

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JUNE 10 2022



SERVE TO CHANGE LIVES

RI President 2021-22
SHEKHAR MEHTA

District 5340 Governor 2021-22
DANIEL GENSLER

LJGT Rotary President 2021-22
JACQUIE REILLY

SPEAKERS AND EVENTS

JUNE 2022 - SPEAKER

17..... Dr. Peter Anderson
The Nuclear threat at San Onofre

24..... President Jacquie Reilly
End of Term Summary Presentation



CAPTAIN MIKE HOLDEN



THE IMPORTANCE OF POSITIVE POLICE/COMMUNITY RELATIONS

After graduating from the University of Southern California in 1990, Captain Mike Holden started his career in law enforcement as a Deputy Sheriff with the Los Angeles County Sheriff's Department. He later was hired to the San Diego Police Department in 1993 and has proudly served the City of San Diego for almost 29 years.

Captain Holden has worked a wide range of assignments that include Community Relations, Community Policing, Sex Crimes, Vice, Homicide, and Internal Affairs. Captain Holden has proudly served the communities of Northeastern Division since May 2021. Captain Holden and his wife have lived in Rancho Penasquitos for over 21 years. He and his wife, enjoy spending time with their daughter, son in-law and two granddaughters who live locally.



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

Our Rotarian of the Day **Fary Moini** opened the meeting with a prayer from the Dalai Lama reminding us that the world needs fewer seeking to be "successful" and more people seeking to be loving.

Fary told us about the FUN side of Afghanistan! Military Helicopters without doors! Halloween! Caves where you can hide from Alexander the Great! **Steve Brown** in a Hawaiian Costco shirt with a shotgun! Steve Brown in a Burka (shotgun status unclear)! Steve Brown shirtless in an innertube in shorts (Super Hot)! Fary smiling in jail for some reason!

Rick Clark read a letter from Almas at Afghan Youth Connect speaking of the gratitude of more than 1000 students tributing Fary on Mothers Day. [happy Fary tears] Fary had a difficult time in 2021 during the withdrawal, when it seemed all of the good work we have done would collapse. But in 2022 our friends, because of their deep interpersonal ties with the communities, have been able to reopen and continue much of the good work, even in the face of major governmental and economic challenges.

As a final anecdote, **Jim Davies** shared that he saw Fary paddleboarding to Costco once. (In fairness, your club reporter might not have heard this story right, but it was too good to correct.)

Club President **Jacquie Reilly** made announcements.

- PROMOTE DEMOTE is on June 25th at Riverwalk Golf Course in Mission Valley at 6PM
- DISTRICT GOVERNOR'S DINNER is on June 30th at the Del Mar Hilton.
- NO MORE EVITES!! That'll take a little pressure off of everybody's overactive email spam filter.

Rich Papike our esteemed fine master did fines and high fives!

- **Will Moore** (Your club reporter pretentiously referring to himself

in the third person.) told us about the cool house he just bought in Old Town! Also, longtime friend of the club **Jake Moore** has graduated from High School and is headed to college at Cal Poly next fall! (HIGH FIVES!)

• **Jim Davies** went to Santa Monica for his daughter's field hockey tournament. Turned out **Eric Mjoen's** daughters were playing in the same tournament. The two of them had a wonderful time at the local breweries. The various daughters presumably they got home from the tournament somehow. (HIGH FIVE!)

• President Elect **Nancy Gatschet** was excited to be headed off to Houston for the Rotary International Conference the following day. Notably, she came to the meeting dressed for the trip: a lot of denim, a nice Texas-style scarf, and a really cool hat. (HIGH FIVE!)

• **Jay Hatfield** and his band played a concert in Coronado and (hopefully) lied to the Finemaster about what sorts of things he noticed in the crowd. (FINED!)

• **Sharon Council** was cross examined about the Finemaster's shirt, which she speculated was from the "Old Fart's Baseball League." (FINED!)

• Editorial Observation From Your Humble Club Reporter: Jay was fined for lying. Sharon was fined for telling the truth. A good Finemaster is never beholden to anything so boring and narrow-minded as consistency.

Our speaker for the day was **Eric Lovett** of Urban Street Alliance. Eric gave us the outlook on our worsening homeless situation in San Diego. (It's quite bad! Largely because San Diego has not built adequate housing for just its organic growth, our own children, for thirty years.)

