

THE GOLDEN rotarian

www.lajollagrotary.org



LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JANUARY 5 2024



RI President 2023-24
GORDON MCINALLY

District 5340 Governor 2023-24
DON FIPPS

LJGT Rotary President 2023-24
CHRISTY WHITE BROOK

DR. VENU PRABAKER



AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee
(follows club meeting)

2nd Friday of the Month..... Youth Services Committee
(follows club meeting)

4th Friday of the Month.....Peace Committee
(follows club meeting)



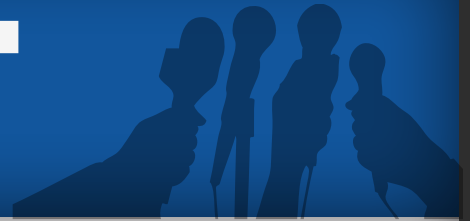
THE PRIMARY CARE PHYSICIAN CRISES
Dr. Venu Prabaker is a highly experienced physician with over 35 years of practice in internal medicine, with a focus on patient care, clinical research, and healthcare management. Proven success as founder, CEO, and board member of various healthcare organizations. Passionate educator and clinical faculty member for multiple universities, with extensive experience in teaching and supervising medical students, residents, physician assistants, and nurse practitioners.

Planning on Producing YouTube Videos on Health Care Topics to give back to our community.



REPORT

from the last meeting



UPCOMING SPEAKERS



2024

JANUARY - SPEAKER

- 12.....John Conover
Coastal Sand Loss and Replenishment
- 19.....Councilmember Joe LaCava
La Jolla All-Club Joint Meeting
- 26.....Tim Prusener
Lost in the Shadows: Unraveling the
Costly Enigma of Untracked Marketing

FEBRUARY - SPEAKER

- 2.....Kelly Martinez
San Diego Sheriff Updates
- 9.....Toastmasters
The Power of Public Speaker
- 16.....Michelle Saul
Integrity and Levels of Agreement
- 23.....Brian Lee
The University Club

The last meeting of the year for our club, on 12/15/23, was called to order by President **Christy White Brook**. Rotarian of the day was **Dianne Day** who joined our club in 1988. She talked about the Salk Institute where she worked for over 30 years, retiring in 2007 as Vice President of Development. Salk buildings, designed by Louis Kahn with input from Jonas Salk, were completed in 1966. The American Institute of Architects rated Salk one of the nation's top 10 buildings of the 20th century and declared it a historical landmark in 1991.

Some of the first fundraisers of the La Jolla Golden Triangle Rotary Club were held on the north lawn of the Institute. Most of the money raised was from dunking **Steve Brown** in the tank!

Jonas Salk developed the polio vaccine in the early 50's. He received the Presidential Medal of Freedom in 1977 from President Jimmy Carter. His second significant achievement was founding the Salk Institute.

Dianne's major responsibility at Salk was fundraising and communications. The first addition to Salk, a 110,000 square foot building, was built in 1995. A second addition is being planned thanks to a \$100M matching grant provided by Joan and Irwin Jacobs.

Faculty and staff at Salk represent over 40 countries

making it both a national and international institution. She highlighted some of the events she organized over the years: meetings with Princess Grace at the Palace of Monaco, with the owner of Chateau Margaux in France, with Queen Sylvia in Stockholm, and with dignitaries and royalty in Vienna. Interactions with celebrities included: organizing public service announcements with David Niven, Gregory Peck, Mary Tyler Moore, Louise Fletcher, and the filming of Mr. Jones where she interacted with Richard Gere and Lina Olin.

Dianne is proud to be a member of the Most Dynamic Club and thanked all the members for making the Club what it is today.

Guests were introduced by Pres. Elect **Luke: John Thill, Danny Quisenberry** (Rotarians from Carlsbad), **Jason Schumacher, Joe Sigurd, Paul Ambrogio, Shaney Lipscomb, Sean Helmer, Kevin McGibben, Attila Tota, Flint Mitchell**, and Rotaract **Sam Ford** (UCSD).

