

THE GOLDEN rotarian

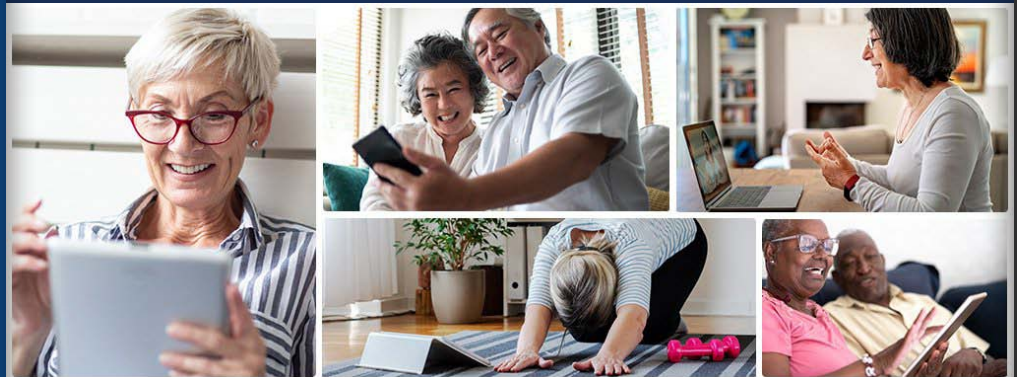
LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

FEBRUARY 05, 2021

www.lajollagrotary.org



ISOLATION IN THE PANDEMIC ERA • WHAT ARE WE DOING FOR OUR SENIORS



Rotary Opens Opportunities

RI President 2020-21
HOLGER KNAACK

District 5340 Governor 2020-21
STEVE WEITZEN

LJGT Rotary President 2020-21
EMIDIO DELCONTE

SPEAKERS AND EVENTS

FEBRUARY 2021- SPEAKER

12.....Katie Grace & Annie Fonte

Physical Therapy

19.....Dr. Michael Fryer

Pathways for Peace group

26.....Sandi Rimer

Rotary Website Update



San Diego Oasis: An award- winning nonprofit organization viewed as the new senior center without walls is providing virtual classes, communication and activities to seniors so they experience socialization, learning and engagement to prevent isolation and loneliness as they continue to be sequestered in their homes and facilities.



Jolyn Parker

currently serves as VP of External Relations for San Diego Oasis, an

award-winning nonprofit organization providing stimulation, education and community engagement to older adults to prevent isolation and loneliness, and to encourage engagement and purpose, especially during this pandemic. Raising friends and funds for Oasis, Jolyn is an accomplished business planning, marketing and development executive with broad leadership experience in strategic and organizational analysis that produces outcome-driven strategies

around vision, mission and realistic goals. She has significant background in nonprofit board leadership, business management, fundraising and grant writing, marketing and brand strategy, public relations and mentoring/teaching skills. She is adept at coaching individuals and teams to create short- and long-term goals and action plans that work by examining market share and trends, reviewing best business practices, understanding board and staff dynamics and identifying opportunities for growth.

She holds a Bachelor of Professional Studies in Nonprofit Man-

agement from Empire State College at SUNY, Applied Associate Degree in Retail Management from Fashion Institute of Technology at SUNY, and a certificate from The College of Distributive Trades, London, England. Originally from Cleveland, Ohio, she is married to a business turnaround specialist and has one daughter, an attorney.





REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

02

IS IT
FAIR TO ALL
CONCERNED?

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

HERBERT J. TAYLOR

President Emidio DelConte called the meeting to order at 7:30AM sharp. Our **President Emidio DelConte** introduced our Rotarian of the day was **Sara Micelli**. **Sara** led us in a moment of silence to reflect. She then led us in the Pledge of Allegiance.

Sara began with a Powerpoint Presentation of her life growing up in Burbank, California, in a house, 3 house down from the Los Angeles border with 4 sisters. Growing up my dad had 2 rules, No Pink and No Flowers. So my senior year of High School, **Sara** painted her room "Pink" and a Blue Flowered Couch, which went with me later. When I came home from High School one day her dad was there with a can of white paint for her to repaint her room white. She went to college at UC Santa Barbara and was in a sorority at UC Santa Barbara. She joined Gamma Phi Beta which was

the only sorority to have a pool which caused a lot of fraternity shenanigans but was a ton of fun. This past year, **Tucker** and her have been spending most of their time at home working and playing on the computer and IPAD ordering from Amazon. She showed her "Big Italian Family" on her dad's side and she discovered of a new family member. They discovered her **Aunt Catherine** and one of her 5 children. She lives in Boise, ID. Her mom also has another sibling. All discovered on Ancestry.

President Emidio DelConte introduced guests to include **Vitaliy Benzrodnov**, today's Guest Speaker, **Peter Valentine**, **Chris Banta**, **Dr. Brian Ekenburg**,

Lori or **Susan** with fines for dirt and "Happy Dollars." No dirt. **President Emidio DelConte** began with "Happy Dollars"

for get his Hair Cut with no fur on the back of his neck. Jay "Happy Five" from Roda, who is selling "Girl Scout" cookies. Antonio "High Five" for his 19 year son. Mom's Restaurant spoke.

Vitaliy Benzrodnov, guest speaker spoke and gave a Power Point presentation beginning with his birth in the former Soviet Union followed by his immigration to the United States in 1994. He was introduced to Rotary on the 90th Russian-American District Conference in Denver. He moved from Boulder, CO to Cleveland, OH where he became founder and coordinator of Rotary Children's Fund, 501(c)3 and he founded Rotary "Golden Gates."

~ Reporter

Matt Shillingburg



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2020 - 2021

PRESIDENT Emidio DelConte
PRESIDENT ELECT (2021-22) Jacquie Reilly
PRESIDENT ELECT ELECT (2022-23) Dennis Bucko
TREASURER Sharon Council
SECRETARY Nancy Gatschet
PAST-PRESIDENT/FOUNDATION Kimberly Schafer



FEBRUARY 2021

12..... Pam Russell
19..... Lyle Brady
26..... Janine Pack



ROTARIAN
OF THE DAY



Rick Binder

What an interesting year it's been. This past year started off with a bang. I was hired by AppleOne to manage their Mira Mesa branch office. We were off to an outstanding start, and then Covid hit. I've been working remotely since March, and my office was assimilated into another, but even through all of that I ended up having a very good year from a business standpoint.

Personally, **Janine** and I got engaged – one week before the lockdown. Since then we've just considered ourselves extremely grateful to have each other, to remain employed and to have remained healthy through all this.

We did manage a few getaways throughout the year. In January we took a short cruise to Mexico, and subsequent to the lockdown we managed small getaways to Palm Springs, Yuma (Yes Yuma – it was hot, the pool was uncrowded and it wasn't my living room/office), Santa Barbara and Tucson (my old alma mater).

As for Rotary, I miss seeing everyone, but even via Zoom I wouldn't want to be in any other (less dynamic) club than the La Jolla Golden Triangle. It's hard to believe this will be my 9th year in this club (plus another 10 previously up in Los Angeles. I look forward to the day when we can all gather together once again for powdered eggs and fellowship.

