

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MARCH 1 2024



RI President 2023-24
GORDON MCINALLY

District 5340 Governor 2023-24
DON FIPPS

LJGT Rotary President 2023-24
CHRISTY WHITE BROOK

DOCENT ANDY HILL



THE USS MIDWAY STORY

AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee
(follows club meeting)

4th Friday of the Month.....Peace Committee
(follows club meeting)

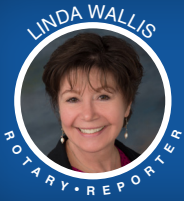
A short presentation about how the USS Midway aircraft carrier became the 5th most popular museum of any type in the United States (35,000 museums). We'll discuss what draws over a million visitors annually, and understand how the USS Midway has become one of San Diego's most valued community resources and America's living symbol of freedom.

Docent Andy Hill has been a USS Midway Museum volunteer since 2006 and is currently a Docent Watch Shift Leader, public speaker, and co-chair of the Docent Continuing Education program.

Lieutenant Commander Hill is a Gulf War veteran having served 27 years in the U.S. Navy aboard nuclear-powered aircraft carriers. As a surface warfare officer, he specialized in naval nuclear propulsion. After his Navy retirement, he worked in the defense industry as a Senior Principal Engineer for L-3 Communications, developing military mission application software, and recently retired from a long career in civil service as an Engineer and acquisition professional with the U.S. Army.

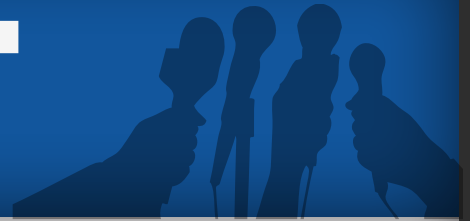
A native of Tennessee, Andy holds a Bachelor of Science in Electronic Systems Technology. His personal interests include maritime technology and military history.





REPORT

from the last meeting



UPCOMING SPEAKERS



2024

MARCH - SPEAKER

- 8.....Tim Prusener
Lost in the Shadows
- 15.....LJGTRC Financial Members
Panel of Club Members
in the financial industry
- 22.....Sophie Williams
Pointworks - Arts & Culture
in San Diego
- 29.....Toastmasters
The Power of Public Speaker

APRIL - SPEAKER

- 5.....Divya Kakaiya
Healthy Within
- 12.....George Haligowski
The Valle de Guadalupe:
the new darling of the wine world
- 19.....Stephen Tako,
Mike McQuary, Sarah Saluta
The Confident Life Antibullying Program

Meeting was called to order promptly at 7:30 by **President Christy** who brought one of our newest members to the podium for his presentation as the Rotarian of the Day. **Theron Morgan** impressed us all by starting with a quote from Gandhi and ending with the goal of participation this year in a Half Iron Man event! We are the lucky recipients of your parents' introducing you to Rotary early in your life. We are glad that you made the move to San Diego to join LPL Financial AND our Rotary club. We look forward to having the chance to work next to you on upcoming projects.

We had a room full of guests. Marty brought his wife, **Sharon Rosenstein**; Dianne Day brought two guests, sisters **Evelyn and Leanne Locano** (Evelyn being interested in joining); Fary and Steve invited **Lisa Naylor DelGado** who is also expressing interest in becoming a member. We had two other potential members who are visiting for the second time, **Lyn Culver and Lem Blackett**.

Competing Rotaract clubs

from SDSU and UCSD descended upon us as well. A big WELCOME to all. If you plan on winning the new member contest, you had better hustle as next week is the last time you can participate for the extravagant (but yet unidentified) fabulous prize from **President Christy**. She awarded a mug to **Michael McQuary**, who, as it turns out, was further recognized by **Stephen Tako** and **Dianne Day**. Way to go Michael!

Steve Brown brought us up to date on the current state of our Polio eradication efforts. We are all so proud of **Ishak and Almas** in Afghanistan, who organized a successful public awareness campaign. These men are making a difference in a country full of strife, but also now full of hope. So far in 2024 there have been no new cases of polio, thanks in part to their efforts.

By the time you read this **Jacquie** will have pulled off another successful project at Urban Street Angels and **Marty** will have helped organize volunteers to assist Preuss students with mock interviews.

Don't forget to add March 2 to your calendars where we will assist UCSD Rotaract club with the making of WAPI's. AND another calendar must be our upcoming Fundraiser on April 26. **WE NEED AUCTION ITEMS....** contact **Garry** with your contributions.

Marty also described a wonderful connection between Preuss students and students from Afghanistan where one young Afghan man wanted to use any super power granted to him to exchange the roles of men and women in his country to help eliminate the disparity that exists today.

Our speaker, **Ross Porter**, brought us all up to date on the restoration projects taking place in Balboa Park. Visit the Park and check out all the changes!

Christy ended the meeting by sharing lots of secrets about the park that she learned from Google.

~Reporter

Linda Wallis



PHOTOS FROM LAST MEETING



Membership Tips:

IT SOUNDS SIMPLE, BUT THE MOST EFFECTIVE WAY TO GROW MEMBERS IS "ASK SOMEONE"

REPEATEDLY INVITE PROSPECTIVE MEMBERS UNLESS YOU GET A DEFINITIVE "NO" FROM THEM.

ENSURE THAT PROSPECTIVE MEMBERS FEEL IMPORTANT. INTRODUCE THEM TO OTHER MEMBERS AND SIT WITH THEM.

THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

HERBERT J. TAYLOR

La Jolla Golden Triangle
ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2023 - 2024

- PRESIDENTChristy White Brook
- VICE PRESIDENT Linda Stouffer Wallis
- PRESIDENT ELECT (2024-25) Luke Ervin
- PRESIDENT ELECT ELECT (2025-26)David Chong
- TREASURER Sharon Council
- SECRETARY Ranjan Lahiri



MARCH 2024

March 8 - Dennis Bucko

March 15 - Financial Panel

March 22 - krishna Arora



ROTARIAN
 OF THE DAY

CAROLYN FRITZ

I was born and raised in Minnesota. I got my undergraduate degree in mechanical engineering. The year after I graduated, I married my late husband, John and we moved to Northern VA where both of our children were born. I went back to school full time for my MBA and after I graduated, we moved back to Minnesota because I just couldn't get enough of those snowy Minnesota winters.

In 2000, my work brought us to San Diego. Our children both graduated from high school here in San Diego and then went out East to college. After working in a number of different cities, they have both now returned to Southern California. My daughter, Leigh, lives here in San Diego and works in the biotechnology industry. My son, Reid, works at an independent school north of Pasadena.

I spent the bulk of my career in the biotechnology industry, building four biotechnology businesses. Since we sold my last company in 2014, I have worked in venture capital and served on corporate boards.

I have been a member of our rotary club for a year and a half. I love being part of the "most dynamic rotary club in the world" and helping with our many service projects.

