

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

APRIL 26 2024



RI President 2023-24
GORDON MCINALLY

District 5340 Governor 2023-24
DON FIPPS

LJGT Rotary President 2023-24
CHRISTY WHITE BROOK

AOS MEETINGS AND SOCIAL EVENTS

April 26th LJGTRC Fundraiser

1st Friday of the Month Community Services Committee
(follows club meeting)

2nd Friday of the Month International Services Committee
(follows club meeting)

3rd Friday of the Month Youth Services Committee
(follows club meeting)

4th Friday of the Month Peace Committee
(follows club meeting)



JACOB PARIT NOOMEK



ROTARY'S IMPACTFUL PROJECTS AND INNOVATIVE SOLUTIONS

You're invited to join us for an engaging Rotary meeting featuring Jacob Parit Noomek, Maasai Cultural Ambassador, who will provide updates on the water well project generously supported by the Golden Triangle Rotary in his village. This is a unique opportunity to hear firsthand from a beneficiary of Rotary's support and learn about the impact of this vital water initiative.

Additionally, we are honored to share a brief report from a San Diego delegation, primarily composed of high school youth and their families, totaling 36 volunteers. They just returned from their journey to Kenya, where they will have drilled a borewell and installed a water bottling facility in collaboration with the Maasai community. Discover how this project is providing essential water resources to Maasai communities and creating economic opportunities for Maasai women facing extreme drought conditions, ultimately saving lives.

Joining the discussion will be Jessica Censotti, Executive Director of San Diego Sister Cities, and Rocky Goyal, Vice President of the Entrepreneur Academy (TEA). They will briefly share innovative water solutions and the new Maasai Water Bottling initiative they are developing to serve Maasai communities, highlighting the transformative impact of innovative solutions in addressing water scarcity challenges and economically uplifting Maasai communities out of poverty.

Don't miss this opportunity to learn about Rotary's impactful projects aimed at improving the lives of communities around the world. This project was also featured at the United Nations headquarters in New York, underscoring its significance on a global scale. Join us for an inspiring and informative discussion and welcome the Maasai cultural ambassador to San Diego.



REPORT

from the last meeting



UPCOMING SPEAKERS



2024

MAY - SPEAKER

3.....Matthew Bainbridge, PhD
Bridging the gap: bringing the genomic
revolution to the underserved

10.....Fary Moini & Steve Brown
Fary's Story

17.....Toastmasters
The Power of Public Speaking

24.....Professor Brad Voytek

31.....Community Service Committee
Updates/Successes and Overview

JUNE - SPEAKER

7.....Youth Service Committee
Updates/Successes and Overview

14.....International Service Committee
Updates/Successes and Overview

Rotarian of the Day

Today's Rotarian of the Day was **Alan Galgut**, our favorite South African. Alan called **Erik Mjoen** up to the podium to tell us something that we had not known about our friend. Apparently, had Alan not pursued professional endeavors, he would have been ranked among on of the great Springboks, in the same breath as Francois Pienaar, Naas Botha, and Siya Kolisi. Luckily, he became a pharmacist and then a financial professional who specializes in life insurance.

Visitors and Guests

Today, we had **Oscar** and **Jose**, two past District Governors from Mexico join us. We also had **James Alburger**, an editor who helped **Stephan Tako** on his Junga the Dancing Yeti movies.

Announcements

Gary Kachkovsky announced the upcoming fundraiser and wine soiree for Friday, April 26, 2024 at the UCSD Faculty club. There will be great food, wine, and fellowship, as well as auction items galore.

May 11, 2024 is the date

of the club's project with Just in Time and then May 22, 2024 is Red Shoe Day.

Rick Clark presented the District's project to plant 22,000 flags on the gravestones at Miramar National Cemetery on Memorial Day weekend. This project is being put on by the District's Military Coordinating Committee.

Steve Brown inducted **Steve Balch** as the newest member of the Paul Harris Society.

Vice President **Linda Wallis** reminded everyone to register for meeting attendance so the club can ensure that there is enough food and seating for everyone.

Finemaster and Seargent-at-Arms **Tim Fronczek** auctioned off five bottle of liquor to raise money for the club. Three bottles of mezcal were auctioned off, courtesy of our guests from Mexico. **Tony Grillo** also donated two bottles of his whiskey to the club.

Presentation

Today's presenters were **Stephen Tako** and **Sarah Salute**, who talked about the Confident Life

Program. The Confident Life program helps to promote social and emotional learning, by teaching kids how to identify and manage the stressors in their life. The Confident Life program came about through Stephen's development of the Junga the Yeti character and books. This character has developed from concept to reality and Stephen has been very successful in reaching kids and schools to teach about anti-bullying.

