

THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

AUGUST 21, 2020



Rotary Opens Opportunities

RI President 2020-21
HOLGER KNAACK

District 5340 Governor 2020-21
STEVE WEITZEN

LJGT Rotary President 2020-21
EMIDIO DELCONTE

SPEAKERS AND EVENTS

AUGUST 2020- SPEAKER

28.....Solutions for Change
Chris Megison

SEPTEMBER 2020- SPEAKER

04.....SD3d Printing
David Feenley

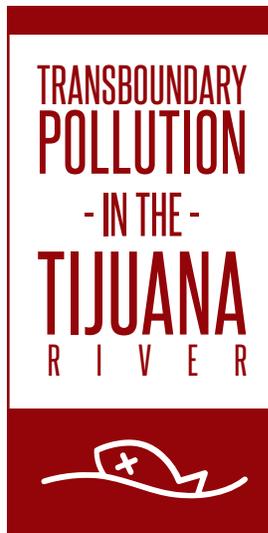
11.....Thinking Inside the Box: Reflections on Service
Charles Hartford

18.....Movement and Longevity
Andy Hsieh

25.....Rotary & Peace Corps: Partnering for Peace
Cal



Chris Helmer
Environmental & Natural Resources Director



Chris Helmer is the Environmental and Natural Resources Director for the City of Imperial Beach. He has worked on Tijuana River issues in the City for over 10 years. He also manages the City's maintenance operations for the Public Works Department. Chris grew up in Poway and has lived most of his life in San Diego.



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

02

IS IT
FAIR TO ALL
CONCERNED?

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

Angry Ode to COVID

~ a poem by Dennis Norman Jacobs

This COVID nineteen
Uninvited to our scene
Believes forever it will reign
Our world its domain
Without even a tiny brain.
(Without a brain!)

But, we have news for IT
Very soon IT will SPLIT
Starvation is our game.
Out with a flicker, not even a flame.
Might not even recall its name.
(Its name?)

Techie President Emidio Zoomed us to order, and **ROD Ellen Bryson** led us in the Pledge, and settled us with words of inspiration and calm. The lovely **Ellen** is enjoying another phase of her most fascinating life, with several of her careers leading to the next. Currently, **Ellen** is a highly successful Real Estate Agent with Coldwell Banker, and she has received many awards for service to her community. She works with her daughter, **Wendy**, and **Ellen** met spouse **TK**, while working together! An obvious favorite of this reporter, **THANK YOU Ellen**, for all you do!

We were excited to meet our guests, **Chris Richards**, brought to Zoom by **Bev**, and **Mathew Shillingburg**, by **Brett**. **Chris** has already submitted an application, and **Matt** is contemplating! We welcome you both!

Recognition was given to **Bev** and **Brett**, for their efforts to organize safe social gatherings for our club. There already were two teams of Rotarians who volunteered to assist in the feeding the vets up in Oceanside, inspired by **Brett's** friend, **Matt**. And, there is a beach cleanup scheduled for September 12; this opportunity is available to the first 30 persons who sign up, see the

Surfers United website! And **Bev's** Sunday walk tour already has happened, with a nice turnout!

Then we had Buddy Time! **Sheila** re-introduced her partner, friend, and guest **LYLE**; **Brett** re-introduced his good surfing buddy, **MATT**, and another good surf buddy, whose name I missed (so sorry), and **Bev** re-introduced her golfing buddy, **Chris**.

The high-fives were real tear-jerkers, in this reporter's opinion:

Rick Clark had a "High \$50" (are you listening, **Sharon**?) to commemorate the 49 year anniversary his proposal, that he was lucky enough to get **Nilsa** to accept 1 And then \$1 for something to do with Rotary....

Antonio submitted a grateful high-5 for Honorary Lifetime Rotarin, granddaughter **Marin**. It seems when **Marin** returned to college back east, she had to be quarantined for the requisite 14 day, in a NYC (?) hotel room! Her food was delivered, and she did not have to wash dishes, apparently!

Charlie introduced our esteemed speaker, **Jamie Beck**, a dedicated attorney fighting the difficult fight against

human trafficking. Her talk, entitled, "The Impact of COVID19 on Human Trafficking, and Survivors" **Jamie** gave us look into that world in which she is expert, and we learned:

- The majority of young people are 14-16 years of age when approached.
- They are mostly preyed upon online.
- Human trafficking cuts across all economic demographics; no one is completely safe, if unaware.

Jamie Beck works with an organization that accepts donations of clothing for these circumstances. **Jacque** has volunteered to help. The site is Shariascloset.org. **Jamie** is one amazing, recognized and dedicated person. Our Rotary hats are off to you and your efforts! Thank you!