There are thousands of homeless youth in San Diego County who will sleep on the street this very night. Half of them land in jail. It costs \$50-60K per year to house a person in the San Diego County Jail.

Eric used to be a professional gospel singer in Tennessee. (I tell ya, this dude is interesting.) And while he still has all of his thoughts and prayers, he decided those by themselves were not enough. That's why he opened his own home to homeless youth when he came to San Diego because there were almost no shelter spaces in San Diego at the time. He still talks like a pastor, though.

From there, Urban Street Alliance came in to being and has three shelters in San Diego. This includes the only dedicated 24-hour homeless shelter for transitional age youth (ages 18-25), as well as a hotel voucher program to get kids off the street until a shelter bed opens up. Urban Street Alliance focuses on a chain of services to get kids from the streets into a stable life. This starts with Emergency Shelter. Then transitions to Supportive Housing. And to give that person stability in the long term they provide Job & Life Skills Training. Services continue with Personal Development.

The goal is to end youth homelessness in our lifetimes.

President Jacquie closed the meeting with the etymology of some famous idioms.

• A "shot" of liquor is called that because the cost of a .45 cartridge and a drink was the same price in the old west. So you could pay for a shot by slowly and politely handing a bullet to someone. (You could theoretically give it to them the other way but you would get no second drink and a much worse hotel room.)

• "Buying the farm" is so called because it used to be a life insurance policy would be set at a level that would pay for the surviving family's farm.

This gives your club reporter an excuse to recommend his favorite (yes, really) website, etymonline.com for all your etymology needs. Have a great week!

~Reporter

Will Moore



PHOTOS FROM LAST MEETING



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?



02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?



04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

La Jolla Golden Triangle
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LJGT ROTARY LEADERSHIP 2021 - 2022

PRESIDENT Jacquie Reilly
 PRESIDENT ELECT (2022-23) Nancy Gatschet
 PRESIDENT ELECT ELECT (2023-24) Dennis Bucko
 TREASURER Sharon Council
 SECRETARY Nancy Gatschet
 PAST-PRESIDENT/FOUNDATION Emidio DelConte



JUNE 2022

June 17 - Gary Kachkovsky

June 24 - Open



ROTARIAN
 OF THE DAY

JAN BERNARDY



For those of you who do not know me, my name is Jan Bernardy and I have been a member of LJGTR club for about 5 years. I am happily retired as of April 2017 after spending my whole career in health care working as a registered nurse and then in management.

I was born in Canada and came to the US after I had graduated from nursing school as a Registered Nurse. My last position was as Vice President of Clinical and Regulatory Services for a start up company located on the North Shore of Boston, where we partnered with physicians and built and managed dialysis facilities.

In 2008 I became an American Citizen with my ceremony at Faneuil Hall. In 2015 we took the company public and I had the privilege of being at the NYSE for this event. I retired from the company in April 2017 but stayed on as a consultant for 3 months. During this last 3 months, I wondered what I was going to do to keep busy??? Thanks to my neighbor and good friend, I was introduced to LGTRC and joined the club in July of 2017.

My first project as a newbie was working with Uptown Community Service where I was a Board member and worked on several projects, such as expanding the mail room, several clothes drives and fund raising events.

I am a Board Member and have also been involved in keeping the club's website up to date. I am thankful to Sandi Rimer, LeeAnn Cusick and Deb Gibb for their leadership and for getting me involved as I truly do love it. Many of you have viewed the site and I am sure you will agree that there has been a lot of progress made. I am also a member of the The Village Rotarians and Friends, which is a group of young seniors started by Dory. We meet approximately every 2 months and have had a lot of fun.

I have pictures of the Queens dinner where the men cooked and catered to the whims of the Queens and then later the opposite occurred at the Kings Dinner. We also have had Christmas parties and other social events.

My reason for coming to San Diego was the birth of my one and only grandson. I was so tickled to see him playing baseball for the Boston Red Sox. We thoroughly love seeing him grow and he is now in 6th grade.

I feel fortunate that we have a condo in Scottsdale Arizona that we can go to for a change in scenery. We also have some good friends there that we love to spend time with.

I keep busy by crocheting, gardening (a member of the Horticultural Society) and reading the occasional book. We try to do our 3 mile walk every day and certainly enjoy the wonderful weather.

I would like to end by saying that I am so proud to be a member of the most dynamic Rotary Club in the World and treasure each and every one of you.

Thank you