

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

JUNE 2 2023



**IMAGINE  
ROTARY**

RI President 2022-23  
**JENNIFER JONES**

District 5340 Governor 2022-23  
**CHARLES PRETTO**

LJGT Rotary President 2022-23  
**NANCY GATSCHET**

## **SPEAKERS** AND EVENTS

### **JUNE 2023 - SPEAKER**

- 9..... Ari Weitzman  
Gen Z and How we all come together
- 16.....Dianne Day and Erik Mjoen  
Youth Services Committee Report
- 23..... Scott Cooper  
Tower 23 - Cybersecurity



## IRENE EKDAHL



### A JOURNALING JOURNEY

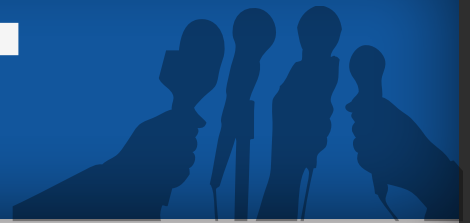
I am a former foster youth of San Diego and a UCSD graduate. I have a passion for journaling and consider it a simple, but powerful tool that anyone can use. I published guided journals that are being used by the county of San Diego's foster system.

Rotary Club propelled a monumental change in my life that spurred my success after transitioning out of the foster system and I want to share all about it!



# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE  
THINK, SAY OR DO

01

IS IT  
THE TRUTH?

President **Nancy Gatschet** called on **Alex Monroe**, Rotarian of the Day. Alex (accompanied by his son) first offered a reflection spoken by television's Ted Lasso essentially describing how good things come when people believe in each other. Alex applied that to LJGTRC. He then concentrated on remembering his best friend who recently passed. His friend, **Stan**, was known for always having an appropriate saying for the moment – then he included a few typical sayings such as: *Stan the Man, If He Can't Do It Nobody Can; We Have to Laugh, Otherwise We'd Cry; Better Than a Stick In the Eye; and Money's Just a Way to Keep Score.*

**Luke Ervin** introduced guests: **Kathy Sanders** (**Wayne's** wife) and five UCSD Rotaract members.

**Stephen Brown** introduced USD Kroc School Rotary Peace Scholar **Nurjymal Shadieva** who is graduating with a Masters Degree. She will be returning to Kyrgyzstan where she described how she expects to help advance development of the Kyrgyz Republic. She updated us on

Kyrgyzstan, her family, and her experience here at the Kroc School of Peace Studies. She thanked LJGTRC, **Steve Brown**, and **Cynthia Villis** and District 5340 and described how it is her honor to get to know us. We wish her well and look forward to updates on her accomplishments.

**Marty Rosenstein** introduced the Preuss School student of the month **Lucero Gomez** who presented an inspiring few minutes about her school, family, and life experiences.

She is most deserving of the recognition. Her mother and several school representatives accompanied her. **Marty** displayed the certificate and explained that it also would be presented at the school the following week in front of her classmates.

The club recognized the dozen club members who participated in Red Shoe Day collecting donations for Ronald McDonald Charities earlier in the week. Organized by **Brett Morey** and wearing their Red Shoe Day shirts, they reported collecting more than \$1,100!

**Jacquie Reilly** presented Blue Badges to two

new club members who have completed all their LJGT club orientation requirements. Welcome to full club membership: **Carolyn Fritz** and **Karla Prieto (Morey)**.

**Dianne Day** introduced the morning's program speaker **Isabelle Phillipe**, Program Manager at Osher Lifelong Learning Institute at UC San Diego. She described Osher as a membership program for adults over the age of 50 who want to enrich their lives through continued learning and engagement. Programs include lectures by university faculty, researchers, artists, and musicians.

Programming coincides with the academic calendar and there is an Open House program on July 8 on campus and via Zoom.

For information, the website is: <https://extendedstudies.ucsd.edu/olli/membership>.

~Reporter

*Michael Bardin*

04

WILL IT BE  
BENEFICIAL  
TO ALL  
CONCERNED?



# PHOTOS FROM LAST MEETING



## THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

La Jolla Golden Triangle  
**ROTARY CLUB**  
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**LJGT ROTARY LEADERSHIP 2022 - 2023**

PRESIDENT ..... Nancy Gatschet  
 PRESIDENT ELECT (2023-24) ..... Christy White Brook  
 PRESIDENT ELECT ELECT (2024-25) ..... Luke Ervin  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Christy White Brook  
 PAST-PRESIDENT/FOUNDATION ..... Jacquie Reilly



**JUNE 2023**

June 9 - Brett Morey

June 16 - David Chong

June 23 - Wayne Davis



**ROTARIAN**  
 OF THE DAY

**DAVID TANSEY**

David Tansey was born and raised in Los Angeles, the older of two sons and the oldest of 25 first cousins in a vast, but close, extended family. Education was demanded, achievement was expected. His grandparents had come from Eastern Europe in the first years of the century and moved to CA in the 1920's. With their own families delayed and his grandparents attentive, he got vast amounts of TLC and attention while growing up. He was in advanced classes from the fourth grade and was a Westinghouse Science Talent Search honorable mention in high school. He was admitted to Caltech, and it was a horrible shock to discover he was not the smartest guy in the room. Short of units, took Psych 101 in extension to graduate. He spent the summer after graduation at a summer job in Israel where he learned some facts of life from men with numbers tattooed on their arms. He also realized that he needed a graduate degree to get a good job. Stanford admitted him to their Chem Eng. program. He earned a Master's degree and went to work at FMC in Northern California in Sept, 1958. His daughter Lisa was born in Palo Alto. In Sept 1960, his father lured him into accepting a job as the engineer in an aircraft control pulley manufacturing business he was buying in Los Angeles. David accepted and moved back to LA in Feb '61. His father had a heart attack in May and died in September, leaving David as CEO to run the business to support his own family, his mother, and his brother. David's son Ben was born months after his father died. At Stanford, he had been further introduced to psychology and Encounter Groups. In 1970, he took a class in Encounter Groups. As the end approached of the first group he had co-facilitated, he could see no stress in the room. Everybody looked relaxed, calm, and loveable. He said to himself, "How do you make a living doing this?" He decided to sell the business and become a psychologist. He finished his dissertation and earned his Ph.D. in 1974. On 7-7-77 he was granted his license as a psychologist. By then, he had met Kathleen and moved to San Diego to begin his clinical practice. He developed services that retrained sexual harassers, supported chief executives, and facilitated communications in business. He became a Charter Member of the LJGTR Club in 1985 and served on the first Board of Directors. He was asked to become Clinical Director at a treatment facility named Hanble eye, which provided long-term intensive care for schizophrenics, bipolars, and people with disabling personality disorders. During his second time as Clinical Director, the owner decided to sell out. He purchased the business with the other senior staff and a business manager. Twelve years into owing the business, David decided to retire. He and his partners sold the business to a private equity firm and kept all the real estate. The change left him with more time for Rotary, and the Pathways to Peace Committee has left him with purpose.

