

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JULY 31, 2020

www.lajollagrotary.org



Rotary Opens Opportunities

RI President 2020-21
HOLGER KNAACK

District 5340 Governor 2020-21
STEVE WEITZEN

LJGT Rotary President 2020-21
EMIDIO DELCONTE

SPEAKERS AND EVENTS

AUGUST 2020- SPEAKER

07..... Self Defense
Tracie Arlington

14..... How COVID-19 has impacted the work place
Vocational Committee meeting Rick Binder

21..... Natural Resources Director Imperial Beach/river project
Chris Helmer

28..... Solutions for Change
Chris Megison

SEPTEMBER 2020- SPEAKER

04..... SD3d Printing
David Feenley

11..... Thinking Inside the Box: Reflections on Service
Charles Hartford

Introduction to San Diego Humane Society



Brian Daugherty

Senior Vice President and Chief Philanthropy Officer



Brian Daugherty has more than 25 years of experience in philanthropy and has worked for a variety of organizations in the nonprofit arena, including the Baltimore Symphony, the Baltimore Zoo, the University of California San Diego, and University of San Diego. He currently serves as the Senior Vice President & Chief Philanthropy Officer at San Diego Humane Society.

Brian's passion to turn his hobbies into a career, combined with his inherent weakness in spatial logic that prohibited him from following his idol Art Vandelay into architecture, led him to a career in nonprofit work.

Brian hopes that one day Steve Buscemi will be cast to play him in the movie adaptation of his life that will surely make its way to the big screen. Until then, he will continue to channel his energy toward ensuring that San Diego Humane Society develops a thriving Culture of Philanthropy that fully supports their mission and the 50,000 animals they help annually.

Brian's experience includes extensive work on telemarketing campaigns, direct mail, board management, comprehensive campaigns, e-philanthropy, personal solicitations and making the perfect pancake. He has significant experience in statistical data analysis and strategic planning and has been a team member of comprehensive campaigns ranging in scope from \$16 million to \$1 billion. Additionally, he has received perfect scores on both the Myers Briggs and Rorschach tests.

Brian has served as the fundraising chair for several nonprofit organizations and is a frequent presenter to the Council for Advancement and Support of Education (CASE), the Association of Fundraising Professionals (AFP), the Annual Giving Professionals Network (AGPN) and Academic Impressions. He also has written for CASE Currents magazine and hopes one day to host Saturday Night Live.

Brian holds a bachelor's in finance from the University of South Florida and a master's in nonprofit management and leadership from the University of San Diego. And while not recognized by any formal governing body, he holds an honorary doctoral degree in hyperbole and sarcasm.



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

Our morning social began with Dr. Dennis Bucko entertaining us on his guitar and harmonica from his home studio. Once again, Emidio sent to our rooms; Brett commented that he had probably been sent to his room more than any other member. A challenge, perhaps!



At 7.30, the meeting was called to order by our esteemed zoom master and president, Emidio DelConte, who introduced Dr. Dennis Bucko, our Rotarian of the Day. Dennis led us in the pledge of allegiance then asked us simply to wear a mask. Dennis shared that he and Sally purchased a motor home 3 days ago and ventured as far as Chula Vista. Hopefully, they take their travels further on down the road and Sally will later share photographs of their journeys. Adding a new dimension of our zoom meetings, Dennis debuted his new song, to the tune of Fever, that he claims has been pirated by over 130 artists worldwide.

02

IS IT
FAIR TO ALL
CONCERNED?

Bev Fritschner and Brett Morey introduced their guests and potential members, Chris Richards, Peter Phillips, and Matthew Shillingburg. We welcomed back former member, Sara Katz who is considering rejoining our club.

have opened their home to a lifeguard who needed a place to live.

Announcements:

1. Pathways to Peace meeting will take place after the zoom meeting.
2. Members and guests were encouraged to attend the Monday Merlot sessions.
3. Budget for Areas of Service have been approved.
4. Members were also encouraged to donate to the club in lieu of our fundraiser.

Emidio announced his speaker gift will be a donation to Angel Flight West. The organization arranges free air transportation for people who need to travel to receive lifesaving medical treatment but lack the means to do so. The pilots volunteer their planes, time, and fuel in their efforts to help others.



Bev asked how many members would like to do a socially distance bridge walk. Many members responded, Bev will arrange a date and have sign up sheets at the next meeting. This is a great opportunity for all of us to be together safely and invite guests and potential members for the club.

ready had the playbook from 2008 which made a big difference to the market and how we dealt with the economy during the recession. The administration reacted quickly for those who lost their jobs.