Announcements: Tides event (provide families with items they need and that will make a difference in their lives) – **Jim Davies**; Matching Program – up to \$5,000 (for the club's Foundation); Wreaths Across America (volunteers signed up to place the wreaths tomorrow) – **Jacque Reilly**.

Note: **Dave Wiegman**, who is usually on Zoom, attended the meeting in person.

High Fives: \$50 for trip and \$50 for Foundation – **Steve**; \$10 for High Five of two months ago; \$500 for **Wayne Davis** architectural input; \$5 for Annual surfer's event – **Brett Morey**; and other.

Steve Brown mentioned his trip to DC with **Fary Moini** with dinner at the Swiss Embassy and private dinner with three male hostages.

The speaker of the day was introduced by **Brett Morey**. **Shaun Tomson** has an extensive biography that includes Surfing at a professional level (former World Surfing Champion), lecturing on leadership and empowerment, and speaking on The Code Method that activates the power of purpose. He is a published author and co-wrote the award winning film *Bustin' Down the Door*. Purpose was defined as the commitment to accomplish something. Elements of purpose are: aspiration, inspiration, morality, and timeless. He wants to create a new sense of purpose around the world, believes that doing good is good for business (like owners of Patagonia do), and that one should strive to do a good turn today (and everyday).

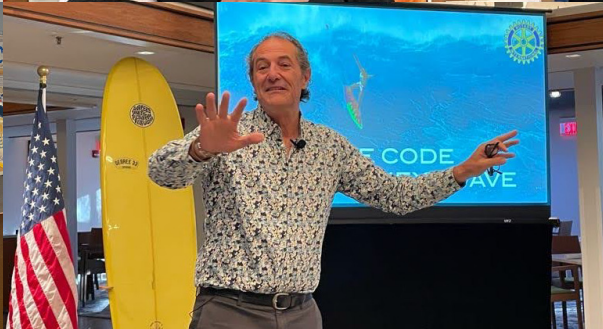
President Christy adjourned the meeting at 8:30AM.

~Reporter

Antonio Grillo-Lopez



PHOTOS FROM LAST MEETING



Wreaths Across America



Membership Tips:

IT SOUNDS SIMPLE, BUT THE MOST EFFECTIVE WAY TO GROW MEMBERS IS "ASK SOMEONE"

REPEATEDLY INVITE PROSPECTIVE MEMBERS UNLESS YOU GET A DEFINITIVE "NO" FROM THEM.

ENSURE THAT PROSPECTIVE MEMBERS FEEL IMPORTANT. INTRODUCE THEM TO OTHER MEMBERS AND SIT WITH THEM.

THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

- 01 IS IT THE TRUTH?
- 02 IS IT FAIR TO ALL CONCERNED?
- 03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
- 04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

HERBERT J. TAYLOR

La Jolla Golden Triangle
ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2023 - 2024

- PRESIDENTChristy White Brook
- VICE PRESIDENT Linda Stouffer Wallis
- PRESIDENT ELECT (2024-25) Luke Ervin
- PRESIDENT ELECT ELECT (2025-26)David Chong
- TREASURER Sharon Council
- SECRETARY Ranjan Lahiri



JANUARY 2024

- January 12 - Samson Tse
- January 19 - Carolyn Fritz
- January 26 - Ron Spilsbury



ROTARIAN
 OF THE DAY

TONY GRILLO

2023, what can I say, it was a very long year.... At times, it seemed to drag on forever and others it was much too fast. Before bringing you up to speed, let's get the basic bio out of the way specially since we have a quite a few new members.

I was born in Portsmouth, Virginia at the Naval base a long time ago. Shortly thereafter, the family moved back to Puerto Rico. The Grillo family moved from Puerto Rico to Ann Arbor Michigan, just in time to complete high school there. After high school, I obtained a degree in Mechanical Engineering from Cornell University, a Masters in Engineering from Penn State, and an MBA from Pepperdine.

As for me, I am still at Malahat Spirits and GrilMar Investments.

I am still enjoying cycling and car racing as much as possible. I tore my left hip labrum in October 2022 and have struggled to ride as much as I used to. With that said, we continued our success from 2002 in car racing with multiple podiums this year.

Best wishes to all for a great 2024!!

