participate, give her a check for \$100 to reserve a room at the Rotary rate of \$139.

Louise Andres encouraged all members to attend the Millions for Hope Gala fund raiser in Del Mar on October 17th. Proceeds will benefit the Rotary Foundation.

Ron Kohl presented several Paul Harris Fellow Awards. Lisa Galstian and her daughter Lindsey received an award. Alex Monroe received his first PHF award. Ron gave recognition gifts to Steve Brown and Jay Hatfield for all the help they have given him.

Jacquie Reilly, on behalf of Allan Galgut, recruited 5 members to help deliver dinners to the VA on Wednesday, September 9th. Kathleen Roche Tansey announced that the next International Service Committee will also be on September 9th.

Bev thanked Ajay Asher for printing Rotary pads for members to take notes during meetings.

Dates for your Calendar

Fine Master, Brett fined Ellen Bryson for having a new car (?) and Dr. Bucko for using an old picture of himself in the Rotarian. High 5s include birthdays for Louise Andres and Eric Mjoen's wife; Rich Papike's 48th anniversary; Sara Hogue's last meeting before the arrival of her new addition; Louis Scotti's son beginning kindergarden; the Moreys becoming empty nesters; and, the publication of Sheila Hogue's son's book.

Dr. Grillo introduced our speaker, Scott Barton, principal of the top-ranked Preuss School to talk about the school and its mentoring program. The school selects low income students from throughout the county who will be among the first in their family to graduate from college. Preuss' success is attributed to many factors - the longer school year; a single track approach where all students take the same courses; tutors and a Saturday program for those who need extra help; a parent academy and parent engagement; professional development for teachers; an advisory program for students involving character development; tables for team work replacing desks, etc. Currently the Mentor Program has 65 mentors who meet with students 1-2 times a week. Anyone interested in becoming a mentor should contact Stephanie Venti, sventi@ucsd.edu for a tour or for more information. There was much interest in Preuss from Rotary members as evidenced by the numerous questions and the close relationship we have with the school through several joint projects.

Jennifer Schaffer



Bev Fritschner President Saturday | September 26 | 9.00 Am – 12.00 | Peace Leadership Seminar | Ronald McDonald House Saturday | October 3 | 8.30 – 3.30 | Rotary Leadership Institute |USD Joan Kroc Center Saturday | October 17 | 6.00 PM | Millions for HOPE Foundation Gala | Del Mar Fairgrounds

Saturday | October 24 | 9.00 AM |Rotary Seven Bridge Hike and Potluck | Linda Stouffers' Home

~Herbert J. Taylor

CONCERNED?



Bill Keane Photographer PHOTOS from last meeting





La Jolla Golden Triangle Rotary Club Sara Hogue's Baby Shower



Louise Andres Reporter

Saturday afternoon, the most dynamic women of the La Jolla Golden Triangle Club, held a baby shower for Sara Hogue, hosted by Susan Schwarz. Dianne Day organized the gifts, and wrapped most of them. The event featured wine drinking, eating, talking a lot, and saying "Ooooo cute." It was a wonderful afternoon.



La Jolla Golden Triangle Rotary Club Tall Ships Parade

Captain George Mannschreck took us all out on a glorious day and it was such a blast... kind of like the cannons on the ships.





Brett Morey Reporter



La Jolla Golden Triangle ROTARY CLUB Chartered - June, 1986 • La Jolla, California

P.O. Box 13023 La Jolla, CA 92039 www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENT	Bev Fritschner
PRESIDENT ELECT (2016-17)	Marty Rosenstein
VICE PRESIDENT ELECT (2016-17)	Alex Monroe
TREASURER	Sharon Council
SECRETARY	Rick Binder
PAST-PRESIDENT/FOUNDATION	Ron Kohl



Dave Wiegman Coordinator

UPCOMING ROTD

SEPTEMBER 2015 18.....Joel Candib 25.....Rick Clark

OCTOBER 2015 02.....Louis Andres

ROTARIAN **SFTHE DAY**



William Moore

Columbia Law, J.D., 2002, Georgia Tech, B.S., 1996

Will Moore has been a member of the club since 2009.

He is a Paul Harris Fellow.

His law firm is called "The Moore Firm" He is a business lawyer with extensive litigation experience in a wide variety of cases in both Federal and State courts. Those matters include breach of contract, fraud, bad-faith, corporate breakup, real estate, corporate entity, bankruptcy (creditors) and business torts. William Moore is committed to helping businesses. With a strong belief in practical problem solving, Will makes certain that, once solved, the problem stays solved.

Before attending Columbia Law, he was a Peace Corps volunteer in Senegal, where he taught American-style business techniques to small business owners. His commitment to serving entrepreneurs permeates every aspect of his practice.

Will lives in Torrey Hills with his eleven-year old son Jake.

Will's Rotarian of the Day presentation will be about his experience on a certain sunny, awful, Tuesday morning in New York City in 2001.