

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

FEBRUARY 24 2023



RI President 2022-23  
**JENNIFER JONES**

District 5340 Governor 2022-23  
**CHARLES PRETTO**

LJGT Rotary President 2022-23  
**NANCY GATSCHET**

## SPEAKERS AND EVENTS

### MARCH 2023 - SPEAKER

- 3..... TBD  
Padres
- 10..... Tamara Carson  
Cygnet Theater
- 17..... Dave Oates  
World Lacrosse Championships



## USD KROC SCHOOL OF PEACE STUDIES:



## ROTARY SCHOLARS AT USD'S KROC SCHOOL OF PEACE STUDIES: 20 YEARS OF BUILDING PEACE

What happens after students receive Rotary Scholarships to enroll in master's degree programs in the University of San Diego's Kroc School of Peace Studies (KSPS)? Do they actively build peace?

Does a Rotary Scholar's outreach in the service of peace justify his or her \$60,000 funding? Each Scholar receives a \$30,000 Rotary scholarship and a \$30,000 match scholarship from the Kroc School.

Steve Brown and Cynthia Villis surveyed the 34 international alumni from 21 countries who have received such Rotary Scholarships since 2002, seeking information about their experiences of their programs and their achievements since graduation. The information that they will share is a celebration of peacebuilding on the dusty ground of the Sudan and Somalia, to the highest level of law in Tanzania, to building low-income housing in China, and more.

Ms. Sharon Mwangi from Kenya is our District's current Rotary Scholar, enrolled in the master's degree program in Conflict Management and Resolution. Born and raised in central Kenya, Sharon's received her undergraduate degree in Sociology from Moi University. After completing an internship with the Kenya Red Cross, Sharon worked in humanitarian aid for Transparency International Kenya and for the Africa Voices Foundation. Her goal is to impact African communities in conflict, contributing to inter-agency collaboration to bring peace in Africa.

PDG Mel Gallegos and Judy Gallegos from the Rotary Club of San Diego Downtown Breakfast are Sharon's most excellent Rotary Host Counselors, accompanying her to our meeting today.



# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

The meeting was brought to order by **President Nancy** semi promptly at 7:32 and soon one of our new Rotarians, **Carol Tohsaku** was leading us in the pledge and sharing some of her favorite quotes from Socrates and other smart people.

She has worked in computer software training and engineering disciplines for 11 years at SDSU and 17 years before that at UCSD and now is mostly a world traveler.

She will be a great addition to our club. **Bonnie Aurora** introduced our guests and **Jan Percival** introduced her daughter Shane and her boyfriend.

### Announcements:

- March 3rd is our annual meeting and the election of new board members.

-**Nancy** announced again that we can donate to relief efforts for earthquake efforts in Syria and Turkey

-**Chris Muhart, Jacquie Reilly** and **Linda Andrews** will be this year's Rally Mistresses...the event will be a half day on May 6th with a beer garden party to follow.

-**Jan Bernardy** mentioned that we needed toiletries

for Ukranian refugees and was passing a hat for each of us to pick which kind we were going to bring. I picked something called shampoo and when I asked what that was, I was allowed to re pick and got lotion. I knew what that was!

-Career day is April 12th

-**Nancy** mentioned that she and about 15 other club members went to Tijuana to inaugurate the two computer labs that we helped create. Apparently during the festivities, **Allan Galgut** debuted as a world class break dancer!

-**Mary Rosenstein** announced that our Rotaract club would be involved in creating pasteurization instruments to be sent to needy countries on March 12th.

-**Bonnie** mentioned that she and **Krishna** were involved with the Innovative Center for seniors in Rancho Bernardo. Krishna also mentioned that there are no more seniors, just "older adults!!" Who knew?

-**Stephen Tako** will be a featured speaker at Motivated to Act on April

26th at 5:30 at the Faculty Club.

-Also, **Stephen** and **Rich Papike** will be facilitators at RYLA in Idyllwild this year in April.

-During High 5's we learned that **Linda Wallis** was hanging around Balboa Park in ripped jeans watching trees fall down and **Rick Binder** is moving to Florida...we will miss him.

Our speaker was **Marina Pangilinan** with I love a Clean San Diego. There were almost too many factoids to digest but one biggie was that each of us produce 6.2 pounds of trash every day...2,263 pounds per year! Wow! We also learned that our biggest Landfill in Miramar will be totally filled by 2030. Also wow!

She gave us many tips to reduce the environmental impact of how we dispose of things. It was a great lesson in Mindfulness!

Nancy was going to play the music for our weekly music guessing game but couldn't find her phone. Now, we all have to guess where she left it!

~Reporter

*Rich Papike*

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?





# PHOTOS FROM LAST MEETING



## THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

La Jolla Golden Triangle  
**ROTARY CLUB**

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
 La Jolla, CA 92039  
 www.LaJollaGTRotary.org

**LJGT ROTARY LEADERSHIP 2022 - 2023**

PRESIDENT ..... Nancy Gatschet  
 PRESIDENT ELECT (2023-24) ..... Christy White Brook  
 PRESIDENT ELECT ELECT (2024-25) .....  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Christy White Brook  
 PAST-PRESIDENT/FOUNDATION ..... Jacquie Reilly



**MARCH 2023**

- March 3 - Tim Fronczek
- March 10 - Bonnie Arora
- March 17 - Ellen Bryson
- March 24 - Allan Galgut



**ROTARIAN**  
 OF THE DAY

**CHARLES MACKAY**

Hailing from north Pacific Beach by way of San Juan Capistrano, Charlie Mackay is now a full-time San Diegan after 12 years of residency. Charlie is a partner at Marine Street Financial, a local wealth management firm based in La Jolla. His primary role is serving clients as a Chartered Retirement Plan Counselor (CRPC). Prior to joining the team, he was a branch analyst in the Wealth Management division of Morgan Stanley.

He graduated Magna Cum Laude from the University of San Diego with a degree in Finance and International Business. During his free time, Charles enjoys surfing and exploring the many natural wonders of Southern California with his fiancée, Matthea Monroe. The pair love the trying new restaurants and have become self-proclaimed foodies. They will be married in Sayulita, Mexico early next year.

Charlie's Rotary journey is still in its infancy, but he is excited to continue his pursuit of service above self.

He is eternally grateful for many in the La Jolla Golden Triangle Rotary club for encouraging him to take up new projects and expand his role in the organization. He looks forward to carrying on the philanthropic tradition of the LJGT club for many years to come.

