

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JULY 14 2023



RI President 2023-24  
**GORDON MCINALLY**

District 5340 Governor 2023-24  
**DON FIPPS**

LJGT Rotary President 2023-24  
**CHRISTY WHITE**

## SPEAKERS AND EVENTS



### JULY 2023 - SPEAKER

21..... Bill Schmidt & Sean Murray - Cygnet Theatre  
Development and purpose of the theatre

28..... Diane Cox & Caitlin Radigan  
Just in Time for Foster Youth

### AUGUST 2023 - SPEAKER

4..... Luke Jacob  
Media Literacy



## PRESIDENT CHRISTY AND THE DYNAMIC LJGT ROTARY CLUB MEMBERS



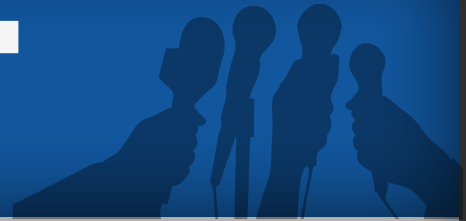
Newly initiated President Christy White Brook will inspire us to Create Hope in the World with our all-star cast of club members! What did she learn down under, in Melbourne? What will be our mission? Is it possible? All will be revealed as Christy and the cast introduce us to the new year's initiatives, goals, and exciting events. Let's start the year out with great Rotary fellowship and a few surprises!

President Christy has been a Rotarian for ten years and the past two with the most dynamic Rotary club in the world! She's a CPA and Certified Fraud Examiner and runs her practice specializing in school district and charter school accounting and finance. She started her firm in her garage in Pacific Beach in 2000 with a part-time employee, two dogs, and a cat. Today she has over 50 employees and a statewide footprint. Christy is married to Mitchell Brook, and they have a daughter Jessica, in college at UNLV, and a standard poodle named Oliver.



# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

**President Nancy Gatschet** called the meeting to order and welcomed everyone to our Most Dynamic Club in the World!

**Lisa Galstian**, Rotarian of the Day, led us in a serenity prayer and the pledge of allegiance. Lisa was born in New York City, growing up in Queens. She met John in optometry school in New York. They fell in love, got married, and moved to San Diego to start their optometric practice after finding out that they passed the California boards. They enjoy traveling to national parks with their two daughters, Lindsey and Geena. Lindsay works for the nonprofit organization, Safe Place for Youth, which supports young people who need housing, education and employment. Geena has several health challenges with autism. Lisa showed a video on Spelling to Communicate, a miracle tool to help people with autism to spell out their thoughts and communicate by pointing to letters on a board.

**Bonnie** introduced visitors: **Jonathan Harris**, Navy Seal living in La Jolla who wants to join our LJGTRC; **Luis Saabedra** a UCSD graduate who works on websites and wants to get involved with the community. **Kirsten Josephson** (from Escondido) who heard about LJGTRC from **Brett, Karla and Luis**. Luis was her student; **Sadie and Stella** (granddaughters of Bonnie and Krishna); Other guests: Nancy's daughter, **Stephanie**; Rick's wife **Ilsa**; Dr. Rio brought **Maria** (honorary Rotarian); Jim D. brought **Pam**; **David Oates** and **Lee Ann**.

### Announcements:

1) **Jan Bernardy** is circulating a card for John Stephan who is a charter member of our club. Older members know him for his generosity at fundraisers. He has glaucoma.

2) **Nancy** went Monday night to the Governor's Dinner - **David Oates** was the MC. Many awards were given - One of the most special awards was People of Action Awardee 2023 - **Ron Kohl**.

3) **Bonnie** has a flyer for Team on a Trek (3-6 people per team at the Oasis office on July 28th, Friday from 5-7 pm) Each team will have some tasks. There will be live music.

**Nancy's** Presentation as President - Nancy said that our club is very

revered in our district. She came to LJGTRC meeting five years ago and **Brett** challenged her to join. Nancy formed a team for the lung cancer walk. She has made good friends in the local and international community. Nancy highlighted service to refugees and human trafficking sufferers.

