

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

FEBRUARY 17 2023



Rotary

La Jolla



IMAGINE
ROTARY

RI President 2022-23
JENNIFER JONES

District 5340 Governor 2022-23
CHARLES PRETTO

LJGT Rotary President 2022-23
NANCY GATSCHET

SPEAKERS AND EVENTS

FEBRUARY 2023 - SPEAKER

24.....Rotary Scholars
USD Kroc School of Peace Studies

MARCH 2023 - SPEAKER

3.....TBD
Padres

10.....Tamara Carson
Cygnet Theater



“I LOVE A CLEAN SAN DIEGO”! MARINA PANGILINAN

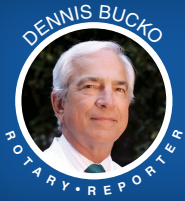


ZERO WASTE 101

Hailing from South Bay San Diego, Marina believes in the power of community organizing and education. She graduated San Diego State University with a BS in Environmental Sciences, where she was involved in student organizations surrounding sustainability and environmental justice.

Marina had the opportunity of gaining experience in developing and planning community events that promoted sustainable living and the city's ecological transition through an international internship. In her free time, Marina loves to sing, play music, make crafts, and spend time with her family and friends.

Our presentation covers waste production in San Diego, local waste disposal guidelines for recycling, trash, and organics recycling, zero waste lifestyle tips, and an overview of local environmental issues.



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

The Rotarian of the Day was **Doctor C. Dennis Bucko** who talked about “**WATER**” and the diminishing supplies to the city of San Diego due to additional future cutbacks in Colorado River water allotments and the long term drought in the southwest United States.

Lake Mead, above the Hoover Dam , has supplied 50% of San Diego water but has been drying up. As the runoff diminishes and the drought persists the seven Colorado River Basin states are once again battling for water rights. There is not enough water for everyone, and the solutions are not clear.

President Nancy introduced **Perth Rosen** a Peace Fellow and guest of **Mike Barden**, **Jan Percival** who introduced her daughter **Shane**, and two Rotaract students, **Christian** and **Carlos**.

We have 11 Birthdays this month and **Nancy** recited their names and had chocolate for all.

Nancy revealed that the S D Union Trib. recently featured the Urban Street Angels, whom we have supported.

The “Walk for Mental Health” is scheduled for April 29

Jacquie is preparing Nancy’s Demote-Promote party for July 1, 2023, location is TBD.

Brett Morey announced A “Cupid’s Cleanup” on 2/11/23 in OB - Meet at Tower 11 at 8:00

Lori Bende announced that it is Girl Scout cookie time again but “on line” purchases only-\$6/box. (Nancy confessed to once having eaten a whole box in one sitting!) They are good.

The meeting was highlighted by the Peace Committee’s special “Zoom” presentation of the “Peacemaker of the Year Award” to **Abdul Qaum Almas**, our Afghan contact and partner in numerous projects that we have initiated and shared over the past 20 years according to **Steve Brown**. (Steve dressed in his finest Afghan outfit for the event.

David Tansey, Peace Committee Chairman noted that this was only the fourth “Peacemaker” award ever presented by our club.

Almas, who was on the Zoom call today was a Past President of his club and was also formally honored similarly at his own club earlier this week.

Our club and the International Service

Committee has been supportive of the Afghan projects for over 20 years and individual club members who have had special ties to the Afghan projects were named as follows:

Steve Brown and **Fary Moini**, who have provided financial support and the leadership for our programs in Afghanistan and have repeatedly actually visited our various projects, starting in 2002.

Rick Clark who designed the 6000 sq ft school and computer labs

Jan Percival for her local PR work.

Cynthia Villis for securing State Department Grants of \$350,000 in 2008-2010. (She has also met Almas in person and helped secure funds for the computer lab at Nangahar University.)

Rick Clark followed up the ceremony with a very interesting and instructive slide show showing the highlights of our various Afghan programs including a photo of the 6000 sq ft school he designed and the “Teaching English Through Technology” lab.

