

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

AUGUST 13, 2021

www.lajollagrotary.org



SERVE TO CHANGE LIVES

RI President 2021-22
SHEKHAR MEHTA

District 5340 Governor 2021-22
DANIEL GENSLER

LJGT Rotary President 2021-22
JACQUIE REILLY

SPEAKERS AND EVENTS

AUGUST 2021 - SPEAKER

- 20..... Molly McClain
The Life of Ellen Scripps
- 27..... David Ellenstein
Artistic Director; North Coast Repertory Theatre



**Leaving a Legacy:
The Art of Writing a Book**
by Author, Stephen Tako

How To Write A Book

Have you ever told someone you could write a book about your life? Have you had an incredible experience that you wanted to share with others? Or do you want people in your industry to look at you as an expert in your field of work?

Author Stephen Tako discusses methods of how people, just like you and me, are now leaving their legacy for generations to come through the art and craft of writing a book.

We will discuss the methods for writing fiction and non-fiction books and how each of us has a story just bursting to be written on paper.

Bring your pen, paper and ideas
and let's start your new journey
of becoming an author!



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

02

IS IT
FAIR TO ALL
CONCERNED?

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

This was a hybrid meeting with some members attending remotely and others attending in person and enjoying tasty burritos at the Marriott. The meeting began with invitations to be seated - with some extra encouragement for Denny - and a reminder regarding mask policies and other COVID-19 precautions.

The Rotarian of the Day is **Wayne Davis**, the self-proclaimed "forever retiring architect." Wayne described his impressive professional journey as an architect including a brief jaunt into the world of music as a trumpeter. Wayne is currently overseeing a large project under construction, has moved to Del Sur with his wife, and is helping his wife Joy to self-publish tales of fairies and gnomes inspired by stories Joy shares with their grandchildren.

We enthusiastically welcomed guests to today's meeting - even if those of us attending remotely couldn't quite hear their names or details. **Welcome just the same!**

We next heard from **Dr. Antonio Grillo Lopez** with the latest on the COVID-19 pandemic. We learned that the Delta variant is taking over and accounts for 87% of all new cases in the US and is 50% more transmittable, although not more deadly. Best practices for prevention are vaccination (44% of the total San Diego County population has been vaccinated), washing hands, wearing masks, and social distancing. Proof of vaccination is becoming a more common requirement. If you're interested in having a QR code and digital copy of your vaccination, visit

<https://myvaccinerecord.cdph.ca.gov>.

The speaker at today's meeting is **District Governor Dan Gensler**, who has a long and illustrious history of Rotary service and leadership and more professional and community awards and recognitions than this reporter could keep up with! Dan originally joined Rotary to help grow his business as a young professional, but it wasn't long before he discovered a passion and appreciation for Rotary service and its impact on the world. Through Rotary we can change lives close to home, in far away countries, and enrich our own lives along the way.

Gensler shared moving stories such as the inspiring work and selflessness of **Sister Ethel**, a young Irish woman and Catholic nun doing important work in South Africa; 10 year old Victor whose life was changed by a Rotary funded prosthetic manufacturing clinic in Ensenada; and the 350,000 pairs of Toms Shoes given to those in need at Sister Ethel's Missionvale Care Center outside Port Elizabeth, South Africa.

We are encouraged us to seek out and start Rotary projects, be involved, ask others to become involved, and say yes when opportunities are presented to us. Become familiar with our current projects and opportunities - for example, the District is leading trips to Guatemala for literacy support in February, Kenya in the spring, and is continuing work in Mexico.

Rotary is expanding our reach through the Each One, Bring One. Invite people you know to Rotary - you never know whose life will be changed.

Announcements:

- Please respond to e-vites for upcoming meetings. They will now be coming in a separate email from the President's Message, for your convenience.
- Join us for a Beach Party on Sunday August 8th at La Jolla Shores starting at 11am.
- There will be a Membership workshop next Saturday August 14th. Contact Ranjan for more information.
- Join Surfers Unite for the Stand Up for the Cure event on Saturday August 14th at Mission Bay. Contact Brett Morey for more information, to sign up, and very bright pink shirt in support of early breast cancer detection, treatment and education.
- We will be dark September 3rd, the Friday before Labor Day
- Save the date for September 25th Quintessential Festival, invite guests, and be creative when considering what you can contribute or solicit as an auction item.
- District Conference will be held at Hotel Del Friday Sept 10 - Sunday Sept 12. The event includes golf, End Polio Now event, auction, 9/11 Memorial Program, TED talk style speakers, time to relax on the beach, a walk/run/bike event, and more!

~Reporter

Niki Brown

FOUNDATION NOTICE



Notice of Special Meeting of the Membership of the La Jolla Golden Triangle Rotary Club Foundation—August 27, 2021

At our regular club meeting of the La Jolla Golden Triangle Rotary Club on **August 27, 2021**, the La Jolla Golden Triangle Rotary Club Foundation will hold a special meeting of the Membership of the Foundation for the following purposes:

- (i) To hold an election to approve Erik Mjoen as a new director to take the place of Linda Stouffer Wallis; and
- (ii) To hold an election to reelect Alex Monroe, Luke Ervin and Erik Mjoen whose terms will expire on June 30, 2022.

