

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

FEBRUARY 25 2022



SERVE TO CHANGE LIVES

RI President 2021-22
SHEKHAR MEHTA

District 5340 Governor 2021-22
DANIEL GENSLER

LJGT Rotary President 2021-22
JACQUIE REILLY

SPEAKERS AND EVENTS

MARCH 2022 - SPEAKER

- 4..... Sylvia Whitlock
Women in Rotary
- 11..... Vivi Lin
President of San Diego Strike Force Professional Football
- 18..... Chris Stewart
Addiction and Mental Health
- 25..... Janusz Supernak
Explore SDSU



LJGTRC Peacemaker of the Year Award Presentation

Speakers: David Tansey, Chair, LJGTRC Pathways to Peace Committee
Martin Rosenstein, Winner 2021-22 Award
Sarah Saluto, Winner 2021-22 Award
Presentation and photo opportunity
Questions and Comments

The purpose of the Committee is to:

- Engage, educate, and empower Rotarians to achieve peace objectives,
- Raise Rotary's profile as a community and world peacebuilder,
- Demonstrate support for Rotary Peace Centers and Fellows.

Rotary



rotary **action**
group **for peace**
peace through service

La Jolla Golden Triangle Rotary Club
Peacebuilder Club



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

The in-person meeting crowd was much larger than usual, and having such a great time that President Jacquie called the meeting to order at 7:36, introducing the ever-radiant **Sheila Henry** as Rotarian of the Day. Sheila led us in a moment of silent reflection to commemorate those who have died from Covid-19. While most of us hung on the edges of our seats for Sheila's review of the Super Bowl Compton hip-hop halftime -- did Snoop really Crip Walk on national TV? -- or her take on Johnny Weir's Olympic pompadour, she demurred from her fame as sports color commentator and focused instead on Love.

Sheila reminded us that there is Life, and Love, after 60. She recalled the Valentine-affirming tale of she and Lyle meeting and moving in together. She was content in her life, but casually mentioned to a friend that it would be nice to once again have male companionship, saying that men have that special energy. Sheila has discovered the secret to finding a love (and not just any love, but a love that can make two years of pandemic cohabitation a pretty good time) and is happy to share it with interested folks as part of her practice. Sheila continues her professional development as a licensed counselor specializing in EFT (Emotional Freedom Techniques) and energy psychology. Sheila, thank you for sharing so much joy so often.

Bradley Day facilitated the Zoomers online. **Kathleen Roche-Tansey** shared a rave review of Trader Joe's scones. **Peggy Martin** just returned from Ecuador. **Sara Miceli's** latest backdrop commemorated the discovery of Pluto as a planet on this day in 1930. **Brett and Karla** were bumping along somewhere in mining country. And we all waved to Alex Monroe's daughter **Persephone** -- how she has grown! **Susan Davis** and the mysterious "**Tono**" on Zoom were our guests at the meeting. (Yes, yes, it was Tony Grillo.)

Jacquie announced that there

will be a Celebration of Life in a month of two. Some of us imagine a Marriott coffee service up above the clouds, where **Emidio, Carl, Bruce, Frank, Tom, and Denny** stand with their coffee cups, laughing and trading one-liners.

There will be a Road Rally; details coming soon. **Bev Fritschner** and **Tony Grillo** are coordinating this year's Promote/Demote, scheduled for Saturday, June 25.

Rick Clark, Jim Davies, Tony Grillo, Jim Frost and others are spending significant hours planning our first hands-on project in two years for March 19 and 26, tackling the Northeast Division police station for upgrades including a kitchen refresh, a deck awning, fresh paint, and more. We need YOU there!

Rich Papike, the Quintessential Finemaster, He Who Makes Everyone Laugh, stepped up to the podium in a shirt that only a mother Zebra could love. Ah, but many fell for that comment-luring trap and were fined, **Steve Brown** and **Mike Bardin** among them. Who knew that shirt jokes were a genre? **Sheila Henry** saying that "Men have that special thing" did not go unnoticed by the Finemaster. In Happy Dollars, **Irwin and Ina Rubenstein** are celebrating their 66th wedding anniversary. In light of recent events, **Rich** reminded us that every single day is a gift.

Matt Shillingburg introduced our speaker, **Lieutenant Colonel Dan Wilson**, "who has made a tremendous difference." Dan is US Army Ranger Retired, and he detailed his experiences in getting Afghan allies evacuated from Afghanistan, and his continuing efforts to assist Afghan refugee families rebuild their lives in San Diego County. Dan spent three combat deployments in Afghanistan and one in Iraq. In his last tour in 2011-2012, he commanded an Infantry battalion task force in the Kunar and Nuristan provinces of eastern Afghanistan on the border with Pakistan. Dan noted the service and sacrifice of the young American soldiers in

his command, "who did their best every day."

