

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MARCH 24 2023



Rotary



**IMAGINE
ROTARY**

RI President 2022-23
JENNIFER JONES

District 5340 Governor 2022-23
CHARLES PRETTO

LJGT Rotary President 2022-23
NANCY GATSCHET

SPEAKERS AND EVENTS

MARCH 2023 - SPEAKER

30..... Andy Blue
Project Wildlife Ramona

APRIL 2023 - SPEAKER

7..... TBD

14..... Dr. Jack Fischer
Preparing the Soil for UC San Diego



HOLLY SHAFFNER



VICE-CHAIRMAN AND DIRECTOR OF PUBLIC RELATIONS FOR HONOR FLIGHT SAN DIEGO.

Holly served on active duty in the United States Coast Guard for over 24 years as both enlisted and an officer. She retired in 2011 and during her military career she was attached to operational, training and staff assignments, including serving more than eight years aboard various size ships. She was a Fire Control Technician where she was trained to calibrate the electronics for, and fire shipboard large caliber weapons systems. She was selected for Officer Candidate School and did two tours aboard ships maneuvering a 378-foot ship in the Bering Sea, and interdicting drug traffickers and illegal migrants throughout the Caribbean. She had several staff and operational assignments and completed her career in the search and rescue field running a 24/7/365 emergency operations center.

After retiring from the military, Holly attended San Diego State University and received her Bachelor's degree in Public Relations. Post-graduation, she worked in the military and veteran community in San Diego and currently owns her own Public Relations consulting business.

Holly volunteers with many local organizations and her favorite is Honor Flight San Diego where she has been volunteering since 2015.



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

President Nancy Gatschet opened the meeting with a big “Happy St. Patrick’s Day”. Everyone who was not wearing green was quickly fined \$2.

Then she introduced our Rotarian of the Day, **Rich Papike**. Before he began, Rich reminded us on behalf of **Ron Kohl**, about going to the Padres game on June 24. 27 people have signed up and Ron has purchased 35 tickets. In honor of St. Patrick’s Day, instead of starting with an Irish prayer, he thought he’d share a story about Sean and Shamus, 2 old buddies who, daily, for years and years, sat on a bench and drank Guinness together... you’ll have to get the rest of the story from Rich.

This is the 35th year that he and some best buddies will have their annual male bonding extravaganza, called, the Semi Jock Travel and Athletic Club. It is a Thursday thru Sunday trip that they plan every year. They go to cool places, like Aspen, Vail, or Sedona and hold some seriously fun events, like throwing 9 tennis balls from the 2nd floor into a trash can on the ground, and ending with 20 minutes of blackjack with an award plaque for the winner. To get a bit of an idea of what it’s about, he told us stories about some of the judged events they’ve held, like, a swim suit contest (judging style points, not looks), singing Edelweiss, best entrance into a cowboy bar... and shared with us, and kind of modeled, the award plaque with a jock strap on it. Any questions, Rich can answer them later.

Some good advice from Rich...Life is really short. If you can create memories, especially with your friends and family that can make you laugh or make you cry together, do it.

Tim Fronczek introduced the guests, **Rich Papike’s** son, **Alex**; **Michael Bardin’s** wife, **Arlene**; and **David Oates**, Rotary Assistant District Governor.

The past weekend was a Rotary weekend, with the Ukrainian Refugee Fundraiser on Saturday and the WAPI project with UCSD Rotaract on Sunday. This reporter heard before the meeting that about 300 WAPIs were made!

Carol Tohsaku reported that \$4600 was raised at the Ukrainian Refugee

Fundraiser that our club supported. Not all the silent auction items were sold, so they will be offered at a later time. She also shared a short video of the Ukrainian entertainment provided at the event.

Jacque Reilly came to the podium to distribute 5 Paul Harris awards. First she shared charts showing what the Paul Harris funds go toward, and the levels of the Paul Harris pins. Today’s awards were presented to **Nancy Gatschet**, **Ron Kohl**, **Arlene Bardin**, **Garry Kachkovsky**, and **Michael Slentz**. Three more awards will be distributed next week.

Some announcements were next... **Jacque Reilly** reminded us about the Road Rally currently scheduled for Saturday, May 6. Because of a conflicting event on Saturday, she held a vote on whether to hold the Road Rally on Saturday or Sunday. The vote was a tie at first, but, later, another vote for Saturday broke the tie. **Jacque**, **Linda Andrews**, and **Chris Muhart** are coordinating the Road Rally.

