

THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JANUARY 27 2023



**IMAGINE
ROTARY**

RI President 2022-23
JENNIFER JONES

District 5340 Governor 2022-23
CHARLES PRETTO

LJGT Rotary President 2022-23
NANCY GATSCHET

SPEAKERS AND EVENTS

FEBRUARY 2023 - SPEAKER

- 3.....Tim Quast
- 10.....Peacemakers of the Year
Paths to Peace
- 17.....Maren Kavanaugh
I Love a Clean San Diego
- 24.....Rotary Scholars
USD Kroc School of Peace Studies



MEGAN PHELPS



INTERGENERATIONAL CLIMATE ACTION TO PROTECT OUR FUTURE

This talk will speak to the heart of the climate issue, addressing how we can mitigate climate change by working intergenerationally to pool our skills and resources together. Megan will describe the youth experience of the climate crisis--why young people are frightened and impassioned about our climate. Megan will illustrate how youth are taking empowered action for their futures and learning valuable social, emotional, leadership, and professional skills in the process. Lastly, she will provide concrete actions that you as Rotarians can take to join the movement.

Megan develops and leads SD350's Youth4Climate Program for youth climate leaders. In spring of 2021, she graduated with high honors as a Regents Scholar from UC Davis with a B.S. in Environmental Science and Management. At UC Davis, she founded and led a climate action club, and she continues to pressure the administration to end its reliance on fossil fuels for energy. Megan is passionate about empowering youth to advocate for their futures and the futures of communities impacted by climate disruption.



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

Our third meeting at the Faculty Club was a rousing success with over 80 attendees including members of the three other La Jolla Clubs. The food was a Mexican themed breakfast and appeared to be enjoyed by all.

President Nancy gaveled the meeting to order at 7:30 and we heard an inspirational message from our Rotarian of the Day, **Jim Frost**, who urged us to “speak our love” over and over again.

He detailed the long and interesting history of the Frost Family dating back to the 1600’s. Very impressive! It seems Grandpa Frost was one of the first real estate speculators in San Diego purchasing 200 acres in Miramar, part of which is the current home of Frost Hardwood.

That business began in 1911 and is still the place to go for all hardwood products. Jim is currently remodeling the original family home at 2456 Broadway. The home was built in 1895 and Jim is turning it into offices for rent. Jim’s talent has been employed at many Rotary projects as well and we are all grateful to have him in our Club.

Introduction of guests was done by **Stephen Tako**, who has his hands full with 26 guests from other clubs, as well as our esteemed District Governor, **Chuck**

Pretto and ADG **David Oates**. And wait....there’s more.....including **Dale RJ Peronteau**, **Marzena** (Stephen Tako’s fiancé), **Tatiana Piotroff**, **Rosario Beall**, **Jessica C.**, prospective new members **Terry Wagner**, **Irina Isaeva** and **Constantine**. Rotaractor **Christian** was there also.

Brett announced that Rotarians at Work Day, April 29 will support Feeding America and will be a joint project with the other La Jolla Clubs. Sign ups are for a maximum of 30 people at each shift, one from 9:00 to 11:00 and one from 1:00 to 3:00. Sign up early to participate.

It was impossible to capture all of the good works done by the La Jolla Clubs, who collectively presented stories representative of their impact both locally and internationally as each Club President took the podium and proudly described their club’s passions.

Cheryl Collins, La Jolla Sunrise President had a Power Point presentation of some featured projects and also extended an invitation to each of us to support those projects by attending their Luau fundraiser on April 16.

David Shaw and **Cindy Goodman** asked us to join the Downtown La Jolla Club as they celebrate 75 years serving the La

Jolla community as well as projects in Tijuana. **Cindy** described a new sign the Club is providing the community of La Jolla pointing out that it is good for all of us to have more identity for Rotary.

Fernanda Torres then told of the many projects and initiatives of her small but mighty Club, San Diego Coastal. They are a truly international club with multi-country representation and many works with their sister club in Tijuana.

Suffice it to say that left no time for LJGT regalia, so **Nancy** graciously yielded the podium to our speaker.

Jordan Harrison invited us to open our minds to Ridiculous Imagination and we began that journey with him as our tour director.

He wants Rotarians to be Unreasonable, Absurd and Preposterous. He has come to the right place! We should all act with Urgency, Unity and be good Advocates for Rotary. Who is a Rotarian??? One who knows that happiness can only had by helping others!.

Thank you **Jordan** for helping US to start the weekend with joy and purpose.

~Reporter

Linda Wallis

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

02

IS IT FAIR TO ALL CONCERNED?



PHOTOS FROM LAST MEETING



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

La Jolla Golden Triangle
ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
 La Jolla, CA 92039
 www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2022 - 2023

PRESIDENT	Nancy Gatschet
PRESIDENT ELECT (2023-24)	Christy White Brook
PRESIDENT ELECT ELECT (2024-25)	
TREASURER	Sharon Council
SECRETARY	Christy White Brook
PAST-PRESIDENT/FOUNDATION	Jacque Reilly



FEBRUARY 2023

February 3 - Matt Clarke

February 10 - Dennis Bucko



ROTARIAN
 OF THE DAY

BRIAN EICHENBERG

Brian Eichenberg was born in Grand Rapids, Michigan in 1968. My grandfather was a gunner in WWII in a B17. He was the most decorated soldier in Michigan during that war. My father was in the Michigan State Police and his 3 younger brothers were all in the Navy and Vietnam. My brother was in the Marines and is a reserve Sheriff's Deputy. I visited Pearl Harbor this week while at a plastic surgery conference. its moving for anyone, but especially for someone from a military family.

My father was a Rotarian and I went to Rotary Club meetings with him when he was president while in high school. I joined as soon as I was done with school, but that took a while. 4 years of college, 4 years of Medical School, 6 years of Plastic Surgery training, then 2 years in private practice plus written exam and oral exam to become a Board Certified Plastic Surgeon. Dennis Bucko MD went thru similar training.

I joined Rotary in 2000 in Corona. I switched to Temecula Rotary when I moved my practice to there. We bought our current home in Del Mar in 2019 and I joined LJGTRC in 2020.

My wife (Deborah Taurek MD) specializes in internal medicine and works at our Medical Spa. We own Renuance Cosmetic Surgery Center in Murrieta and employ about 40 people. I invented a nighttime bra for women that we sell all over the world. part of the proceeds from the bra go towards breast cancer research and survivors. (www.thebreastwhisperer.net)

My oldest son is an engineer in Phoenix and my younger son is a senior at University of Arizona in Tucson. I am trying to slow down and work less, but I am still too busy. I joined LJGTRC almost 2 years ago and I still have a red badge;). I look forward to working and socializing with other club members in the future.