Dan also noted the Afghans' hospitality, friendship, and brotherhood extended to US troops while in that country. Since returning home in 2016, He has been deeply involved in helping Afghan interpreters obtain their Special Immigrant Visas (SIVs). Since the fall of Afghanistan to the Taliban, Dan worked to evacuate at-risk Afghans from Afghanistan, and is now advising commanders at the refugee processing centers on cultural awareness, and volunteering with local resettlement agencies and other non-profits to welcome our new Afghan neighbors. He is a member of the Oceanside Rotary Club, and currently serves as the co-lead of the Social, Emotional, Cultural and Volunteer Working Group of the San Diego County Afghan Resettlement Task Force.

Dan told several stories of Afghan families stranded in hotel rooms in San Diego, waiting for help, housing, food, referrals for basic needs, etc. His rationale for serving them is compelling: "I believe in this Country. We made a promise. The US keeps its promises. We did not keep our promise to them." SD County case management is overwhelmed. Families will benefit from time, money, goods -- and most of all, shoulder-to-shoulder assistance in resettling here. "Show them what Americans are like."

President Jaucqie ended the mieteng with a sttanmet that it deosn't mtttaer in waht oredr the ltteers in a wrod are, the olny iprmoetnt tihng is taht the frist and lsat ltteer be at the rghit plcae. The rset can be a toatl mses and you can siltl raed it wouthit porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe, and bcuseae we are bauetilul and smtar smtar smtar Rtoarains..

~Reporter

Cynthia Villis



PHOTOS FROM LAST MEETING



The Situation

- 2,500-3,000 Afghans settling in SD
- Most are still living in hotels with more arriving every day
- 50,000 SIV eligible Afghans left behind

The Ask

- Advocate with local, state and federal officials
- Donate time, money, or goods
- Sponsor a family
- Welcome our new neighbors whenever you see them!

Great Organizations

www.afsc.org/afghaninvasd.org
www.welcometome.com
<https://welcomeme.us>

Critical Needs

- Food & Clothing
- Housing (Temporary/Permanent)
- Employment

Why I'm Here

THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

La Jolla Golden Triangle
ROTARY CLUB
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LJGT ROTARY LEADERSHIP 2021 - 2022

PRESIDENT Jacquie Reilly
 PRESIDENT ELECT (2022-23) Nancy Gatschet
 PRESIDENT ELECT ELECT (2023-24) Dennis Bucko
 TREASURER Sharon Council
 SECRETARY Nancy Gatschet
 PAST-PRESIDENT/FOUNDATION Emidio DelConte



MARCH 2022

- March 4 - Rick Papike
- March 11 - David Chong
- March 18- Kevin Carlson
- March 25 - Linda Stouffer-Wallis



ROTARIAN
 OF THE DAY

DAVID TANSEY



David Tansey was born and raised in Los Angeles, the older of two sons and the oldest of 25 first cousins in a vast, but close, extended family. Education was demanded, achievement was expected.

His grandparents had come from Eastern Europe in the first years of the century and moved to CA in the 1920's.

Two uncles and the husbands of two aunts saw active duty in WW II. With their own families delayed and his grandparents attentive, he got vast amounts of TLC and attention while growing up.

He was in advanced classes from the fourth grade and was a Science Talent Search honorable mention in high school. He was admitted to Caltech, and it was a horrible shock to discover he was not the smartest guy in the room. He failed a physics class and, short of units, took Psych 101 in extension to graduate.

He spent the summer after graduation at a summer job in Israel where he learned some facts of life from men with numbers tattooed on their arms. He also realized that he needed a graduate degree to get a good job. Stanford admitted him to their revised Chem Eng. program. He met his wife at Stanford, earned his Master's and went to work at FMC in Northern California in Sept, 1958. Their daughter Lisa was born in Sept 1959. In Sept 1960, his father lured him into accepting a job as the engineer in an aircraft control pulley manufacturing business he was starting in Los Angeles. David reluctantly accepted and moved back to LA in Feb '61.

His father had a heart attack in May and died in September, leaving him as CEO to run the business to support his own family, his mother, and his brother. David's son Ben was born months after his father died. At Stanford, he had been further introduced to psychology, with no intent to change professions. In 1970, he had an experience that led him to believe he could become a psychologist and find a way get out of the business. David successfully sold the business. But his marriage failed. He finished his dissertation and earned his Ph.D. in 1974. On 7-7-77 he was granted his license as a psychologist.

By then, he had met Kathleen and moved to San Diego to begin his clinical practice. He developed services that retrained sexual harassers, supported chief executives, and facilitate communications in business. He found himself working with severely emotionally disturbed individuals and with a Person Centered style that facilitated the work.

He became a Charter Member of the LJGTR Club in 1985 and served on the first Board of Directors. He was asked to become Clinical Director at a treatment facility named Hanble eye, which provided long-term intensive care for schizophrenics, bipolars, and people with disabling personality disorders. During his second time as Clinical Director, the owner decided to sell out. He purchased the business with the other senior staff and a business manager. Twelve years into owning the business, David decided to retire. In the same time-frame, he and his partners sold the business to a private equity firm and kept all of the real estate. The change left him with more time for Rotary, and the Pathways to Peace Committee has left him with purpose.