Nancy acknowledged, thanked and gave awards to Rotarian officers and directors on the:

- LJGTRC Foundation - **Steve Brown** who oversees the Foundation and chairs the International Service Committee

- Venue Search Committee - **Linda** (also for Club Service), **Christy, Garry, Michael, Allan, Bev, Janine**, and **Brian** who found a better location and venue - the UCSD Faculty Club

- Membership Committee - **Rick and Jacquie** who brought 7 new members

- Youth Committee - **Eric and Dianne** for Model UN, RYLA and LEAD which has helped engage the youth, particularly, UCSD-Preuss students.

- Social Events - **Bev** organized events such as the Promote & Demote party on July 1st

- Front Desk Reception - **Bonnie** who organized the front desk check-in and welcome.

- Rotarian of the Day and Speaker of the Day - **Stephen T** who found our speakers and scheduled them as well as bringing Motivated to Act, a great project on anti-bullying awareness and intervention for children.

- Family of Rotary - **Jan** who took that over, and worked with photographer **Brett** to post and update our website

- Rookie of the Year - **Tim Fronczek** who as our Community Service Chair came up with new ideas, thinking outside of the box.

- Rotarian of the Year - **Rick Clark** who received a bobble head award for working with the Faculty Club on AV and creating a 15-minute video on LJGTRC's contributions and service impact locally and internationally. He has been a member for 31 years.

- Women who have supported **Nancy** through her presidency: **Linda**

**Wallace, Christy White Brook and Jacquie Reilly.**

In Passing of the Gavel, the LJGTRC past presidents came up to the front and each stated the theme of the year during their presidency. **Linda Wallace** and **Rick Clark** stood in as proxies for those past presidents who were not present at this meeting.

GAVEL PASS 2023	
BLACK INK - LIVE IN PERSON	
RED - PADDLE PHOTOS - WOMEN (Linda)	
BLUE - PADDLE PHOTOS - MEN (Rick)	
1990 - 1991	Steve Brown - Honor Rotary with faith & enthusiasm
1996 - 1997	Mike Bardin - Build the future with action & vision
1999 - 2000	Rick Clark - Act with consistency, credibility & continuity
2000 - 2001	Bonnie Brunner - Create awareness, take action
2001 - 2002	Jim Davies - Mankind is our business
2003 - 2004	Pam Russell - Sew the seeds of love
2004 - 2005	Mike Schwarz - Celebrate Rotary
2005 - 2006	Cynthia Willis - Service above Self
2006 - 2007	Dale Barnes - Lead the way
2007 - 2008	Jay Hatfield - Rotary shares
2008 - 2009	Linda Stouffer Wallis - Make dreams real
2009 - 2010	Louise Andres - The future of Rotary is in your hands
2010 - 2011	Dory Griffith - Building communities, Bridging Continents
2011 - 2012	Romik Kesian - Reach within to embrace humanity
2012 - 2013	Susan Schwarz - Peace through service
2013 - 2014	Brett Morey - Engage Rotary, save lives
2014 - 2015	Ron Kohl - Light up Rotary
2015 - 2016	Beverly Fritschner - Be a gift to the world
2016 - 2017	Antonio Grillo-Lopez - Rotary serving humanity
2017 - 2018	Alex Monroe - Rotary: Making a difference
2018 - 2019	Rick Binder - Be the Inspiration
2019 - 2020	Kim Schafer - Rotary connects the world
2020 - 2021	Emidio del Conte - Rotary opens opportunity
2021 - 2022	Jacquie Reilly - Serve to change lives
2022 - 2023	Nancy Gatschet - Imagine Rotary

The new LJGTRC Officers and Directors were announced. (See blue slide below)