The program has been adopted by San Diego Cooperative Charter School and already faculty have seen students incorporate these lessons in their own lives. With the support of Rotary Clubs and local businesses, Stephen hopes that his program will continue to grow and help to reduce the increasing incidents of school shootings and other violence.

~Reporter

Ranjan Lahiri



PHOTOS FROM LAST MEETING



Membership Tips:

IT SOUNDS SIMPLE, BUT THE MOST EFFECTIVE WAY TO GROW MEMBERS IS "ASK SOMEONE"

REPEATEDLY INVITE PROSPECTIVE MEMBERS UNLESS YOU GET A DEFINITIVE "NO" FROM THEM.

ENSURE THAT PROSPECTIVE MEMBERS FEEL IMPORTANT. INTRODUCE THEM TO OTHER MEMBERS AND SIT WITH THEM.



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

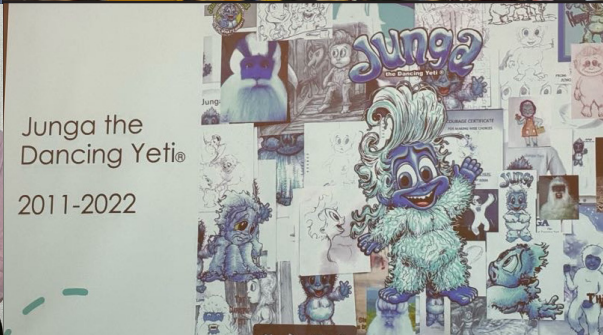


01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?



Junga the Dancing Yeti®
2011-2022

La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2023 - 2024

- PRESIDENTChristy White Brook
 VICE PRESIDENT Linda Stouffer Wallis
 PRESIDENT ELECT (2024-25) Luke Ervin
 PRESIDENT ELECT ELECT (2025-26) David Chong
 TREASURER Sharon Council
 SECRETARY Ranjan Lahiri



- MAY 2024**
 May 3 - Dory Beatrice
 May 10 - Tim Fronczek
 May 17 - Bonnie Arora
 May 24 - Rick Clark
 May 31 - Jan Percival-Lipscomb



ROTARIAN
 OF THE DAY

IRWIN RUBENSTEIN

I was born in 1931 and grew up in Dodge City, KS. Our family moved to Los Angeles after WWII. I graduated from Hollywood High in 1949 and received my BS in physics from Caltech in 1953. After graduation, I was drafted for the Korean War and served in the U.S. Army at Aberdeen Proving Grounds, MD.

I married Ina Rosen of New York City in 1956 - so we have been married for 68 years. We spent most of our six-month honeymoon in Jerusalem, where I worked in the Hadassah Hospital, and she worked as a telephone operator at the King David Hotel. We bought a Vespa motor scooter and used it to tour Israel and then to travel through Europe on \$5-a-day. We returned to California, where I received my PhD in biophysics in 1960 and Ina her AB in education in 1959 from UCLA.

I was a postdoctoral fellow at The Johns Hopkins University and then an Assistant and Associate Professor of Biophysics and Biochemistry at Yale. I accepted a Professorship at the University of Minnesota where I remained for 29 years. I headed the Plant Biology Department for seven years. My research was as a molecular biologist on the DNA in bacteriophages and on the genes that control the synthesis of the major proteins of the corn kernel.

Ina received her PhD from The Johns Hopkins University in Tests and Measurements and taught for several years. In Minnesota she was a member and then chair of our local school board and a professional weaver. She was then, for 13 years, the owner of a travel and meeting planning agency in St. Paul.

We have three children. Our daughter, Ine, is a Fellow of the ASA and has been the owner and principal architect of IS Architecture in Bird Rock for over 30 years. She is a member of the UNESCO World Heritage Committee. She is married to Tony, a retired attorney. They have two children. Our son, Ira, is married to Juliana. He is a member of the Academy of Motion Pictures Arts and Sciences and Chief Digital and Marketing Officer for PBS in Crystal City, VA. They have three children. Our youngest daughter, Ilana, lives in Singapore. She is married to David Rosenzweig who is retired. She is Head of Safety and Integrity for Southeast Asia for Tik Tok. They have two children.

Ina and I have now lived in the Vi at La Jolla Village in University City for over 14 years. It is a Continuing Care Retirement Community which provides housing, services, and nursing care - all in one location.

After years of traveling, including two round-the-world cruises, we now spend most of our time reading and participating in activities at the Vi. I have enjoyed being a long-time member of the La Jolla Golden Triangle Rotary Club and its International Service Committee - the most dynamic Rotary Club in the world!

