

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

FEBRUARY 3 2023



**IMAGINE
ROTARY**

RI President 2022-23
JENNIFER JONES

District 5340 Governor 2022-23
CHARLES PRETTO

LJGT Rotary President 2022-23
NANCY GATSCHET

SPEAKERS AND EVENTS

FEBRUARY 2023 - SPEAKER

- 10..... Peacemakers of the Year
Paths to Peace
- 17..... Maren Kavanaugh
I Love a Clean San Diego
- 24..... Rotary Scholars
USD Kroc School of Peace Studies



CAPTAIN TIM QUAST

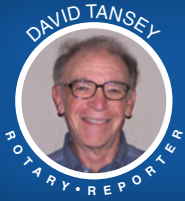


USNS MERCY AND PACIFIC PARTNERSHIP

The MERCY is one of two US Navy hospital ships, and is based out of San Diego. This 1000 bed hospital ship would be the 8th largest in the world if on land, and is designed to provide full care for US Servicemen and women in times of conflict, but has secondary missions of performing civil affairs relief to US citizens as her crew did in 2020 at the beginning of the COVID Pandemic in Los Angeles (her sister ship, COMFORT performed this mission in NYC).

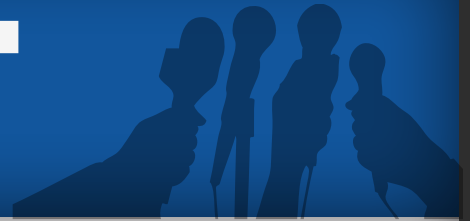
MERCY also performs a recurring humanitarian mission called Pacific Partnership, now in its 19th year. In the summer of 2022 MERCY deployed to Micronesia and the South Pacific to provide humanitarian relief to tens of thousands of denizens of this region.

CAPT Quast was the planning and executing Commanding Officer during this mission, departing MERCY upon his Change of Command and Retirement in Palau in July of 2022.



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

President Nancy started the meeting close to 7:30am.

She introduced ROTD **Brian Eichenberg MD**, who had already been a Rotarian for 22 years, two of them in our Club. He was raised in a family that had an extended history in Rotary, the police, and the military. A visit to Pearl Harbor struck an emotional chord that may be familiar to many of us. Realizing as an adult that the weather here is better than in Michigan, he moved, with his physician wife and two adolescent children. He is looking forward to spending less time as a plastic surgeon and more as a Rotarian, now that both kids are about out of college.

Two new members, **Carolyn Fritz** and **Tim Fronczek**, were traditionally and enthusiastically married into Rotary by **Alex Monroe**. They also live next to each other on the club membership list.

Sandi Rimer reported her phone call with **Susan Schwarz** about Mike's dialysis treatment: she encouraged our phone calls to them.

Visiting Rotarian **Gabe Fasolino** initiated a flag exchange with our Club. He started his Club, Misi3n Baja Norte (near Rosarito), when he found the local clubs spoke only Spanish. The expat club has done many school building and computer projects. He said I "...found it a pleasure to serve and want to do more."

Our speaker was **Megan Phelps**, a 23-year-old Client Activist. She leads SD350Youth4Climate. Her presentation was filled with information, and denser than

your Scribe could track. Thus, what you get are Headlines:

"The Climate Crisis, youth, and how Rotarians are part of the Solution"

"Integrated Climate Action to Save the World"

"Existential Dread About the Future"

"At nine, in her family, 'I'm in the World to Change the World'"

"Must we Change – Yes! Can we Change – Yes! Will we Change – Yes, we Must!"

"Climate Change is brought on by CO2 from fossil fuels"

"The solution is known, reduce fossil fuel use"

"The Goal 'To Protect the Environment' overlaps most Rotary Causes"

"Steps: Bolstering Student Leadership; Ecology Club Coalitions; Student Internships; Support by Adults"

"75% of Young People are Frightened by Climate Change"

"Youth Need Training So Help by: Writing Grants, Giving Money, Being There, Helping Plan"

"You could:
Tell your bank not to loan to fossil fuel companies
Eat less meat
Fly less
Take public transport
Talk to your family
Join those who are choosing right
Join Rotary Climate Action Team
Join SanDiego350"

"Your World Does Depend On It"

"The US Does Need to Lead the Way"

"Note: You can - Want it to happen. Will it to happen. Make it happen."

Nancy ended the meeting with the music of Diana Ross at 8:31.

Report from the Zoomer meeting of January 27, 2023

There were nine Rotary members who joined on Zoom. We waited a while to be connected to the meeting. When that didn't happen, we had our own meeting. We welcomed **Bonnie Aurora**, who joined from New Delhi, India, and **Carla & Brett**, who were traveling by car on beautiful snow banked roads from Canada to Chicago.

We asked **Bonnie** to be our ROTD. She described the numerous projects that she and Krishna visited and worked on during their month-long visit to India. Many involved water and sanitation, major needs in India.

Sara Katz and **Kathleen** shared new kitchen appliance stories.

Jan introduced us to her foster Tijuana rescue dog.

Sarah updated us on Tucker's new dog, who arrived with fleas.

We had a great time catching up with one another.

We all agreed to end our Zoom meeting at 8:15am.

~Reporter

David Tansey

02

IS IT
FAIR TO ALL
CONCERNED?

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?



PHOTOS FROM LAST MEETING



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IS IT THE TRUTH?



02

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WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

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WILL IT BE BENEFICIAL TO ALL CONCERNED?

La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2022 - 2023

PRESIDENT Nancy Gatschet
 PRESIDENT ELECT (2023-24) Christy White Brook
 PRESIDENT ELECT ELECT (2024-25)
 TREASURER Sharon Council
 SECRETARY Christy White Brook
 PAST-PRESIDENT/FOUNDATION Jacquie Reilly



FEBRUARY 2023

February 10 - Dennis Bucko



ROTARIAN
 OF THE DAY

MATT CLARKE

I'm an investment advisor specializing in stock selection in La Jolla CA. I grew up in Lodi CA near Sacramento and ended up going to college at the University of San Diego to study finance. Following that I went to grad school at USD as well getting my masters in finance.

San Diego is my home and my parents, uncle and aunt also live in the area.

Outside of work I like to play golf, basketball, draw, and spend time with my family.

