

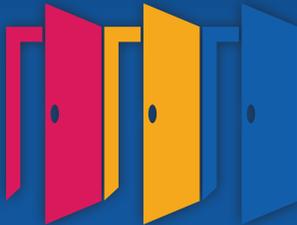
# THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

AUGUST 21, 2020



## Rotary Opens Opportunities

RI President 2020-21  
**HOLGER KNAACK**

District 5340 Governor 2020-21  
**STEVE WEITZEN**

LJGT Rotary President 2020-21  
**EMIDIO DELCONTE**

## SPEAKERS AND EVENTS

### AUGUST 2020- SPEAKER

28.....Solutions for Change  
Chris Megison

### SEPTEMBER 2020- SPEAKER

04.....SD3d Printing  
David Feenley

11.....Thinking Inside the Box: Reflections on Service  
Charles Hartford

18.....Movement and Longevity  
Andy Hsieh

25.....Rotary & Peace Corps: Partnering for Peace  
Cal



Chris Helmer  
Environmental & Natural Resources Director

## TRANSBOUNDARY POLLUTION - IN THE - TIJUANA RIVER

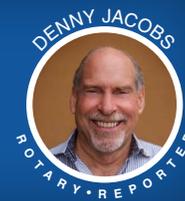


Chris Helmer is the Environmental and Natural Resources Director for the City of Imperial Beach. He has worked on Tijuana River issues in the City for over 10 years. He also manages the City's maintenance operations for the Public Works Department. Chris grew up in Poway and has lived most of his life in San Diego.



# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE  
THINK, SAY OR DO

01

IS IT  
THE TRUTH?

02

IS IT  
FAIR TO ALL  
CONCERNED?

03

WILL IT  
BUILD GOODWILL  
AND BETTER  
FRIENDSHIPS?

04

WILL IT BE  
BENEFICIAL  
TO ALL  
CONCERNED?

## Angry Ode to COVID

~ a poem by Dennis Norman Jacobs

This COVID nineteen  
Uninvited to our scene  
Believes forever it will reign  
Our world its domain  
Without even a tiny brain.  
*(Without a brain!)*

But, we have news for IT  
Very soon IT will SPLIT  
Starvation is our game.  
Out with a flicker, not even a flame.  
Might not even recall its name.  
*(Its name?)*

**Techie President Emidio** Zoomed us to order, and **ROD Ellen Bryson** led us in the Pledge, and settled us with words of inspiration and calm. The lovely **Ellen** is enjoying another phase of her most fascinating life, with several of her careers leading to the next. Currently, **Ellen** is a highly successful Real Estate Agent with Coldwell Banker, and she has received many awards for service to her community. She works with her daughter, **Wendy**, and **Ellen** met spouse **TK**, while working together! An obvious favorite of this reporter, **THANK YOU Ellen**, for all you do!

We were excited to meet our guests, **Chris Richards**, brought to Zoom by **Bev**, and **Mathew Shillingburg**, by **Brett**. **Chris** has already submitted an application, and **Matt** is contemplating! We welcome you both!

Recognition was given to **Bev** and **Brett**, for their efforts to organize safe social gatherings for our club. There already were two teams of Rotarians who volunteered to assist in the feeding the vets up in Oceanside, inspired by **Brett's** friend, **Matt**. And, there is a beach cleanup scheduled for September 12; this opportunity is available to the first 30 persons who sign up, see the

Surfers United website! And **Bev's** Sunday walk tour already has happened, with a nice turnout!

Then we had Buddy Time! **Sheila** re-introduced her partner, friend, and guest **LYLE**; **Brett** re-introduced his good surfing buddy, **MATT**, and another good surf buddy, whose name I missed (so sorry), and **Bev** re-introduced her golfing buddy, **Chris**.

The high-fives were real tear-jerkers, in this reporter's opinion:

**Rick Clark** had a "High \$50" (are you listening, **Sharon**?) to commemorate the 49 year anniversary his proposal, that he was lucky enough to get **Nilsa** to accept 1 And then \$1 for something to do with Rotary....

**Antonio** submitted a grateful high-5 for Honorary Lifetime Rotarin, granddaughter **Marin**. It seems when **Marin** returned to college back east, she had to be quarantined for the requisite 14 day, in a NYC (?) hotel room! Her food was delivered, and she did not have to wash dishes, apparently!

**Charlie** introduced our esteemed speaker, **Jamie Beck**, a dedicated attorney fighting the difficult fight against

human trafficking. Her talk, entitled, "The Impact of COVID19 on Human Trafficking, and Survivors" **Jamie** gave us look into that world in which she is expert, and we learned:

- The majority of young people are 14-16 years of age when approached.
- They are mostly preyed upon online.
- Human trafficking cuts across all economic demographics; no one is completely safe, if unaware.