Emidio conjured up his **Will Rogers** Inner Spirit again, to close the meeting in fine style. WE will await the translation, **Emidio**!

*Yours in Rotary spirit,
Denny Jacobs
Club Reporter*



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2020 - 2021

PRESIDENT	Emidio DelConte
PRESIDENT ELECT (2021-22)	Jacquie Reilly
PRESIDENT ELECT ELECT (2022-23)	Dennis Bucko
TREASURER	Sharon Council
SECRETARY	Nancy Gatschet
PAST-PRESIDENT/FOUNDATION	Kimberly Schafer



AUGUST 2020
28..... Christina Nowacki

SEPTEMBER 2020
04..... Sheila Henry
11..... Diane Day



ROTARIAN
OF THE DAY



ALEX MONROE

My last couple ROTDs I took those opportunities to speak about the Rotary Foundation/ The LJGTRC Foundation and the Quintessential Festival. For this ROTD I am going to use my time more wisely and speak about my favorite subject:

ME...(insert wink emoji)

Actually, this ROTD was prompted by a call I received from the very handsome, extremely intelligent, and worldly Rich Papike. He called to inquire about a baby he had seen hanging out with me during our Zoom club meetings and more or less asked, "Where the heck did that baby come from?" The question threw me off since I thought he was a little "old" to be asking, but I put that aside and explained to him that when a man and woman love each other...I digress. I thought Rich might not be the only one pondering this mystery so I thought I would

take this opportunity to tell the story of how my life went from, "My Three Sons," to "The Brady Bunch" over the last few years. I will also share how my family and I are adapting to maintain our sanity in 2020.

Just briefly I would like to mention some mushy stuff:

I joined the LJGTRC in 2011 and it was one of the best things to ever happen. The friendships, entertainment, knowledge, and sense of purpose I gain from being a member of this "Dynamic" club are things I cannot live without. I wish more people were familiar with Rotary and the things we do, but see that as an opportunity to continue spreading the word. Go Rotary!

I wish everyone and their loved ones health and happiness during this strange year!

VANC Food Drive

Veterans Association of North County

Thanks to prospective member Matthew Shillingburg for organizing this monthly event in Oceanside. Special thanks to all our Rotary volunteers!

~ Brett Morey



MERLOT MONDAY'S

BRIDGES WALK

ZOOM FRIDAY




Understanding The Impact Of Covid-19 On Human Trafficking Victims & Survivors

CRIMINAL JUSTICE IMPACTS ON SURVIVORS

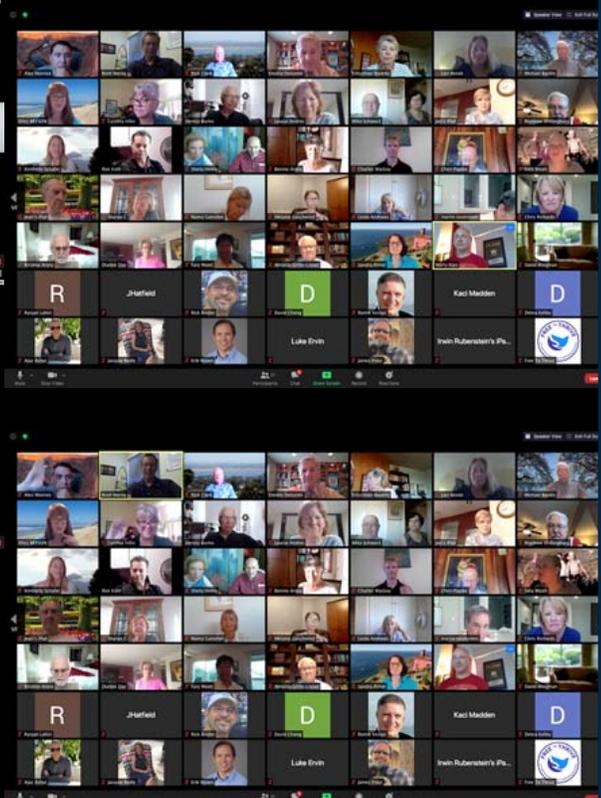
- Criminalization of victims and survivors
- Increased isolation due to COVID-19
- Health risks



Any Questions?

For more information, contact:

Jamie Beck
Free to Thrive
President & Managing Attorney
(619) 684-0025
jamie@freetothrive.org
www.freetothrive.org



Thanks To Our Generous Sponsors Of Our 2020 Quintessential Festival



CTK NORTH AMERICAN
INSURANCE SERVICES, LLC