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04

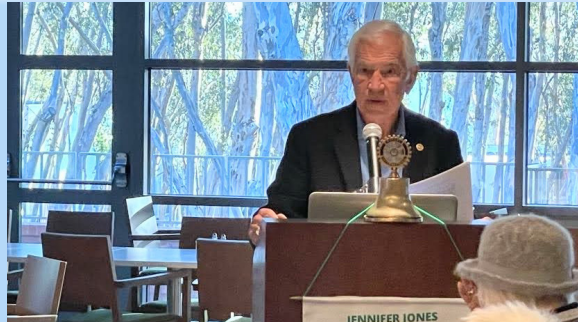
WILL IT BE BENEFICIAL TO ALL CONCERNED?

~Reporter

Dennis Bucko



PHOTOS FROM LAST MEETING



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OF THE THINGS WE THINK, SAY OR DO



Inauguration of Computer Lab in Tijuana

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La Jolla Golden Triangle
ROTARY CLUB
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LJGT ROTARY LEADERSHIP 2022 - 2023

PRESIDENT Nancy Gatschet
 PRESIDENT ELECT (2023-24) Christy White Brook
 PRESIDENT ELECT ELECT (2024-25)
 TREASURER Sharon Council
 SECRETARY Christy White Brook
 PAST-PRESIDENT/FOUNDATION Jacquie Reilly



FEBRUARY 2023

February 24 - Charles Mackay

MARCH 2023

March 3 - Tim Fronczek

March 10 - Bonnie Arora



ROTARIAN
 OF THE DAY

CAROL TOHSAKU

Carol K. Tohsaku is an educational/instructional technologist who developed and managed the Baseline Access, Training and Support (BATS) computer software training program for San Diego State University (SDSU) faculty, staff and students (1998-2009), and coordinated the Faculty Instructional Technology (FIT) Center at SDSU from 2009 until August 2020. Prior to SDSU, Carol worked at UC San Diego for 17 years in Admissions/Registrars, Graduate School of International Relations and Pacific Studies (now Global Policy Strategies), Computer Science and Engineering, Warren College Academic Advising and School of Medicine.

With a background in educational technology, linguistics, economics, visual arts studio, medicine and music from UC San Diego and SDSU, Carol has combined her professional and personal interests to promote life-long learning, international cultural understanding through projects with other universities abroad and children's programs emphasizing universal living values in art and humanities, sciences and social sciences. In addition, Carol supports programs that enhance community leadership and safety, and she believes that women need to be leaders in their community because they, in general, understand the importance of supporting their households and family through health, nutrition, education and commerce.

As a world traveler, Carol has visited 45+ countries, usually, on her own. She first researches topics on culture, language, customs, history, archaeology, security and safety before embarking on a trip. In addition, she makes contacts at universities, museums, libraries and the consulate before her trips. Carol's hobbies include traveling, meditating, reading, watching international films, listening to music, and creating art from paper/mosaics/fabric/recyclables. Her parents (Nisei) emphasized the importance of volunteering to help people, animals and plant life. And so she believes that this world would be a better place if people would focus on helping others with passion, combining heart and mind.

Carol has served on the following boards:

San Diego Police Foundation (<https://sdpolicefoundation.org>) - 2015-2020 - As a board member, she assisted the San Diego Police Department by building safety awareness programs that include SafetyNet (cyber safety for children), K9 unit, Rita Olsen Scholarship Committee (awarding scholarships to female college students interested in law enforcement), and other community awareness programs that advocate better safety measures and practices, and equity and inclusion. San Diego is the safest large city in the US since 2017.

Hellenic Cultural Society of San Diego (<http://www.hellenic-culture.org>) - 1999-2016 - As a board member and Director of Education, she promoted Hellenism and presented Greek mythology children's programs to libraries, schools, and non-profit organizations throughout San Diego County and in Greece.

San Diego Asian American Repertory Theatre (https://www.facebook.com/pg/San-Diego-Asian-American-Repertory-Theater-157896399203/photos/?ref=page_internal) - 2007-2009 - As a board member, she helped promote Asian theatre production and plays through fundraising and marketing.

The International Society for Performance Improvement (<https://ispi.org>)-1995-1997 - As VP of Administration and Membership Coordinator for the San Diego Chapter, she streamlined operations and increased membership.