**Jamie Beck** works with an organization that accepts donations of clothing for these circumstances. **Jacquie** has volunteered to help. The site is [Shariascloset.org](http://Shariascloset.org). **Jamie** is one amazing, recognized and dedicated person. Our Rotary hats are off to you and your efforts! Thank you!

**Emidio** conjured up his **Will Rogers** Inner Spirit again, to close the meeting in fine style. WE will await the translation, **Emidio**!

*Yours in Rotary spirit,  
Denny Jacobs  
Club Reporter*



La Jolla Golden Triangle  
**ROTARY CLUB**  
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**LJGT ROTARY LEADERSHIP 2020 - 2021**

PRESIDENT ..... Emidio DelConte  
 PRESIDENT ELECT (2021-22) ..... Jacquie Reilly  
 PRESIDENT ELECT ELECT (2022-23) ..... Dennis Bucko  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Nancy Gatschet  
 PAST-PRESIDENT/FOUNDATION ..... Kimberly Schafer



**AUGUST 2020**  
 28..... Christina Nowacki

**SEPTEMBER 2020**  
 04..... Sheila Henry  
 11..... Diane Day



**ROTARIAN**  
 OF THE DAY



**ALEX MONROE**

My last couple ROTDs I took those opportunities to speak about the Rotary Foundation/ The LJGTRC Foundation and the Quintessential Festival. For this ROTD I am going to use my time more wisely and speak about my favorite subject:

**ME...(insert wink emoji)**

Actually, this ROTD was prompted by a call I received from the very handsome, extremely intelligent, and worldly Rich Papike. He called to inquire about a baby he had seen hanging out with me during our Zoom club meetings and more or less asked, "Where the heck did that baby come from?" The question threw me off since I thought he was a little "old" to be asking, but I put that aside and explained to him that when a man and woman love each other...I digress. I thought Rich might not be the only one pondering this mystery so I thought I would

take this opportunity to tell the story of how my life went from, "My Three Sons," to "The Brady Bunch" over the last few years. I will also share how my family and I are adapting to maintain our sanity in 2020.

Just briefly I would like to mention some mushy stuff:

I joined the LJGTRC in 2011 and it was one of the best things to ever happen. The friendships, entertainment, knowledge, and sense of purpose I gain from being a member of this "Dynamic" club are things I cannot live without. I wish more people were familiar with Rotary and the things we do, but see that as an opportunity to continue spreading the word. Go Rotary!

I wish everyone and their loved ones health and happiness during this strange year!

# VANC Food Drive

Veterans Association of North County

Thanks to prospective member Matthew Shillingburg for organizing this monthly event in Oceanside. Special thanks to all our Rotary volunteers!

~ Brett Morey



## MERLOT MONDAY'S

## BRIDGES WALK

# ZOOM FRIDAY




Understanding The Impact Of Covid-19 On Human Trafficking Victims & Survivors

### CRIMINAL JUSTICE IMPACTS ON SURVIVORS

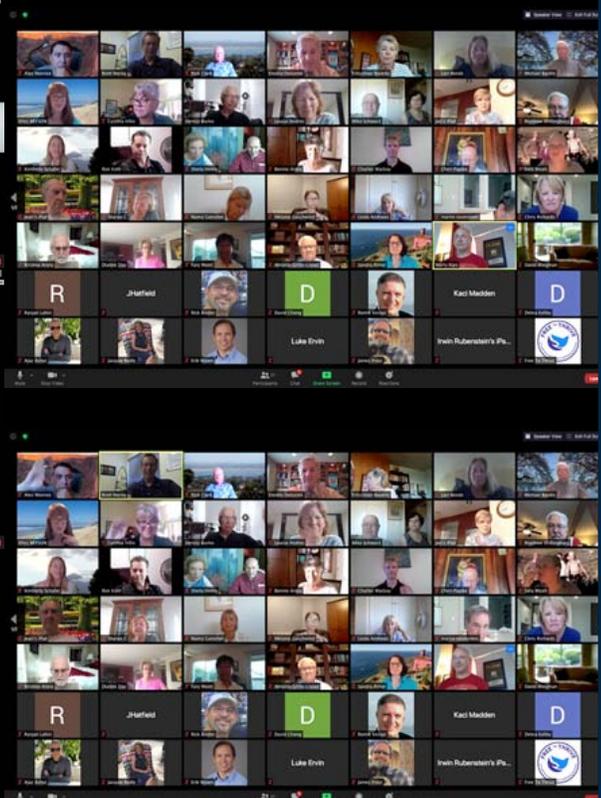
- Criminalization of victims and survivors
- Increased isolation due to COVID-19
- Health risks



### Any Questions?

For more information, contact:

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