When asked his advice about equity and real estate portfolios based on projected election results. He responded that it should not matter whether the president is republican or democrat. His strategy is to invest in those areas where there is long, slow growth and be in it for the long run. Growth stocks are going up as predicted and as they should. High quality companies that can pay their dividends are a better way to earn income. Take part of fixed income and place them in growth stocks of 3-4 % and grow income that way.

Brett asked about precious metals. Robert stated that Standard and Poor's stock will do better than gold. He further stated that nobody has made a large sum of money buying gold. Asked about sectors that have potential for growth, Robert responded that health care and technology are in the growth sectors—generating lots of cash. He used the analogy about Maslow's Hierarchy of Needs. When basic needs are met, individuals then want better food, beverages, appearance, travel, cell phones, etc. When thinking about growth, think about where people want to spend their money and select those companies. A donation will be made in his honor to Angel Flight West.

Antonio Grillo-Lopez gave us an update on COVID-19. He noted that there is a lot of fake news going on; one is that California has more COVID-19 than New York. He stated that is not true. He also gently reminded us of the three things we can do to lower the curve: 1.) wear a mask, 2.) social distance, and 3.) wash your hands with soap and water.

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

Susan Schwarz, our Fine Mistress, welcomed us and asked for High Fives. Ellen Bryson shared that she and her daughter helped a family from Tijuana purchase their first home in San Diego. There was a small problem getting some papers signed across the border. They found a realtor who was also a notary and were able to have the papers signed—deal closed.

Matthew Shillingburg is looking for volunteers to help with a food distribution drive August 7 at the North County Veterans Association on Mission Avenue in Oceanside beginning at around 10.00. Food will be distributed in the afternoon. A link to sign-up will be provided by Emidio.

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

Allen Galgut gave a high five for being part of the meeting. Brett gave a high five to Sara Katz for her efforts to help Boys to Men. Susan asked that we note our fashionista president's ensembles of assorted shirts and mismatched ties. Susan then called on Brett and asked him to explain his efforts to join Merlot Monday. After finishing his surfing and picking up food, he joined the group thinking he was able to bring down the average age of the group by 25 years. It was noted that he probably brought the IQ down by the same number. Susan acknowledged all the work that he does, but did call him on driving while zooming, Susan only fined him \$2. rather than the \$25.. Brett spoke about how he and his wife, Holly,

Alex Monroe introduced our speaker Robert Hagstrom, Senior Portfolio Manager at Equity Compass who gave a wonderful program about his observations with COVID-19 overshadowing decisions in the financial market. He is hopeful that we will have a vaccine in the next year and that will have a positive impact on the economy and our lives. He believes it will be another 6 months before we see the economy open. He talked about how things were looking good in May, then we had a relapse in June that has impacted the economy. The second quarter will be good, but not necessarily a great quarter. The third quarter is questionable with things slowing down again. He does not believe interest rates will rise. March 23 was the bottom of the stock market. He noted that we al-



Emidio closed the meeting with some philosophical wisdom about age. Next week our speaker will be from the San Diego Humane Society.

Yours respectfully,
Bev Fritschner
Reporter Extraordinaire

La Jolla Golden Triangle ROTARY CLUB

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LJGT ROTARY LEADERSHIP 2020 - 2021

PRESIDENT Emidio DelConte
PRESIDENT ELECT (2021-22) Jacquie Reilly
PRESIDENT ELECT ELECT (2022-23)
TREASURER Sharon Council
SECRETARY Nancy Gatschet
PAST-PRESIDENT/FOUNDATION Kimberly Schafer



AUGUST 2020

07..... Open
14..... Ellen Bryson
21..... Alex Monroe



ROTARIAN
OF THE DAY



Kaci Madden

Dr. Kaci is the oldest of three and the daughter of two Air Force Colonels. She has lived everywhere from Minot North Dakota to Kauai Hi, but her heart lies in Florida where she received her bachelor's in Health Science from the University of Florida (GO GATORS) and where her family still resides.

After taking a gap year to travel Europe, she moved to Dallas, TX to attend Parker University where she received her doctorate in Chiropractic in 2015. Dallas is one of her favorite cities because it's also where she met her husband while playing volleyball. After one date they decided to compete together in a doubles beach volleyball league (which they won) and they never looked back.

After graduating, she was offered an incredible opportunity to work with The Specific Chiropractic Centers in Kauai, Hawaii where she completed 1,000 hours of post graduate work. She is now one of only 1,200 chiropractors in the world who specialize in a unique form of care called Upper Cervical. While on Kauai, she was able to enjoy the beauty and adventure of the island while helping dozens in the community heal from a variety of neurologically related conditions.

After Kauai, she and Nick moved back to his hometown, San Diego where she opened the San Diego Specific Chiropractic Centers location in 2018. When she's not pursuing her passion through chiropractic care, Dr. Kaci can be found playing volleyball and enjoying the beach with her husband and 15-month-old daughter, Isley.