Garry Kachkovsky asked us to save the date for a new project coming up on April 23 for Project Wildlife. More information will be coming on this next week.

President Nancy announced that Rotarian (and our Peacemaker of the Year) **Abdul Qaum Almas** has been awarded the Regional Service Award for a Polio-Free World for 2022-2023 in recognition of his non-financial contribution to polio eradication throughout the region. Congratulations and thank you to Almas for his unending service!

Christy White told us about a concert coming next Saturday, March 25. The Ukrainian opera singer who visited and sang at our club will be performing. Tickets are \$50. Contact Christy if you’d like to join her and her husband, Mitch, in going and enjoying some Rotary fellowship.

Ron Kohl reminded us about the Padres game on June 24. He circulated a list of those who signed up for it.

Rotary Assistant District Governor, **David Oates**, introduced our speaker for the day, **Josh Gross**, the Vice President of Business Operations for

the San Diego Seals Lacrosse team. Josh grew up in a non-sports family but still became obsessed with sports at a young age. By age 12 or 13 he realized that he wasn’t good enough to be a professional athlete so he decided to be a playback sportscaster and stuck with his dream. In 2017 he came to San Diego to help launch a Lacrosse team, the San Diego Seals. The team owner is **Joe Tsai**, co-founder of the e-commerce platform, Alibaba Group. Joe came from Taiwan in hopes of playing baseball. He didn’t make the baseball team but ended up playing Lacrosse at Yale.

The World Lacrosse Championship started as an invitational tournament in 1967 and takes place every four years throughout the globe. Very exciting news to announce is that World Lacrosse has awarded its 2023 Men’s World Championship to the city of San Diego. This will be the first world championship in the sport of Lacrosse to take place in California. It will feature 30 teams from 6 continents and more than 100 games will be played at San Diego State University, the University of San Diego and Snapdragon Stadium from June 21 to July 1, 2023.

This event will bring lots of exposure of San Diego to the world and local tourism, athletes and businesses will all benefit. We can help support this event by corporate partnerships, hospitality options for clients, word of mouth marketing and volunteering. The website is: worldlax2023.com.

Lacrosse is the oldest team sport in North America. In its early beginnings, it was a tribal game played by Native Americans in the US and Canada. In recent years, Lacrosse has seen a huge surge in participation. About 2 million play the sport in the US today and in the last 11 years it has expanded to 85 nations. A 6s version of Lacrosse has been introduced to help create a compelling chance of getting the sport into the Olympics.

President Nancy ended the meeting with a very Irish sounding tune to guess and a saying appropriate for St. Patrick’s Day: “The luck is in believing you are lucky.”

~Reporter

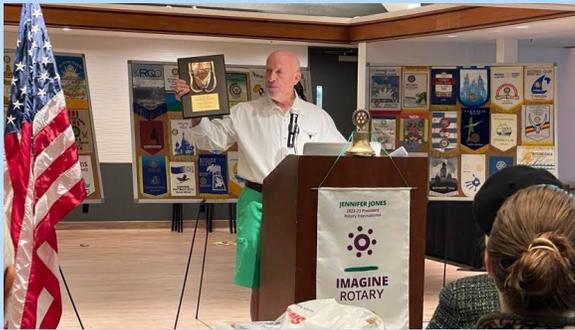
Bonnie Arora

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?



PHOTOS FROM LAST MEETING



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2022 - 2023

PRESIDENT Nancy Gatschet
 PRESIDENT ELECT (2023-24) Christy White Brook
 PRESIDENT ELECT ELECT (2024-25) Luke Ervin
 TREASURER Sharon Council
 SECRETARY Christy White Brook
 PAST-PRESIDENT/FOUNDATION Jacquie Reilly



MARCH 2023

March 31 - Luke Ervin

APRIL 2023

April 7 - Janine Pack

April 14 - Jan Percival-Lipscomb



ROTARIAN
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ALLAN GALGUT

I am a respected insurance professional with nearly 30 years experience in both the US and South Africa. I came to the insurance business after a rewarding career as a pharmacist and former Chairman of the Pharmaceutical Society of the Free State in South Africa.

My experience as a pharmacist, working closely with physicians and patients, gives me valuable insight when it comes to meeting insurance needs. As a pharmacist, I understand that the “cost” of an illness is so much more than the price you pay for drugs and doctors visits - it includes the cost to one’s family relationships and way of life.

