

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

APRIL 09, 2021

www.lajollagrotary.org



Rotary Opens Opportunities

RI President 2020-21
HOLGER KNAACK

District 5340 Governor 2020-21
STEVE WEITZEN

LJGT Rotary President 2020-21
EMIDIO DELCONTE

SPEAKERS

AND EVENTS



SAN DIEGO COUNTY



DISTRICT 5 COUNTY SUPERVISOR

JIM DESMOND

Our guest is a U.S. Navy Veteran and graduate of San Diego State University, he also happens to be our San Diego County Supervisor.

During his time in the navy, he met his future wife **Kerri**! They have two kids who live in North County San Diego.

Just last year, he retired after 33 years as an Airline Captain at Delta Airlines. He was the Mayor of San Marcos for 12 years and he's here with us today, welcome San Diego County Supervisor, Jim Desmond.

www.supervisorjimdesmond.com/content/d5/en/home.html





REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

After we broke out of our rooms, **President Emidio** kicked off the meeting with our regular greeting and turned the meeting over to **Peter Ballantyne**, Rotarian of the Day. **Peter** gave an inspirational prayer, giving thanks for the protection of family and friends, blessing them with peace, hope and love and asking for strength and wisdom.

Peter has a varied and multi-faceted background in both sports and music. He is originally from Long Island, in a town now called Westbury, but once called Frog Hollow, whose football team was named "The Frogs". (He didn't say how many football games they won.) He spent summers in upstate New York at Hulett's Landing on Lake George. He is one of six children (number 5). His father was a WWII veteran, who received two bronze stars and two purple hearts. His father worked in freight forwarding out of NYC and was on the Board of Governors at the downtown Athletic Club, famous for the Heisman Trophy. Every Saturday morning **Peter** could touch the Heisman trophy and played sports in the club all day long. From this Club, he watched the Twin towers being built.

He met his wife in 1976, the quintessential girl next door (in this case, just around the block). They have just celebrated their 36th anniversary this year.

He went to Holy Cross College for two years, played baseball there and got recruited by the

Cardinals minor league, but hurt his shoulder not long after playing with them. After this, he turned to music for a while and played in clubs in NYC. He then moved to Bristol, Rhode Island, got his Coast Guard license and worked as a captain in Newport Harbor. He went back to college, attending Siena College, outside of Albany, New York and graduated in 1984. He and his wife then moved to San Diego so his wife could pursue her graduate studies at SDSU and UCSD. She is a PhD and Executive Director for Research at Moores Cancer Center.

He worked at the Mission Bay Aquatic Center running water sports programs for 17 years. After observing some individuals with disabilities doing watersports, his attention turned to adapting water sports equipment for individuals with disabilities and this has dominated his life ever since. He ran the Disabled America's cup and traveled America sharing adaptive water technologies. He then worked at the Firehouse YMCA in La Jolla with a focus on performing arts and music and following that, worked in senior communities. In 2012, he started with the Paralyzed Veterans of America, Cal-Diego Chapter. He goes to DC each year to advocate for veterans rights and benefits and he feels blessed to work with these inspirational people. He also served as Chairman of the Disabled Service Advisory Council for San Diego and with the City of San Diego on the Accessibility Advisory Council and is also the Director for Guitars 4 Veterans.

Currently, he is President of the San Diego Festival of Arts Foundation which gives roughly \$100,000 dollars a year to San Diegans with disabilities. The San Diego Festival of the Arts will occur September 11 and 12 this year and would he love us to join in and will update us as the festival gets closer.

Music is still a part of his life and he plays jazz standards with one group but can sit in with almost any band. His older son works with Golden Boy Mobility, adapting vehicles and vessels for individual disabilities. His younger son is finishing his aviation training in Pensacola. **Peter** and his family still travel to upstate New York for three weeks of silence and respite.

He appreciates being here and being part of LJGT Rotary Club.

Steven Weitzen inducted **Peter** into Rotary and praised **Emidio** for his great recruitment success. **Peter** puts us in the plus column for the year. **Steve** mentioned that **Peter's** background is a wonderful example of Rotary's "Service above Self". He presented **Peter** with a rotary pin and certificate and a 250 page manual, which could be "great sleeping material". **Steve** mentioned it is invigorating for us to have such an inspirational new member. Welcome **Peter Ballantyne**!

Guests were introduced, one of whom included **Raya Hosseini**. She thanked **Brett** for not giving up on her, has sent in her documents and is

02

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FAIR TO ALL
CONCERNED?

03

WILL IT
BUILD GOODWILL
AND BETTER
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04

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HERBERT J. TAYLOR

ready to join. **Kim Schafer** joined with her father. He came from Chico, fully vaccinated. **Walt Schafer** commented the previous evening he was on Zoom, celebrating the 100th year of Chico Rotary with his fellow Rotarians. **Rich Papike** introduced his friend **Julia** who likes medical oriented speakers and he invited her to join the meeting. **Mindy Tai** from Scottsdale was a guest of **Jan Bernardy**. She was also interested in **Dr. Rogers'** presentation.