Rotary Club of La Jolla Golden Triangle			
Officers & Directors			
• Pres. Elect/Sec.	Christy White	• Director	Melanie Geschwind
• Treasurer	Sharon Council	• Director	Garry Kachkovsky
• Past President	Jacquie Reilly*	• Director	Ranjan Lahiri
• Foundation	Steve Brown	• Director	Charlie Mackay
• Director	Luke Ervin	• Director	Will Moore
• Director	Wayne Davis*	• Director	Rich Papke
• Director	Lisa Galstian		

**Jacquie** gave **Nancy** the Past President's badge.

**Nancy** passed the gavel to our new **President Christy** as they shook hands. Christy announced that her theme is "Creating Hope and Let's Party". Christy's first meeting is on July 14th. Since July 4th is a holiday, there will not be a meeting on July 7th. Demote and Promote Party is at 4 pm in Pacific Beach.



~Reporter

Carol K Tohsaku



# PHOTOS FROM LAST MEETING



Promote Demote Party



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La Jolla Golden Triangle  
**ROTARY CLUB**  
 Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
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[www.LaJollaGTRotary.org](http://www.LaJollaGTRotary.org)

**LJGT ROTARY LEADERSHIP 2023 - 2024**

PRESIDENT .....	Christy White Brook
VICE PRESIDENT .....	Linda Stouffer Wallis
PRESIDENT ELECT (2024-25) .....	Luke Ervin
PRESIDENT ELECT ELECT (2025-26) .....	David Chong
TREASURER .....	Sharon Council
SECRETARY .....	Ranjan Lahiri
PAST-PRESIDENT/FOUNDATION .....	Nancy Gatschet



**JULY 2023**

- July 21 - Sara Miceli
- July 28 - Louise Andres

**AUGUST 2023**

- August 4 - Jacque Reilly



**ROTARIAN**  
 OF THE DAY

**MICHAEL MCQUARY**

Dr. Michael McQuary was born in the mountains of Idaho and moved southwest, living and attending school in Washington, Oregon, and California, before moving to the Himalayan Mountains in Northern India and settling in San Diego.

Dr. McQuary received a BA from UC-Berkeley, a MA from Fresno State, a Doctorate from University of Southern California, and Post Doctorate Training at Harvard University. He had pre-professional job experience as a Railroad Fireman, Home Construction, and Manufacturing Quality Control Inspector (Titan Missile, Polaris Missile, Off Shore Oil Rigs, San Francisco BART Tunnel) before initiating a professional career as Teacher, Principal, District and County School Administrator; as well as, international service with the Tibetan Children's Village, in Dharamsala, India.

Retiring in San Diego, California, Dr. McQuary has been active in his community with multiple local, county, state, national, and international organizations, including service with Rotary (President), Democratic Party (Club President, County Central Committee-Director of Clubs, and California Democratic Council President), Pacific Beach Town Council (Director), San Diego Unified School District (School Board Member and President), California School Board Association (Delegate), San Diego International Sister Cities Association (Chair), Sister Cities International Southern California Chapter (Director), and Sister Cities International (Director).

Creating Hope in the World: Dr. McQuary's work with Sister Cities has been guided by the 1956 vision of President Dwight D. Eisenhower, who hoped to end global conflicts and promote world peace. President Eisenhower suggested that people-to-people relationship building and citizen diplomacy developed through city-to-city civic, business, educational, community, and cultural partnerships would be the best solution, which became the foundational idea for Sister Cities International (SCI).

One year later in 1957, San Diego and Yokohama (Japan) became Sister Cities. San Diego now has 16 Sister Cities and 8 Friendship Cities in 23 countries. Sister Cities and Rotary have partnered on a number of very successful international programs and projects, including multiple efforts involving La Jolla Golden Triangle Rotary Club.

Dr. McQuary has three Children, graduates of UC-Santa Cruz, UC-Santa Barbara; and West Point (Captain with military service in Korea, Bosnia, Kosovo, and Iraq) and five Grandchildren (Grades 4, 7, 10, and graduates of CSU-Monterey Bay and CSU-Sonoma).