As we continue our leadership transition of the Club Foundation, Linda has graciously offered to resign in order that Erik Mjoen could take her place. The Board of Directors has unanimously recommended that Erik Mjoen be elected to replace Linda. The election process will take less than two minutes.

Only members of the Foundation can vote in this election. A list of the current Members of the Foundation is below. The By Laws of the Foundation specify the following qualifications to be a member of the Foundation: "Any person who is currently (1) a member in good standing of the La Jolla Golden Triangle Rotary Club; (2) has qualified as a Paul Harris Fellow as determined by the governing body of the La Jolla Golden Triangle Rotary Club and (3) contributes a minimum amount of Five Hundred Dollars (\$500.00) to the Corporation, shall qualify and be admitted as a Member of the Corporation." Thank you,

Eric O. Freeberg, Secretary, La Jolla Golden Triangle Rotary Club Foundation

Andres, Louise Andrews, Linda Arora, Bonnie Arora, Krishna Asher, Ajay Bardin, Mike Brown, Steve Bucko, Dennis Busch, Bill Carlson, Kevin Choisser-Bryson, Ellen Chong, David Clark, Rick Council, Sharon Davies, Jim	Davis, Dave Davis, Wayne Day, Dianne Erwin, Luke Freeberg, Eric Fritschner, Bev Frost, Jim Galgut, Allan Galstian, Lisa Geier, Bruce Griffith, Dory Beatrice Griffith, Pete Grillo, Tony Grillo-Lopez, Antonio	Henry, Sheila Jacobs, Dennis Kohl, Ron Martin, Peggy McGrath, Frank Miceli, Sara Mjoen, Erik Moini, Fary Monroe, Alex Moore, Will	Morey, Brett Papike, Rich Percival-Lipscomb, Jan Roche-Tansey, Kathleen Rosenstein, Marty Rubenstein, Irwin Sanders, Wayne Schaffer, Jennifer Schwarz, Mike Schwarz, Susan Stephan, John Stouffer Wallis, Linda Tansey, David Villis, Cynthia
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With this election, assuming a favorable vote to elect Erik, the following shall be the current Directors and Officers of the Foundation

Director/President	Steve Brown	June 30, 2023
Director/Vice-President	Alex Monroe	June 30, 2025
Director/Treasurer	Luke Ervin	June 30, 2025
Director/Secretary	Eric Freeberg	June 30, 2023
Director	Sara Miceli	June 30, 2023
Director	Erik Mjoen	June 30, 2025
Director	Sharon Council	June 30, 2024
Director	Tony Grillo	June 30, 2024

*Note: Commencing July 1, 2022, the Current Past President of the Club, Jacquie Reilly, will serve as a Director for one year pursuant to the Foundation's Bylaws as the Immediate Past President of the Club.

2021-08-09-Rotary Foundation Notice of Membership Special Meeting-8-27-2021

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HERBERT J. TAYLOR



ROTARY
FAMILY
B EACH
D AY



La Jolla Golden Triangle
ROTARY CLUB
Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2021 - 2022

PRESIDENT Jacquie Reilly
PRESIDENT ELECT (2022-23) Nancy Gatschet
PRESIDENT ELECT ELECT (2023-24) Dennis Bucko
TREASURER Sharon Council
SECRETARY Nancy Gatschet
PAST-PRESIDENT/FOUNDATION Emidio DelConte



AUGUST 2021

August 20 - Steve Brown
August 27 - Debra Kelly

SEPTEMBER 2021

September 03 - Dark
September 10 - Allan Galgut
September 17 - Mike Schwarz



ROTARIAN
OF THE DAY

BRIAN J. EICHENBERG



BRIAN J. EICHENBERG, BORN IN GRAND RAPIDS, MICHIGAN 1968. MY FATHER IS A RETIRED STATE POLICEMAN AND MY MOTHER IS A RETIRED LABORATORY TECHNICIAN.

I WENT TO GEORGETOWN SCHOOL OF MEDICINE, WHERE I MET MY WIFE DR DEBBIE TAUREK-EICHENBERG. WE BOTH DID OUR POST-GRADUATE TRAINING AT LOMA LINDA UNIVERSITY MEDICAL CENTER. I DID A SIX YEAR PLASTIC SURGERY PROGRAM AND I AM A BOARD CERTIFIED PLASTIC SURGEON. WE HAVE TWO ADULT CHILDREN. I OWN A SURGERY CENTER AND MEDICAL SPA IN MURRIETA CALLED RENUANCE COSMETIC SURGERY CENTER. WE LIVE IN DEL MAR. I ENJOY SOCIALIZING AND EXERCISING. I HAVE FINISHED MORE THAN 30 TRIATHLONS. I AM AN ASSOCIATE PROFESSOR OF SURGERY AT LOMA LINDA UNIVERSITY, UNIVERSITY OF CALIFORNIA, RIVERSIDE AND WESTERN UNIVERSITY OF HEALTH SCIENCE. I ENJOYED GOING ON MISSION TRIPS BEFORE COVID. I AM ALSO A MEMBER OF MENSA