Lori Bende had no gossip this morning. Her gorgeous bright green dragon lizard, perched on her shoulder, silently agreed.

We moved on to high fives. **Diane Day** started with a high ten for her two brothers in Canada who got vaccinated. We got two high fives from grandparents. **Brett's** grandson, **Tyler** turned 3 last week. **Nancy Gatschet** gave a "high six" for granddaughter **Vela** who is turning six on Sunday. **Lori Bende** wished Happy 7th to the family's pet lizard. She explained this is their Covid Pet. Their daughter needed a reptile merit badge for Scouts and needed to take care of a reptile for a month. At the end of this month, the friend did not want him back. A bit of money for a new cage and new life for this lizard. No excuses for **Lori** on this one; since she cannot claim she is allergic to lizards! **Rick Clark** gave a high five actual live sports being back!! Here's to the Padres' winning their opening game – a great start!

Emidio followed with some announcements. He noted that the **Cusicks** got the **Paul Harris** award and a mention in Rotary magazine. Also, we need speakers. Drop note to **Kaci Madden** if you have some ideas. Don't forget Merlot Monday – please join in! You can drink anything you want! Lastly, Community Service will meet afterwards, led by the never-shy, **Denny**.

We were then introduced to our speaker by **Diane Day**. As mentioned previously, two guests were particularly interested in attending because of the medical emphasis of our speaker. **Dr. Rogers** did not disappoint. He presented an informative, detailed and very interesting presentation (even for the less medically astute) on the present day possibility of orthopedic cell stem research and non-surgical treatment for spine and joint conditions.

Diane Day mentioned as an introduction that **Dr. Christopher J. Rogers** developed an interest in sports medicine in 1984 while he was an athletic trainer at the UCLA Athletic Department. At the same time, he was obtaining his bachelor's degree in kinesiology and biology. He then went to medical school at St. Louis University and is now a board certified Physical Medicine & Rehabilitation physician and founder of the San Diego Orthobiologics Medical Group.

As mentioned in his bio, "He has developed new techniques for the treatment of tendon

injuries, osteoarthritis and disc degeneration which provide safe and viable alternatives to surgery. Dr. Rogers serves as a Voluntary Clinical Professor in the Department of Orthopedics at UCSD, and has practiced at Orthopedic Specialists of North County where he successfully treated more than 80,000 San Diegans including many professional athletes, healthcare providers and leaders in business and government."

During his slide presentation, **Dr. Rogers** described how this regenerative process works. He explained that stem cell therapy is extremely complicated and gave us a primer regarding the difficulties of stem cell therapy. He then explained the regenerative procedure as performed by his medical group. The talk was followed by various questions by our group.

Emidio closed the meeting with a thank you to **Dr. Rogers** and also honored his contribution by a donation to Angel's Flight West. He shared a thought for the week quoting Confucius: "It does not matter how slowly you go as long as you don't stop." See you next week!

~Reporter

Janine Pack



La Jolla Golden Triangle ROTARY CLUB

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LJGT ROTARY LEADERSHIP 2020 - 2021

PRESIDENT	Emidio DelConte
PRESIDENT ELECT (2021-22)	Jacquie Reilly
PRESIDENT ELECT ELECT (2022-23)	Dennis Bucko
TREASURER	Sharon Council
SECRETARY	Nancy Gatschet
PAST-PRESIDENT/FOUNDATION	Kimberly Schafer



APRIL 2021

16..... Open
23..... Sara Katz
30..... Mike Schwarz



ROTARIAN
OF THE DAY



She was Rotary International's representative to the U.S. National Commission to UNESCO.

Fary
MOINI



FARY IS THE RECIPIENT OF NUMEROUS AWARDS INCLUDING

*Recognition by the White house,
champion of change 2012*

*The Lifetime Channel's Life-time Achievement
Award - Hometown hero*

*San Diego Magazine's One of Fifty People
to watch in San Diego.*

*The Lt. Governor of California and Soroptimist
International of Rancho Bernardo, Shelter Island
Rotary club Peace maker of the year 2008 Award.*

*Hands of peace recipient of Peace maker award
year 2016.*

She is a multiple Paul Harris Fellow.

She holds a bachelor of science degree in nursing from the University of Tehran, Iran. Earlier in her career, she held the position of Chief Nurse at Iranian Medical Center in Dubai, UAE. As Chief Nurse she managed a staff of over 200 hundred fifty nurses and technicians at two hospitals.

From July 1 through July 30, 2005, Fary was a Rotary Foundation Volunteer at the Don Bosco Boys School in Nairobi, Kenya.

January 2002 she volunteered with the Rotary Foundation in Peshawar Pakistan working in Refugees camp.

In November, 2002 Fary volunteered with the Rotary Foundation in Jalalabad Afghanistan.

In Feb. 2015 one of the Medical team members of Global grant to Gondar Ethiopia.

In Nov. 2015 one of the medical team members of Global grant to Adana Turkey.

